

**NVAC Adult Immunization Working Group**  
**Health Care Personnel Influenza Vaccination Subgroup**

*Recommendations on Strategies to Achieve the Healthy People 2020 Annual  
Goal of 90% Influenza Vaccine Coverage for Health Care Personnel*

**DRAFT**

**15 December 2011**

**V1.8**

## EXECUTIVE SUMMARY

Influenza is a significant public health issue. Annual influenza-associated deaths range from 3,000 to 49,000 according to recent estimates, and more than 200,000 people are hospitalized each year for respiratory illnesses and heart conditions associated with seasonal influenza infections. Immunization is the most effective method for preventing infection from influenza and possible hospitalization or death. The Advisory Committee on Immunization Practices recommends that all persons > 6 months of age receive annual flu vaccination. In addition, vaccination of all Health Care Personnel (HCP) is a particular focus of recommendations by the U.S. Department of Health and Human Services (HHS), the Centers for Disease Control and Prevention (CDC), and other health care and public health agencies and professional organizations. However, in spite of these recommendations, influenza immunization rates for HCP in the United States remain below the Healthy People 2020 annual goal of 90% influenza vaccine coverage of HCP.

To address this gap in immunization rates for HCP, the HHS Assistant Secretary for Health (ASH) directed the National Vaccine Advisory Committee (NVAC) to develop recommendations and strategies for the specific purpose of achieving Health People 2020 90% coverage goal. The NVAC delegated this task to the Adult Immunization Working Group (AIWG), which in turn established the Health Care Personnel Influenza Vaccination Subgroup (HCPIVS) to address it. The recommendations, presented by the HCPIVS to the NVAC, include a tiered set of strategies for achieving the Healthy People 2020 annual goal, from implementing and managing influenza prevention and vaccination programs to measuring and reporting vaccination coverage to issues surrounding the implementation of employer requirements for HCP vaccination. The HCPIVS realizes that health care employers (HCE) range in their scope of practice, from the traditional hospital setting to the in-home health care setting, and no single strategy for improving HCP immunization rates would be appropriate for all HCP. Thus, the HCPIVS presents a set of recommended options that can be applied to most health care settings to improve immunization rates of HCP to reach the Healthy People 2020 annual goal of 90% influenza vaccine coverage. These recommendations, approved by a majority of the HCPIVS, are:

**Recommendation 1:** The HCPIVS recommends that HCE and facilities establish comprehensive influenza infection prevention programs as recommended by the CDC as an essential step for all HCE and facilities to achieve the Healthy People 2020 influenza vaccine coverage goal of 90%. The HCPIVS recommends that the ASH strongly urge all HCE and facilities to adopt these recommendations.

**Recommendation 2:** HCPIVS recommends that HCE and facilities integrate influenza vaccination programs into their existing infection prevention programs or occupational health

programs. HCPIVS also recommends that the ASH assure that this recommendation is implemented in HHS facilities and services (including the Public Health Service, HHS staff and Federally Qualified Health Centers) and strongly urges all HCE and facilities to do the same.

**Recommendation 3:** The HCPIVS recommends that the ASH encourage CDC and the Centers for Medicare and Medicaid Services (CMS) to continue efforts to standardize the methodology used to measure HCP influenza vaccination rates across settings linking vaccine coverage levels and quality improvement activities. The ASH should also work with CMS to implement incentives, penalties, or requirements that facilitate adoption of this recommendation.

**Recommendation 4:** For those HCE and facilities that have implemented Recommendations 1, 2 and 3 above and cannot achieve and maintain the Healthy People 2020 goal of 90% influenza vaccination coverage of HCP in an efficient and timely manner, the HCPIVS recommends that HCE and facilities strongly consider an employer requirement for influenza immunization. HCPIVS also recommends that the ASH assure that this recommendation is implemented in HHS facilities and services (including the Public Health Service, HHS staff and Federally Qualified Health Centers) and urge all other HCE and facilities to do the same.

**Recommendation 5:** HCPIVS recommends that the ASH encourage ongoing efforts to develop new and improved influenza vaccines and vaccine technologies including support for research, development, and licensure of influenza vaccines with improved immunogenicity and duration of immunity, as well as steps that improve the immunogenicity and rapid production of existing influenza vaccines.

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## 1 INTRODUCTION

2  
3 The NVAC advises the HHS on issues of vaccine policy. At the request of HHS and the ASH,  
4 NVAC formed the Adult Immunization Working Group (AIWG) with two charges: (1) review  
5 and make recommendations to improve Federal adult immunization programs and (2) make  
6 recommendations to improve the overall adult immunization program in the United States.  
7

8 In 2010, the ASH and the National Vaccine Program Office (NVPO) requested that the NVAC  
9 examine the issue of low influenza vaccination levels in HCP and charged the NVAC to  
10 recommend strategies to achieve the Healthy People 2020 annual goal of 90% influenza  
11 coverage for HCP. The NVAC delegated this task to the AIWG, which in turn established the  
12 HCPIVS to address it. This document reports the findings, conclusions, and recommendations of  
13 the HCPIVS working group.  
14

### 15 Charge to the Subgroup

16 The ASH charged the NVAC to recommend strategies to achieve the Healthy People 2020  
17 annual goal of 90% influenza vaccine coverage for HCP. The Healthy People 2020 objective is  
18 to "increase the percentage of health care personnel who are vaccinated annually against seasonal  
19 influenza" with a target of 90%<sup>a</sup>. The intent of the goal is to reduce influenza infection in HCP  
20 and their patients thereby decreasing the physical and financial burden on the overall health care  
21 system.  
22

### 23 Subgroup Membership

24 The HCPIVS consists of five NVAC members, 15 liaison representatives, nine ex-officio federal  
25 representatives, and five staff members/technical advisors. They were chosen by the NVAC and  
26 Subgroup chairs with recommendations and approval from NVPO. NVAC members are experts  
27 from various fields who are special government employees representing their own views. Two  
28 NVAC members (Drs. Julie Morita and Christine Nevin-Woods) co-chair the Subgroup. Liaison  
29 representatives bring stakeholder viewpoints from a wide variety of important medical and public  
30 health agencies and professional organizations. Ex-officio federal representatives provide  
31 information from relevant federal agencies and departments. The HCPIVS staff members and  
32 technical advisors include members of the NVPO (including the Designated Federal Official) and  
33 the HHS Office of the General Counsel. A detailed list of all HCPIVS members can be found in  
34 Appendix A.  
35

### 36 Methods

37 To address its charge, the Subgroup conducted an extensive literature review examining many  
38 recent articles, reports, and position statements on the issue of influenza vaccination of HCP. The

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<sup>a</sup> <http://healthypeople.gov/2020/topics/objectives2020/objectiveslist.aspx?topicId=23> (Accessed 3 December 2011)

1 HCPIVS also held a series of conference calls and in-person meetings during which  
2 presentations were made on a number of topics (see Appendix B). Based on the literature  
3 review, conference calls, and meetings, the HCPIVS developed the recommendations presented  
4 in this report. Given that consensus on all the draft recommendations was not reached, members  
5 of the working group were asked to vote on the recommendations to determine areas of  
6 agreement and disagreement.

## 8 **Stakeholder and Public Input**

9 The recommendations in this draft report were discussed at the September 2011 NVAC meeting.  
10 Public input will be obtained by a formal comment period through the Federal Register process.  
11 Following the period of public comment, a final report will be prepared for deliberation and a  
12 final vote by the NVAC.

## 14 **Definitions**

15 *Health care personnel (HCP), health care employers (HCE), and employer requirements are*  
16 *referred to throughout this report. The following definitions of these terms serve as the basis for*  
17 *discussion in this document:*

- 18 • HCP refers to all paid and unpaid persons working in health care settings who have the  
19 potential for exposure to patients and/or to infectious materials, including body substances,  
20 contaminated medical supplies and equipment, contaminated environmental surfaces, or  
21 contaminated air. HCP might include (but are not limited to) physicians, nurses, nursing  
22 assistants, therapists, technicians, emergency medical service personnel, dental personnel,  
23 pharmacists, laboratory personnel, autopsy personnel, students and trainees, contractual staff  
24 not employed by the health-care facility, and persons (e.g., clerical, dietary, house-keeping,  
25 laundry, security, maintenance, billing, and volunteers) not directly involved in patient care  
26 but potentially exposed to infectious agents that can be transmitted to and from HCP and  
27 patients. Thus, HCP includes a range of those directly, indirectly, and not involved in patient  
28 care who have the potential for transmitting influenza to patients, other HCP, and others.<sup>b</sup>
- 29 • HCE refers to a person or entity that has control over the wages, hours, and working  
30 conditions of HCP in health care settings<sup>c</sup>. Health care settings include, but are not limited to,  
31 acute-care hospitals; adult day programs or facilities, ambulatory surgical facilities, long-  
32 term care facilities, such as nursing homes and skilled nursing facilities; outpatient clinics,  
33 physicians' offices; rehabilitation centers, residential health care facilities, home health care  
34 agencies, urgent-care centers, and outpatient clinics.

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<sup>b</sup> From the *HHS Action Plan to Prevent Healthcare-Associated Infections: Influenza Vaccination of Healthcare Personnel* ([http://www.hhs.gov/ash/initiatives/hai/tier2\\_flu.html#\\_ftn1](http://www.hhs.gov/ash/initiatives/hai/tier2_flu.html#_ftn1)). (Accessed 25 August 2011).

<sup>c</sup> Defined by CDC at <http://www.cdc.gov/flu/professionals/infectioncontrol/healthcaresettings.htm>. (Accessed 25 August 2011).

