Welcome to Title X!
Introduction and Overview of Title X Requirements

OPA Leadership and Staff
September 25, 2018
Welcome from Dr. Foley

Diane Foley, MD, FAAP
Deputy Assistant Secretary for Population Affairs
Purpose and Goals

• Purpose
  ▪ To provide new Title X grantees with information that will familiarize them to Title X requirements and resources to support service delivery implementation

• Goals
  ▪ Introduce new grantees to Office of Population Affairs leadership and staff
  ▪ Enhance the ability of Title X grantees to effectively implement Title X service programs through increasing knowledge of requirements
  ▪ Provide awareness of tools and support available to grantees to implement and evaluate their programs
U.S. Department of Health & Human Services
Alex M. Azar II, Secretary

Office of the Assistant Secretary for Health (OASH)
Dr. Brett Giroir, Assistant Secretary for Health

- National Vaccine Program Office
- Office of Adolescent Health
- Office of Disease Prevention and Health Promotion
- Office of HIV/AIDS and Infectious Disease Policy
- Office of Human Research Protections
- Office of Minority Health
- Office of Population Affairs (OPA)
  - Diane Foley, M.D. - DASPA
- Office of Research Integrity
- Office of the Surgeon General
- Office on Women’s Health
- President's Council on Sports, Fitness & Nutrition
Overview of the Office of Population Affairs and the Title X Family Planning Program
Office of Population Affairs (OPA)

• OPA advises the Secretary and Assistant Secretary for Health on a wide range of reproductive health issues and administers the Title X Family Planning Program.

• The Title X Program provides the information and means to exercise personal choice in determining the number and spacing of children, including access to a broad range of acceptable and effective family planning methods and services.
Office of Population Affairs Staff

- **Immediate Office**
  - Dr. Diane Foley – DASPA
  - Susan Moskosky – Deputy Director
  - David M. Johnson – Operations and Adm. Officer
  - Shanaé Murraine – Program Analyst
  - Robert Scholle – Public Health Advisor
  - Karen Silver – Sr. Communications Specialist
  - Terria Snowden – Program Analyst

- **Title X Service Delivery**
  - Aisha Cody – Health Scientist
  - Cynda Hall – Public Health Advisor

- **Title X Service Delivery Improvement/Research and Evaluation**
  - Brittni Frederiksen – Health Scientist
  - Emily Jones Decker – Health Scientist
  - Ana Carolina Loyola Briceno – Health Scientist
Regional Project Officers

- **Region I** – Natalia Guevara
- **Region II** – Karina Aguilar
- **Region III** – Dickie Lynn Gronseth, Christine Woolslayer, Sarah Shrimplin
- **Region IV** – CAPT Edecia Richards, Gaylyn Henderson
- **Region V** – CDR Antonio Vargas, Anthony Harden
- **Region VI** – Liese Sherwood-Fabre
- **Region VII** – CDR Dustin Rider
- **Region VIII** – Traci Pole
- **Region IX** – CDR Rebecca McTall
- **Region X** – Alia Fry, Jesús Reyna
Roles and Responsibilities

• Office of Population Affairs (OPA) –
  ▪ Program policy, budget, administration, implementation, and oversight of all Title X activities, development of funding announcements, and program priorities

• Regional Project Officers –
  ▪ Carry-out program activities, project officers for service grantees for the applicable PHS Region

• OASH Office of Grants Management –
  ▪ Grants policy, official approver for grant modifications and changes, financial oversight
Lines of Communication

- OASH OPA Regional Project Officers
  - Programmatic reports, including FPAR
  - Program Issues
- OASH - Office of Grants Management, Grants Specialist
  - Budgetary Issues
  - Financial oversight
  - Grant modifications and changes
  - Grants policy
- HRSA Office of Pharmacy Affairs
  - 340B Drug Pricing Program
Communication Tools

- OPA website: www.hhs.gov/opa
- OPA Update: biweekly e-Newsletter
- Occasional webinars: www.hhs.gov/opa/title-x-family-planning/training-and-resources
What is Title X?

