Checklist of Resources for Learning about Research and Research Participation

Office for Human Research Protections (OHRP), Department of Health and Human Services

This checklist provides step-by-step, easy-to-understand information for those who want to have a general but comprehensive understanding about research participation and protections.

The checklist has four sections. Please review this information in the order provided. Many resources have corresponding Spanish translations.

General Information about Research Involving People

Review the materials in this section to develop a general understanding about the different ways people may be involved in research.

1. Review the Learn About Research Participation brochure (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/printable-educational-materials/index.html) to understand the basics of how research works and the importance of the partnership between researchers and participants.


3. Watch the following videos from OHRP’s About Research Participation (ARP) series (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/informational-videos/index.html).
   - Videos on Clinical Research Basics, Part 1: What is Medical Research?
   - How is Medical Research Different from Medical Care?
   - Participating in Social and Behavioral Health Research
   - Research with Medical Records and Samples from Medical Care

Brief History on the Importance of Protecting People Who Participate in Research

Learn the history of “why” and “how” the U.S. regulations came about and the ethical principles that guide research involving people:

1. Watch the video Evolving Concern: Protection for Human Subjects (www.youtube.com/watch?v=8Ku4b1fW18) for a more in-depth understanding of the historical events underlying the development of regulations and policies to protect human research participants in the U.S.

2. Review the Belmont Report (www.hhs.gov/ohrp/regulations-and-policy/belmont-report/index.html) to discover the ethical principles of respect for persons, beneficence, and justice that guide the conduct of research involving humans.
Information on the Federal Government’s Framework for Protecting People in Research


2. Watch the video on *How IRBs Protect Human Research Participants* ([www.hhs.gov/ohrp/education-and-outreach/about-research-participation/informational-videos/index.html](http://www.hhs.gov/ohrp/education-and-outreach/about-research-participation/informational-videos/index.html)) to learn about the important role of institutional review boards (IRBs) in the oversight and approval of research.


Additional Resources for People Thinking About Volunteering for Research Studies


2. Review the list of questions volunteers should ask researchers before deciding to participate ([www.hhs.gov/ohrp/education-and-outreach/about-research-participation/questions-to-ask/index.html](http://www.hhs.gov/ohrp/education-and-outreach/about-research-participation/questions-to-ask/index.html)). A good informed consent form would address many of these questions.

3. Find explanations for terms commonly used to describe research by browsing the National Institute of Health’s glossary of commonly used terms ([www.hhs.gov/ohrp/education-and-outreach/about-research-participation/additional-resources/index.html](http://www.hhs.gov/ohrp/education-and-outreach/about-research-participation/additional-resources/index.html)).