Recommendations on Strategies to Achieve the Healthy People 2020 Annual Goal of 90% Influenza Vaccine Coverage for Health Care Personnel
EXECUTIVE SUMMARY

Influenza is a significant public health issue. Annual influenza-associated deaths range from 3,000 to 49,000 according to recent estimates, and more than 200,000 people are hospitalized each year for respiratory illnesses and heart conditions associated with seasonal influenza infections. Immunization is the most effective method for preventing infection from influenza and possible hospitalization or death. The Advisory Committee on Immunization Practices recommends that all persons > 6 months of age receive annual flu vaccination. In addition, vaccination of all Health Care Personnel (HCP) is a particular focus of recommendations by the U.S. Department of Health and Human Services (HHS), the Centers for Disease Control and Prevention (CDC), and other health care and public health agencies and professional organizations. However, in spite of these recommendations, influenza immunization rates for HCP in the United States remain below the Healthy People 2020 annual goal of 90% influenza vaccine coverage of HCP.

To address this gap in immunization rates for HCP, the HHS Assistant Secretary for Health (ASH) directed the National Vaccine Advisory Committee (NVAC) to develop recommendations and strategies for the specific purpose of achieving Health People 2020 90% coverage goal. The NVAC delegated this task to the Adult Immunization Working Group (AIWG), which in turn established the Health Care Personnel Influenza Vaccination Subgroup (HCPIVS) to address it. The recommendations, presented by the HCPIVS to the NVAC, include a tiered set of strategies for achieving the Healthy People 2020 annual goal, from implementing and managing influenza prevention and vaccination programs to measuring and reporting vaccination coverage to issues surrounding the implementation of employer requirements for HCP vaccination. The HCPIVS realizes that health care employers (HCE) range in their scope of practice, from the traditional hospital setting to the in-home health care setting, and no single strategy for improving HCP immunization rates would be appropriate for all HCP. Thus, the HCPIVS presents a set of recommended options that can be applied to most health care settings to improve immunization rates of HCP to reach the Healthy People 2020 annual goal of 90% influenza vaccine coverage. These recommendations, approved by a majority of the HCPIVS, are:

Recommendation 1: The HCPIVS recommends that HCE and facilities establish comprehensive influenza infection prevention programs as recommended by the CDC as an essential step for all HCE and facilities to achieve the Healthy People 2020 influenza vaccine coverage goal of 90%. The HCPIVS recommends that the ASH strongly urge all HCE and facilities to adopt these recommendations.

Recommendation 2: HCPIVS recommends that HCE and facilities integrate influenza vaccination programs into their existing infection prevention programs or occupational health
programs. HCPIVS also recommends that the ASH assure that this recommendation is implemented in HHS facilities and services (including the Public Health Service, HHS staff and Federally Qualified Health Centers) and strongly urges all HCE and facilities to do the same.

**Recommendation 3:** The HCPIVS recommends that the ASH encourage CDC and the Centers for Medicare and Medicaid Services (CMS) to continue efforts to standardize the methodology used to measure HCP influenza vaccination rates across settings linking vaccine coverage levels and quality improvement activities. The ASH should also work with CMS to implement incentives, penalties, or requirements that facilitate adoption of this recommendation.

**Recommendation 4:** For those HCE and facilities that have implemented Recommendations 1, 2 and 3 above and cannot achieve and maintain the Healthy People 2020 goal of 90% influenza vaccination coverage of HCP in an efficient and timely manner, the HCPIVS recommends that HCE and facilities strongly consider an employer requirement for influenza immunization. HCPIVS also recommends that the ASH assure that this recommendation is implemented in HHS facilities and services (including the Public Health Service, HHS staff and Federally Qualified Health Centers) and urge all other HCE and facilities to do the same.

**Recommendation 5:** HCPIVS recommends that the ASH encourage ongoing efforts to develop new and improved influenza vaccines and vaccine technologies including support for research, development, and licensure of influenza vaccines with improved immunogenicity and duration of immunity, as well as steps that improve the immunogenicity and rapid production of existing influenza vaccines.
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INTRODUCTION

The NVAC advises the HHS on issues of vaccine policy. At the request of HHS and the ASH, NVAC formed the Adult Immunization Working Group (AIWG) with two charges: (1) review and make recommendations to improve Federal adult immunization programs and (2) make recommendations to improve the overall adult immunization program in the United States.

In 2010, the ASH and the National Vaccine Program Office (NVPO) requested that the NVAC examine the issue of low influenza vaccination levels in HCP and charged the NVAC to recommend strategies to achieve the Healthy People 2020 annual goal of 90% influenza coverage for HCP. The NVAC delegated this task to the AIWG, which in turn established the HCPIVS to address it. This document reports the findings, conclusions, and recommendations of the HCPIVS working group.

Charge to the Subgroup

The ASH charged the NVAC to recommend strategies to achieve the Healthy People 2020 annual goal of 90% influenza vaccine coverage for HCP. The Healthy People 2020 objective is to "increase the percentage of health care personnel who are vaccinated annually against seasonal influenza" with a target of 90%. The intent of the goal is to reduce influenza infection in HCP and their patients thereby decreasing the physical and financial burden on the overall health care system.

Subgroup Membership

The HCPIVS consists of five NVAC members, 15 liaison representatives, nine ex-officio federal representatives, and five staff members/technical advisors. They were chosen by the NVAC and Subgroup chairs with recommendations and approval from NVPO. NVAC members are experts from various fields who are special government employees representing their own views. Two NVAC members (Drs. Julie Morita and Christine Nevin-Woods) co-chair the Subgroup. Liaison representatives bring stakeholder viewpoints from a wide variety of important medical and public health agencies and professional organizations. Ex-officio federal representatives provide information from relevant federal agencies and departments. The HCPIVS staff members and technical advisors include members of the NVPO (including the Designated Federal Official) and the HHS Office of the General Counsel. A detailed list of all HCPIVS members can be found in Appendix A.

Methods

To address its charge, the Subgroup conducted an extensive literature review examining many recent articles, reports, and position statements on the issue of influenza vaccination of HCP.

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HCPIVS also held a series of conference calls and in-person meetings during which presentations were made on a number of topics (see Appendix B). Based on the literature review, conference calls, and meetings, the HCPIVS developed the recommendations presented in this report. Given that consensus on all the draft recommendations was not reached, members of the working group were asked to vote on the recommendations to determine areas of agreement and disagreement.

**Stakeholder and Public Input**

The recommendations in this draft report were discussed at the September 2011 NVAC meeting. Public input will be obtained by a formal comment period through the Federal Register process. Following the period of public comment, a final report will be prepared for deliberation and a final vote by the NVAC.

**Definitions**

*Health care personnel* (HCP), *health care employers* (HCE), and employer requirements are referred to throughout this report. The following definitions of these terms serve as the basis for discussion in this document:

- HCP refers to all paid and unpaid persons working in health care settings who have the potential for exposure to patients and/or to infectious materials, including body substances, contaminated medical supplies and equipment, contaminated environmental surfaces, or contaminated air. HCP might include (but are not limited to) physicians, nurses, nursing assistants, therapists, technicians, emergency medical service personnel, dental personnel, pharmacists, laboratory personnel, autopsy personnel, students and trainees, contractual staff not employed by the health-care facility, and persons (e.g., clerical, dietary, house-keeping, laundry, security, maintenance, billing, and volunteers) not directly involved in patient care but potentially exposed to infectious agents that can be transmitted to and from HCP and patients. Thus, HCP includes a range of those directly, indirectly, and not involved in patient care who have the potential for transmitting influenza to patients, other HCP, and others.\(^b\)

- HCE refers to a person or entity that has control over the wages, hours, and working conditions of HCP in health care settings\(^c\). Health care settings include, but are not limited to, acute-care hospitals; adult day programs or facilities, ambulatory surgical facilities, long-term care facilities, such as nursing homes and skilled nursing facilities; outpatient clinics, physicians' offices; rehabilitation centers, residential health care facilities, home health care agencies, urgent-care centers, and outpatient clinics.

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Employer Requirements: For the purpose of this document, HCPIVS does not stipulate the scope and contents of such requirements; it should be a decision made by the HCE based on the concerns and needs of HCP, patients, and the public. The definition and conditions of such policies were debated among the HCPIVS members and the majority preferred a mandate. According to a survey poll of member opinion, 10/24 HCPIVS members support employer requirement policies that only allow medical exemptions (see Appendix C); 7/24 members support policies that include medical, religious, and philosophical exemptions to HCP; and 7/24 HCPIVS members do not support employer requirements at all. The majority opinion of HCPIVS was that HCE or facility requirement policies should define the affected workers and affected employer; outline the affected worker and employer obligations; and incorporate an exemption policy as deemed appropriate by the HCE for achieving and sustaining target vaccination rates.
RESULTS

Overarching Themes

In its review of available literature, the HCPIVS found three overarching themes that underlie all five recommendations made herein:

1. Influenza is a significant public health issue.

In the United States, the Centers for Disease Control and Prevention (CDC) estimates that there are 3,000 to 49,000 influenza-associated deaths each year [1] and, on average, more than 200,000 people are hospitalized each year for respiratory illnesses and heart conditions associated with seasonal influenza virus infection [2]. Serious morbidity and mortality from influenza infection can occur in any person regardless of age but the following groups, who are often under the care of HCP in health care settings, are at higher risk for severe outcomes due to complications from influenza infection [3]:

- People older than 65 years of age – From 1979 to 2000, influenza hospitalization rates for elderly patients were 2-14 times higher than that in the general population, and more than 90% of the patients who died were elderly [2, 4].