- Title X refers to the section of the Public Health Service Act passed by Congress and signed into law in 1970 by President Nixon

- Amended the Public Health Service (PHS) Act to provide for special project grants for the provision of family planning services, and related research, training, and technical assistance

- Priority is services to individuals from low-income families

- Provides grants to public and private non-profit organizations for family planning-related health services, research, training, and information/education materials
Public Funding for Family Planning

FIGURE 1

Medicaid represented three-quarters of overall public expenditures for family planning client services in 2015.

- Medicaid: 75%
- Title X: 10%
- Other federal sources: 2%
- State-only sources: 13%

Total: $2.1 billion

www.guttmacher.org
Essential Role of Title X & Publicly Funded Family Planning

• Title X–funded programs serve two-thirds of all clients who receive care at publicly funded family planning (FP) centers

• Publicly funded FP helps women each year avoid 1.94 million unintended pregnancies (Title X prevents 973,000 unintended pregnancies each year, 200,000 in teens)

• 6 in 10 women who go to a publicly-funded FP center consider it their “usual” source of medical care

• 1 in 3 women who have an HIV test or receive STD testing or treatment do so at a FP center
Title X and Grants

• 1001: Services - Provided by Public & Non-profit Entities
  ▪ “The Secretary is authorized to make grants to and enter into contracts with public or nonprofit private entities to assist in the establishment and operation of voluntary family planning projects which shall offer a broad range of acceptable and effective family planning methods and services (including natural family planning methods, infertility services, and services for adolescents)...”

• 1003: Training
  ▪ National Training Centers

• 1004 Title X Research
  ▪ Evaluation and Service Delivery Improvement Research

• 1005 Title X Information and Education
  ▪ OPA website, publications, and clinic directory

• 1008 Prohibition of Abortion
  ▪ “None of the funds appropriated under this title shall be used in programs where abortion is a method of family planning.”
Title X Services Grantee Profile

Current Title X Service Grantee Network:

- **96 service grantees**, including state, territorial, tribal, county or local health agencies, universities, faith-based and community-based not-for-profit agencies

- **Approximately 3,900 family planning clinics**, in the 50 States, the District of Columbia, and all eight U.S. Territories and Jurisdictions

- **4 million clients served**, with family planning and related preventive health care services in 2017 (most are female (88%), and most are low-income)
Family Planning Program and Resources

• 67% of all clients had incomes at or below 100% FPL (2017)

• No charge for services to persons with family incomes at or below 100% FPL

• Charges based on a sliding fee schedule to persons with family incomes 101%-250% FPL

• Title X clinics must bill third-party payers

• 42% of clients were uninsured in 2017
Title X Service Grants

Scope of Required Title X Services:

- Broad range of acceptable and effective family planning methods
- Education and counseling related to family planning
- Physical exam and related preventive health services
- Pregnancy diagnosis and counseling
- Adolescent services
- Clinical procedures as indicated for method
- Laboratory tests as indicated for method
- Basic infertility services
- STD and HIV prevention education; counseling and testing either on-site or by referral
Title X Services Requirements

Title X-funded family planning services:

- Voluntary
- Confidential
- Provided to any person, male and female, desiring services, with priority for persons from low-income families
- Provided regardless of ability to pay
- Provided under the direction of a physician with training or experience in family planning
Title X Program Guidelines

QFP

Program Requirements

Providing Quality Family Planning Services
Recommendations of CDC and the U.S. Office of Population Affairs

Program Requirements for Title X Funded Family Planning Projects

Version 1.0 - April 2014
Framework for Family Planning, Related, & Other Preventive Services

- Family planning services
  - Contraceptive services
  - Pregnancy testing and counseling
  - Achieving pregnancy
  - Basic infertility services
  - Preconception health
  - Sexually transmitted disease services

- Related preventive health services
  (e.g., screening for breast and cervical cancer)

- Other preventive health services
  (e.g., lipid disorders)
QFP Recommends Screening All Clients

Determine the need for services (Pregnancy Intention Screening/"OKQ")