- 1 • Employer Requirements: For the purpose of this document, HCPIVS does not stipulate the  
2 scope and contents of such requirements; it should be a decision made by the HCE based on  
3 the concerns and needs of HCP, patients, and the public. The definition and conditions of  
4 such policies were debated among the HCPIVS members and the majority preferred a  
5 mandate. According to a survey poll of member opinion, 10/24 HCPIVS members support  
6 employer requirement policies that only allow medical exemptions (see Appendix C); 7/24  
7 members support policies that include medical, religious, and philosophical exemptions to  
8 HCP; and 7/24 HCPIVS members do not support employer requirements at all. The majority  
9 opinion of HCPIVS was that HCE or facility requirement policies should define the affected  
10 workers and affected employer; outline the affected worker and employer obligations; and  
11 incorporate an exemption policy as deemed appropriate by the HCE for achieving and  
12 sustaining target vaccination rates.

13

DRAFT

## 1 RESULTS

### 3 Overarching Themes

4 In its review of available literature, the HCPIVS found three overarching themes that underlie all  
5 five recommendations made herein:

#### 7 *1. Influenza is a significant public health issue.*

8 In the United States, the Centers for Disease Control and Prevention (CDC) estimates that  
9 there are 3,000 to 49,000 influenza-associated deaths each year [1] and, on average, more  
10 than 200,000 people are hospitalized each year for respiratory illnesses and heart conditions  
11 associated with seasonal influenza virus infection [2]. Serious morbidity and mortality from  
12 influenza infection can occur in any person regardless of age but the following groups, who  
13 are often under the care of HCP in health care settings, are at higher risk for severe outcomes  
14 due to complications from influenza infection [3]:

- 15 • People older than 65 years of age – From 1979 to 2000, influenza hospitalization  
16 rates for elderly patients were 2-14 times higher than that in the general population,  
17 and more than 90% of the patients who died were elderly [2, 4].
- 18 • Pregnant women – Pregnant women are at a higher risk of complications from  
19 influenza [5-7]. In addition, newborns born from vaccinated mothers are less likely to  
20 become infected with influenza during infancy and are less likely to be born  
21 premature than those whose mothers did not [8].
- 22 • People with chronic medical conditions – During periods of high influenza incidence,  
23 hospitalizations of adults with diabetes, cardiovascular disease, or chronic lung, renal,  
24 or liver conditions may increase two- to five-fold, depending on age group [9].  
25 Influenza-related hospitalization rates in adults with cancer under 65 years of age are  
26 five to ten times higher than for the general population, and three to five times higher  
27 in people with cancer over 65 years—higher than for other high-risk groups [10].  
28 With an estimated age-standardized death rate of 40.5 per 100,000 persons, cancer  
29 patients are 10 times more likely to die than others hospitalized with influenza-related  
30 infections, and this mortality impact is particularly notable among those under 65  
31 years [10].
- 32 • Residents of long-term care facilities (LTCFs) – Residents in LTCFs have greater risk  
33 for infection because they live in close proximity in closed settings and have contact  
34 with numerous caregivers [11]. Since residents often have multiple underlying  
35 medical problems, LTCF influenza outbreaks are associated with significant  
36 morbidity and mortality [12-14].



- Newborns and infants, especially those in NICUs – Children younger than 6 months of age cannot be immunized for influenza and are at high risk of hospitalization for influenza [15, 16].

## ***2. Immunization is the most effective way to protect patients and HCP from influenza infections.***

The Working Group’s recommendations are built on the principle that influenza is a significant public health threat, that the influenza vaccine is safe and effective, and that vaccination is currently the most effective mechanism for preventing influenza infection.

According to the Advisory Committee on Immunization Practices (ACIP), “the most effective strategy for preventing influenza is annual vaccination”[5]. Routine influenza vaccination is now recommended for all persons over age 6 months [14]. The ACIP and the Health care Infection Control Practices Advisory Committee (HICPAC), in addition to many other medical organizations and leaders, recommend that all HCP in the United States be vaccinated annually against influenza, establishing influenza vaccination as a standard of care [17]. Immunizing HCP has two potential benefits: 1) directly protecting HCP from influenza for their own health, allowing them to continue to work thus minimizing disruption of health care settings [18]; and 2) indirectly protecting other HCP and patients with whom they come in contact who may be at high risk for complications of influenza [11, 19-21].

Vaccination is the best-documented and most effective intervention to prevent influenza transmission [22]. Determining the overall effects of vaccination of HCP on patient outcomes is methodologically challenging and the outcomes measured often vary between studies. Findings specific to the effectiveness of HCP influenza vaccination in protecting patients vary by setting, year, and population studied and may lead to differing interpretations of the available data [21, 23-27]. Collectively, the impact of HCP vaccination on patient morbidity and mortality in the acute and long-term care settings requires continued investigation. While the working group discussed several scientific studies that evaluated the impact of HCP influenza vaccination on reducing health-care associated influenza infection among patients, evaluating the full merits of HCP vaccination was not included in the charge of the working group, and therefore is not directly addressed in this report.

## ***3. In spite of long- standing recommendations for all HCP to receive vaccination against influenza, HCP immunization rates are well below the Healthy People 2020 goal.***

HCP vaccination rates vary from year to year but are consistently well below the Healthy People 2020 goal of 90%. For the 2009–10 influenza season, 61.9% of HCP were vaccinated; for the 2010–11 season, 63.5% were vaccinated [28]. In a 2011 report from the CDC, vaccination coverage was reported to be higher among HCP working in hospitals

1 (71.1%), compared with those working in ambulatory or outpatient centers (61.5%), patient  
2 homes (53.6%), and "other" health care settings (46.7%).

3  
4 Vaccination coverage among physicians and dentists (84.2%) was similar to coverage among  
5 nurse practitioners and physician assistants (82.6%), and was significantly higher than for  
6 those working in all other occupational groups. Coverage also was significantly higher  
7 among HCP aged  $\geq 60$  years (74.2%), compared with those aged 18–29 years (56.4%) and  
8 30–44 years (57.8%) [28].

## 10 FINDINGS, CONCLUSIONS and RECOMMENDATIONS

### 12 1. Implementing a Comprehensive Influenza Prevention Program for Health 13 Care Personnel in All Health Care Settings

#### 15 Findings

#### 17 *HCP can acquire influenza infection and transmit it to patients.*

18  
19 Exposure to influenza infection in health care setting is an occupational hazard for HCP.  
20 Influenza infections range from asymptomatic/ mild infections to severe infections and death.  
21 Asymptomatic HCP, along with those that come to work ill, can potentially transmit the virus  
22 to colleagues, their families, and patients. One study looking at serological testing of HCP in  
23 acute care hospitals, found that 120/ 518 (23.2%) of HCP tested positive for influenza  
24 infection [29]. Of these, 71/120 (59%) could not recall having an influenza infection, and  
25 32/120 (28%) did not report experiencing any respiratory infection [29].

26  
27 Patients that are at higher risk for influenza and its associated complications have frequent,  
28 close contact with HCP while seeking inpatient and outpatient medical services. Some of  
29 these patients may not always be easily identified as high risk. Unvaccinated HCP have been  
30 implicated as sources of influenza infections in outbreaks among adults and children in both  
31 acute and long-term care settings [14, 21, 27], although attribution of the source of such  
32 infections is often difficult. Therefore, HCP immunization is a vital step to protect those at  
33 high risk from severe influenza infection. Patients have the right to be protected against  
34 influenza infection transmission by HCP that have the responsibility to care for them.

35  
36 A study at the University of Virginia Health System, a tertiary care center, reported an  
37 association between increased influenza vaccination among HCP (defined as hospital  
38 employees) and decreased health care-associated influenza in hospitalized patients [30]. In  
39 this study, a rise in HCP vaccination rates from 4% to 67% was associated with a significant

1 decrease in the proportion of laboratory-confirmed influenza cases in HCP from 42% to 9%  
2 and a decrease in the number of health care-associated influenza cases in hospitalized  
3 patients (32% to 0%) [30]. However, because influenza vaccination was part of a  
4 comprehensive multipronged intervention, these results cannot be attributed solely to the  
5 vaccination of HCP.  
6

7 ***Comprehensive infection prevention plans that include immunization for influenza are the***  
8 ***most effective method to protect HCP and their patients from infection.***

9 Other infection prevention practices, when used in conjunction with influenza immunization,  
10 may enhance the protection of HCP and their patients from infection. A comprehensive  
11 influenza prevention plan should include, but not be limited to (1) offering free and readily  
12 accessible influenza vaccination to HCP; (2) providing targeted, interactive education  
13 programs annually to all HCP on the impact of influenza, particularly among high-risk  
14 patients, and to address misconceptions and concerns about the safety of influenza  
15 vaccination; and (3) educating HCP about the importance of influenza vaccination in  
16 promoting patient and employee safety [26, 31].  
17

18 A comprehensive influenza prevention plan should include implementation of hand and  
19 respiratory hygiene and cough etiquette; screening for and appropriate isolation of HCP and  
20 patients identified with acute respiratory tract infections; appropriate management of ill HCP;  
21 adherence to standard precautions for all patient care activities as well as implementation of  
22 transmission-based precautions as indicated; and the implementation of engineering and  
23 environmental infection prevention measures as outlined in CDC's *Prevention Strategies for*  
24 *Seasonal Influenza in Health care Settings* [31].  
25

26 ***Comprehensive infection prevention plans that include voluntary influenza vaccination***  
27 ***have been shown to improve influenza vaccination rates in HCP in some health care***  
28 ***facilities.***

29  
30 St. Jude Children's Research Hospital in Memphis, Tennessee specializes in the care of  
31 severely immunocompromised children and essentially all patients are at a significant risk for  
32 complications due to severe influenza infection [32]. The hospital achieved and sustained  
33 high voluntary compliance to influenza vaccination among HCP (defined in this analysis as  
34 any staff member with direct patient care duties) due to the implementation of a  
35 comprehensive program that included focused educational campaigns, increased availability  
36 of vaccine, and individual follow-up with an infection control officer [32]. Prior to the  
37 introduction of a comprehensive program, the hospital reported HCP vaccination rates of  
38 44.7%. However, the introduction of a comprehensive program was successful in increasing  
39 and sustaining rates between 80-96%. The authors attribute the program's success to

