Health

Misinformation Checklist

Information that is false, inaccurate, or misleading according to the best available evidence at the time

Use this checklist every time you come across health-related content you are not sure about.

- Did you check with the CDC or local public health department to see whether there is any information about the claim being made?
- Did you ask a credible health care professional such as your doctor or nurse if they have any additional information?
- Did you type the claim into a search engine to see if it has been verified by a credible source?
- Did you look at the “About Us” page on the website to see if you can trust the source?
- If you’re not sure, don’t share!

Office of the U.S. Surgeon General

Read the Health Misinformation Community Toolkit at SurgeonGeneral.gov/HealthMisinformation