## The Marketplace Consumer: Understanding the Marketplace Population Through Two Years' Worth of Data



## Lessons Learned from The Individual Marketplace Horizon Blue Cross Blue Shield of New Jersey



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VP, Consumer, Small Group and Mid-size Markets

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VP, Marketing and Product Development

June 9, 2016





#### **Discussion Points**

- Horizon's Learnings in the Individual Segment
  - Key environmental/market factors
  - Product and pricing actions
  - Consumer engagement and go-to-market strategies



# Horizon BCBSNJ Individual Market – Lessons Learned Market Factors

#### Pre-ACA Marketplace

 Horizon had the leading market share pre-ACA: Horizon entered the ACA world with a large block of members in the Basic and Essential (B&E) plan. Biggest challenge was how to retain these members with the withdrawal of the B&E, with new plans at higher premiums.

## High Risk and Uninsured Population

- High risk consumers had access to specific plans (NJ Protect) prior to ACA. However, with ACA, they became part of the same risk pool as the rest of direct consumer buyers.
- Pre-ACA uninsured rate was about 12%, or 1.2 million residents. Of these, we expected about 161K would come into the exchange.

#### **Transitional Plans**

- We decided against offering transitional plans, meaning we did not offer the "old" products as an alternative to the new products. We have a single risk pool.
- Many other plans (outside of New Jersey) decided otherwise and had more than one risk pool, resulting in adverse selection.

#### **Pre-ACA testing**

- Given all the uncertainties, we conducted a significant amount of consumer research prior to ACA to refine our product line up, pricing, membership forecasts and marketing messaging.
- Research included product simulations to test our proposed product line-up and pricing vs. the projected competitive set, conjoint analysis to determine primary drivers of product selection and understand trade-offs between specific features and premium pricing, and focus groups with uninsured and insured to better understand consumer needs and motivations.



# Horizon BCBSNJ Individual Market – Lessons Learned Product & Pricing Factors

#### **Prudent Pricing**

- We intentionally went with conservative assumptions about morbidity and priced for a reasonable margin in 2014. Our conjoint and product/pricing simulation research helped us in guiding our pricing decisions.
- For 2015, our posture was "competitive but not reckless."

#### Simple Product Offerings

- We offered 5 products in 2014, under a philosophy of "keep it simple." Product simulation testing again helped us determine our final product portfolio, including not offering a Platinum product in either 2014 or 2015, and only offering a Gold tiered network plan in 2014.
- In contrast, some other NJ plans offered 50 or more products, only to withdraw many of them, forcing consumers to shop around.
- Use of Tiered Networks
- We developed tiered network products and offered them as a lower-premium alternative to traditional broad networks. Note that these tiered products still offered access to Horizon's broad managed care network.

#### Off Exchange Presence

 We offered our products both on and off exchange. Our competitors play either exclusively or primarily on the exchange.



# Horizon BCBSNJ Individual Market – Lessons Learned Consumer Engagement/Go-to-Market

#### **Consumer Analytics**

- We leveraged our consumer analytics to develop a segmentation model and an approach for identifying potential uninsured segments.
- We used a multi-channel marketing strategy to not only build awareness but to directly target likely uninsured populations.

#### Integrated Marketing

- Outdoor, transit and social were used primarily to build awareness for Horizon products.
- Direct mail, targeted digital and email were focused on specific segments.
- We developed a simplified enrollment process and more consumer-friendly welcome kits patterned after credit card welcome letters.

#### Latino Market Focus

- We recognized that the Latino market was underserved and comparatively healthy; we launched a Spanish website and a grass roots effort to sign them up.
- We ran separate Spanish language marketing campaigns using transit, direct mail and digital.
- We grew from 8,000 Latino members to 30,000 by OEP 2016.

#### **Retail Presence**

- We set up a retail center in South Jersey and also deployed pop-up retail kiosks in major NJ malls during open enrollment. We also deployed our Blue to You vans at community events.
- In 2015, we also launched a Hispanic retail center in a major NJ city with a high percentage of Hispanic residents.

#### Retention

We stepped up our retention efforts beginning 2015, including addressing major consumer pain points in enrollment and billing, outbound welcome calls to new members, handing off "at risk" members from CSRs to sales, and targeted marketing to reinforce benefits (beyond access to doctors) to demonstrate more value for monthly premiums.



### **Horizon Outdoor and Transit Ads**





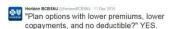






# Horizon Social, Digital and Direct Mail

#### **SOCIAL MEDIA**



shout.lt/bl6vm #OMNIANJ



Horizon BCBSNJ @HorizoneBCBSNJ : 9 Nov 2015

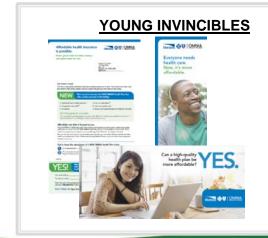
"Plan options with lower premiums, lower copayments, and no deductible?" YES. shout.lt/bhKWN #OMNIANJ



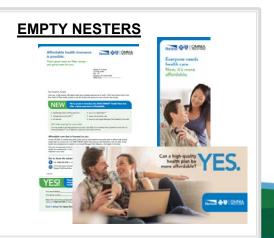
#### **DIGITAL**



#### **DIRECT MAIL**









## Spanish Language Campaign













### **Retail Presence**

#### Mall Pop Up Retail Kiosks



Blue 2 You Travelling Van





# Horizon BCBSNJ Individual Market – Lessons Learned Membership Trends

2014 – 2016 Individual Business Highlights		
Year	Enrollment	
2013	120,000	
2014	128,000	
2015	168,000	
2016 est.	200,000	



## Marketplace Consumers

#### **SelectHealth**

Rachel Reimann & Russ Elbel June 9, 2016



# Enrollment and Outreach Strategies for the Marketplace Population

Rachel Reimann June 9, 2016

### Who We Are



HEADQUARTERS: Salt Lake City, UT

ESTABLISHED: 1984

EMPLOYEES: 1,500

PRESIDENT/CEO: Patricia R. Richards

SERVICE AREA: Utah and Idaho

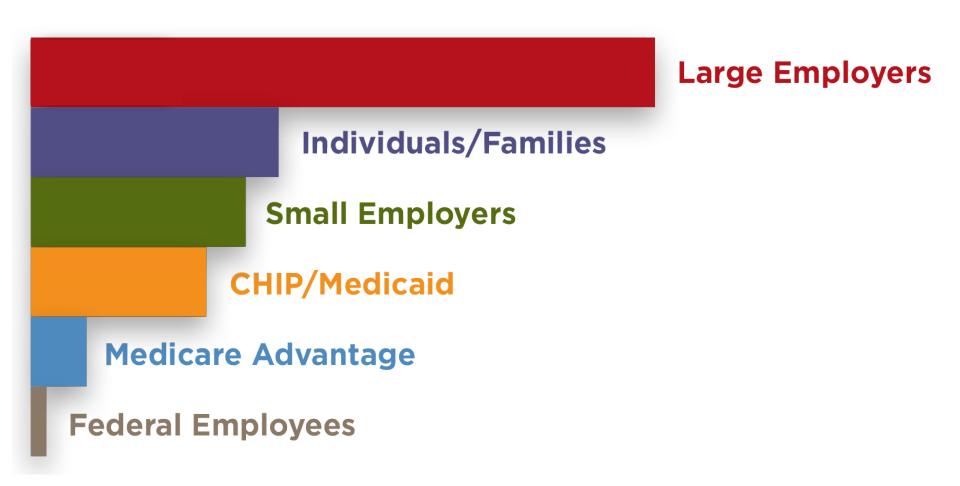
OWNED BY: Intermountain Healthcare®





#### Who We Serve

SelectHealth covers more than 880,000 members in Utah and Idaho—more than 780,000 of those are in Utah.