- Pregnant women – Pregnant women are at a higher risk of complications from influenza [5-7]. In addition, newborns born from vaccinated mothers are less likely to become infected with influenza during infancy and are less likely to be born premature than those whose mothers did not [8].

- People with chronic medical conditions – During periods of high influenza incidence, hospitalizations of adults with diabetes, cardiovascular disease, or chronic lung, renal, or liver conditions may increase two- to five-fold, depending on age group [9]. Influenza-related hospitalization rates in adults with cancer under 65 years of age are five to ten times higher than for the general population, and three to five times higher in people with cancer over 65 years—higher than for other high-risk groups [10]. With an estimated age-standardized death rate of 40.5 per 100,000 persons, cancer patients are 10 times more likely to die than others hospitalized with influenza-related infections, and this mortality impact is particularly notable among those under 65 years [10].

- Residents of long-term care facilities (LTCFs) – Residents in LTCFs have greater risk for infection because they live in close proximity in closed settings and have contact with numerous caregivers [11]. Since residents often have multiple underlying medical problems, LTCF influenza outbreaks are associated with significant morbidity and mortality [12-14].
Newborns and infants, especially those in NICUs – Children younger than 6 months of age cannot be immunized for influenza and are at high risk of hospitalization for influenza [15, 16].

2. Immunization is the most effective way to protect patients and HCP from influenza infections.

The Working Group’s recommendations are built on the principle that influenza is a significant public health threat, that the influenza vaccine is safe and effective, and that vaccination is currently the most effective mechanism for preventing influenza infection. According to the Advisory Committee on Immunization Practices (ACIP), “the most effective strategy for preventing influenza is annual vaccination”[5]. Routine influenza vaccination is now recommended for all persons over age 6 months [14]. The ACIP and the Health care Infection Control Practices Advisory Committee (HICPAC), in addition to many other medical organizations and leaders, recommend that all HCP in the United States be vaccinated annually against influenza, establishing influenza vaccination as a standard of care [17]. Immunizing HCP has two potential benefits: 1) directly protecting HCP from influenza for their own health, allowing them to continue to work thus minimizing disruption of health care settings [18]; and 2) indirectly protecting other HCP and patients with whom they come in contact who may be at high risk for complications of influenza [11, 19-21].

Vaccination is the best-documented and most effective intervention to prevent influenza transmission [22]. Determining the overall effects of vaccination of HCP on patient outcomes is methodologically challenging and the outcomes measured often vary between studies. Findings specific to the effectiveness of HCP influenza vaccination in protecting patients vary by setting, year, and population studied and may lead to differing interpretations of the available data [21, 23-27]. Collectively, the impact of HCP vaccination on patient morbidity and mortality in the acute and long-term care settings requires continued investigation. While the working group discussed several scientific studies that evaluated the impact of HCP influenza vaccination on reducing health-care associated influenza infection among patients, evaluating the full merits of HCP vaccination was not included in the charge of the working group, and therefore is not directly addressed in this report.

3. In spite of long-standing recommendations for all HCP to receive vaccination against influenza, HCP immunization rates are well below the Healthy People 2020 goal.

HCP vaccination rates vary from year to year but are consistently well below the Healthy People 2020 goal of 90%. For the 2009–10 influenza season, 61.9% of HCP were vaccinated; for the 2010–11 season, 63.5% were vaccinated [28]. In a 2011 report from the CDC, vaccination coverage was reported to be higher among HCP working in hospitals
(71.1%), compared with those working in ambulatory or outpatient centers (61.5%), patient
homes (53.6%), and "other" health care settings (46.7%).

Vaccination coverage among physicians and dentists (84.2%) was similar to coverage among
nurse practitioners and physician assistants (82.6%), and was significantly higher than for
those working in all other occupational groups. Coverage also was significantly higher
among HCP aged ≥60 years (74.2%), compared with those aged 18–29 years (56.4%) and
30–44 years (57.8%) [28].

**FINDINGS, CONCLUSIONS and RECOMMENDATIONS**

1. **Implementing a Comprehensive Influenza Prevention Program for Health Care Personnel in All Health Care Settings**

   **Findings**

   *HCP can acquire influenza infection and transmit it to patients.*

   Exposure to influenza infection in health care setting is an occupational hazard for HCP.
   Influenza infections range from asymptomatic/ mild infections to severe infections and death.
   Asymptomatic HCP, along with those that come to work ill, can potentially transmit the virus
to colleagues, their families, and patients. One study looking at serological testing of HCP in
acute care hospitals, found that 120/ 518 (23.2%) of HCP tested positive for influenza
infection [29]. Of these, 71/120 (59%) could not recall having an influenza infection, and
32/120 (28%) did not report experiencing any respiratory infection [29].

   Patients that are at higher risk for influenza and its associated complications have frequent,
close contact with HCP while seeking inpatient and outpatient medical services. Some of
these patients may not always be easily identified as high risk. Unvaccinated HCP have been
implicated as sources of influenza infections in outbreaks among adults and children in both
acute and long-term care settings [14, 21, 27], although attribution of the source of such
infections is often difficult. Therefore, HCP immunization is a vital step to protect those at
high risk from severe influenza infection. Patients have the right to be protected against
influenza infection transmission by HCP that have the responsibility to care for them.

   A study at the University of Virginia Health System, a tertiary care center, reported an
association between increased influenza vaccination among HCP (defined as hospital
employees) and decreased health care-associated influenza in hospitalized patients [30]. In
this study, a rise in HCP vaccination rates from 4% to 67% was associated with a significant
decrease in the proportion of laboratory-confirmed influenza cases in HCP from 42% to 9%
and a decrease in the number of health care-associated influenza cases in hospitalized
patients (32% to 0%) [30]. However, because influenza vaccination was part of a
comprehensive multipronged intervention, these results cannot be attributed solely to the
vaccination of HCP.

Comprehensive infection prevention plans that include immunization for influenza are the
most effective method to protect HCP and their patients from infection.

Other infection prevention practices, when used in conjunction with influenza immunization,
may enhance the protection of HCP and their patients from infection. A comprehensive
influenza prevention plan should include, but not be limited to (1) offering free and readily
accessible influenza vaccination to HCP; (2) providing targeted, interactive education
programs annually to all HCP on the impact of influenza, particularly among high-risk
patients, and to address misconceptions and concerns about the safety of influenza
vaccination; and (3) educating HCP about the importance of influenza vaccination in
promoting patient and employee safety [26, 31].

A comprehensive influenza prevention plan should include implementation of hand and
respiratory hygiene and cough etiquette; screening for and appropriate isolation of HCP and
patients identified with acute respiratory tract infections; appropriate management of ill HCP;
adherence to standard precautions for all patient care activities as well as implementation of
transmission-based precautions as indicated; and the implementation of engineering and
environmental infection prevention measures as outlined in CDC's Prevention Strategies for
Seasonal Influenza in Health care Settings [31].

Comprehensive infection prevention plans that include voluntary influenza vaccination
have been shown to improve influenza vaccination rates in HCP in some health care
facilities.

St. Jude Children’s Research Hospital in Memphis, Tennessee specializes in the care of
severely immuno-compromised children and essentially all patients are at a significant risk for
complications due to severe influenza infection [32]. The hospital achieved and sustained
high voluntary compliance to influenza vaccination among HCP (defined in this analysis as
any staff member with direct patient care duties) due to the implementation of a
comprehensive program that included focused educational campaigns, increased availability
of vaccine, and individual follow-up with an infection control officer [32]. Prior to the
introduction of a comprehensive program, the hospital reported HCP vaccination rates of
44.7%. However, the introduction of a comprehensive program was successful in increasing
and sustaining rates between 80-96%. The authors attribute the program’s success to
educating HCP on the importance of HCP vaccination in protecting vulnerable patients; an idea reflected in surveyed HCP’s attitudes towards vaccination. On the other hand, the authors also acknowledge that these results may be unique to St. Jude Children’s Hospital due to its high-risk patient population and the impact of their medical director who championed a culture of individual accountability [32].