1 educating HCP on the importance of HCP vaccination in protecting vulnerable patients; an  
2 idea reflected in surveyed HCP's attitudes towards vaccination. On the other hand, the  
3 authors also acknowledge that these results may be unique to St. Jude Children's Hospital  
4 due to its high-risk patient population and the impact of their medical director who  
5 championed a culture of individual accountability [32].  
6

7 The Iowa Health care Collaborative (IHC), a provider-led organization, initiated a program to  
8 increase influenza vaccination rates among HCP (defined as paid employees) in acute care  
9 hospitals throughout the state [33]. This program included a number of evidence-based  
10 strategies for improving HCP vaccination rates including common educational materials and  
11 a data reporting system that enabled individual hospitals to track their performance compared  
12 to the target vaccination rate of 95% established by the IHC. Within two years, the median  
13 vaccination rate had increased from 73.1% to 82% (2006-2008) [33]. A follow-up report  
14 tracking the success of the program showed that median vaccination rates among acute care  
15 hospitals had reached 93% after four influenza seasons [34]. The authors hypothesized that  
16 several factors contributed to the program's overall success including strong leadership  
17 support, strong collaborations with the Iowa Infection Control and Epidemiology Education  
18 and Consultation program, a challenging and time limited vaccination target goal, reporting  
19 of vaccination coverage rates among hospitals, and the use of several evidence-based  
20 strategies for increasing vaccinations among HCP. In addition, the authors stated that several  
21 hospitals reported implementing mandatory vaccination policies in the fourth influenza  
22 season, and that this strategy likely contributed to a number of hospitals reaching their target  
23 goal. In this study, the median vaccination rate in hospitals that implemented mandatory  
24 requirements was 96% versus 87% in hospitals without such policies [34].  
25

## 26 **Conclusion**

27 Annual influenza vaccination has been determined by many health care organizations to be  
28 the most effective strategy for preventing influenza. Coupling vaccination with a  
29 comprehensive infection prevention plan may improve protection of HCP and their patients  
30 from influenza infection. Influenza vaccination programs that include a number of evidence-  
31 based strategies can achieve increased rates if they are strongly supported by leadership and  
32 are backed by an aggressive focus on vaccination as a patient safety measure. However,  
33 these strategies may not be as effective in all health care settings, and HCE may need to  
34 employ additional strategies in order to reach target vaccination rates among all HCP.  
35

36 The HCPIVS believes that HCE and HCP have a joint responsibility to protect patients by  
37 adopting all reasonable interventions to reduce the transmission of influenza, including  
38 vaccination.  
39

## 40 **Recommendation**

1       **The HCPIVS recommends that HCE and facilities establish comprehensive influenza**  
2       **infection prevention programs as recommended by the CDC as an essential step for all**  
3       **HCE and facilities to achieve the Healthy People 2020 influenza vaccine coverage goal**  
4       **of 90%. The HCPIVS recommends that the ASH strongly urge all HCE and facilities to**  
5       **adopt these recommendations.**

## 7       **2. Managing Influenza Vaccination Programs**

### 8       **Findings**

9  
10       ***Comprehensive influenza vaccination programs are multifaceted and have proven to be***  
11       ***successful.***

12       Vaccination of HCP should be part of a multifaceted, comprehensive influenza prevention  
13       program that emphasizes all aspects of an influenza prevention program, such as full, visible  
14       leadership support with the expectation for vaccination fully and clearly communicated to all  
15       HCP; provision of adequate resources and support for the HCP vaccination program; and  
16       inclusion of all practices necessary to reduce the spread of influenza in health care settings,  
17       including patient isolation, use of personal protective equipment, hand and respiratory  
18       hygiene and cough etiquette, and restriction of ill visitors and ill HCP [35]. These practices  
19       have been proven to reduce the spread of influenza. Additionally, leadership support and the  
20       provision of adequate resources have been shown to have a direct impact on HCP compliance  
21       with disease prevention strategies.

22  
23       The CDC finds that successful HCP vaccination programs are multifaceted and that single-  
24       component interventions will likely be minimally effective in achieving desired vaccination  
25       coverage levels [26]. The CDC recommends the following [26]:

26  
27       **Education and Campaigns** – Basic knowledge about influenza and influenza  
28       vaccination has been associated with vaccine receipt and participation in structured in-  
29       service education or conferences has been associated with improved vaccination rates.

30  
31       **Role Models** – Vaccination of senior medical staff or opinion leaders has been associated  
32       with higher vaccination acceptance among staff.

33  
34       **Improved Access** – Removing administrative barriers and providing vaccine in locations  
35       and at times easily accessible by HCP can substantially improve vaccine acceptance.

36  
37       **Measurement and Feedback** – Posting of vaccination coverage levels in different areas  
38       of the hospital is a component of successful vaccination programs.

39

1       ***Influenza vaccination programs are cost effective and cost saving approaches to influenza***  
2       ***prevention.***

3       Three entities have offered evidence to support that influenza vaccination programs are cost  
4       effective and cost saving approaches to influenza prevention:

- 5  
6       • The National Business Group on Health (NBGH), representing approximately 330 large  
7       employers who provide coverage to 55 million Americans, reports that direct medical  
8       costs of influenza average \$10.4 billion annually and that lost earnings due to illness and  
9       loss of life associated with influenza epidemics average \$16.3 billion each year [36].
- 10  
11       • The National Foundation for Infectious Diseases (NFID) cites studies in which  
12       vaccination has been found to be highly cost effective and cost saving. One study  
13       reported those who received the influenza vaccine had 25% fewer episodes of  
14       respiratory illness, 43% fewer days of sick leave from work due to respiratory illness,  
15       and 44% fewer visits to physicians' offices for upper respiratory illness than those  
16       who received a placebo [37].
- 17  
18       • The CDC finds that vaccination can reduce medical costs and indirect costs such as  
19       those from lost work productivity. The report states vaccination could result in 13%–  
20       44% fewer health-care provider visits, 18%–45% fewer lost workdays, 18%–28%  
21       fewer days working with reduced effectiveness, and a 25% decrease in antibiotic use  
22       for ILI. In addition, vaccination may contribute to \$60–\$4,000 savings per illness in  
23       healthy adults under 65 years of age depending on the cost of vaccination, the  
24       influenza attack rate, and vaccine effectiveness against influenza-like illness [26].

25  
26       ***Employers of HCP will encounter barriers to immunizing HCP.***

27       An in-depth literature review describing universal influenza vaccination attitudes in hospital-  
28       based HCP identified a number of reasons commonly cited for not receiving the vaccine [38].  
29       In twenty-one studies in nine countries, the authors reported that the five most frequently  
30       reported categories for vaccine refusal included: 1) fear of adverse reactions; 2) lack of  
31       concern (i.e., perception that influenza does not pose a serious public health risk); 3)  
32       inconvenient delivery; 4) lack of perception of own risk; and 5) doubts regarding vaccine  
33       efficacy [38]. These studies also found that HCP are more likely to be vaccinated to protect  
34       themselves against influenza than to be vaccinated for the protection of patients [38].  
35       Similarly, a recent CDC report found that the prevalence of beliefs regarding influenza and  
36       influenza vaccination differ between vaccinated and unvaccinated HCP [28]. This study  
37       found that 92.7% of vaccinated HCP believed getting vaccinated could protect them from  
38       influenza infection, while only 54.2% of those who were unvaccinated shared that belief.  
39       Notably, the CDC study also indicated that 55.4% of unvaccinated HCP do not believe that  
40       vaccination better protects those around them from influenza infection [28]. The most  
41       important factor facilitating vaccine acceptance was a desire for self-protection, with

1 previous receipt of influenza vaccine, perceived effectiveness of vaccine, and older age also  
2 contributing to vaccine acceptance [28]. Collectively, these studies highlight the importance  
3 of educating HCP on the seriousness of influenza as a public health threat and the importance  
4 of vaccination as a safe and important infection prevention measure.

5  
6 ***The use of signed declination statements<sup>d</sup> for HCP who refuse vaccination has had mixed***  
7 ***results in increasing vaccination rates.***

8 The Society for Health care Epidemiology of America (SHEA) supported the use of signed  
9 declination statements in 2005, but as more data on the impact of these statements became  
10 available showing only modest increases in vaccination rates, it has altered its position.  
11 SHEA now finds that declination statements work best as part of a comprehensive program  
12 [39]. The American Academy of Pediatrics (AAP) notes that the use of declination  
13 statements in 22 hospitals resulted in only a modest increase in influenza immunization [40].  
14 The American College of Occupational and Environmental Medicine (ACOEM) finds mixed  
15 results from the use of declination statements to document vaccine refusal, from improved  
16 rates to no effect [41].

17  
18 ***Education and training are vital components of a comprehensive influenza vaccination***  
19 ***program.***

20 Providing comprehensive education and training about the risks of influenza and the safety  
21 and efficacy of influenza vaccine are essential components of a comprehensive approach.  
22 Comprehensive training as required under the Occupational Safety and Health  
23 Administration (OSHA) Blood-borne Pathogens (BBP) standard has contributed to  
24 increasing hepatitis B vaccination rates and reducing hepatitis B cases among HCP from  
25 17,000 a year to less than 400 based on a 1995 study [42]. A similar comprehensive  
26 educational approach may also contribute to improving influenza vaccination coverage.

27  
28 It is important that educational materials are appropriate in content and vocabulary for the  
29 educational level, literacy, and language of targeted HCP. HCP should be educated regarding  
30 the benefits of influenza vaccination and the potential health consequences of influenza  
31 illness for themselves and their patients; the epidemiology and modes of transmission;  
32 diagnosis; treatment; and non-vaccine infection prevention strategies, in accordance with  
33 their level of responsibility in preventing health care-associated influenza [26, 38]. The  
34 completion of required education must be monitored and enforced by the health care facility  
35 staff and compliance with education should be tracked in conjunction with vaccination rates.

