

# TITLE X FAMILY PLANNING ANNUAL REPORT 2017 SUMMARY



The Title X Family Planning Program is the only federal program dedicated solely to the provision of family planning and related preventive health services. Each year, the Family Planning Annual Report (FPAR) provides national-level data on the Title X program and the clients who use its services.

## ABOUT TITLE X

A network of public and private nonprofit health and community service agencies deliver Title X services.



**\$286.5 MILLION**  
TITLE X PROGRAM FUNDING



**89 GRANTS AWARDED**

- 47 state and local health departments
- 42 nonprofit family planning and community health agencies



**3,858 SERVICE SITES**

in 50 states, the District of Columbia, and eight U.S. territories and Freely Associated States (American Samoa, Commonwealth of the Northern Mariana Islands, Federated States of Micronesia, Guam, Puerto Rico, Republic of the Marshall Islands, Republic of Palau, and the U.S. Virgin Islands)

## WHO TITLE X SERVED



**88% WERE FEMALE**



**65% WERE UNDER 30 YEARS OLD**



**67% HAD FAMILY INCOMES AT OR BELOW POVERTY LEVEL**



**90% QUALIFIED FOR SUBSIDIZED OR NO-CHARGE SERVICES**

**Providers served a vulnerable population, most of whom were female, low income, and young.**

- 4.0 million family planning clients seen through 6.6 million family planning encounters
- Nearly 9 of every 10 clients (88%) were female
- Two-thirds (65%) were under 30
- 54% identified themselves as white, 22% as black or African American, 4% as Asian, 1% as either Native Hawaiian or other Pacific Islander, and 1% as American Indian or Alaska Native
- One-third (33%) identified themselves as Hispanic or Latino
- 14% had limited English proficiency
- 67% had family incomes at or below the poverty level (\$24,600 for a family of four in the 48 contiguous states and Washington, DC)
- 3.6 million (90%) qualified for either subsidized or no-charge services

**Providers delivered male-focused family planning and reproductive health services to an increasing number of male clients.**

- 12% (463,011) of all Title X clients were men
- Most male clients were in their 20s (44%) or 30s (22%)

# CONTRACEPTIVE METHODS

Title X providers offer clients a broad range of effective and medically safe contraceptive methods approved by the U.S. Food and Drug Administration.

## 80% (2.8 MILLION)

of all female clients adopted or continued use of a most, moderately, or less effective method of contraception at exit from their last encounter.

- **19% of all female clients are using a most effective contraceptive method:** female sterilization, implant, or IUD, or rely on male vasectomy
- **43% used a moderately effective method:** injectable contraception, vaginal ring, contraceptive patch, pills, diaphragm, or cervical cap
- **18% used a less effective method:** male condom, female condom, sponge, withdrawal, a fertility awareness-based method, or spermicide used alone
- **9% did not use a contraceptive method** because they were pregnant or seeking pregnancy



## FEMALE CONTRACEPTIVE METHODS

The pill was the preferred method of 25% of all female clients, followed by male condoms (15%), injectable contraception (14%), IUDs (9%), hormonal implants (7%), the vaginal ring (2%), female sterilization (3%), and the contraceptive patch (1%).



## MALE CONTRACEPTIVE METHODS

A majority of all male clients used male condoms (65%), followed by reliance on a female method (7%), withdrawal (3%), or vasectomy (1%).

# SCREENING AND PREVENTIVE HEALTH SERVICES



PAP TESTING PERFORMED ON 18% OF FEMALE CLIENTS, WITH 14% OF TESTS HAVING ABNORMAL RESULTS

CLINICAL BREAST EXAMS PERFORMED ON 25% OF FEMALE CLIENTS, WITH 5% NEEDING FURTHER TESTING



6.1 GONORRHEA TESTS PER 10 CLIENTS WERE PERFORMED



3.0 HIV TESTS PER 10 CLIENTS WERE PERFORMED

Title X-funded STD and HIV screenings prevent transmission and adverse health consequences.

**Clinics performed:**

- 2,167,174 chlamydia tests
- 2,424,916 gonorrhea tests
- 1,192,119 confidential HIV tests
  - ▶ Of the confidential HIV tests performed, 2,195 were positive for HIV
- 709,161 syphilis tests

Title X-funded cervical and breast cancer screenings contribute to early detection and treatment.

**Title X clinics:**

- Conducted Papanicolaou (Pap) testing on 18% (649,266) of female clients, and 14% of Pap tests conducted by Title X providers had an abnormal result
- Performed clinical breast exams on 25% (878,492) of female clients, and referred 5% of females for further testing based on the findings from their exam

For more information about FPAR and the Title X program, please visit [www.hhs.gov/opa](http://www.hhs.gov/opa).