The Iowa Health care Collaborative (IHC), a provider-led organization, initiated a program to increase influenza vaccination rates among HCP (defined as paid employees) in acute care hospitals throughout the state [33]. This program included a number of evidence-based strategies for improving HCP vaccination rates including common educational materials and a data reporting system that enabled individual hospitals to track their performance compared to the target vaccination rate of 95% established by the IHC. Within two years, the median vaccination rate had increased from 73.1% to 82% (2006-2008) [33]. A follow-up report tracking the success of the program showed that median vaccination rates among acute care hospitals had reached 93% after four influenza seasons [34]. The authors hypothesized that several factors contributed to the program’s overall success including strong leadership support, strong collaborations with the Iowa Infection Control and Epidemiology Education and Consultation program, a challenging and time limited vaccination target goal, reporting of vaccination coverage rates among hospitals, and the use of several evidence-based strategies for increasing vaccinations among HCP. In addition, the authors stated that several hospitals reported implementing mandatory vaccination policies in the fourth influenza season, and that this strategy likely contributed to a number of hospitals reaching their target goal. In this study, the median vaccination rate in hospitals that implemented mandatory requirements was 96% versus 87% in hospitals without such policies [34].

**Conclusion**

Annual influenza vaccination has been determined by many health care organizations to be the most effective strategy for preventing influenza. Coupling vaccination with a comprehensive infection prevention plan may improve protection of HCP and their patients from influenza infection. Influenza vaccination programs that include a number of evidence-based strategies can achieve increased rates if they are strongly supported by leadership and are backed by an aggressive focus on vaccination as a patient safety measure. However, these strategies may not be as effective in all health care settings, and HCE may need to employ additional strategies in order to reach target vaccination rates among all HCP.

The HCPIVS believes that HCE and HCP have a joint responsibility to protect patients by adopting all reasonable interventions to reduce the transmission of influenza, including vaccination.

**Recommendation**
The HCPIVS recommends that HCE and facilities establish comprehensive influenza infection prevention programs as recommended by the CDC as an essential step for all HCE and facilities to achieve the Healthy People 2020 influenza vaccine coverage goal of 90%. The HCPIVS recommends that the ASH strongly urge all HCE and facilities to adopt these recommendations.

2. Managing Influenza Vaccination Programs

Findings

Comprehensive influenza vaccination programs are multifaceted and have proven to be successful.

Vaccination of HCP should be part of a multifaceted, comprehensive influenza prevention program that emphasizes all aspects of an influenza prevention program, such as full, visible leadership support with the expectation for vaccination fully and clearly communicated to all HCP; provision of adequate resources and support for the HCP vaccination program; and inclusion of all practices necessary to reduce the spread of influenza in health care settings, including patient isolation, use of personal protective equipment, hand and respiratory hygiene and cough etiquette, and restriction of ill visitors and ill HCP [35]. These practices have been proven to reduce the spread of influenza. Additionally, leadership support and the provision of adequate resources have been shown to have a direct impact on HCP compliance with disease prevention strategies.

The CDC finds that successful HCP vaccination programs are multifaceted and that single-component interventions will likely be minimally effective in achieving desired vaccination coverage levels [26]. The CDC recommends the following [26]:

Education and Campaigns – Basic knowledge about influenza and influenza vaccination has been associated with vaccine receipt and participation in structured in-service education or conferences has been associated with improved vaccination rates.

Role Models – Vaccination of senior medical staff or opinion leaders has been associated with higher vaccination acceptance among staff.

Improved Access – Removing administrative barriers and providing vaccine in locations and at times easily accessible by HCP can substantially improve vaccine acceptance.

Measurement and Feedback – Posting of vaccination coverage levels in different areas of the hospital is a component of successful vaccination programs.
Influenza vaccination programs are cost effective and cost saving approaches to influenza prevention.

Three entities have offered evidence to support that influenza vaccination programs are cost effective and cost saving approaches to influenza prevention:

- The National Business Group on Health (NBGH), representing approximately 330 large employers who provide coverage to 55 million Americans, reports that direct medical costs of influenza average $10.4 billion annually and that lost earnings due to illness and loss of life associated with influenza epidemics average $16.3 billion each year [36].

- The National Foundation for Infectious Diseases (NFID) cites studies in which vaccination has been found to be highly cost effective and cost saving. One study reported those who received the influenza vaccine had 25% fewer episodes of respiratory illness, 43% fewer days of sick leave from work due to respiratory illness, and 44% fewer visits to physicians’ offices for upper respiratory illness than those who received a placebo [37].

- The CDC finds that vaccination can reduce medical costs and indirect costs such as those from lost work productivity. The report states vaccination could result in 13%–44% fewer health-care provider visits, 18%–45% fewer lost workdays, 18%–28% fewer days working with reduced effectiveness, and a 25% decrease in antibiotic use for ILI. In addition, vaccination may contribute to $60–$4,000 savings per illness in healthy adults under 65 years of age depending on the cost of vaccination, the influenza attack rate, and vaccine effectiveness against influenza-like illness [26].

Employers of HCP will encounter barriers to immunizing HCP.

An in-depth literature review describing universal influenza vaccination attitudes in hospital-based HCP identified a number of reasons commonly cited for not receiving the vaccine [38]. In twenty-one studies in nine countries, the authors reported that the five most frequently reported categories for vaccine refusal included: 1) fear of adverse reactions; 2) lack of concern (i.e., perception that influenza does not pose a serious public health risk); 3) inconvenient delivery; 4) lack of perception of own risk; and 5) doubts regarding vaccine efficacy [38]. These studies also found that HCP are more likely to be vaccinated to protect themselves against influenza than to be vaccinated for the protection of patients [38]. Similarly, a recent CDC report found that the prevalence of beliefs regarding influenza and influenza vaccination differ between vaccinated and unvaccinated HCP [28]. This study found that 92.7% of vaccinated HCP believed getting vaccinated could protect them from influenza infection, while only 54.2% of those who were unvaccinated shared that belief. Notably, the CDC study also indicated that 55.4% of unvaccinated HCP do not believe that vaccination better protects those around them from influenza infection [28]. The most important factor facilitating vaccine acceptance was a desire for self-protection, with
previous receipt of influenza vaccine, perceived effectiveness of vaccine, and older age also contributing to vaccine acceptance [28]. Collectively, these studies highlight the importance of educating HCP on the seriousness of influenza as a public health threat and the importance of vaccination as a safe and important infection prevention measure.

The use of signed declination statementsd for HCP who refuse vaccination has had mixed results in increasing vaccination rates.

The Society for Health care Epidemiology of America (SHEA) supported the use of signed declination statements in 2005, but as more data on the impact of these statements became available showing only modest increases in vaccination rates, it has altered its position. SHEA now finds that declination statements work best as part of a comprehensive program [39]. The American Academy of Pediatrics (AAP) notes that the use of declination statements in 22 hospitals resulted in only a modest increase in influenza immunization [40]. The American College of Occupational and Environmental Medicine (ACOEM) finds mixed results from the use of declination statements to document vaccine refusal, from improved rates to no effect [41].

Education and training are vital components of a comprehensive influenza vaccination program.

Providing comprehensive education and training about the risks of influenza and the safety and efficacy of influenza vaccine are essential components of a comprehensive approach. Comprehensive training as required under the Occupational Safety and Health Administration (OSHA) Blood-borne Pathogens (BBP) standard has contributed to increasing hepatitis B vaccination rates and reducing hepatitis B cases among HCP from 17,000 a year to less than 400 based on a 1995 study [42]. A similar comprehensive educational approach may also contribute to improving influenza vaccination coverage.

It is important that educational materials are appropriate in content and vocabulary for the educational level, literacy, and language of targeted HCP. HCP should be educated regarding the benefits of influenza vaccination and the potential health consequences of influenza illness for themselves and their patients; the epidemiology and modes of transmission; diagnosis; treatment; and non-vaccine infection prevention strategies, in accordance with their level of responsibility in preventing health care-associated influenza [26, 38]. The completion of required education must be monitored and enforced by the health care facility staff and compliance with education should be tracked in conjunction with vaccination rates.

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d A declination statement is a tool used by HCEs to improve HCP immunization rates. It is a written document that may state the rationale for influenza immunization, promote HCP and patient safety, and dispel misconceptions about influenza and the influenza vaccine. It provides the HCP an opportunity to opt out of immunization for a stated reason, and is signed by the HCPhealth.
Conclusion

Annual influenza vaccination is the most effective strategy for preventing influenza, especially when provided as a component of a comprehensive influenza vaccination program and influenza prevention program. A comprehensive influenza vaccination program should be multifaceted, consider known barriers to immunization, and provide for substantial education and training on influenza regarding both the benefits and risks of receiving influenza vaccination. As with Recommendation 1, the implementation of a comprehensive influenza vaccination program can improve HCP vaccination rates.

The HCPIVS believes that the best practices for vaccinating HCP are for HCE and facilities to integrate influenza vaccination programs into their existing infection prevention or occupational health programs. To implement these best practices, HCE will need to prioritize building capacity for a comprehensive influenza vaccination program within the context of their overall infection prevention programs and assess which mechanisms, or combination of mechanisms, are appropriate for their particular institution and workforce.