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<sup>d</sup> A declination statement is a tool used by HCEs to improve HCP immunization rates. It is a written document that may state the rationale for influenza immunization, promote HCP and patient safety, and dispel misconceptions about influenza and the influenza vaccine. It provides the HCP an opportunity to opt out of immunization for a stated reason, and is signed by the HCPhealth.

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## **Conclusion**

Annual influenza vaccination is the most effective strategy for preventing influenza, especially when provided as a component of a comprehensive influenza vaccination program and influenza prevention program. A comprehensive influenza vaccination program should be multifaceted, consider known barriers to immunization, and provide for substantial education and training on influenza regarding both the benefits and risks of receiving influenza vaccination. As with Recommendation 1, the implementation of a comprehensive influenza vaccination program can improve HCP vaccination rates.

The HCPIVS believes that the best practices for vaccinating HCP are for HCE and facilities to integrate influenza vaccination programs into their existing infection prevention or occupational health programs. To implement these best practices, HCE will need to prioritize building capacity for a comprehensive influenza vaccination program within the context of their overall infection prevention programs and assess which mechanisms, or combination of mechanisms, are appropriate for their particular institution and workforce.

A comprehensive influenza vaccination program should be only *one* component of a multi-component influenza prevention program. Each HCE should implement as many components as is applicable to protect both patients and HCP against influenza infection. HCE and facilities should involve HCP, managers, and professional staff in the planning, implementation, and evaluation of their programs in order to improve quality and increase the opportunity for program success. Factors to consider include the content and delivery of infection prevention education, HCP access to vaccination, involvement of senior leadership, local community variables and how other health care settings have obtained Healthy People 2020 goals.

## **Recommendation**

**The HCPIVS recommends that HCE and facilities integrate influenza vaccination programs into their existing infection prevention or occupational health programs. HCPIVS also recommends that the ASH assure that this recommendation is implemented in HHS facilities and services (including the Public Health Service, HHS staff, and Federally Qualified Health Centers) and strongly urge all HCE and facilities to do the same.**

### **3. Measuring and Reporting HCP Influenza Vaccination Coverage**

#### **Findings**



1        ***Measuring and reporting influenza vaccination rates helps to increase vaccination of***  
2        ***HCP.***

3        Reporting individual facility influenza vaccination rates as an indicator of an institution's  
4        commitment to the delivery of safe, quality care can help to increase influenza vaccination  
5        rates. In a study of influenza vaccination rates in acute care hospitals in Iowa, the authors  
6        observed a 10% increase in vaccination rates that they attributed to the anticipation of the  
7        public release of hospital vaccination rates [34]. Likewise, significant increases in voluntary  
8        vaccination rates among HCP within BJC Health care hospitals were attributed to the use of a  
9        “Best in Class” scorecard, a quality report provided to leadership at each hospital to reach  
10       target goals [43]. In addition, ACIP suggests that monitoring vaccination coverage by facility  
11       area (e.g., ward or unit) or occupational group could pinpoint areas where vaccination levels  
12       are low and interventions should be targeted [26].

13  
14       ***Standardization of the methodology used to measure HCP influenza vaccination rates***  
15       ***across health care settings will result in comparable data that can be used to improve HCP***  
16       ***vaccination rates.***

17       Work is underway to standardize the methodology to measure HCP influenza vaccination  
18       rates. In 2008, the CDC proposed a standardized measure for assessing influenza vaccination  
19       of HCP to the National Quality Forum<sup>e</sup> (NQF). The measure was designed to ensure that  
20       reported HCP influenza vaccination rates were comprehensive within a single health care  
21       facility and comparable across facilities. A revised measure was approved by the NQF  
22       Population Health & Prevention Steering Committee in September, 2011. This measure  
23       includes acute care hospitals, ambulatory surgical centers, long-term care facilities,  
24       outpatient clinics, and renal dialysis centers.<sup>f</sup>

25  
26       CMS recently adopted a rule for reporting influenza vaccination rates among HCP. Starting  
27       in January 2013, CMS will require acute care hospitals to report HCP influenza vaccination  
28       rates through the CDC's National Health care Safety Network system using the NQF measure  
29       as part of the Hospital Inpatient Quality Reporting (IQR) Program. Data from the IQR  
30       program will be made publicly available on the HospitalCompare.gov website. In addition,  
31       acute care hospitals that fail to report these quality measures will be subject to a 2% payment

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<sup>e</sup> The National Quality Forum (NQF) is a nonprofit organization that develops, evaluates, and endorses consensus standards for health care quality measures and reporting guidelines. Some measures that receive NQF endorsement are adopted for use in national health care quality reporting programs in both the public and private sector. The Centers for Medicare and Medicaid Services (CMS) gives preference to fully-endorsed NQF measures when considering measures for inclusion in its Hospital Inpatient Quality Reporting (IQR) Program, as well as programs for other health care venues, such as hospital outpatient departments, ambulatory surgical centers, and long-term care.

<sup>f</sup> National Quality Forum #0431, *Influenza Vaccination Coverage Among Healthcare Personnel*

1 reduction. CMS also has proposed implementing this measure in outpatient and ambulatory  
2 care settings. However, this proposal is still under review.<sup>g</sup>

### 3 4 **Conclusion**

5 Measuring and reporting HCP influenza vaccination rates leads to improved vaccination  
6 levels among HCP. Standardization of HCP vaccination rates is necessary to provide  
7 comparable data that can be used to help improve HCP vaccination rates. HCPIVS believes  
8 that measuring influenza vaccination coverage of HCP is a prerequisite for achieving and  
9 sustaining high coverage levels.

### 10 11 **Recommendation**

12 **The HCPIVS recommends that the ASH encourage the CDC and CMS to continue**  
13 **efforts to standardize the methodology used to measure HCP influenza vaccination**  
14 **rates across settings linking vaccine coverage levels and quality improvement activities.**  
15 **The ASH should also work with CMS to implement incentives, penalties, or**  
16 **requirements that facilitate adoption of the recommendation.**

## 17 18 **4. The Role of Employer Requirements for HCP Vaccination in Influenza** 19 **Infection Prevention**

### 20 21 **Findings**

22  
23 *Many health care facilities have difficulty achieving and maintaining high vaccination*  
24 *coverage rates of HCP despite efforts to implement comprehensive infection prevention*  
25 *programs and voluntary influenza vaccination programs.*

26 Although ACIP has long recommended annual influenza vaccination for HCP, a national  
27 estimate of influenza vaccination coverage of HCP for the 2010–11 influenza season was  
28 63.5% [28]. At the institutional level, the progressive incorporation of evidence-based  
29 strategies into voluntary influenza vaccination campaigns has often produced marginal  
30 increases in vaccine uptake over the course of several seasons [44].

31  
32 For example, a study conducted at BJC Health care system hospitals analyzed 10-years of  
33 aggregate data on vaccination coverage of HCP (defined as hospital employees) and found  
34 that progressive voluntary interventions implemented over several years were not sufficient  
35 to reach the hospital system's target vaccination rate of 80% [43]. More generally, voluntary  
36 "opt-in" programs have not been successful as an approach to achieve and sustain high  
37 influenza vaccination coverage worldwide among health care organizations [45]. The

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<sup>g</sup> Details on this measure can be found at [The National Healthcare Safety Network \(NHSN\) Manual, Healthcare Personnel Safety Component Protocol](#)

1 Healthy People 2020 objective of 90% influenza vaccination coverage for HCP and its  
2 inclusion in proposed Joint Commission hospital accreditation requirements may result in  
3 additional approaches to increase uptake [44].  
4

5 ***Employer requirements are effective in increasing HCP immunization rates.***

6 In the 2010-11 influenza season, CDC found that approximately 13% of HCP reported that  
7 their employers required influenza vaccination as a condition of employment. Among this  
8 group, vaccination coverage was 98.1%, compared to 58.3% among those without an  
9 employer requirement [28]. A national survey of acute-care hospitals conducted by Miller *et*  
10 *al.* found that 55.6% of the hospitals surveyed had implemented an institutional requirement  
11 [46], but that vaccination coverage rates increased most significantly in hospitals that also  
12 enforced consequences for vaccine refusal [44]. Consequences ranged in severity from  
13 mandatory masking to employee termination for noncompliance. Examples of employer  
14 required influenza vaccination policies and their impact on HCP vaccination rates are  
15 described below:

- 16 • Septimus *et al.* evaluated an influenza vaccination requirement implemented  
17 throughout the Hospital Corporation of America (HCA), Inc. national health care  
18 system for HCP (defined as clinical employees and individuals with access to patient  
19 care areas) [47]. Vaccination among HCP was required, but this policy permitted  
20 medical, religious, and philosophical exemptions. Unvaccinated HCP were required  
21 to either wear a surgical mask for the duration of the influenza season, or revise their  
22 workflow to eliminate patient contact. Prior to the requirement, the study reported  
23 mean vaccination rates of 58%; post-requirement coverage levels rose to 96% [47].  
24
- 25 • The Virginia Mason Medical Center in Seattle, WA was one of the first hospitals to  
26 report on its success using a mandatory vaccination program for HCP (defined in this  
27 study as employees of the medical center including students, vendors, contractors,  
28 outside physicians, and volunteers) as a condition of employment [48]. Medical and  
29 religious exemptions were considered, and exempt HCP were required to wear a  
30 surgical mask. Unionized nurses were also exempt from this policy. Within the first  
31 year of implementation, vaccination coverage rates increased from 54% (2003) to  
32 97.6% (2005), and coverage levels were sustained at >98% for the following  
33 influenza seasons (2006-2009) [48].  
34
- 35 • A mandatory influenza vaccination policy as a condition of employment was also  
36 implemented in hospitals throughout the BJC Health care system, following failed  
37 attempts by the organization to achieve target influenza vaccination rates through  
38 voluntary mechanisms [49]. This policy defined HCP as all employed hospital staff  
39 (both clinical and nonclinical, including volunteers and vendors). Medical and  
40 religious exemptions were considered, and HCP that qualified for an exemption were