Reason for visit is related to preventing or achieving pregnancy

Initial reason for visit is not related to preventing or achieving pregnancy

Acute care
Chronic care management
Preventive services

Assess need for services related to preventing or achieving pregnancy

If needed, provide services

If services are not needed at this visit, re-assess at subsequent visits

Contraceptive Services
Pregnancy testing and counseling
Achieving Pregnancy
Basic infertility services

Clients should also be offered these services, per recommendations

STD services
Preconception health services

Related preventive health services
FY 2018 Legislative Mandates

• “None of the funds appropriated in this Act may be made available to any entity under Title X of the PHS Act unless the applicant for the award certifies to the Secretary of Health and Human Services that it encourages family participation in the decision of minors to seek family planning services and that it provides counseling to minors on how to resist attempts to coerce minors into engaging in sexual activities;” and

• “Notwithstanding any other provision of law, no provider of services under Title X of the PHS Act shall be exempt from any State law requiring notification or the reporting of child abuse, child molestation, sexual abuse, rape, or incest.”

• Copies of the statute, regulations, and legislative mandates are available at: https://www.hhs.gov/opa/title-x-family-planning/about-title-x-grants/
FY 2018 Title X Priorities

• Assuring innovative high quality family planning and related health services that will improve overall health

• Assuring that projects offer a broad range of family planning and related health services that are tailored to the unique needs of the client

• Assuring activities that promote positive family relationships for the purpose of increasing family participation in family planning and healthy decision-making

• Ensuring that all clients are provided services in a voluntary, client-centered, and non-coercive manner in accordance with Title X regulations
FY 2018 Title X Priorities (cont’d)

• Promoting provision of comprehensive primary health care services to make it easier for individuals to receive both primary health care and family planning services preferably in same location or through nearby referral providers
• Assuring compliance with all legislative mandates
• Assuring compliance with all statutory requirements
• Use of OPA performance metrics to regularly perform quality assurance and quality improvement activities
Key Issues FY 2018

• Efficiency and effectiveness in program management and operations

• Management and decision-making and accountability for outcomes

• Cooperation with community-based and faith-based organizations

• Meaningful collaboration with subrecipients and documented partners in order to demonstrate a seamless continuum of care for clients
Key Issues FY 2018 (cont’d)

- A meaningful emphasis on education and counseling that communicates the social science research and practical application of topics related to healthy relationships, to committed, safe, stable, healthy marriages, and the benefits of avoiding sexual risk or returning to a sexually risk-free status, especially (but not only) when communicating with adolescents
- Activities for adolescents that do not normalize sexual risk behaviors, but instead clearly communicate the research informed benefits of delaying sex or returning to a sexually risk-free status
- Emphasis on the voluntary nature of family planning services
- Data collection (such as the Family Planning Annual Report (FPAR)) for use in monitoring performance and improving family planning services
Grantee Accountability

• Title X “project” defined in the grantee’s funded competing application

• Title X “project” must comply with
  ▪ All Title X requirements
  ▪ All grant requirements

• Title X “project” services should reflect
  ▪ High quality care as demonstrated by use of current evidence-based standards for care published by federal and professional medical organizations
Program Monitoring

• Grant application reviews – competing and non-competing
• Site visits
• Phone calls
• Reports
  ▪ FFRs
  ▪ FPAR
  ▪ Other required reports
• Program Reviews
Why Monitoring is Important?

• Federal obligation to ensure that there is documented evidence grantees are complying with all federal requirements throughout their networks

• Need to ensure that grantees and their subs and sites are providing high quality clinical care

• Title X is a sensitive and “highly visible” program

• Need to ensure program integrity
Monitoring Subrecipients

• Grantees are responsible for monitoring subs and service sites for compliance with Title X program requirements.

• The grantee is accountable for the quality, cost, accessibility, acceptability, reporting, and performance of the grant-funded activities provided by sub-recipients.
Program Review Tool

• Program review tool
  ▪ Used by OPA staff and consultants to assess a project’s compliance with Title X Program Review Guidelines
  ▪ May be adapted for use by the grantee to perform project self-assessments and as a monitoring tool to evaluate subrecipients & service sites

• Monitoring includes evaluation of the following components:
  ▪ Project Management and Administration
  ▪ Project Services and Clients
  ▪ Community Participation, Education, and Project Promotion
  ▪ Confidentiality
  ▪ Information and Education Materials Approval
  ▪ Additional Administrative Requirements
Family Planning Annual Report
Family Planning Annual Report (FPAR)

• The Family Planning Annual Report (FPAR) is the only source of annual, uniform reporting by all Title X family planning service grantees.