A comprehensive influenza vaccination program should be only one component of a multi-component influenza prevention program. Each HCE should implement as many components as is applicable to protect both patients and HCP against influenza infection. HCE and facilities should involve HCP, managers, and professional staff in the planning, implementation, and evaluation of their programs in order to improve quality and increase the opportunity for program success. Factors to consider include the content and delivery of infection prevention education, HCP access to vaccination, involvement of senior leadership, local community variables and how other health care settings have obtained Healthy People 2020 goals.

Recommendation

The HCPIVS recommends that HCE and facilities integrate influenza vaccination programs into their existing infection prevention or occupational health programs. HCPIVS also recommends that the ASH assure that this recommendation is implemented in HHS facilities and services (including the Public Health Service, HHS staff, and Federally Qualified Health Centers) and strongly urge all HCE and facilities to do the same.

3. Measuring and Reporting HCP Influenza Vaccination Coverage

Findings
**Measuring and reporting influenza vaccination rates helps to increase vaccination of HCP.**

Reporting individual facility influenza vaccination rates as an indicator of an institution's commitment to the delivery of safe, quality care can help to increase influenza vaccination rates. In a study of influenza vaccination rates in acute care hospitals in Iowa, the authors observed a 10% increase in vaccination rates that they attributed to the anticipation of the public release of hospital vaccination rates [34]. Likewise, significant increases in voluntary vaccination rates among HCP within BJC Health care hospitals were attributed to the use of a “Best in Class” scorecard, a quality report provided to leadership at each hospital to reach target goals [43]. In addition, ACIP suggests that monitoring vaccination coverage by facility area (e.g., ward or unit) or occupational group could pinpoint areas where vaccination levels are low and interventions should be targeted [26].

**Standardization of the methodology used to measure HCP influenza vaccination rates across health care settings will result in comparable data that can be used to improve HCP vaccination rates.**

Work is underway to standardize the methodology to measure HCP influenza vaccination rates. In 2008, the CDC proposed a standardized measure for assessing influenza vaccination of HCP to the National Quality Forum\(^ \text{e} \) (NQF). The measure was designed to ensure that reported HCP influenza vaccination rates were comprehensive within a single health care facility and comparable across facilities. A revised measure was approved by the NQF Population Health & Prevention Steering Committee in September, 2011. This measure includes acute care hospitals, ambulatory surgical centers, long-term care facilities, outpatient clinics, and renal dialysis centers.\(^ \text{f} \)

CMS recently adopted a rule for reporting influenza vaccination rates among HCP. Starting in January 2013, CMS will require acute care hospitals to report HCP influenza vaccination rates through the CDC’s National Health care Safety Network system using the NQF measure as part of the Hospital Inpatient Quality Reporting (IQR) Program. Data from the IQR program will be made publicly available on the HospitalCompare.gov website. In addition, acute care hospitals that fail to report these quality measures will be subject to a 2% payment penalty.

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\(^ {\text{e}} \) The National Quality Forum (NQF) is a nonprofit organization that develops, evaluates, and endorses consensus standards for health care quality measures and reporting guidelines. Some measures that receive NQF endorsement are adopted for use in national health care quality reporting programs in both the public and private sector. The Centers for Medicare and Medicaid Services (CMS) gives preference to fully-endorsed NQF measures when considering measures for inclusion in its Hospital Inpatient Quality Reporting (IQR) Program, as well as programs for other health care venues, such as hospital outpatient departments, ambulatory surgical centers, and long-term care.

\(^ {\text{f}} \) National Quality Forum #0431, *Influenza Vaccination Coverage Among Healthcare Personnel*
reduction. CMS also has proposed implementing this measure in outpatient and ambulatory care settings. However, this proposal is still under review.\(^8\)

**Conclusion**

Measuring and reporting HCP influenza vaccination rates leads to improved vaccination levels among HCP. Standardization of HCP vaccination rates is necessary to provide comparable data that can be used to help improve HCP vaccination rates. HCPIVS believes that measuring influenza vaccination coverage of HCP is a prerequisite for achieving and sustaining high coverage levels.

**Recommendation**

The HCPIVS recommends that the ASH encourage the CDC and CMS to continue efforts to standardize the methodology used to measure HCP influenza vaccination rates across settings linking vaccine coverage levels and quality improvement activities. The ASH should also work with CMS to implement incentives, penalties, or requirements that facilitate adoption of the recommendation.

**4. The Role of Employer Requirements for HCP Vaccination in Influenza Infection Prevention**

**Findings**

Many health care facilities have difficulty achieving and maintaining high vaccination coverage rates of HCP despite efforts to implement comprehensive infection prevention programs and voluntary influenza vaccination programs.

Although ACIP has long recommended annual influenza vaccination for HCP, a national estimate of influenza vaccination coverage of HCP for the 2010–11 influenza season was 63.5% [28]. At the institutional level, the progressive incorporation of evidence-based strategies into voluntary influenza vaccination campaigns has often produced marginal increases in vaccine uptake over the course of several seasons [44].

For example, a study conducted at BJC Health care system hospitals analyzed 10-years of aggregate data on vaccination coverage of HCP (defined as hospital employees) and found that progressive voluntary interventions implemented over several years were not sufficient to reach the hospital system’s target vaccination rate of 80% [43]. More generally, voluntary "opt-in" programs have not been successful as an approach to achieve and sustain high influenza vaccination coverage worldwide among health care organizations [45]. The

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\(^8\) Details on this measure can be found at *The National Healthcare Safety Network (NHSN) Manual, Healthcare Personnel Safety Component Protocol*. 

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Healthy People 2020 objective of 90% influenza vaccination coverage for HCP and its inclusion in proposed Joint Commission hospital accreditation requirements may result in additional approaches to increase uptake [44].

**Employer requirements are effective in increasing HCP immunization rates.**

In the 2010-11 influenza season, CDC found that approximately 13% of HCP reported that their employers required influenza vaccination as a condition of employment. Among this group, vaccination coverage was 98.1%, compared to 58.3% among those without an employer requirement [28]. A national survey of acute-care hospitals conducted by Miller et al. found that 55.6% of the hospitals surveyed had implemented an institutional requirement [46], but that vaccination coverage rates increased most significantly in hospitals that also enforced consequences for vaccine refusal [44]. Consequences ranged in severity from mandatory masking to employee termination for noncompliance. Examples of employer required influenza vaccination policies and their impact on HCP vaccination rates are described below:

- Septimus et al. evaluated an influenza vaccination requirement implemented throughout the Hospital Corporation of America (HCA), Inc. national health care system for HCP (defined as clinical employees and individuals with access to patient care areas) [47]. Vaccination among HCP was required, but this policy permitted medical, religious, and philosophical exemptions. Unvaccinated HCP were required to either wear a surgical mask for the duration of the influenza season, or revise their workflow to eliminate patient contact. Prior to the requirement, the study reported mean vaccination rates of 58%; post-requirement coverage levels rose to 96% [47].

- The Virginia Mason Medical Center in Seattle, WA was one of the first hospitals to report on its success using a mandatory vaccination program for HCP (defined in this study as employees of the medical center including students, vendors, contractors, outside physicians, and volunteers) as a condition of employment [48]. Medical and religious exemptions were considered, and exempt HCP were required to wear a surgical mask. Unionized nurses were also exempt from this policy. Within the first year of implementation, vaccination coverage rates increased from 54% (2003) to 97.6% (2005), and coverage levels were sustained at >98% for the following influenza seasons (2006-2009) [48].

- A mandatory influenza vaccination policy as a condition of employment was also implemented in hospitals throughout the BJC Health care system, following failed attempts by the organization to achieve target influenza vaccination rates through voluntary mechanisms [49]. This policy defined HCP as all employed hospital staff (both clinical and nonclinical, including volunteers and vendors). Medical and religious exemptions were considered, and HCP that qualified for an exemption were
encouraged to wear masks for the remainder of the influenza season. Non-compliant HCP were terminated for not meeting the conditions of employment. The authors reported increases in HCP vaccination coverage from 71% (2007) to 98% (2008). Within the BJC Health care System, 0.03% were terminated for failing to comply with hospital policy, similar to reports from the Virginia Mason experience [49].

A comprehensive list of HCE and facilities that have implemented employer requirements for influenza vaccination can be found on the Immunization Action Coalition, Honor Roll for Patient Safety website.\(^h\)

**Requirements for vaccination are broadly used for HCP.**

In general, HCP accept a number of strategies as necessary occupational precautions for mitigating the spread of disease including hand hygiene, wearing personal protective equipment such as gloves, and vaccination against a number of communicable diseases. These policies are generally intended to improve workplace safety by reducing the risk of infectious disease transmission to HCP. Requirements for immunity to, or vaccination against, varicella, measles, mumps, and rubella are standard for most health care facilities. Hepatitis B vaccination or documented declination is required under OSHA’s blood-borne pathogen standard. While influenza vaccination must be completed annually, there are other comparable periodic requirements, such as tuberculin skin testing. However, tuberculin testing requirements are generally stratified according to occupational risk, and are variably implemented with respect to documentation requirements and consequences for non-compliance.