1 encouraged to wear masks for the remainder of the influenza season. Non-compliant  
2 HCP were terminated for not meeting the conditions of employment. The authors  
3 reported increases in HCP vaccination coverage from 71% (2007) to 98% (2008).  
4 Within the BJC Health care System, 0.03% were terminated for failing to comply  
5 with hospital policy, similar to reports from the Virginia Mason experience [49].  
6

7 A comprehensive list of HCE and facilities that have implemented employer requirements for  
8 influenza vaccination can be found on the Immunization Action Coalition, Honor Roll for  
9 Patient Safety website.<sup>h</sup>  
10

11 ***Requirements for vaccination are broadly used for HCP.***

12 In general, HCP accept a number of strategies as necessary occupational precautions for  
13 mitigating the spread of disease including hand hygiene, wearing personal protective  
14 equipment such as gloves, and vaccination against a number of communicable diseases.  
15 These policies are generally intended to improve workplace safety by reducing the risk of  
16 infectious disease transmission to HCP. Requirements for immunity to, or vaccination  
17 against, varicella, measles, mumps, and rubella are standard for most health care facilities.  
18 Hepatitis B vaccination or documented declination is required under OSHA's blood-borne  
19 pathogen standard. While influenza vaccination must be completed annually, there are other  
20 comparable periodic requirements, such as tuberculin skin testing. However, tuberculin  
21 testing requirements are generally stratified according to occupational risk, and are variably  
22 implemented with respect to documentation requirements and consequences for non-  
23 compliance.  
24

25 Every state in the U.S. requires certain vaccines as a prerequisite to school enrollment,  
26 although most states allow religious exemptions and many states allow philosophical  
27 exemptions. The U.S. Public Health Service (PHS) requires vaccination of its Commissioned  
28 Corps officers. The U.S. Department of Defense (DoD) requires vaccination for all civilian  
29 HCP who provide direct patient care in DoD treatment facilities [50]. Additionally, as noted  
30 above, HCE and facilities require specific vaccines and a tuberculin test with varying policies  
31 regarding individual exemptions.  
32

33 A state's power to mandate vaccinations in the interest of the public health was established in  
34 1905 with the smallpox vaccination. Some states simply require hospitals to have an  
35 influenza vaccination policy, some direct health care facilities to offer influenza vaccination  
36 to their employees, while still other states require that some HCP receive influenza  
37 vaccination or indicate a religious, medical, or philosophic reason for not being vaccinated  
38 [40].  
39

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<sup>h</sup> <http://www.immunize.org/honor-roll/> (Accessed 29 November 2011).

1       ***Employer requirement programs need leadership buy-in, education, and resource***  
2       ***allocation in order to be successful.***

3       Visible and vigorous leadership and accountability for vaccination are essential for programs  
4       requiring influenza vaccination as a condition for employment [35]. The key points to  
5       consider in implementing an employer required influenza vaccination policy include (1)  
6       having full support of health care leadership; (2) tailoring the policy to the geographic  
7       setting, educational resources, financial assets, local culture, and potential language barriers;  
8       (3) providing free vaccinations to all HCP; (4) publicizing the program to HCP at all levels;  
9       (5) offering convenient times and locations for education and immunization administration;  
10      (6) using a universal form with defined exemptions; and (7) developing a clear institutional  
11      policy for management of employees who are exempted from immunization or refuse  
12      immunization [40].

13

14      ***Taking all appropriate measures to prevent the spread of infectious disease in health care***  
15      ***settings, including influenza vaccination, represents a duty of care among HCP [51].***

16      Arthur Caplan, the Emmanuel and Robert Hart Professor of Bioethics and director of the  
17      Center for Bioethics at the University of Pennsylvania, elaborates on three ethical reasons for  
18      requiring vaccination of HCP [52]. First, Caplan points out that every code of ethics adopted  
19      by physicians, nurses, nurse aides, social workers, pharmacists, and other HCP state that the  
20      best interests of the patient must come first. Secondly, Caplan states that HCP are obligated  
21      to honor the core medical ethics requirement of "First Do No Harm," which includes taking  
22      necessary precautions to prevent transmission of infectious diseases, including influenza  
23      vaccinations. Finally, Caplan argues that HCP have a special duty to protect vulnerable  
24      patients, especially those that cannot protect themselves such as newborn babies, infants, and  
25      the seriously immunocompromised [52]. Patient advocacy groups have echoed this  
26      sentiment [53].

27

28      Some have argued that vaccination programs should focus predominately on HCP with direct  
29      contact to high risk patients [54]. This argument assumes that an individual patient's risk  
30      category can be promptly and easily determined so that appropriate staff assignments or  
31      patient placement can be arranged. The rights of all patients should include knowledge that  
32      they will be cared for by HCP who are using all available infection control methods  
33      including vaccination to decrease transmission [55]. This should be done for both high risk  
34      and low risk patients. Therefore, receiving influenza vaccination may not only be an ethical  
35      obligation of HCP, but non-vaccination is a failure to provide patients with an appropriate  
36      standard of care [54, 56]. Patients are justified in the expectation that they should be  
37      informed if they are not being provided with health care that meets the national standard of  
38      care and current recommendations. They should then be given the opportunity to request an  
39      alternative. Caplan emphasizes that "Few people pick their health care providers or even  
40      know to ask if they have been vaccinated" [52].

1  
2 George Annas, professor of health law, bioethics, and human rights at Boston University  
3 School of Public Health also states that HCP have an ethical obligation to take all reasonable  
4 steps to protect their patients. However, he argues against mandatory influenza vaccination  
5 for HCP [57]. Annas states that influenza vaccination should be based on an informed choice  
6 and that HCP should not be forced to become non-consenting patients.  
7

8 Annas argues that mandatory influenza vaccination may have negative impacts including  
9 building opposition that could result in an unenforceable mandate if a significant number of  
10 HCP refuse vaccination. This, in turn, could confuse the public regarding the safety of the  
11 influenza vaccine. Annas concludes, “The most effective way to maximize the numbers of  
12 the public being vaccinated is to send the message that physicians and nurses believe this is  
13 the most reasonable approach to take to prevent wide-scale death and disease...”[57].  
14

15 Hospitals that have implemented mandatory influenza vaccination programs have not  
16 reported the backlash by HCP predicted by Annas. The Children’s Hospital of Philadelphia  
17 surveyed a number of paid HCP (both clinical and non-clinical staff) and found that 74.4% of  
18 respondents indicated they agreed with the hospital’s vaccination policy even though a  
19 number of them (72%) described the influenza vaccine requirement as coercive [58]. Finally,  
20 in addition to the benefits of protection of HCP and their patients against influenza infection,  
21 requiring HCP to be vaccinated sets a good example to the public and could help to promote  
22 influenza vaccination in all populations [58, 59].  
23

### 24 ***Ethical and Social Concerns Regarding Employer Requirements***

25 ***HCP may oppose employer required vaccination on the basis of worker autonomy, culture,***  
26 ***or religion.***

27 When considering employer required vaccination of HCP, HCE should consider the  
28 following arguments:

- 29 • Worker autonomy – The rights of HCP to make their own health care choices and  
30 have their autonomy respected are ethical considerations [60]. One of the many ways  
31 autonomy is protected under the law is through the right to refuse medical treatment.  
32 Mandatory approaches are coercive and it can be argued that these policies infringe  
33 on an individual’s autonomy to make informed choices about their health. However,  
34 an individual’s autonomy is not unlimited [61] and the duty of HCP to limit the  
35 transmission of influenza through vaccination to avoid causing significant harm to  
36 vulnerable patients may override personal autonomy [54].
- 37 • Culture – A Joint Commission report noted that cultural considerations may play an  
38 important role in HCP decisions to accept or decline vaccination. In studies  
39 comparing differences in HCP influenza vaccination declination, the authors found

1 that HCP in North America cited fear of adverse reactions as the primary reason for  
2 refusing vaccination. In contrast, HCP in Switzerland cited the perception that they  
3 did not feel at risk for illness as the primary reason for refusing vaccination [60].

- 4 • Religion – Some HCP may oppose influenza vaccination based on religious  
5 convictions, and many mandatory vaccination policies have allowed religious  
6 exemptions for HCP who decline vaccination in good faith because of strongly held  
7 beliefs [61].

8  
9 ***Employer requirements for vaccination may be subject to the collective bargaining process***  
10 ***for unionized workers.***

11  
12 Employees represented by labor unions have successfully challenged mandatory influenza  
13 vaccination policies. These cases do not directly address whether influenza vaccination is  
14 safe or effective, but rather whether the implementation of mandatory influenza vaccination  
15 policies that affect the job security and working conditions of HCP are subject to the  
16 collective bargaining process.

17  
18 Several HCE have indicated that mandatory influenza vaccination policies are necessary to  
19 achieve the core purpose of their facilities, which is to promote patient health and safety.  
20 These HCE have argued that mandatory influenza vaccination policies are designed as  
21 patient protection measures, such that HCE should not be obligated to negotiate these  
22 policies and the implementing procedures with Unions. However, union representatives have  
23 successfully argued that mandatory influenza vaccination policies are subject to the usual  
24 collective bargaining process because the requirements constitute a change in the terms and  
25 conditions of employment.

26  
27 **Relevant Decisions**

- 28  
29 • *SEIU 121RN and United Health care Workers West vs. California HCA Hospitals:*  
30 In arbitration between five hospitals owned by Hospital Corporation of America  
31 (HCA) and the Service Employees International Union (SEIU), HCA contested that  
32 the majority of patient care policies outlined in the hospitals' infection control  
33 manuals were not subject to the collective bargaining process and claimed that  
34 implementation of the mandatory influenza vaccination policy was a management  
35 right.

36  
37 The Union argued that this policy was subject to the collective bargaining process  
38 because it proposed new terms and conditions of employment and the mandatory  
39 masking requirement created a discriminatory working environment that stigmatized  
40 unvaccinated HCP.

