

The CMS Medicare-Medicaid Coordination Office (MMCO) is pleased to announce the following training opportunity:

Webinar: Self-Direction for Dually Eligible Individuals Utilizing LTSS

Date/Time: Wednesday, August 21, 12:00 – 1:30 PM ET

Registration Link:

https://www.resourcesforintegratedcare.com/GeriatricCompetentCare/2019_GCC_Webinar/Self_Direction_for_Dually_Eligible_Individuals_Utilizing_LTSS

Self-direction, often referred to as consumer-direction, is a practice that allows consumers to direct and manage their own personal care services. It is based on the premise that individuals receiving long-term services and supports (LTSS) know their needs best. Self-direction promotes personal choice and control over the delivery of LTSS, including who provides the services and how the services are provided. Evidence shows that individuals participating in self-directed LTSS programs are more satisfied with their services and experience better outcomes when compared to individuals receiving agency-based services.¹ This may have important implications for the dually eligible population since about half of all beneficiaries dually eligible for Medicare and Medicaid utilize LTSS.²

The shift to offering consumers the choice to direct their own services has posed challenges for health plans, who must utilize new contracting methods. This webinar will discuss the importance of care coordinators, person-centered care planning, and assisting members with management tasks required for self-direction for plans seeking to support consumers in directing their own care.

By the end of this webinar, participants should be able to:

1. Describe key features of self-direction and what it entails for the consumer
2. Identify the role of the care coordinator in facilitating decisions on self-direction as part of developing and/or amending the person-centered care plan
3. Define the role of a personal care assistant (PCA) in the interdisciplinary care team
4. Identify key resources available to plans, consumers, and their families who decide to self-direct

Featured Speakers:

- Kristen Bugara, MSW, KLSW, Care Management Supervisor, Direction Home Akron Canton Area Agency on Aging & Disabilities
- Courtland Townes, Deputy Director, Boston Center for Independent Living
- Corrine Eldridge, Executive Director, California Long-Term Care Education Center
- Consumer/ In-Home Supportive Services (IHSS) worker pair (will be identified by Corrine)

Intended Audience:

This webinar is intended for providers, health care professionals and front-line staff of Medicare Advantage plans, Medicare-Medicaid Plans, Dual Eligible Special Needs Plans (D-SNPs) and PACE

¹ Edwards-Orr, M., & Ujvari, K. (2018, April 12). *Taking It to the Next Level: Using Innovative Strategies to Expand Options for Self-Direction*. Retrieved from <https://www.aarp.org/ppi/info-2018/taking-it-to-the-next-level-using-innovative-strategies-to-expand-options-for-self-direction.html>

² Centers for Medicare and Medicaid Services (2012). *Medicare-Medicaid Enrollee Information, National 2012*. Retrieved from https://www.cms.gov/Medicare-Medicaid-Coordination/Medicare-and-Medicaid-Coordination/Medicare-Medicaid-Coordination-Office/Downloads/NationalProfile_2012.pdf

Organizations, as well as other stakeholders interested in improving their ability to provide self-directed home health care.

CME/CE credit information

This webinar offers the following credit options:

- Continuing Medical Education (CME) for **physicians**
- Continuing Education (CE) credit
- Continuing Nursing Education credit for **nursing professionals**
- NASW Continuing Education for **social workers**

Accreditation

- The Centers for Medicare & Medicaid Services (CMS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. CMS is also accredited by the International Association for Continuing Education and Training (IACET) to offer continuing education credit.
- The American Geriatrics Society has been approved by the California Board of Registered Nursing (Provider No. CEP 10299) to provide continuing education.
- The American Geriatrics Society is accredited by the National Association of Social Workers (NASW) to provide continuing education for social workers.

Continuing Medical Education (CME) Credit – CMS is evaluating this activity for CME credit. The number of credits awarded will be calculated following the activity based on the actual learning time. Final CME information on the amount of credit will be available to participants within the Learning Management System (LMS) after the live activity.

Continuing Education (CE) Credit

- **The Centers for Medicare & Medicaid Services (CMS)** – CMS is evaluating this activity for CE credit. The number of credits awarded will be calculated following the activity based on the actual learning time. Final CE information on the amount of credit will be available to participants within the Learning Management System (LMS) after the live activity.
- **Continuing Nursing Education Credits** – This program is pending approval by the California Board of Registered Nursing (Provider No. CEP 10299). The number of credit hours will be determined based on activity learning time. Nursing courses are accepted by the nursing boards in all 50 states, the District of Columbia, and U.S. territories.
- **National Association of Social Workers** – This program is pending approval by the National Association of Social Workers. The number of credit hours will be determined based on activity learning time.
 - The following states **do not accept** National CE Approval Programs for Social Work: New York, Michigan, and West Virginia.
 - The following states currently **do not recognize** NASW National Approval: New Jersey, Idaho, and Oregon.

Individuals are strongly encouraged to check with their specific regulatory boards or other agencies to confirm that courses taken from these accrediting bodies will be accepted by that entity.

PLEASE NOTE:

- Webinar participants seeking CME/CE credit should only claim credit commensurate with the extent of their participation in the activity.
 - A score of at least 80% on the post-test must be achieved in order to obtain CME/CEs via the NASW, CMS, or California Board of Registered Nursing credit options.
 - Estimated time to participate in the webinar: 1.5 hours including introductory information and interactive Q&A.
 - Participants will be led through the following requirements after signing into and participating in the webinar:
 - Read the learning objectives and faculty disclosures
 - Complete the pre-test (for NASW or California Board of Registered Nursing credit options)
 - Participate in the webinar
 - Complete the post-test and program evaluation form
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Registration Information:

After clicking the registration link hosted on <https://resourcesforintegratedcare.com/> and completing the registration form, you will receive an email from do_not_reply@on24event.com containing event log-on information. The email also contains an attachment that, when opened, will save the event log-on information to an Outlook calendar.

On the day of the live event, please use the web link to join the webinar. You can access the platform using a computer, smart phone, or tablet. The audio portion of the presentation will automatically stream through your computer/device speakers. Please make sure that the volume on your speakers is turned up. Phone dial-in information will also be available during the live event if you are unable to listen to the audio through the computer/device speakers.

For individuals that will be **away** from a computer, smart phone, or tablet on the day of the live webinar event, please email us at RIC@lewin.com to request dial-in information.

Resources for Integrated Care (RIC) develops and disseminates technical assistance and actionable tools for providers of beneficiaries dually eligible for Medicare and Medicaid based on successful innovations and care models. The RIC website features additional resources and tools for providers and health plans, available at <https://www.resourcesforintegratedcare.com>. RIC is supported by the CMS Medicare-Medicaid Coordination Office.

Please contact RIC@lewin.com or Gretchen.nye1@cms.hhs.gov with any questions.