Every state in the U.S. requires certain vaccines as a prerequisite to school enrollment, although most states allow religious exemptions and many states allow philosophical exemptions. The U.S. Public Health Service (PHS) requires vaccination of its Commissioned Corps officers. The U.S. Department of Defense (DoD) requires vaccination for all civilian HCP who provide direct patient care in DoD treatment facilities [50]. Additionally, as noted above, HCE and facilities require specific vaccines and a tuberculin test with varying policies regarding individual exemptions.

A state’s power to mandate vaccinations in the interest of the public health was established in 1905 with the smallpox vaccination. Some states simply require hospitals to have an influenza vaccination policy, some direct health care facilities to offer influenza vaccination to their employees, while still other states require that some HCP receive influenza vaccination or indicate a religious, medical, or philosophic reason for not being vaccinated [40].

Employer requirement programs need leadership buy-in, education, and resource allocation in order to be successful.

Visible and vigorous leadership and accountability for vaccination are essential for programs requiring influenza vaccination as a condition for employment [35]. The key points to consider in implementing an employer required influenza vaccination policy include (1) having full support of health care leadership; (2) tailoring the policy to the geographic setting, educational resources, financial assets, local culture, and potential language barriers; (3) providing free vaccinations to all HCP; (4) publicizing the program to HCP at all levels; (5) offering convenient times and locations for education and immunization administration; (6) using a universal form with defined exemptions; and (7) developing a clear institutional policy for management of employees who are exempted from immunization or refuse immunization [40].

Taking all appropriate measures to prevent the spread of infectious disease in health care settings, including influenza vaccination, represents a duty of care among HCP [51].

Arthur Caplan, the Emmanuel and Robert Hart Professor of Bioethics and director of the Center for Bioethics at the University of Pennsylvania, elaborates on three ethical reasons for requiring vaccination of HCP [52]. First, Caplan points out that every code of ethics adopted by physicians, nurses, nurse aids, social workers, pharmacists, and other HCP state that the best interests of the patient must come first. Secondly, Caplan states that HCP are obligated to honor the core medical ethics requirement of "First Do No Harm," which includes taking necessary precautions to prevent transmission of infectious diseases, including influenza vaccinations. Finally, Caplan argues that HCP have a special duty to protect vulnerable patients, especially those that cannot protect themselves such as newborn babies, infants, and the seriously immunocompromised [52]. Patient advocacy groups have echoed this sentiment [53].

Some have argued that vaccination programs should focus predominately on HCP with direct contact to high risk patients [54]. This argument assumes that an individual patient’s risk category can be promptly and easily determined so that appropriate staff assignments or patient placement can be arranged. The rights of all patients should include knowledge that they will be cared for by HCP who are using all available infection control methods including vaccination to decrease transmission [55]. This should be done for both high risk and low risk patients. Therefore, receiving influenza vaccination may not only be an ethical obligation of HCP, but non-vaccination is a failure to provide patients with an appropriate standard of care [54, 56]. Patients are justified in the expectation that they should be informed if they are not being provided with health care that meets the national standard of care and current recommendations. They should then be given the opportunity to request an alternative. Caplan emphasizes that “Few people pick their health care providers or even know to ask if they have been vaccinated” [52].
George Annas, professor of health law, bioethics, and human rights at Boston University School of Public Health also states that HCP have an ethical obligation to take all reasonable steps to protect their patients. However, he argues against mandatory influenza vaccination for HCP [57]. Annas states that influenza vaccination should be based on an informed choice and that HCP should not be forced to become non-consenting patients.

Annas argues that mandatory influenza vaccination may have negative impacts including building opposition that could result in an unenforceable mandate if a significant number of HCP refuse vaccination. This, in turn, could confuse the public regarding the safety of the influenza vaccine. Annas concludes, “The most effective way to maximize the numbers of the public being vaccinated is to send the message that physicians and nurses believe this is the most reasonable approach to take to prevent wide-scale death and disease…”[57].

Hospitals that have implemented mandatory influenza vaccination programs have not reported the backlash by HCP predicted by Annas. The Children’s Hospital of Philadelphia surveyed a number of paid HCP (both clinical and non-clinical staff) and found that 74.4% of respondents indicated they agreed with the hospital’s vaccination policy even though a number of them (72%) described the influenza vaccine requirement as coercive [58]. Finally, in addition to the benefits of protection of HCP and their patients against influenza infection, requiring HCP to be vaccinated sets a good example to the public and could help to promote influenza vaccination in all populations [58, 59].

Ethical and Social Concerns Regarding Employer Requirements

HCP may oppose employer required vaccination on the basis of worker autonomy, culture, or religion.

When considering employer required vaccination of HCP, HCE should consider the following arguments:

- Worker autonomy – The rights of HCP to make their own health care choices and have their autonomy respected are ethical considerations [60]. One of the many ways autonomy is protected under the law is through the right to refuse medical treatment. Mandatory approaches are coercive and it can be argued that these policies infringe on an individual’s autonomy to make informed choices about their health. However, an individual’s autonomy is not unlimited [61] and the duty of HCP to limit the transmission of influenza through vaccination to avoid causing significant harm to vulnerable patients may override personal autonomy [54].

- Culture – A Joint Commission report noted that cultural considerations may play an important role in HCP decisions to accept or decline vaccination. In studies comparing differences in HCP influenza vaccination declination, the authors found
that HCP in North America cited fear of adverse reactions as the primary reason for refusing vaccination. In contrast, HCP in Switzerland cited the perception that they did not feel at risk for illness as the primary reason for refusing vaccination [60].

- Religion – Some HCP may oppose influenza vaccination based on religious convictions, and many mandatory vaccination policies have allowed religious exemptions for HCP who decline vaccination in good faith because of strongly held beliefs [61].

**Employer requirements for vaccination may be subject to the collective bargaining process for unionized workers.**

Employees represented by labor unions have successfully challenged mandatory influenza vaccination policies. These cases do not directly address whether influenza vaccination is safe or effective, but rather whether the implementation of mandatory influenza vaccination policies that affect the job security and working conditions of HCP are subject to the collective bargaining process.

Several HCE have indicated that mandatory influenza vaccination policies are necessary to achieve the core purpose of their facilities, which is to promote patient health and safety. These HCE have argued that mandatory influenza vaccination policies are designed as patient protection measures, such that HCE should not be obligated to negotiate these policies and the implementing procedures with Unions. However, union representatives have successfully argued that mandatory influenza vaccination policies are subject to the usual collective bargaining process because the requirements constitute a change in the terms and conditions of employment.

**Relevant Decisions**

- **SEIU 121RN and United Health care Workers West vs. California HCA Hospitals:** In arbitration between five hospitals owned by Hospital Corporation of America (HCA) and the Service Employees International Union (SEIU), HCA contested that the majority of patient care policies outlined in the hospitals’ infection control manuals were not subject to the collective bargaining process and claimed that implementation of the mandatory influenza vaccination policy was a management right.

  The Union argued that this policy was subject to the collective bargaining process because it proposed new terms and conditions of employment and the mandatory masking requirement created a discriminatory working environment that stigmatized unvaccinated HCP.
The arbitrator upheld the right of the Employer to implement the mandatory influenza vaccination policy as a patient safety measure, but ordered the Employer to bargain with the Union “to determine a mutually agreeable means of enforcing its policy without violating the provisions cited, and reducing the potential for discrimination and/or violation of the just cause provisions of the Contract.”

- **Board University of Iowa Hospitals and SEIU:**
The hospital claimed that the implementation of a mandatory influenza vaccination policy was a management right directly related to patient safety and was contractually protected under the Employer’s right “to change and modify programs and practices related to health and safety to address ongoing health and safety concerns as required or deemed necessary by regulatory agencies and changes in technology and information.”

The arbitrator disagreed and ruled that the hospital had violated the Collective Bargaining Agreement by implementing a mandatory influenza vaccination policy that instituted unpaid leave as a consequence for noncompliance. Instead of negotiating with the Union, the Employer chose to unilaterally rescind its policy for both unionized and non-unionized HCP.

- **Virginia Mason Hospital and Washington State Nurses Association:**
The Washington State Nurses Association (WSNA) filed a successful grievance against the Virginia Mason Medical Center regarding its mandatory influenza vaccination program. As a result, the hospital modified its influenza prevention policy to require all unvaccinated nurses to initiate influenza antiviral drug prophylaxis or wear a mask as part of a comprehensive influenza infection prevention program.

The Union filed a second grievance, claiming an unfair labor practice for failure to bargain and the implementation of unilateral change. The Administrative Law Judge (ALJ) sided with Virginia Mason, holding that the hospital was not required to bargain because the masking/antiviral requirement relates to the “core purpose” of the hospital.