1  
2 The arbitrator upheld the right of the Employer to implement the mandatory influenza  
3 vaccination policy as a patient safety measure, but ordered the Employer to bargain  
4 with the Union “to determine a mutually agreeable means of enforcing its policy  
5 without violating the provisions cited, and reducing the potential for discrimination  
6 and/or violation of the just cause provisions of the Contract.”  
7

8 • *Board University of Iowa Hospitals and SEIU:*

9 The hospital claimed that the implementation of a mandatory influenza vaccination  
10 policy was a management right directly related to patient safety and was contractually  
11 protected under the Employer’s right “to change and modify programs and practices  
12 related to health and safety to address ongoing health and safety concerns as required  
13 or deemed necessary by regulatory agencies and changes in technology and  
14 information.”  
15

16 The arbitrator disagreed and ruled that the hospital had violated the Collective  
17 Bargaining Agreement by implementing a mandatory influenza vaccination policy  
18 that instituted unpaid leave as a consequence for noncompliance. Instead of  
19 negotiating with the Union, the Employer chose to unilaterally rescind its policy for  
20 both unionized and non-unionized HCP.  
21

22 • *Virginia Mason Hospital and Washington State Nurses Association:*

23 The Washington State Nurses Association (WSNA) filed a successful grievance  
24 against the Virginia Mason Medical Center regarding its mandatory influenza  
25 vaccination program. As a result, the hospital modified its influenza prevention  
26 policy to require all unvaccinated nurses to initiate influenza antiviral drug  
27 prophylaxis or wear a mask as part of a comprehensive influenza infection prevention  
28 program.  
29

30 The Union filed a second grievance, claiming an unfair labor practice for failure to  
31 bargain and the implementation of unilateral change. The Administrative Law Judge  
32 (ALJ) sided with Virginia Mason, holding that the hospital was not required to  
33 bargain because the masking/ antiviral requirement relates to the “core purpose” of  
34 the hospital.  
35

36 The Union appealed to the National Labor Relations Board. In August 2011, the  
37 Board issued a split decision that reversed the ALJ’s holding. The Board indicated  
38 that the unilateral implementation of a masking or medication policy is subject to the  
39 bargaining process and that the policy was outside the core purpose of the hospital.



1 The case was remanded to permit the ALJ to prepare another decision. That decision  
2 has not yet been issued.

3  
4 **Employer requirements raise vaccination rates, but the impact on patient safety needs**  
5 **continued evaluation.**

6 The primary intent of all influenza vaccination programs for HCP is to reduce influenza  
7 infections in patients and in HCPs and their colleagues. Surveillance for health care-  
8 associated influenza is not routine. Without ongoing measurement of health care-associated  
9 influenza or prospective controlled studies, significant gaps in understanding the impact of  
10 increasing vaccination rates on patient safety will persist. Further studies are also needed to  
11 determine if patient risk assignment (i.e., high risk versus low risk) is reasonable and  
12 effective in preventing health care associated influenza infections.

13  
14 **Conclusion**

15 The HCPIVS realizes that employer required vaccination of HCP against influenza is the  
16 subject of fervent discussion, both for the concept and against it. Such requirements have  
17 been shown to be effective methods of achieving high coverage but may face ethical, cultural  
18 or collective bargaining issues. For those HCE who cannot achieve the Healthy People  
19 annual goal of 90% influenza immunization of HCP through implementing a comprehensive  
20 influenza prevention program, managing influenza vaccination programs, or measuring and  
21 reporting HCP influenza vaccination coverage, employer-required vaccination then becomes  
22 the next option for increasing influenza immunization rates of their HCP. HCPIVS working  
23 group members considered a variety of factors when evaluating the merits of employer  
24 requirements, including target vaccination rates, vaccine efficacy, whether herd immunity  
25 might reasonably be expected to decrease disease rates, vaccine policy options, such as  
26 exemptions and consequence for non-compliance. These discussions resulted in members  
27 expressing a range of support and viewpoints regarding “employer requirement”. It should  
28 be noted that a majority of the subgroup supported HCE or facility required influenza  
29 vaccination programs. However, the HCPIVS does not stipulate the scope and contents of  
30 such requirements; it must be a decision made by the HCE based on the concerns and needs  
31 of HCP, patients, and the public.

32  
33 The HCPIVS believes that, at present, HCE or facility requirements for influenza vaccination  
34 are the most effective mechanism to rapidly reach and maintain the Healthy People 2020 goal  
35 of 90% coverage. Factors to consider when implementing such a policy include the  
36 vulnerability of the patient population cared for, what will be considered acceptable reasons  
37 for exemption from influenza vaccination, applicable bargaining agreements, and  
38 consequences of non-compliance with the policy. It is critical that patients know that

1 everything possible is being done to protect them from health care associated infection from  
2 influenza while in an inpatient, outpatient, or home situation.

3  
4 Some HCE may benefit from the implementation of such a requirement prior to, in  
5 conjunction with, or following implementation of Recommendations 1, 2 and 3. HCE or  
6 facility requirement policies should define affected workers and affected employer, outline  
7 the affected worker and employer obligations, and incorporate an exemption policy. The  
8 HCPIVS notes that employer requirements need strong leadership, messaging and  
9 partnership with all HCP, and a consistent focus on the goals of protecting patients and HCP  
10 consistent with the ethics of the health care profession.

### 11 12 **Recommendation**

13 **For those HCE and facilities that have implemented Recommendations 1, 2 and 3 above**  
14 **and cannot achieve and maintain the Healthy People 2020 goal of 90% influenza**  
15 **vaccination coverage of HCP, the HCPIVS recommends that such HCE and facilities**  
16 **strongly consider a policy of employer requirement for influenza immunization.**  
17 **HCPIVS also recommends that the ASH assure that this recommendation is**  
18 **implemented in HHS facilities and services (including, the Public Health Service, HHS**  
19 **staff and Federally Qualified Health Centers) and strongly urge all HCE and facilities**  
20 **to do the same.**

## 21 22 **5. Supporting Influenza Vaccine Development**

### 23 **Findings**

24  
25 *Influenza vaccine effectiveness is highest when the vaccine strains are well-matched to*  
26 *circulating virus. In years when the circulating virus strains vary from the vaccine strains,*  
27 *vaccinated HCP and their patients may still be at risk for contracting and spreading*  
28 *influenza infection.*

29 Vaccine efficacy can vary from year to year and from person to person, but usually some  
30 protection is provided against illness or severe illness. There is a great deal of debate  
31 regarding the effectiveness of the influenza vaccine. Several studies found that annual  
32 immunization with a vaccine antigenically well matched to circulating strains reduced  
33 laboratory-confirmed influenza cases by 70% to 90% among healthy adults under the age of  
34 65[23, 62-66]. However, recent studies estimate that vaccine effectiveness may be  
35 considerably lower. A report by Osterholm *et al.* reported a pooled efficacy of only 59% in  
36 adults 18-65 years old [67]. Others have also reported reduced vaccine effectiveness in the  
37 range of 45 to 75% [24]. The lower estimates in more recent studies may reflect new  
38 information regarding diagnostic testing; vaccine effectiveness is overestimated when  
39 serology is used as an endpoint. While current vaccines are a critical component of reducing

1 influenza infection, an opportunity exists to provide improved vaccines with broader  
2 protection and increased duration of immunity. Additionally, novel approaches to improving  
3 influenza vaccines could result in vaccines that offer multi-year protection against numerous  
4 influenza strains, which will reduce the frequency of immunization [68-70].

5  
6 **Despite significant progress in influenza vaccine technologies and manufacturing since**  
7 **2009, vaccine shortages could remain a challenge to implementing vaccination as an**  
8 **employer requirement.**

9 In response to the 2009-H1N1 influenza pandemic, New York State became the first state to  
10 issue a mandate requiring HCP to be vaccinated against influenza. However, this regulation  
11 was stayed in a lawsuit brought by SEIU local 4053, the NY State Public Employees  
12 Federation. A week after the regulation was stayed, the NYDOH rescinded the regulation  
13 due to a shortage of vaccine supplies. . The Commissioner of Health noted that the  
14 requirement "...set up a dynamic where HCP covered under the regulation might compete for  
15 vaccine with persons with underlying risk factors for adverse outcome of influenza  
16 infection." [71] Since the 2009-H1N1 response, national strategies have included  
17 improvements to the vaccine supply chain. However, improved vaccine availability and  
18 stable supply chains will ensure that HCE and facilities can meet attain vaccination coverage  
19 rates that meet quality measures [72].

20  
21 **Conclusion**

22 Improved efficacy and reduction in the need for annual vaccinations will make it easier to  
23 achieve and sustain high vaccination coverage rates among HCP. Ensuring that adequate  
24 vaccine supplies are available will also help HCE and facilities to provide vaccine, free of  
25 charge, to HCP and, ultimately, achieve the Healthy People 2020 annual goal of vaccination  
26 of 90% of HCP or even higher coverage rates.

27  
28 An influenza vaccine that confers multi-year protection against influenza with increased  
29 efficacy and comparable safety relative to the current annual vaccines could facilitate  
30 achieving and maintaining high coverage rates for influenza immunization in HCP and other  
31 populations. An ideal vaccine is a "universal" influenza vaccine that would not need to be  
32 updated each year depending on circulating influenza strains and could provide extended or  
33 life-time immunity. A longer lasting vaccine may contribute to higher coverage, reducing the  
34 need for employer requirements.

35  
36 **Recommendation**

37 **The HCPIVS recommends that the ASH encourage ongoing efforts to develop new and**  
38 **improved influenza vaccines and vaccine technologies including support for research,**  
39 **development, and licensure of influenza vaccines with improved immunogenicity and**

1 **duration of immunity, as well as steps that improve the immunogenicity and rapid**  
2 **production of existing influenza vaccines.**

3

4

DRAFT

## 1 CONCLUSION

2  
3 Influenza is a significant public health issue. Annual influenza-associated deaths range from  
4 3,000 to 49,000 according to recent estimates, and more than 200,000 are hospitalized each year  
5 for respiratory illnesses and heart conditions associated with seasonal influenza infection.  
6 Immunization is the most effective method for preventing infection from influenza and possible  
7 hospitalization or death. For this reason, HHS, CDC, and other health care and public health  
8 agencies and organizations recommend vaccination as a critical influenza prevention strategy.  
9 However, in spite of these recommendations, immunization rates for HCP in the United States  
10 remain low.