• It provides consistent, national-level data on the Title X Family Planning Program and its users.

• FPAR uses:
  ▪ Program planning and quality improvement initiative development
  ▪ Communication to Congress and other policymakers
  ▪ Performance monitoring for grantees
  ▪ Program impact evaluations
FPAR Data System & Reporting Instructions

- All entities that receive Title X service funds must report annually to OPA via the FPAR Data System
  - Visit the data system: https://fpar.opa.hhs.gov
- FPAR collects data on activities conducted during each calendar year, from January 1 through December 31
  - Grantees will collect FPAR data elements from their subrecipients and clinics on activities conducted from January 1, 2018 through December 31, 2018
  - Grantee compiles data from their networks, submits results to OPA through the FPAR data system on or before February 15, 2019
FPAR Reporting Instructions (cont’d)

• On-demand trainings are available through the FPAR Data System Website (no login required)
  - Understanding the Reporting Requirement
  - Submitting the FPAR Using the FPAR Data System
  - Managing FPAR Submission, Review, and Approval using the FPAR Data System
FPAR Forms & Instructions

- FPAR reporting instructions are outlined in the *FPAR Forms & Instructions* guidance document

- This manual contains definitions for FPAR data elements and FAQs on how to count and report complex care scenarios

- The manual is updated every three years and approved by the Office of Management and Budget
FPAR Resources

• FPAR Data System website: https://fpar.opa.hhs.gov

• FPAR Forms & Instructions: OPA website → Title X → Family Planning Annual Report page

• Human resources:
  - Regional staff are first line of contact
  - Regional staff may connect you to OPA headquarters for additional TA
Title X Family Planning Clinic Locator and Database
Title X Family Planning Clinic Locator and Database

An essential tool for storing, accessing, and maintaining up-to-date information on grantee organizations, subrecipients, and service sites.
• The Title X Family Planning Clinic Locator provides information about clinics that offer a broad range of family planning and preventive health services.

• The Family Planning Clinic Locator is often the 1st stop for women and men of reproductive age to find a Title X Family Planning Clinic near them.
• The grantee and service site database enables project officers, grantees, and service site users to effectively maintain their site data.

• The database is the authoritative source and mechanism for accessing all approved Title X Family Planning service sites.
As stated in your Notice of Award, it is important to keep your sites updated in the database:

• In order to maintain an accurate record of current Title X service sites, grantees are expected to provide timely notice to the Office of Population Affairs (OPA), as well as to the appropriate HHS regional office, of any deletions, additions, or changes to the name, location, street address and email, and contact information for Title X grantees and service sites.

• This database will also be used to verify eligibility for 340b program registration and recertification.

• You must enter your changes to the Title X database within 30 days of the change at https://www.opa-fpclinicdb.com/.

• All changes will be reviewed and approved by the relevant HHS regional office prior to being posted on the OPA website.

• This does not replace the prior approval requirement under HHS grants policy for changes in project scope, including clinic closures.
Title X Family Planning Program Grant Requirements
Important Timelines

• Period of Performance: 09/01/2018 – 03/31/2019

• Federal Financial Report (FFR)
  - 1st reporting period – 09/01/2018-09/30/2018: due 10/30/2018
  - 2nd reporting period – 10/01/2018-12/31/2018: due 01/30/2019
  - 3rd reporting period – 01/01/2019-03/31/2019: due 06/29/2019 (Final reporting period)

• Final end of project report – closeout report
  - Due 06/29/2019

• Previous grantees: project periods ended 08/31/2018
  - Final end of project period report – due 11/29/2018

Note: SAM Registration is required annually
Notice of Award

• Notice of Award (NoA) is the legally binding document issued to the receiving organization.