## **Annual Open Enrollment Themes**

- Year One Get Educated
- Year Two Get Covered
- Year Three We'll Come to You

### Year One—Get Educated

## Healthcare Reform.

We don't make the laws. But we do make sense of them.

selecthealth.org/reform



62013 SelectHealth, All rights reserved, 2147 08/

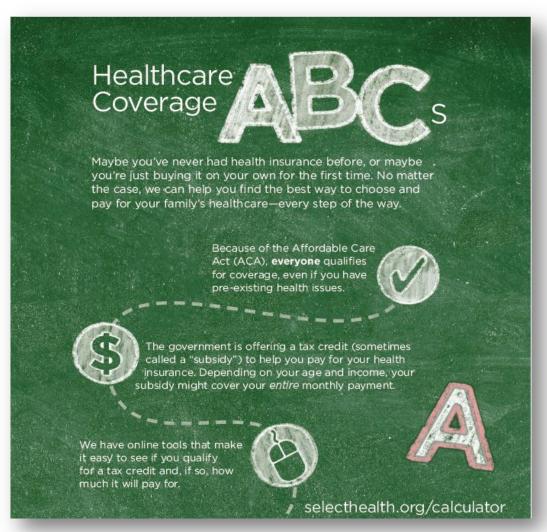
# Most people are confused about healthcare reform. Don't be one of them.

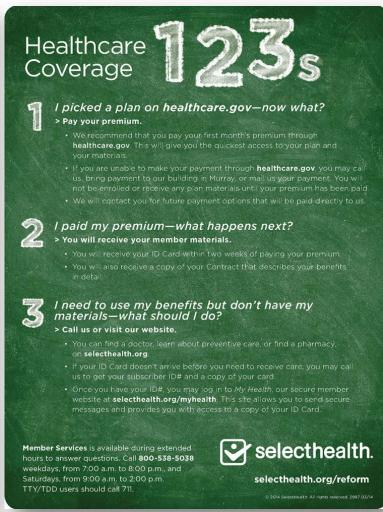
selecthealth.org/reform



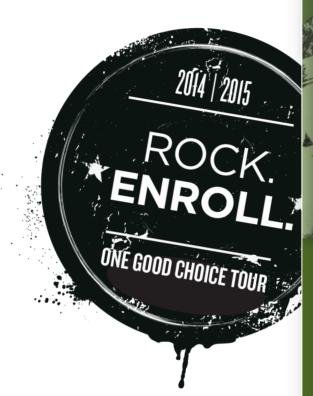
02013 SelectHealth. All rights reserved. 2147 08/

### The ABCs





### Year Two—Get Covered





## **Event Venues**



#### **Last Chance Events**

Events were better attended near the deadline.

Online enrollment was difficult for new insurance purchasers.

Consumers appreciated one-on-one assistance.

**OPEN ENROLLMENT ENDS FEBRUARY 15** 

Get your ticket to healthcare for 2015. Rock. Enroll.

selecthealth.org



## **Affordable Coverage Promotion**



"Health insurance is too expensive for me."

"I applied years ago and I didn't qualify."

"I can't get coverage for my family."

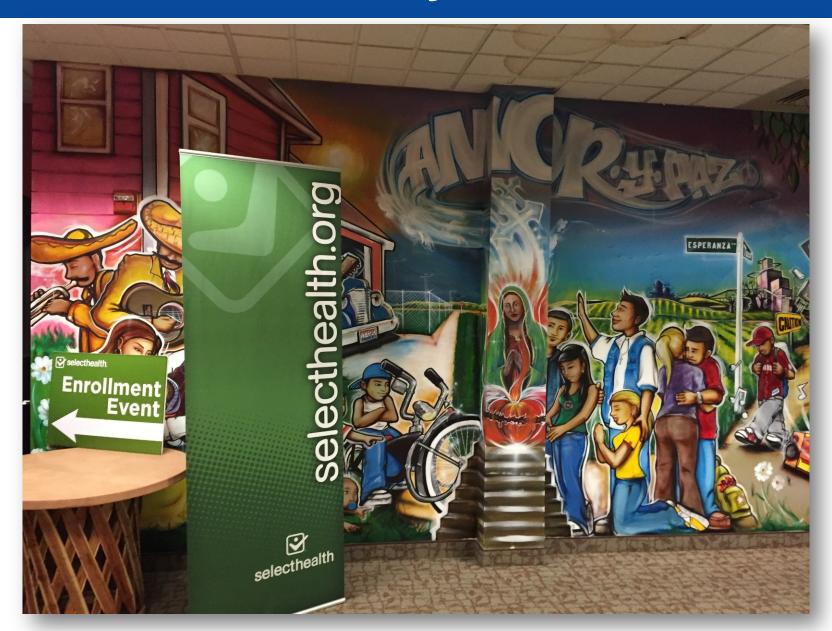


### Year 3—We'll Come to You

- Community Centers
- Grocery Stores
- Personal Appointments
- Expert Phone Bank
- News Stories



## **Community Centers**



## **Ask the Expert**



## Simplified Communication



# Integration and Coordination with the Delivery System and Community Services

Russ Elbel June 9, 2016

# Categories and Overlap of Vulnerable Populations

Racial and ethnic minority
Live in Native American community
Immigrant
Live in impoverished neighborhood
Have low incomes
Have low levels of education
Have low health literacy
Reside in rural area
Homeless
Non-English-speaking
Dual-eligible beneficiaries
Uninsured/underinsured
Have low social supports

Have complex chronic illnesses CLIMICALLY Have acute serious illnesses Have multiple chronic conditions Disabled Mentall ill Substance abusers Highly Cognitively impaired VULNERABI Vulnerable Frail elderly Patients nearing the end of life Pregnant women Very young children High-utilizer patients High-cost patients Dual-eligible beneficiaries

#### IMPORTANT CHARACTERISTICS:

Geographic concentration

High use of social services

Health care concentrated in low-performing health care systems

#### **IMPORTANT CHARACTERISTICS:**

Social needs exacerbate clinical needs
Greatest opportunity to reduce cost,
improve quality, and reduce
disparities