The Union appealed to the National Labor Relations Board. In August 2011, the Board issued a split decision that reversed the ALJ’s holding. The Board indicated that the unilateral implementation of a masking or medication policy is subject to the bargaining process and that the policy was outside the core purpose of the hospital.
The case was remanded to permit the ALJ to prepare another decision. That decision has not yet been issued.

**Employer requirements raise vaccination rates, but the impact on patient safety needs continued evaluation.**

The primary intent of all influenza vaccination programs for HCP is to reduce influenza infections in patients and in HCPs and their colleagues. Surveillance for health care-associated influenza is not routine. Without ongoing measurement of health care-associated influenza or prospective controlled studies, significant gaps in understanding the impact of increasing vaccination rates on patient safety will persist. Further studies are also needed to determine if patient risk assignment (i.e., high risk versus low risk) is reasonable and effective in preventing health care associated influenza infections.

**Conclusion**

The HCPIVS realizes that employer required vaccination of HCP against influenza is the subject of fervent discussion, both for the concept and against it. Such requirements have been shown to be effective methods of achieving high coverage but may face ethical, cultural or collective bargaining issues. For those HCE who cannot achieve the Healthy People annual goal of 90% influenza immunization of HCP through implementing a comprehensive influenza prevention program, managing influenza vaccination programs, or measuring and reporting HCP influenza vaccination coverage, employer-required vaccination then becomes the next option for increasing influenza immunization rates of their HCP. HCPIVS working group members considered a variety of factors when evaluating the merits of employer requirements, including target vaccination rates, vaccine efficacy, whether herd immunity might reasonably be expected to decrease disease rates, vaccine policy options, such as exemptions and consequence for non-compliance. These discussions resulted in members expressing a range of support and viewpoints regarding “employer requirement”. It should be noted that a majority of the subgroup supported HCE or facility required influenza vaccination programs. However, the HCPIVS does not stipulate the scope and contents of such requirements; it must be a decision made by the HCE based on the concerns and needs of HCP, patients, and the public.

The HCPIVS believes that, at present, HCE or facility requirements for influenza vaccination are the most effective mechanism to rapidly reach and maintain the Healthy People 2020 goal of 90% coverage. Factors to consider when implementing such a policy include the vulnerability of the patient population cared for, what will be considered acceptable reasons for exemption from influenza vaccination, applicable bargaining agreements, and consequences of non-compliance with the policy. It is critical that patients know that
everything possible is being done to protect them from health care associated infection from influenza while in an inpatient, outpatient, or home situation.

Some HCE may benefit from the implementation of such a requirement prior to, in conjunction with, or following implementation of Recommendations 1, 2 and 3. HCE or facility requirement policies should define affected workers and affected employer, outline the affected worker and employer obligations, and incorporate an exemption policy. The HCPIVS notes that employer requirements need strong leadership, messaging and partnership with all HCP, and a consistent focus on the goals of protecting patients and HCP consistent with the ethics of the health care profession.

Recommendation

For those HCE and facilities that have implemented Recommendations 1, 2 and 3 above and cannot achieve and maintain the Healthy People 2020 goal of 90% influenza vaccination coverage of HCP, the HCPIVS recommends that such HCE and facilities strongly consider a policy of employer requirement for influenza immunization. HCPIVS also recommends that the ASH assure that this recommendation is implemented in HHS facilities and services (including, the Public Health Service, HHS staff and Federally Qualified Health Centers) and strongly urge all HCE and facilities to do the same.

5. Supporting Influenza Vaccine Development

Findings

Influenza vaccine effectiveness is highest when the vaccine strains are well-matched to circulating virus. In years when the circulating virus strains vary from the vaccine strains, vaccinated HCP and their patients may still be at risk for contracting and spreading influenza infection.

Vaccine efficacy can vary from year to year and from person to person, but usually some protection is provided against illness or severe illness. There is a great deal of debate regarding the effectiveness of the influenza vaccine. Several studies found that annual immunization with a vaccine antigenically well matched to circulating strains reduced laboratory-confirmed influenza cases by 70% to 90% among healthy adults under the age of 65[23, 62-66]. However, recent studies estimate that vaccine effectiveness may be considerably lower. A report by Osterholm et al. reported a pooled efficacy of only 59% in adults 18-65 years old [67]. Others have also reported reduced vaccine effectiveness in the range of 45 to 75% [24]. The lower estimates in more recent studies may reflect new information regarding diagnostic testing; vaccine effectiveness is overestimated when serology is used as an endpoint. While current vaccines are a critical component of reducing
influenza infection, an opportunity exists to provide improved vaccines with broader protection and increased duration of immunity. Additionally, novel approaches to improving influenza vaccines could result in vaccines that offer multi-year protection against numerous influenza strains, which will reduce the frequency of immunization [68-70].

Despite significant progress in influenza vaccine technologies and manufacturing since 2009, vaccine shortages could remain a challenge to implementing vaccination as an employer requirement.

In response to the 2009-H1N1 influenza pandemic, New York State became the first state to issue a mandate requiring HCP to be vaccinated against influenza. However, this regulation was stayed in a lawsuit brought by SEIU local 4053, the NY State Public Employees Federation. A week after the regulation was stayed, the NYDOH rescinded the regulation due to a shortage of vaccine supplies. The Commissioner of Health noted that the requirement "...set up a dynamic where HCP covered under the regulation might compete for vaccine with persons with underlying risk factors for adverse outcome of influenza infection."[71] Since the 2009-H1N1 response, national strategies have included improvements to the vaccine supply chain. However, improved vaccine availability and stable supply chains will ensure that HCE and facilities can meet attain vaccination coverage rates that meet quality measures [72].

**Conclusion**

Improved efficacy and reduction in the need for annual vaccinations will make it easier to achieve and sustain high vaccination coverage rates among HCP. Ensuring that adequate vaccine supplies are available will also help HCE and facilities to provide vaccine, free of charge, to HCP and, ultimately, achieve the Healthy People 2020 annual goal of vaccination of 90% of HCP or even higher coverage rates.

An influenza vaccine that confers multi-year protection against influenza with increased efficacy and comparable safety relative to the current annual vaccines could facilitate achieving and maintaining high coverage rates for influenza immunization in HCP and other populations. An ideal vaccine is a "universal" influenza vaccine that would not need to be updated each year depending on circulating influenza strains and could provide extended or life-time immunity. A longer lasting vaccine may contribute to higher coverage, reducing the need for employer requirements.

**Recommendation**

The HCPIVS recommends that the ASH encourage ongoing efforts to develop new and improved influenza vaccines and vaccine technologies including support for research, development, and licensure of influenza vaccines with improved immunogenicity and
duration of immunity, as well as steps that improve the immunogenicity and rapid production of existing influenza vaccines.
CONCLUSION

Influenza is a significant public health issue. Annual influenza-associated deaths range from 3,000 to 49,000 according to recent estimates, and more than 200,000 are hospitalized each year for respiratory illnesses and heart conditions associated with seasonal influenza infection. Immunization is the most effective method for preventing infection from influenza and possible hospitalization or death. For this reason, HHS, CDC, and other health care and public health agencies and organizations recommend vaccination as a critical influenza prevention strategy. However, in spite of these recommendations, immunization rates for HCP in the United States remain low.

To address this gap in immunization rates for HCP, the HCPIVS, as directed by the ASH, developed the recommendations and strategies presented in this report for the specific purpose of achieving the Healthy People 2020 annual goal of 90% influenza vaccine coverage of HCP. These recommendations were carefully reviewed, deliberated, debated, and then approved by a majority of the members of the HCPIVS. These recommendations present a tiered set of strategies for achieving the Healthy People 2020 annual goal, including the implementation and management of influenza prevention and vaccination programs, and measuring and reporting vaccination coverage to employer requirements for HCP vaccination. The thought behind this approach was that the HCPIVS realized that HCE range in their scope of practice, from the traditional hospital setting to the in-home health care setting, and no single option for improving HCP immunization rates would work for all HCEs. Thus, a set of recommended options was presented that could apply to most health care settings to improve immunization rates of HCP to reach the Healthy People 2020 annual goal of 90% influenza vaccine coverage.