11  
12 To address this gap in immunization rates for HCP, the HCPIVS, as directed by the ASH,  
13 developed the recommendations and strategies presented in this report for the specific purpose of  
14 achieving the Healthy People 2020 annual goal of 90% influenza vaccine coverage of HCP.  
15 These recommendations were carefully reviewed, deliberated, debated, and then approved by a  
16 majority of the members of the HCPIVS. These recommendations present a tiered set of  
17 strategies for achieving the Healthy People 2020 annual goal, including the implementation and  
18 management of influenza prevention and vaccination programs, and measuring and reporting  
19 vaccination coverage to employer requirements for HCP vaccination. The thought behind this  
20 approach was that the HCPIVS realized that HCE range in their scope of practice, from the  
21 traditional hospital setting to the in-home health care setting, and no single option for improving  
22 HCP immunization rates would work for all HCEs. Thus, a set of recommended options was  
23 presented that could apply to most health care settings to improve immunization rates of HCP to  
24 reach the Healthy People 2020 annual goal of 90% influenza vaccine coverage.

25  
26 In presenting these recommendations to the NVAC and the ASH, the HCPIVS acknowledges  
27 that there are individuals or groups that may be opposed to each recommendation in whole or in  
28 part for varied reasons, such as concerns about the quality of evidence in the literature regarding  
29 the impact of HCP vaccination on patient risk of health care associated influenza and the issue of  
30 workers' rights. The HCPIVS carefully considered all sides of the argument for each  
31 recommendation and believes that the recommendations made herein represent the most  
32 effective approach to achieving the stated goal of achieving the Healthy People 2020 annual goal  
33 of 90% influenza vaccine coverage of HCP. With this in mind, the HCPIVS submits these  
34 recommendations to the NVAC for consideration.

1 **APPENDICES**

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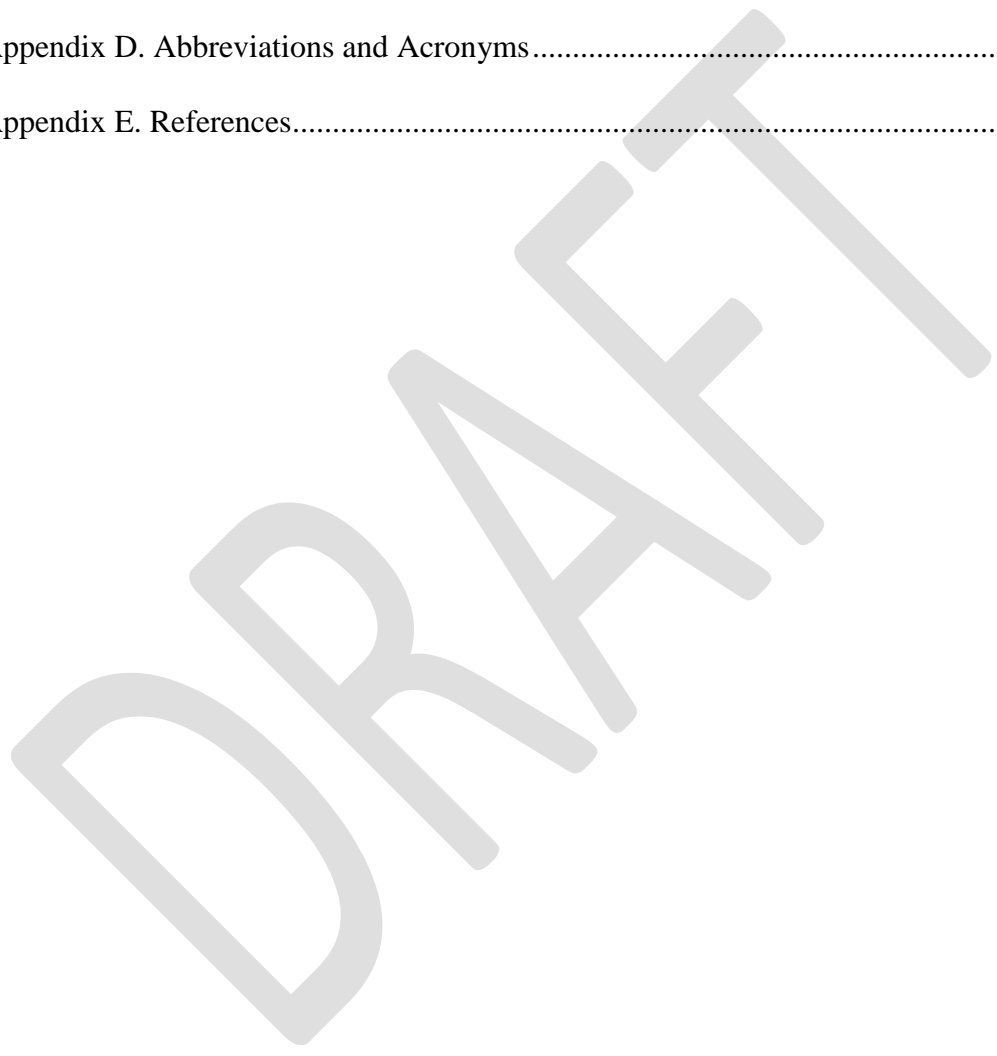
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2

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## APPENDIX B. BRIEFINGS

The HCPIVS has received 13 briefings to-date from experts in each topic area as summarized below:

- Epidemiology of influenza in health care settings – Dr. Hilary Babcock
- Ethics of strategies to improve HCP influenza vaccination – Dr. Nancy Berlinger
- Legal issues and a model law for HCP influenza vaccination – Professor Alexandra Stewart
- Reporting influenza vaccination coverage – Ms. Megan Lindley
- HCP influenza vaccination: the New York State experience – Dr. Guthrie Birkhead
- Management of Occupational vaccine programs – Dr. Melanie Swift
- HCP influenza vaccination – the St. Jude Children’s Hospital experience – Dr. Jon McCullers
- Update on ACIP’s In-Clearance HCP Immunization Report – Dr. Paul Cieslak
- HCP influenza vaccination: the VA experience – Dr. Richard Martinello
- Vaccine ethics and mandatory vaccination policies – Mr. Jason Schwartz
- Health care-associated influenza – Dr. Thomas Talbot
- New influenza vaccine technologies – Dr. Jackie Katz
- CDC-sponsored NQF measure of HCP influenza vaccination: final results – Ms. Megan Lindley

## APPENDIX C. HCPIVS VOTING PROCEDURES AND RESULTS

In order to evaluate consensus, the HCPIV members were asked to take a survey in November of 2011 indicating whether or not they approved of the draft recommendations presented in this report as written below. There are 27 official committee members and 24 (88.9%) responded to the survey. The results of the survey are shown:

Recommendation	Approve	Disapprove
<p><b>Recommendation 1: Implementing Comprehensive Influenza Control Program for Health Care Personnel in all Health care Settings:</b> NVAC believes that health care employers and health care personnel (HCP) have a joint responsibility to protect the patients that they serve by adopting all reasonable interventions, including vaccination, to reduce the transmission of influenza. Influenza vaccines are safe and efficacious and high vaccination coverage among HCP reduces the risk of influenza among HCP and reduces transmission. NVAC endorses the comprehensive influenza infection control programs as recommended by the Centers for Disease Control and Prevention (CDC) as an essential step for all health care employers and facilities to achieve the Healthy People 2020 influenza vaccine coverage goal of 90%. The ASH should urge national organizations to adopt these recommendations.</p>	<p>23/24 95.8%</p>	<p>1/24 4.2%</p>
<p><b>Recommendation 2: Managing Influenza Vaccination Programs:</b> NVAC believes that the best practices for vaccinating HCP are for health care employers and facilities to integrate influenza vaccination programs into their existing infection control or occupational health programs. To implement these best practices, health care employers will need to prioritize building capacity for a comprehensive influenza vaccination program within the context of their overall infectious disease control programs and assess which mechanisms, or combination of mechanisms, are appropriate for their particular institution and workforce. A comprehensive influenza vaccination program should be only one component of a multi-component influenza infection control program. Each employer should implement as many components as is applicable to protect both patients and HCP against influenza infection. Health care employers and facilities should involve HCP, managers and professional staff in the planning, implementation, and evaluation of their programs in order to improve quality and increase the opportunity for program success. Factors to consider include the content and delivery of infection control education, HCP access to vaccination, involvement of senior leadership, local community variables and how other health care settings have obtained Healthy People 2020 goals.</p>	<p>23/24 95.8%</p>	<p>1/24 4.2%</p>
<p><b>Recommendation 3: Measuring and reporting HCP Influenza Vaccination Coverage:</b> NVAC believes that measuring influenza vaccination coverage of HCP is a pre-requisite for achieving and sustaining high coverage levels. The NVAC recommends that the ASH encourage CDC and the Centers for Medicare and Medicaid Services (CMS) to continue efforts to standardize the methodology used to measure HCP influenza vaccination rates across settings linking vaccine coverage levels and quality improvement activities. The ASH should also work with CMS to implement financial incentives, penalties, or requirements that facilitate adoption of the recommendation.</p>	<p>22/24 91.7%</p>	<p>2/24 8.3%</p>
<p><b>Recommendation 4: The Role of Employer Requirements for HCP Vaccination in Influenza Infection Control :</b> NVAC believes that, at present, employer or facility requirements for influenza vaccination are the most effective mechanism to rapidly reach and maintain the Healthy People 2020 goal of 90% coverage. For those health care employers and facilities that have implemented Recommendations 1, 2 and 3 above and cannot achieve and maintain the Healthy People 2020 goal of 90% influenza vaccination coverage of HCP in an efficient and timely manner, NVAC recommends that such employers and facilities strongly consider a policy of employer requirement for influenza immunization. Factors to consider when implementing such a policy include the vulnerability of the patient population cared for, what will be considered acceptable reasons for exemption from influenza vaccination, applicable bargaining agreements, and consequences of non-compliance with the policy. Some employers may benefit from the implementation of such a requirement prior to, in conjunction with, or following implementation of recommendations 1, 2 and 3. Employer or facility requirement policies should define the affected worker and affected employer, outline the affected employer and worker obligations, and incorporate an exemption policy. NVAC notes that employer requirements need strong leadership, messaging and partnership with all HCP, and a consistent focus on the goals of protecting patients and HCP consistent with the ethics of the health care profession. We recommend that the ASH lead by example by assuring that this recommendation is implemented in HHS facilities and services (including, the Public Health Service, HHS staff and Federally Qualified Health Centers). * One member did not vote on this recommendation</p>	<p>19/23* 82.6%</p>	<p>4/23* 17.4%</p>