#### IMPORTANT CHARACTERISTICS:

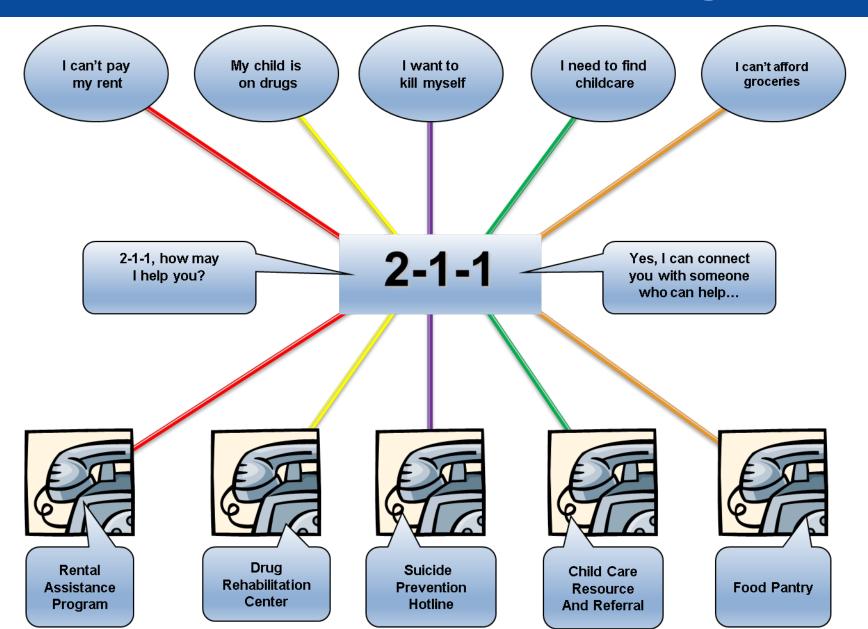
Geographically dispersed High use of clinical care All socioeconomic groups affected



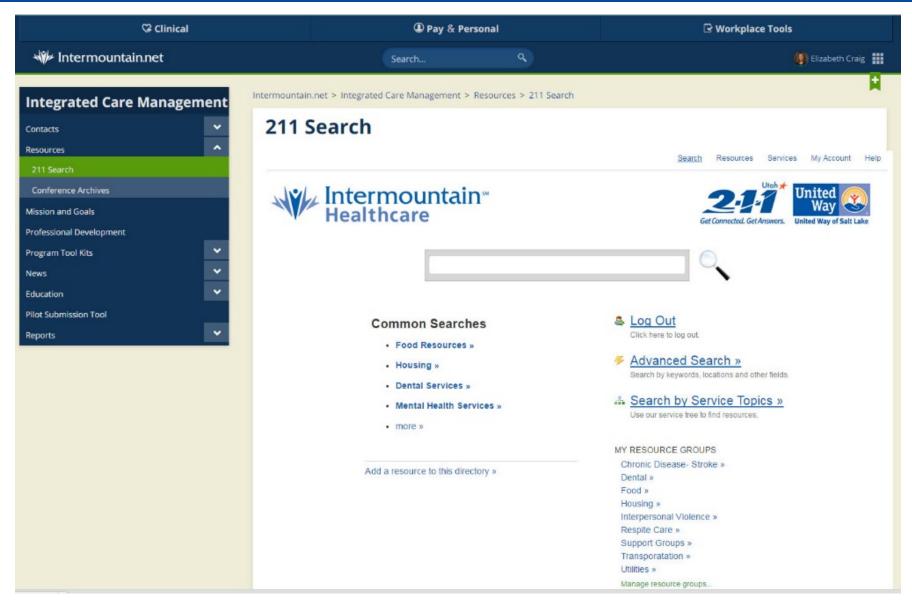
## Member Engagement

- Early Innovations
  - Comprehensive Care Clinic
  - Community Care Management
- Recent Innovations
  - Telehealth
  - Community Health Workers

## People Need Help Finding Help



### 2-1-1 Search



### **Continuum of Care**



















**OUTPATIENT SERVICES** 



#### **TACO**

#### **NOT THIS**



## CHCS, Jan. 2014, and Health Affairs blog, Jan. 23, 2014. Introducing Total Accountable Care Organizations: Thttp://www.chcs.org/media/Introducing-Totally-Accountable-Care-Organizations\_Nov2014.pdf.

#### **THIS**

## **Total Accountable Care Organization (TACO)**

A health care system where all physical health, behavioral health, long-term services and supports (LTSS), and elements of public health and social services are integrated for targeted highneed populations

## Profiling Marketplace Enrollees

Rebecca Owen FSA, MAAA *June 9, 2016* 



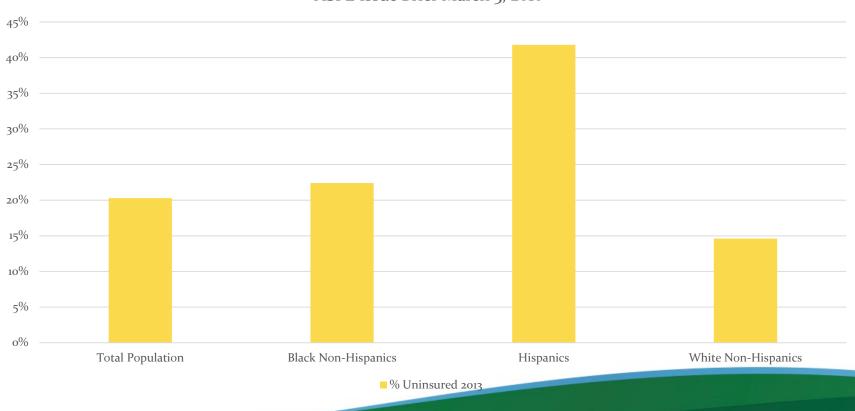


#### Content

- Summary Statistics
- State Variations
- Plan Experience
- Member Profiles
- Thinking about the information

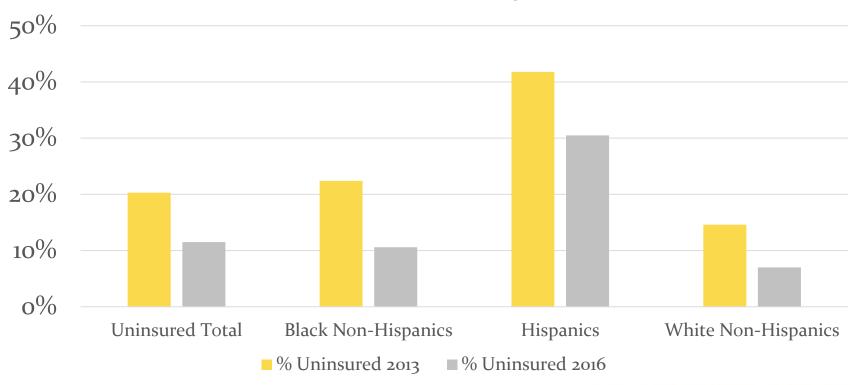
### Before the ACA

Uninsured Rate for Non-Elderly Adults (2012-2013) ASPE Issue Brief March 3, 2016



## After the ACA

Gains in Coverage for Non-Elderly Adults ASPE Issue Brief March 3, 2016



# Who obtained coverage?

• Steady increase in coverage:

NCHS reported people with private coverage increased from 6.7 million in (Q4 2014) to 9.1 million (Q4 2015).

