Thriving together: Solutions to health worker burnout

We must shift burnout from a “me” problem to a “we” problem.

- Diverse and empowered health workforce
- Leadership commitment and organizational values
- Reduced administrative burdens
- Accessible mental health and substance use care
- Safe and inclusive environments
- Culture of healing, community and connection
- Community partnership
- Human-centered technology

Trust

Federal, State, Local, Tribal Governments
Health Care Organizations
Health Insurers and Payers
Academic Institutions
Licensing and Accreditation Bodies
Researchers
Family Members, Friends, and Communities
Office of the U.S. Surgeon General