<p><b>Recommendation 5: Supporting Influenza Vaccine Development:</b> An influenza vaccine that confers multi-year protection against influenza with increased efficacy and comparable safety relative to the current annual vaccines could facilitate achieving and maintaining high coverage rates for influenza immunization in HCP and other populations. An ideal vaccine is a “universal” influenza vaccine that would not need to be updated each year depending on circulating influenza strains and could provide extended or life-time immunity. A longer lasting vaccine may contribute to higher coverage, reducing the need for employer requirements. NVAC recommends that the ASH encourage ongoing efforts to develop new and improved influenza vaccines and vaccine technologies should be actively encouraged. This includes support for research, development, and licensure of influenza vaccines with improved immunogenicity and duration of immunity, as well as steps that improve the immunogenicity and rapid production of existing influenza vaccines.</p>	<p>24/24 100%</p>	<p>0/24 0%</p>
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These recommendations were approved by a majority of HCPIVS, though a broad consensus was not formed for all recommendations. The Health care Personnel Influenza Vaccination Subgroup (HCPIVS) presents these recommendations as the most effective strategies for achieving the Healthy People 2020 annual goal of 90% influenza vaccination coverage of HCP.

In a separate survey conducted in August of 2011, HCPIV members were asked to indicate if they approved of the following recommendation as it was written:

“For those health care settings that have implemented Recommendation 1, 2, and 3, and cannot achieve the Healthy People 2020 Goal of >90% coverage of HCP with influenza vaccination, it is recommended that the setting institutes a mandatory vaccination policy for HCP influenza vaccination.”

The following wording was included in the question “If you approve of this recommendation, you will have an opportunity to indicate your preference for allowable exemptions in a subsequent question, understanding explicitly that the use of the term "mandate" may not apply for option 3”

Of the 24 that responded to this question, 17/ 24 voted “Yes” and 7/24 voted “No” they did not agree with the recommendation as written.

Those that approved (voted yes) of the recommendation as written were asked to further define the type of mandatory vaccination policy they would be willing to support. The options given were as follows:

**Option 1:** The only exception would be for HCP with a valid medical contraindication to vaccination as defined by the ACIP and vaccination would be a condition of employment and credentialing

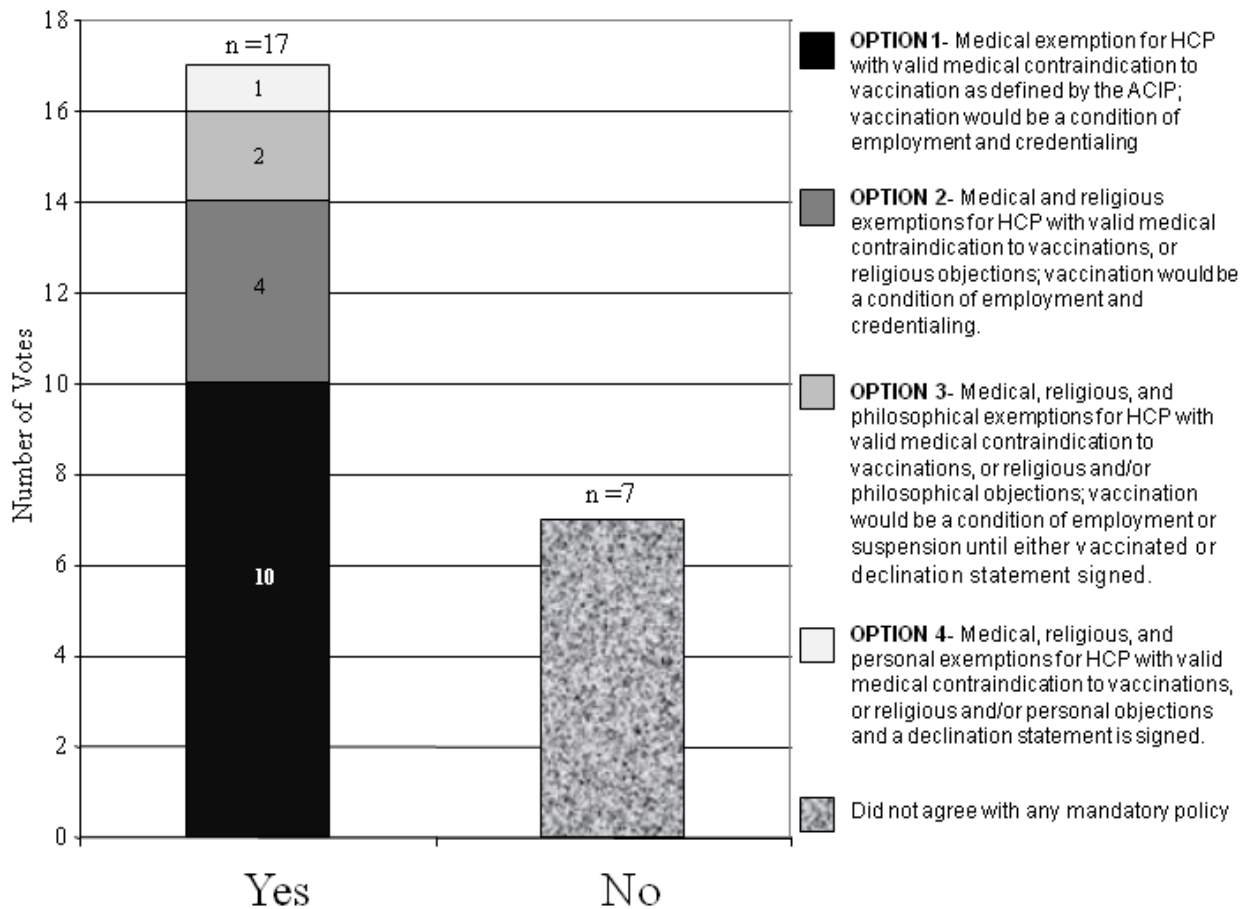
**Option 2:** Exceptions would be for HCP with valid medical contraindication to vaccinations, or religious objections and vaccination would be a condition of employment and credentialing.

**Option 3:** Exceptions would be for HCP with valid medical contraindication to vaccinations, or religious and/or philosophical objections and vaccination would be a condition of employment or suspension until either vaccinated or declination statement signed.

**Option 4:** Exceptions would be for HCP with valid medical contraindication to vaccinations, or religious and/or personal objections and a declination statement is signed.

In this survey, 24/27 members responded to this question. Of the 17 members that voted “Yes”, 10/17 supported a mandate where the only exception would be for HCP with a valid medical contraindication to vaccination as defined by the ACIP and vaccination would be a condition of employment and credentialing (option1); 4/17 supported a mandate where exceptions would be for HCP with valid medical contraindication to vaccinations, or religious objections and vaccination would be a condition of employment and credentialing (option 2); 2/17 supported a mandate where exceptions would be for HCP with valid medical contraindication to vaccinations, or religious and/or philosophical objections and vaccination would be a condition of employment or suspension until either vaccinated or declination statement signed (option 3); and 1/17 supported a mandate where exceptions would be for HCP with valid medical contraindication to vaccinations, or religious and/or personal objections and a declination statement is signed (option4). These results were presented to the full NVAC committee on September 12, 2011.

These results are shown below:



## APPENDIX D. ABBREVIATIONS AND ACRONYMS

AAP.....	American Academy of Pediatrics
ACIP .....	Advisory Committee on Immunization Practices
ACOEM .....	American College of Occupational and Environmental Medicine
ACP.....	American College of Physicians
AIWG.....	Adult Immunization Working Group
ALJ .....	Administrative Law Judge
AMA .....	American Medical Association
ANA .....	American Nurses Association
ANAC .....	Association of Nurses in AIDS Care
APHA.....	American Public Health Association
ASH.....	Assistant Secretary for Health
CDC .....	Centers for Disease Control and Prevention
CEJA.....	Council on Ethical and Judicial Affairs
CMS .....	Centers for Medicare and Medicaid Services
DoD.....	U.S. Department of Defense
FDA.....	Food and Drug Administration
GAO .....	General Accounting Office
HICPAC.....	Health care Infection Control Practices Advisory Committee
HCP.....	Health care personnel
HCPIVS .....	Health Care Personnel Influenza Vaccination Subgroup
ILI .....	Influenza-like illness
LTCF.....	Long-term care facility
MMWR.....	Morbidity and Mortality Weekly
NBGH .....	National Business Group on Health
NFID .....	National Foundation for Infectious Diseases
NIH .....	National Institutes of Health
NLRB.....	National Labor Relations Board
NQF.....	National Quality Forum

NVAC ..... National Vaccine Advisory Committee  
NVPO.....National Vaccine Program Office  
OSHA..... Occupational Safety and Health Administration  
PPE.....Personal protective equipment  
SHEA ..... Society of Health care Epidemiology in America  
WHO.....World Health Organization  
WSNA..... Washington State Nurses Association

DRAFT

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