### **Enrollee Financial Assistance**

- 85% of enrollees on the Federally Facilitated Marketplace qualified for Financial Assistance
- 77% for the State/Federal Marketplaces
- 89% in California (2014)

# **Age Distributions**

Enrollment Distribution by Age Group		
<18	9%	
18-25	11%	
26-34	17%	
35-44	16%	
45-54	21%	
55-64	25%	
>-65	1%	

# Variation by State

Each state had a different starting point.

And no two implementations were the same.

### **Transition Plans**

 Transition plans allowed people to re-enroll and renew plans that did not comply with ACA protections. These can be maintained through December 31, 2017.

# **Medicaid Expansion**

2013	Expansion	Non Expansion
Uninsured	18.4%	
Public	17.7%	
Private	65.2%	63.2%
2015	Expansion	Non Expansion
Uninsured	9.8%	17.5%
Public	21.5%	14.7%
Private	70.0%	69.0%

# Choosing a health plan

- Cost sharing insulated some members from making price based decisions.
- Familiarity with plans is an important part of the decision and Medicaid plans have name familiarity among lower income groups.
- Networks were important for both cost and access.

# **Special Enrollment Periods**

- Loss of health coverage
- Changes in household size
- Changes in residence
- Life circumstances

### Moral hazard

- Purchase health insurance for non-chronic emergent care and terminate insurance after the procedure.
- Providers choosing to help with premiums in order to get higher reimbursement.
- Self insured plans purchasing individual coverage for expensive members
- Nonpayment of premium while retaining coverage.

# Information about the health status of newly insured

- Plans reported that newly insured members tended to have more conditions as well as more complex conditions.
- There was some evidence of pent-up demand.
- Chronic disease prevalence was evident.

# **Specialty Pharmacy**

- Hepatitis C
- HIV medication
- Cancer Care
- Drugs for Chronic Diseases

# Thinking about the numbers

# Prevalence of Chronic Disease by Income Category

conditions in 45 + year olds by income category			
Below 100 %	33%		
100-199%	30%		

Prevalence of two or more of nine selected chronic

## **Looking forward**

- There are still 11.5% uninsured.
- Transition plans will enter the pool.
- Plans will enter and exit the market.
- Recovering economy may mean more people receive coverage through employers
- Experience will drive better understanding
- There will continue to be variation from market to market.

# Thank you

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# Innovation in Provider Contracting







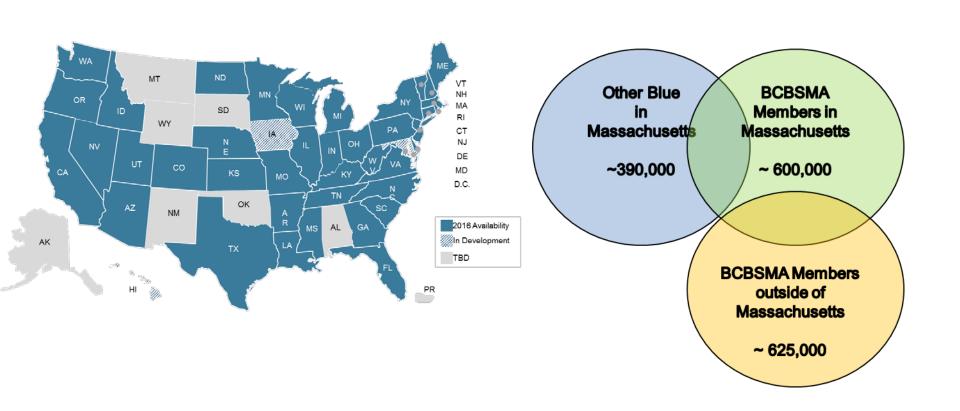
# Innovation in Payer / Provider Partnerships

Andreana Santangelo, FSA, MAAA SVP, Business and Financial Analytics and Chief Actuary

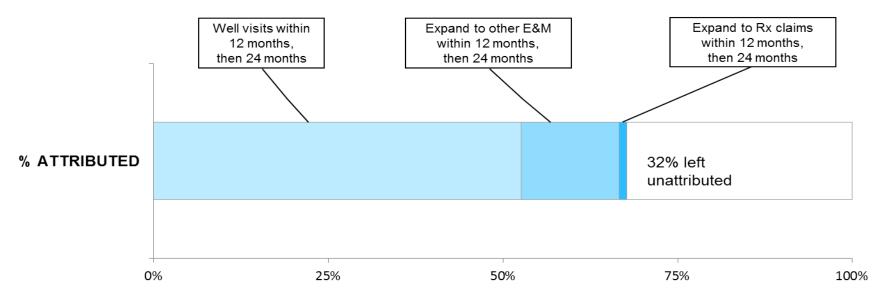
# Blue System Collaboration Supports Payment Reform Expansion

#### **National Presence**

#### **PPO Member Populations**



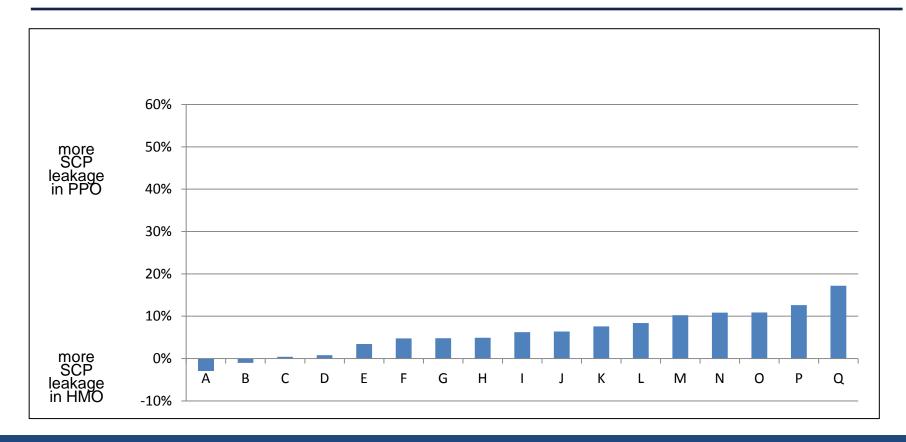
#### **Attribution Methodology**



Note: BCBSMA attribution algorithm is based on a hierarchy (e.g., once a member is attributed the logic stops)