In presenting these recommendations to the NVAC and the ASH, the HCPIVS acknowledges that there are individuals or groups that may be opposed to each recommendation in whole or in part for varied reasons, such as concerns about the quality of evidence in the literature regarding the impact of HCP vaccination on patient risk of health care associated influenza and the issue of workers' rights. The HCPIVS carefully considered all sides of the argument for each recommendation and believes that the recommendations made herein represent the most effective approach to achieving the stated goal of achieving the Healthy People 2020 annual goal of 90% influenza vaccine coverage of HCP. With this in mind, the HCPIVS submits these recommendations to the NVAC for consideration.
APPENDICES

Appendix A. Health Care Personnel Influenza Vaccination Subgroup (HCPIVS) Membership

Appendix B. Briefings

Appendix C. HCPIVS Voting Procedures and Results

Appendix D. Abbreviations and Acronyms

Appendix E. References
APPENDIX A. HCPIVS MEMBERSHIP

Co-Chairs
Julie Morita, MD
Deputy Commissioner
Chicago Department of Public Health

Christine Nevin-Woods, DO, MPH
Executive Director
Pueblo City-County Health Department
Health Officer for Pueblo County

NVAC Members
Guthrie Birkhead, MD, MPH
Deputy Commissioner
Office of Public Health
New York State Department of Health

Clement Lewin, PhD, MBA
Novartis Vaccines and Diagnostics

Litjen (LJ) Tan, PhD, MS
Director, Medicine and Public Health
American Medical Association

Liaison Representatives
The Hastings Center
Nancy Berlinger, PhD, MDiv
Deputy Director and Research Scholar
The Hastings Center

Service Employees International Union (SEIU)
William Borwegen, MPH
Director, Occupational Health and Safety
Service Employees International Union

American Nurses Association (ANA) – Alternate
Katherine Brewer, MSN
Senior Policy Analyst
American Nurses Association

Advisory Committee on Immunization Practices (ACIP)
Jeffrey Duchin, MD
Chief, Communicable Disease Epidemiology and Immunization Section
Public Health – Seattle & King County
Associate Professor in Medicine, Division of Infectious Diseases
University of Washington

American Association of Homes and Services for the Aging (AAHSA)
Jennifer Hilliard, JD, MMH
Public Policy Attorney
American Association of Homes and Services for the Aging

George Washington University Medical Center,
School of Public Health and Health Policy
Alexandra Stewart, JD
Assistant Professor
Department of Health Policy
The George Washington University Medical Center
School of Public Health and Health Policy

American College of Occupational and Environmental Medicine (ACOEM)
Melanie Swift, MD, FACOEM
Medical Director
Vanderbilt Occupational Health Clinic

American Health Care Association (AHCA)
Janice Zalen, MPA
Senior Director of Special Programs
American Health Care Association

American Academy of Pediatrics (AAP)
Jon Almquist, MD

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1 NVAC Chair
Liaison Representatives (continued)

Society for Health care Epidemiology of America (SHEA) and Infectious Diseases Society of America (IDSA)
Hilary Babcock, MD, MPH
Medical Director, BJC Infection Prevention and Epidemiology Consortium
Medical Director of Occupational Health (Infectious Diseases)
Barnes-Jewish and St. Louis Children's Hospitals
Assistant Professor of Medicine, Infectious Diseases Division
Washington University School of Medicine

American Congress of Obstetricians and Gynecologists (ACOG)
Richard Beigi, MD, MSc
Assistant Professor of Reproductive Sciences, Divisions of Reproductive Infectious Diseases and Obstetric Specialties
Department of Obstetrics, Gynecology, and Reproductive Sciences
Magee-Womens Hospital of the University of Pittsburgh Medical Center

American Nurses Association (ANA)
Nancy Hughes, MS, RN
Director, Center for Occupational and Environmental Health
American Nurses Association

American Hospital Association (AHA)
Charlene Ludlow, RN, MHA, CIC
Patient Safety Officer
Erie County Medical Center

American Pharmacists Association (APhA)
Mitchel Rothholz, RPh, MBA
Chief Strategy Officer
American Pharmacists Association

Ex-Officio Members

Department of Defense (DoD)
Benedict Diniega, MD, MPH, FACPM
COL (Ret.), U.S. Army Medical Corps
Health Policy Analyst
Clinical and Program Policy
Office of the Assistant Secretary of Defense for Health Affairs

Indian Health Service (IHS)
Amy Groom, MPH

Occupational Safety and Health Administration (OSHA) – Alternate
Rosemary Sokas, MD, MOH
Director
Office of Occupational Medicine
Occupational Safety and Health Administration

Occupational Safety and Health Administration (OSHA) – Alternate
Ted Yee, MD, MPH
Medical Officer
Office of Occupational Medicine
Occupational Safety and Health Administration

Centers for Disease Control and Prevention, National Institute for Occupational Safety and Health (NIOSH) – Alternate
David Weissman, MD
Director, Division of Respiratory Disease Studies
National Institute for Occupational Safety and Health
Centers for Disease Control and Prevention
Ex-Officio Members

Occupational Safety and Health Administration (OSHA)
Atkinson Longmire, MD
Medical Officer
Office of Occupational Medicine
Occupational Safety and Health Administration

Department of Veterans Affairs (VA)
Richard Martinello, MD
Senior Medical Advisor
Veterans Health Administration, Office of Public Health

Centers for Disease Control and Prevention, National Institute for Occupational Safety and Health (NIOSH)
John Piacentino, MD, MPH
Associate Director for Science
The National Institute for Occupational Safety and Health
Centers for Disease Control and Prevention

Centers for Disease Control and Prevention (CDC)
Melinda Wharton

U.S. Department of Health and Human Services (Staff and Technical Advisors)
William Bleser, MSPH
Vaccine Safety Fellow
National Vaccine Program Office
Office of the Assistant Secretary for Health

U.S. Department of Health and Human Services
Jennifer Gordon, PhD
AAAS Science and Technology Policy Fellow
National Vaccine Program Office
Office of the Assistant Secretary for Health

Mark Grabowsky, MD, MPH – Designated Federal Official
Deputy Director
National Vaccine Program Office
Office of the Assistant Secretary for Health
U.S. Department of Health and Human Services

Anna Jacobs
Attorney
Office of the General Counsel
Public Health Division
U.S. Department of Health and Human Services

Lauren Wu, MHS
Policy Analyst Fellow
National Vaccine Program Office
Office of the Assistant Secretary for Health
U.S. Department of Health and Human Services

Assistant to NVAC Chair
Robert Bednarczyk, PhD
NVAC Research Analyst/Assistant to NVAC Chair
New York State Department of Health

Rachel Hart-Malloy, MPH
Assistant to NVAC Chair
New York State Department of Health
APPENDIX B. BRIEFINGS

The HCPIVS has received 13 briefings to-date from experts in each topic area as summarized below:

- Epidemiology of influenza in health care settings – Dr. Hilary Babcock
- Ethics of strategies to improve HCP influenza vaccination – Dr. Nancy Berlinger
- Legal issues and a model law for HCP influenza vaccination – Professor Alexandra Stewart
- Reporting influenza vaccination coverage – Ms. Megan Lindley
- HCP influenza vaccination: the New York State experience – Dr. Guthrie Birkhead
- Management of Occupational vaccine programs – Dr. Melanie Swift
- HCP influenza vaccination – the St. Jude Children’s Hospital experience – Dr. Jon McCullers
- Update on ACIP’s In-Clearance HCP Immunization Report – Dr. Paul Cieslak
- HCP influenza vaccination: the VA experience – Dr. Richard Martinello
- Vaccine ethics and mandatory vaccination policies – Mr. Jason Schwartz
- Health care-associated influenza – Dr. Thomas Talbot
- New influenza vaccine technologies – Dr. Jackie Katz
- CDC-sponsored NQF measure of HCP influenza vaccination: final results – Ms. Megan Lindley
APPENDIX C. HCPIVS VOTING PROCEDURES AND RESULTS

In order to evaluate consensus, the HCPIIVS members were asked to take a survey in November of 2011 indicating whether or not they approved of the draft recommendations presented in this report as written below. There are 27 official committee members and 24 (88.9%) responded to the survey. The results of the survey are shown:

<table>
<thead>
<tr>
<th>Recommendation</th>
<th>Approve</th>
<th>Disapprove</th>
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<tbody>
<tr>
<td>Recommendation 1: Implementing Comprehensive Influenza Control Program for Health Care Personnel in all Health care Settings: NVAC believes that health care employers and health care personnel (HCP) have a joint responsibility to protect the patients that they serve by adopting all reasonable interventions, including vaccination, to reduce the transmission of influenza. Influenza vaccines are safe and efficacious and high vaccination coverage among HCP reduces the risk of influenza among HCP and reduces transmission. NVAC endorses the comprehensive influenza infection control programs as recommended by the Centers for Disease Control and Prevention (CDC) as an essential step for all health care employers and facilities to achieve the Healthy People 2020 influenza vaccine coverage goal of 90%. The ASH should urge national organizations to adopt these recommendations.</td>
<td>23/24</td>
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<td>Recommendation 2: Managing Influenza Vaccination Programs: NVAC believes that the best practices for vaccinating HCP are for health care employers and facilities to integrate influenza vaccination programs into their existing infection control or occupational health programs. To implement these best practices, health care employers will need to prioritize building capacity for a comprehensive influenza vaccination program within the context of their overall infectious disease control programs and assess which mechanisms, or combination of mechanisms, are appropriate for their particular institution and workforce. A comprehensive influenza vaccination program should be only one component of a multi-component influenza infection control program. Each employer should implement as many components as is applicable to protect both patients and HCP against influenza infection. Health care employers and facilities should involve HCP, managers and professional staff in the planning, implementation, and evaluation of their programs in order to improve quality and increase the opportunity for program success. Factors to consider include the content and delivery of infection control education, HCP access to vaccination, involvement of senior leadership, local community variables and how other health care settings have obtained Healthy People 2020 goals.</td>
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<td>Recommendation 3: Measuring and reporting HCP Influenza Vaccination Coverage: NVAC believes that measuring influenza vaccination coverage of HCP is a pre-requisite for achieving and sustaining high coverage levels. The NVAC recommends that the ASH encourage CDC and the Centers for Medicare and Medicaid Services (CMS) to continue efforts to standardize the methodology used to measure HCP influenza vaccination rates across settings linking vaccine coverage levels and quality improvement activities. The ASH should also work with CMS to implement financial incentives, penalties, or requirements that facilitate adoption of the recommendation.</td>
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<td>Recommendation 4: The Role of Employer Requirements for HCP Vaccination in Influenza Infection Control : NVAC believes that, at present, employer or facility requirements for influenza vaccination are the most effective mechanism to rapidly reach and maintain the Healthy People 2020 goal of 90% coverage. For those health care employers and facilities that have implemented Recommendations 1, 2 and 3 above and cannot achieve and maintain the Healthy People 2020 goal of 90% influenza vaccination coverage of HCP in an efficient and timely manner, NVAC recommends that such employers and facilities strongly consider a policy of employer requirement for influenza immunization. Factors to consider when implementing such a policy include the vulnerability of the patient population cared for, what will be considered acceptable reasons for exemption from influenza vaccination, applicable bargaining agreements, and consequences of non-compliance with the policy. Some employers may benefit from the implementation of such a requirement prior to, in conjunction with, or following implementation of recommendations 1, 2 and 3. Employer or facility requirement policies should define the affected worker and affected employer, outline the affected employer and worker obligations, and incorporate an exemption policy. NVAC notes that employer requirements need strong leadership, messaging and partnership with all HCP, and a consistent focus on the goals of protecting patients and HCP consistent with the ethics of the health care profession. We recommend that the ASH lead by example by assuring that this recommendation is implemented in HHS facilities and services (including, the Public Health Service, HHS staff and Federally Qualified Health Centers). * One member did not vote on this recommendation</td>
<td>19/23*</td>
<td>4/23*</td>
</tr>
</tbody>
</table>
Recommendation 5: Supporting Influenza Vaccine Development: An influenza vaccine that confers multi-year protection against influenza with increased efficacy and comparable safety relative to the current annual vaccines could facilitate achieving and maintaining high coverage rates for influenza immunization in HCP and other populations. An ideal vaccine is a “universal” influenza vaccine that would not need to be updated each year depending on circulating influenza strains and could provide extended or life-time immunity. A longer lasting vaccine may contribute to higher coverage, reducing the need for employer requirements. NVAC recommends that the ASH encourage ongoing efforts to develop new and improved influenza vaccines and vaccine technologies should be actively encouraged. This includes support for research, development, and licensure of influenza vaccines with improved immunogenicity and duration of immunity, as well as steps that improve the immunogenicity and rapid production of existing influenza vaccines.

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<tr>
<th>24/24</th>
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<tr>
<td>100%</td>
<td>0%</td>
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</table>

These recommendations were approved by a majority of HCPIVS, though a broad consensus was not formed for all recommendations. The Health care Personnel Influenza Vaccination Subgroup (HCPIVS) presents these recommendations as the most effective strategies for achieving the Healthy People 2020 annual goal of 90% influenza vaccination coverage of HCP.

In a separate survey conducted in August of 2011, HCPIV members were asked to indicate if they approved of the following recommendation as it was written:

“For those health care settings that have implemented Recommendation 1, 2, and 3, and cannot achieve the Healthy People 2020 Goal of >90% coverage of HCP with influenza vaccination, it is recommended that the setting institutes a mandatory vaccination policy for HCP influenza vaccination.”

The following wording was included in the question “If you approve of this recommendation, you will have an opportunity to indicate your preference for allowable exemptions in a subsequent question, understanding explicitly that the use of the term "mandate" may not apply for option 3”

Of the 24 that responded to this question, 17/24 voted “Yes” and 7/24 voted “No” they did not agree with the recommendation as written.

Those that approved (voted yes) of the recommendation as written were asked to further define the type of mandatory vaccination policy they would be willing to support. The options given were as follows:

**Option 1:** The only exception would be for HCP with a valid medical contraindication to vaccination as defined by the ACIP and vaccination would be a condition of employment and credentialing

**Option 2:** Exceptions would be for HCP with valid medical contraindication to vaccinations, or religious objections and vaccination would be a condition of employment and credentialing.

**Option 3:** Exceptions would be for HCP with valid medical contraindication to vaccinations, or religious and/or philosophical objections and vaccination would be a condition of employment or suspension until either vaccinated or declination statement signed.
**Option 4:** Exceptions would be for HCP with valid medical contraindication to vaccinations, or religious and/or personal objections and a declination statement is signed.

In this survey, 24/27 members responded to this question. Of the 17 members that voted “Yes”, 10/17 supported a mandate where the only exception would be for HCP with a valid medical contraindication to vaccination as defined by the ACIP and vaccination would be a condition of employment and credentialing (option1); 4/17 supported a mandate where exceptions would be for HCP with valid medical contraindication to vaccinations, or religious objections and vaccination would be a condition of employment and credentialing (option 2); 2/17 supported a mandate where exceptions would be for HCP with valid medical contraindication to vaccinations, or religious and/or philosophical objections and vaccination would be a condition of employment or suspension until either vaccinated or declination statement signed (option 3); and 1/17 supported a mandate where exceptions would be for HCP with valid medical contraindication to vaccinations, or religious and/or personal objections and a declination statement is signed (option4). These results were presented to the full NVAC committee on September 12, 2011.

These results are shown below:
# Appendix D. Abbreviations and Acronyms

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
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<tbody>
<tr>
<td>AAP</td>
<td>American Academy of Pediatrics</td>
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<tr>
<td>ACIP</td>
<td>Advisory Committee on Immunization Practices</td>
</tr>
<tr>
<td>ACOEM</td>
<td>American College of Occupational and Environmental Medicine</td>
</tr>
<tr>
<td>ACP</td>
<td>American College of Physicians</td>
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<tr>
<td>AIWG</td>
<td>Adult Immunization Working Group</td>
</tr>
<tr>
<td>ALJ</td>
<td>Administrative Law Judge</td>
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<tr>
<td>AMA</td>
<td>American Medical Association</td>
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<tr>
<td>ANA</td>
<td>American Nurses Association</td>
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<tr>
<td>ANAC</td>
<td>Association of Nurses in AIDS Care</td>
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<tr>
<td>APHA</td>
<td>American Public Health Association</td>
</tr>
<tr>
<td>ASH</td>
<td>Assistant Secretary for Health</td>
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<tr>
<td>CDC</td>
<td>Centers for Disease Control and Prevention</td>
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<tr>
<td>CEJA</td>
<td>Council on Ethical and Judicial Affairs</td>
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<tr>
<td>CMS</td>
<td>Centers for Medicare and Medicaid Services</td>
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<tr>
<td>DoD</td>
<td>U.S. Department of Defense</td>
</tr>
<tr>
<td>FDA</td>
<td>Food and Drug Administration</td>
</tr>
<tr>
<td>GAO</td>
<td>General Accounting Office</td>
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<tr>
<td>HICPAC</td>
<td>Health care Infection Control Practices Advisory Committee</td>
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<tr>
<td>HCP</td>
<td>Health care personnel</td>
</tr>
<tr>
<td>HCPIVS</td>
<td>Health Care Personnel Influenza Vaccination Subgroup</td>
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<tr>
<td>ILI</td>
<td>Influenza-like illness</td>
</tr>
<tr>
<td>LTCF</td>
<td>Long-term care facility</td>
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<tr>
<td>MMWR</td>
<td>Morbidity and Mortality Weekly</td>
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<tr>
<td>NBGH</td>
<td>National Business Group on Health</td>
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<tr>
<td>NFID</td>
<td>National Foundation for Infectious Diseases</td>
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<tr>
<td>NIH</td>
<td>National Institutes of Health</td>
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<tr>
<td>NLRB</td>
<td>National Labor Relations Board</td>
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<td>NQF</td>
<td>National Quality Forum</td>
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</tbody>
</table>
NVAC ................................................................. National Vaccine Advisory Committee
NVPO ................................................................. National Vaccine Program Office
OSHA ................................................................. Occupational Safety and Health Administration
PPE ......................................................................... Personal protective equipment
SHEA ................................................................. Society of Health care Epidemiology in America
WHO ................................................................... World Health Organization
WSNA ................................................................. Washington State Nurses Association
APPENDIX E: REFERENCES


64. Treanor, J., et al., *Evaluation of trivalent, live, cold-adapted (CAIV-T) and inactivated (TIV) influenza vaccines in prevention of virus infection and illness following challenge of adults with wild-type influenza A (H1N1), A (H3N2), and B viruses*. Vaccine, 1999. 18(9-10): p. 899-906.