• NOA awards funds, sets Terms and Conditions, and allows funds to be drawn from the Payment Management System.

• Please read the ENTIRE document

• You accept the award, its associated terms and conditions, and regulations and policies incorporated by reference, when you draw or request funds from the Payment Management System.
Administrative Requirements

• Several actions require prior approval from OASH
• No proposed action can take place until Grants Management Officer written approval is granted:
  ▪ Change in Scope
  ▪ Significant re-budgeting
  ▪ Change in PI/PD or Reduction in PI/PD Time
  ▪ Alteration and Renovation
  ▪ Change of Grantee Organization
  ▪ Carryover request and No-Cost Extension
Notification

Items requiring written notification to OGM include:

- Change of Authorizing Official
- Organizational name change
- Change of contact information, for example, address, phone, e-mail

NOTE:
Organizational changes such as mergers and re-organizations may require a successor-in-interest action. These are complicated and require significant processing time. Contact your specialist as soon as you aware of a potential change.
Project Reporting

- Quarterly Federal Financial Reports (FFRs) – SF-425
  - Due 30 days after the end of each federal fiscal year quarter
  - FFRs are comprehensive

- Audits – if applicable
  - 45 CFR § 75.500

- Sub-award reporting – https://www.FSRS.gov

- End of project period (closeout) reports
  - Due 90 days from the end of the project period
  - Comprehensive grant report as part of close out
  - Submitted via Grant Notes in Grant Solutions

- Official guidance available on the OPA website
Questions?
National Training Centers
Welcome to the Title X National Training Centers!

September 25, 2018
About Us

• Two national, OPA-funded training centers:
  – Family Planning National Training Center (FPNTC) – serves all Title X agency staff
  – National Clinical Training Center for Family Planning (NCTCFP) – specifically charged with training clinical staff

• Provide **FREE training, technical assistance, and resources** that support Title X agencies in delivering high-quality family planning and preventive health services
Contact Us

• Visit our websites at [www.fpntc.org](http://www.fpntc.org) and [www.ctcfp.org](http://www.ctcfp.org)
  – Sign up for our joint newsletter and training announcements
  – Register for upcoming trainings
  – Access past trainings and download resources

• Contact us at
  – [www.fpntc.org/contact](http://www.fpntc.org/contact)
  – [www.ctcfp.org/contact](http://www.ctcfp.org/contact)
## Foundational Trainings

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<td><strong>Quality Contraceptive Counseling and Education: A Client-Centered Conversation</strong></td>
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FPNTC Training Tracking System

• Staff can obtain certificates of completion and CE credit for eLearning courses and archived webinars
  – Must be registered on fpntc.org to obtain the certificate!

• New feature coming soon!
  – Training Administrators can create training lists, share with staff, and track their completion
Coming Fall 2018

- Welcome Package with key links and resources
- List of Title X Training Requirements
- Delaying Sexual Activity Webinar
- Updated Mandatory Reporting Training Guide
- Program Monitoring Resources
Title X Grantee Liaisons

• Each Title X grantee has an assigned “Grantee Liaison” at the FPNTC who will contact them periodically to gather input and share information.
• Title X Grantee Liaisons will be reaching out in the next few weeks to introduce the FPNTC and talk about training needs.
• Title X grantees can reach out directly to their liaisons or to https://www.fpntc.org/contact-us with any questions or concerns related to family planning training.
NCTCFP Training Opportunities

• Technical assistance for clinicians
  – IUD Placement hands-on skills session
  – LARC Mentor Program
  – Cultural sensitivity
  – National clinical conference
Web-Based Resources for Clinicians

• LARC Link
• Competencies Connection
• QFP App (mobile device and desktop friendly)
• Webinars (live and archived)
• Articles of Interest
• Podcast series
• Instructional videos
3 Action Steps

1. Sign up for the joint FPNTC/NCTCFP newsletter at fpntc.org.
2. Register for an account on fpntc.org to track training completions
3. Clinical staff should register for the HealtheKnowledge training system on ctcfp.org to access clinical training.
Thank you!
www.fpntc.org/contact
www.ctcfp.org/contact