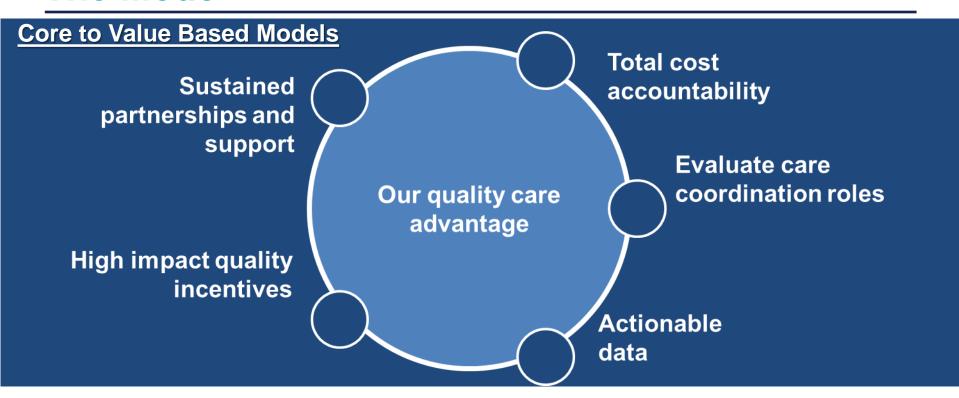
- Reflects local, multi-stakeholder workgroup consensus
- BCBSMA tested attribution logic resulting in a 99% accuracy rate. Such test also resulted in limited calls from members regarding the attribution process.
- Indicates that PPO Members have a doctor that they primarily utilize

#### **PPO Members Look to Their PCP for Guidance**

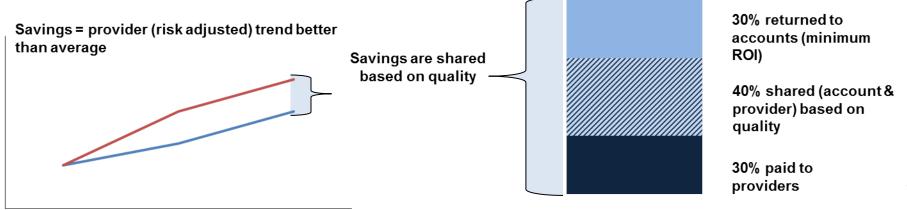


- PPO members had their specialist use align with the affiliation of their PCP only 3% less than in HMO
- Illustrating some opportunity for improvement but overall little differences across product lines in patient approaches to accessing care

#### The Model



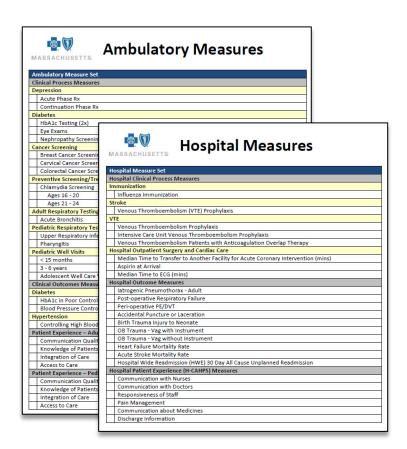
#### **Unique to PPO Model**



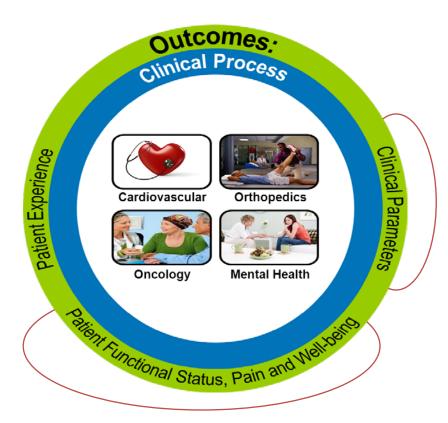
#### AQC Measure Set for Performance Incentives

NULL	AMBULATORY	HOSPITAL
PROCESS	<ul> <li>Preventive screenings</li> <li>Acute care management</li> <li>Chronic care management</li> <li>Depression</li> <li>Diabetes</li> <li>Cardiovascular disease</li> </ul>	Evidence-based care elements for:
OUTCOME	<ul> <li>Control of chronic conditions</li> <li>Diabetes</li> <li>Cardiovascular disease</li> <li>Hypertension</li> </ul> ***Triple weighted****	<ul> <li>Post-operative complications</li> <li>Hospital-acquired infections</li> <li>Obstetrical injury</li> <li>Mortality (condition –specific)</li> </ul>
PATIENT EXPERIENCE	<ul><li>Access, Integration</li><li>Communication, Whole-person care</li></ul>	<ul> <li>Discharge quality, Staff responsiveness</li> <li>Communication (MDs, RNs)</li> </ul>
EMERGING	Up to 3 measures on priority topics for which measures lacking	

### **Expanded Quality Measure Set**

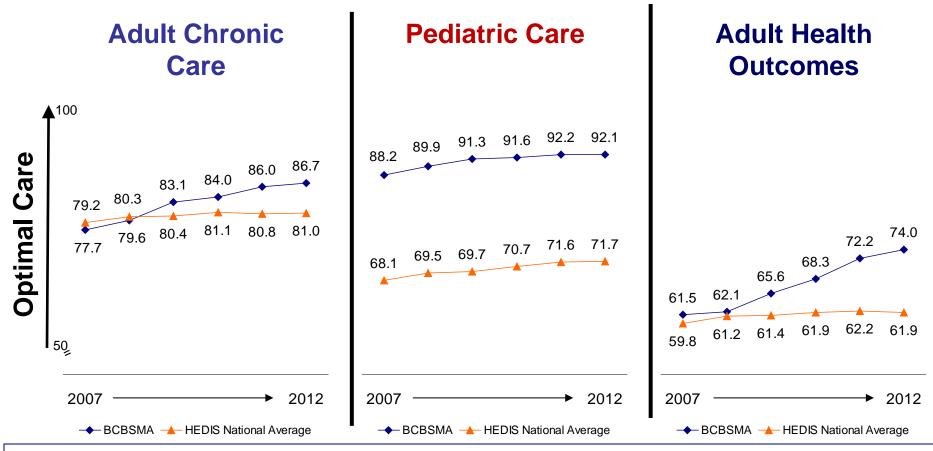








# Quality & Health Outcome Results Under the AQC: Improvements by the 2009 Cohort of AQC Groups from 2007-2012



These graphs show that the AQC has accelerated progress toward optimal care since it began in 2009. The first two scores are based on the delivery of evidence-based care to adults with chronic illness and to children, including appropriate tests, services, and preventive care. The third score reflects the extent to which providers helped adults with serious chronic illness achieve optimal clinical outcomes. Linking provider payment to outcome measures has been one of the AQC's pioneering achievements.

### Delivery System Innovation: Four Themes

There are four domains in which we see AQC Groups innovating to improve quality and outcomes while reducing overall spending.



**Staffing Models** 

Approaches to Patient Engagement





Data Systems & Health Information Technology Referral Relationships & Integration Across Settings



#### Payer Provider Partnership for Management of Care

# Our four-pronged support model designed to help provider groups succeed in the AQC is now expanded across the PPO Population



The AQC has been transformative. It has allowed us to innovate because it enables us to think like a system rather than individuals doctors.

#### **Constituent Roll Out**



- Sales Training
- Initial Broker Notices released
- Broker and Account Collateral sent via Email and posted on BCBSMA Portals
- Member attribution letters sent
- Broker Advisory Meetings held
- Continued Account educations
- Initial Account Invoices Received with applicable provider incentive payments included
- Broker Trainings
- Continued national expansion of contract model and data infrastructure
- Continued roll out of MA PPO Payment Model upon renewal

Frequent and multi-layered communication is key to buy-in

#### **OUR MODEL IN ACTION**

#### Mary has diabetes.

If it goes unchecked, she could cost her employer more than \$16,000<sup>1,2</sup> annually in health care and lost productivity.

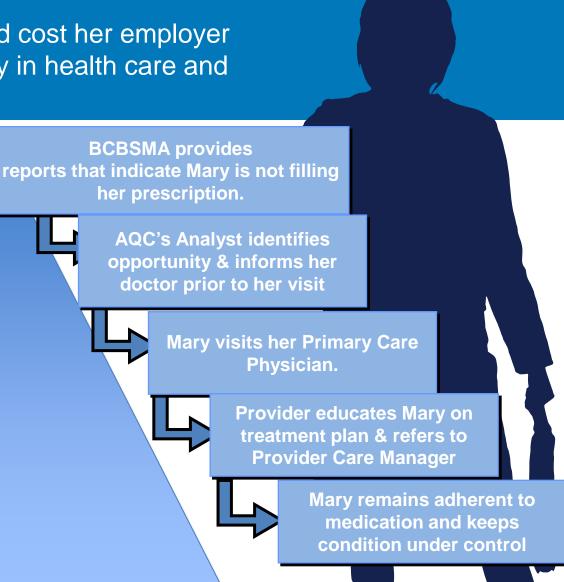
**Actionable data** 

**Sustained partnerships and support** 

Care coordination by providers

**Total cost accountability** 

**High impact quality incentives** 









Innovation + Solutions = Results





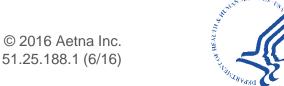
We're the pioneer in health care payment reform. Our model works, proven by three major studies.



# Building a healthier world

### Health care transformation through accountable care







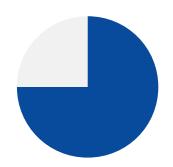
# Agenda

- 1) The Aetna approach
  - 2) Consumers Benefit from value-based contracting
  - 3) Lessons learned

# Our commitment – build a healthier world by paying for value not volume

**AETNA'S GOAL** 

WHERE WE ARE TODAY



75% of spend flowing through VBC models by 2020

**40%+** of medical spend through value-based contracts

**6.2 million** members with value-based care providers

## We're changing how health care is delivered

#### Our accountable care approach is unique:

#### By transforming care we can:



Includes more feet-on-the-street enablement with programs and



Supports an innovative product - Aetna Whole Health



Not just data, but advanced analytics and collaboration



Holds providers accountable



#### Reduce waste:

8-15%savings targeted compared to Aetna broad network plans\*



#### Improve quality:

Focus on targeted quality metrics



#### Improve member/patient satisfaction:

Establish baseline and increase year- over year



Improve the overall health and productivity of members and their families

<sup>\*</sup> Actual results may vary, savings may be less when compared to other value-based or narrow network plans.

# The value of payer and provider collaboration

Building on strengths of both players creates a bright future based on shared goals



#### **PROVIDERS**

- Community presence
- > Patient relationships
- > Point-of-care data
- Clinical delivery

Collaboration and transparency

Quality and efficiency

Shared patient focus

Aligned incentives

#### **PAYERS**

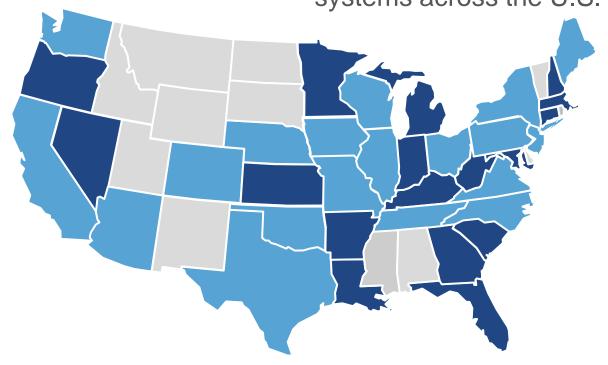


- > Population health expertise
- Insurance operations
- > Financial risk management

# Creating a national value-based care network

Aetna has 77 ACOs, and talks are underway with hospital

systems across the U.S.



+008

Value-based contracts

77 ACOs

**275** that meet the broader industry ACO definition<sup>1</sup>

- States projected to have provider collaboration product or plan by 1/1/17 (may also have other value-based products)
- States with other Aetna value-based contracts

above data as of February 7, 2016

1http://leavittpartners.com/2013/10/really-aco/

# Agenda

- 1) The Aetna approach
- 2) Consumers benefit from value-based contracting
- 3) Lessons learned

# This is a new model, not an oldstyle HMO

A win-win for patients, doctors and employers

Old-style HMO (not value-based)
Where many providers are today

New paradigm

Providers that want to transform

Little, if any, health IT or analytics

Earlier identification of at-risk patients with richer information

Limited changes in patient behavior

through proactive, doctor-driven outreach

Provider payment contingent on volume of services

Improved cost and quality
effectiveness by aligning financial incentives

Patient frustration with lack of coordination

A more satisfying experience when providers coordinate care more effectively

# Our value based systems are improving the patient experience by helping patients....

#### Navigate the system

- Proactive outreach to help patients select a primary care doctor to lead their care team
- Smoother care transitions from provider to provider and facility to facility
- A dedicated, toll-free Aetna Whole Health member services number
- Welcome calls and kits to ensure a smooth onboarding process
- New hospital case managers to explain discharge instructions and new medications to patients
- New nurse care coordinators to support doctors and their patients with personalized care plans

#### Get better access

- Same-day primary care appointments
- Extended weekday and weekend clinic hours
- Reserved appointments for patients with chronic conditions or acute care needs

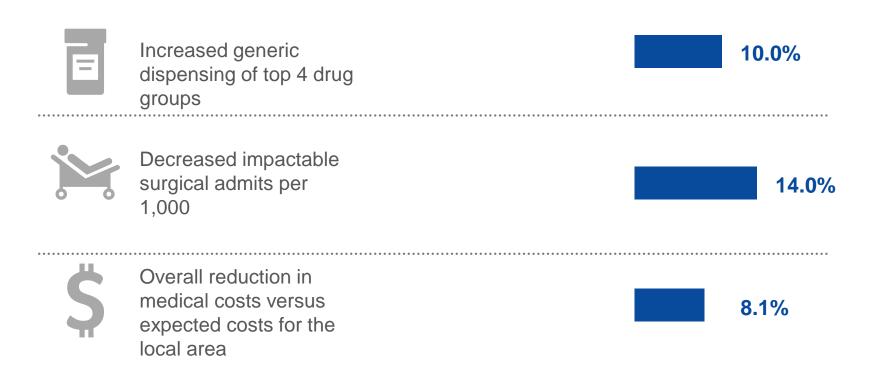
#### Manage their health

- A free online health risk assessment
- Online emergency room check-in to reduce waiting times and provide support
- Telemedicine option





# Patients are benefiting from improved best practices versus existing approach



Baseline period: 1/1/13 - 12/31/13; Performance period: 1/1/14 - 12/31/14. Paid through 3/2015; Results for ACOs effective as of 1/1/2014 and in place for at least one year.

# Keeping consumers healthy benefits them – and the economy

Productivity losses related to health problems cost U.S. employers \$1,685 per employee per year\*

#### TRADITIONAL EXPERIENCE

"I missed hours of work driving back and forth to the lab to get my blood drawn."

"I had a test to see if my cholesterol was high but **never heard anything. Then I** had a heart attack."

"I can't concentrate on work because of rheumatoid arthritis flair-ups and multiple joint replacement surgeries."

### ACCOUNTABLE CARE EXPERIENCE

"I went to the lab once when my physician wanted blood drawn. My specialist had all the information on his computer."

"A whole team watches my cholesterol problem. A nurse coaches me on my diet. I get educational e-mails, and they get me in for regular checkups."

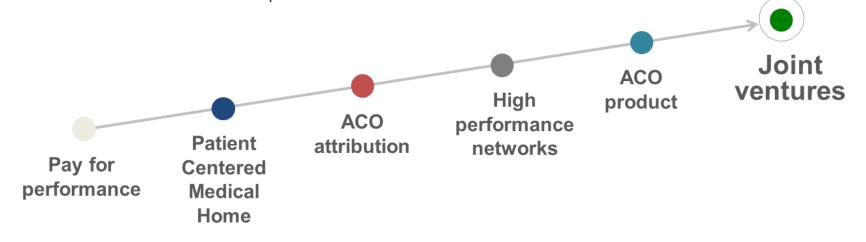
"My doctor's care team made special arrangements so I get the tests and medications needed to avoid flair-ups. I feel great."

# Agenda

- 1) The Aetna approach
- 2) Consumers benefit from value-based contracting
- 3) Lessons learned

# We need to meet providers where they are

- After providers enter the continuum, we help them progress to models with more risk and more reward.
- We guide ACO providers with a comprehensive "Transformation Roadmap."



# Accountable care is a journey – not a destination

#### **PRINCIPAL PHASES:**



# ACO development

Best collaborators based on shared vision

#### We team with ACOs that have:

Strong leadership, AIM commitment

Technology, process and people investment

Willing to move from FFS to value-based





# Build value

Cost and clinical improvements

#### We will collaborate to:

Build comprehensive population health management

Improve patient experience

Link doctor payments to support goals

Progress or ACO contract modified



# Accelerate performance

Deliver unmatched value

### We will deliver value by:

Translating efficiency into sustained trend reduction

Delivering differentiated patient experience

Improving member health outcomes

# Population health

	Today	Future
MODEL	Provider-centric model	Member-centric model
<b>L</b>	Payer-led care management telephonic model	Provider-led care management activity at the point of care
PEOPLE	Focus on sick patients only	Focus on population health
	Lack of comprehensive care coordination	Robust care coordination across the continuum of care
		Patient engagement through digital technology
TECHNOLOGY	Early stages of Clinically Integrated Network (CIN)	<ul> <li>Data-driven clinical decision making:</li> <li>Standardized evidence based medicine</li> <li>Predictive analytics at the ACO level and the primary physician level</li> <li>Smart segmentation across the population</li> <li>Improved care coordination workflows</li> </ul>

# Thank you

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company (Aetna) and its affiliates.

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# Care Coordination



# Innovation In Care Coordination

Scott Streator **SVP, Market & Product Group** 

Chris Turner **SVP, New Business Integration & Member Care** 

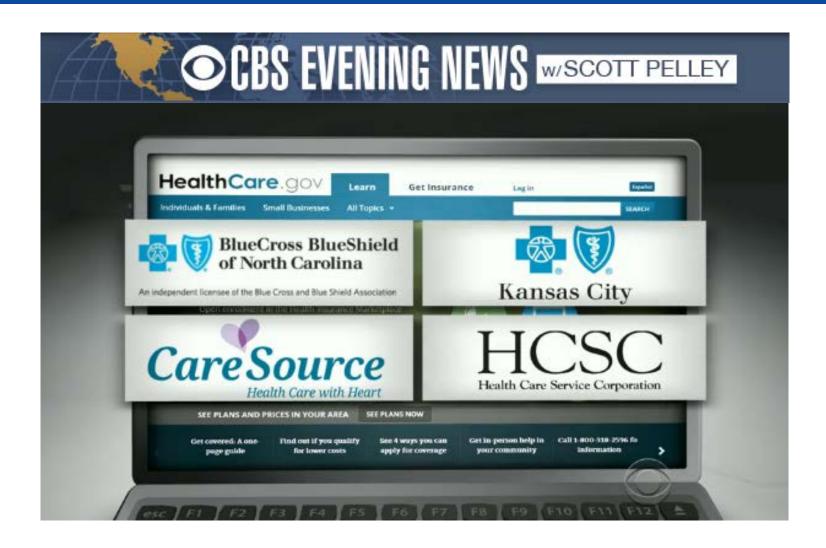
**CareSource** 

June 9, 2016



Health Insurance Marketplace Health Care. 901

### October 31, 2013



# Agenda

- Who is CareSource
- What We Learned
  - Enrollment Snapshot
  - Success Factors
- Care Coordination of Newly Insured
- Innovation in Care Coordination







Non-profit, founded in 1989 in Dayton, OH



Comprehensive, member-centric health and life services



Regionally basedserving multiple states and products

# MISSION FOCUSED:



To make a lasting difference in our members' lives by improving their health and well-being.

#### Product Lines

- Medicaid
- Marketplace
- Duals Demo
- Medicare Advantage







Marketplace Coverage

# Why We Were an Early Adopter



# Commitment to uninsured & vulnerable populations



# **Enrollment Snapshot**



#### Common Diagnoses

- Hypertension
- Lipid Disorders
- Low Back Pain
- Obesity
- Diabetes



60%

Silver Plan



20%

**Prior Medicaid** 



87%

Receive Subsidies



41.9

Average Age

18% are under age 35



46% Male / Female 54%

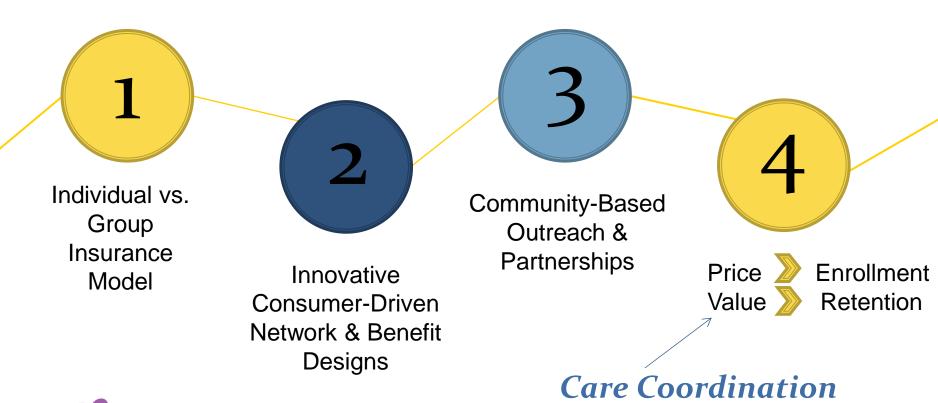


47-63%

**Previously Uninsured** 



# Marketplace Success Factors



### **Care Coordination Case Studies**



#### **Welcome Call**

- Vulnerability Index
- Health Risk Assessment



Identify Members for Care Coordination

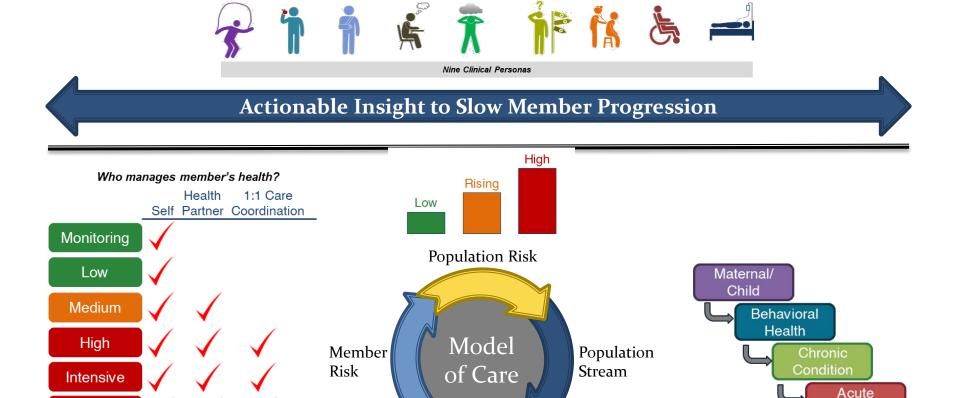




# **Our Care Model**



# Population Health Approach





Complex



**Triggers** 

Healthy

Medical

#### **Life Services:**

#### **Managing Social Determinants of Health**

#### **HEALTH-RELATED SOCIAL NEEDS**



#### **HEALTH**



Health-related social needs are found where people live, learn, work and socialize; they impact health outcomes.



#### **ECONOMIC STABILITY**

- ACCESS TO LONG-TERM EMPLOYMENT
- ACCESS TO FINANCIAL LITERACY
- ACCESS TO ADULT EDUCATION & JOB TRAINING
- INCREASED ASSETS SUCH
   AS HOME OWNERSHIP



### HOUSING & NEIGHBOR-HOODS

- ACCESS TO HEALTHY FOODS
- INCREASED QUALITY OF SAFE & AFFORDABLE HOUSING
- IMPROVED
   ENVIRONMENTAL
   CONDITIONS



#### **EDUCATION**

- EARLY CHILDHOOD EDUCATION & DEVELOPMENT
- ACESS TO
  EXTRACURRICULAR
  ACTIVITIES &
  MENTORING
- INCREASE HIGH SCHOOL GRADUATION
- ENROLLMENT IN JOB
   TRAINING OR POST
   SECONDARY EDUCATION



- SOCIAL COHESION
- CIVIC PARTICIPATION
- PERCEPTIONS OF DISCRIMINATION & EQUITY
- INCARCERATION /
   INSTITUTIONALIZA-TION



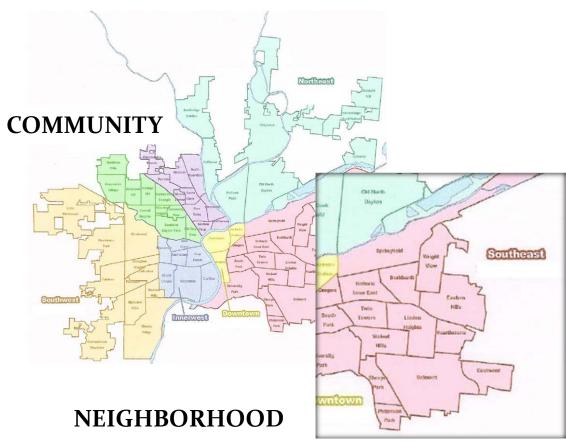
#### FOOD & NUTRITION

- REGULAR & CONSISTENT
  ACCESS TO HEALTHY
  FOODS
- EDUCATION ON
  NUTRITION & OVERALL
  HEALTH IMPACTS
- ADDRESSING FOOD DESSERTS & INEQUALITIES



### **Neighborhood Centered Member Care**







# Innovation Supports Improved Outcomes

- Health, Wellness and Care Plans
- Health Risk Assessment
- Member Engagement
- Tailored Interactive Member Experience
- Service Access and Utilization
- Overall Cost Per Member / Month Cost





### Conclusion

- Innovate
- Population Health
- Care for Everyone
- Care is Local
- Relationships
- Rising Risk
- Social Determinants





# Place of Delivery Care Model

A collaborative approach for high-risk patient care

Deborah Stewart, M.D. Regional Medical Director Florida Blue June 9, 2016





### **Innovative Solutions/Customer**



#### **GuideWell Emergency Doctors**

Free-standing ERs staffed by boardcertified emergency physicians billing at urgent care (not ED) fees



#### **CliniSanitas**

Culturally relevant, comprehensive care addressing needs of Central and South Americans



#### Florida Blue Retail Centers

Retail centers that engage, educate, enroll, provide health assessments and in several locations attached to care providers

# Transforming our Medical Management Model

#### Historically

- Disease-Centric Approach
- Moderate Array of Support Services
- Non-Scalable Care Model
- Post-Event Care Interventions
- Limited Engagement Channels
- Almost Exclusively English-Based
- Average Quality Ratings



#### **Future State**

- Member–Centric Approach
- Robust Continuum of Services
- Model Scaled to Support Product/Network Arrangements
- Real Time and Prospective Care Support
- Leveraging Most Effective
   Engagement Channels for Population
- Culturally Competent to Serve Target Markets
- Competitive Results on all Quality Standards

Progress 80% Future State

# Why the POD Model?

- Improve quality, utilization and cost outcomes for members.
- Coordinates care for high-risk members in the community where they receive their services.
- Builds and improves relationships with members and their medical provider.
- Leverage national best practices.



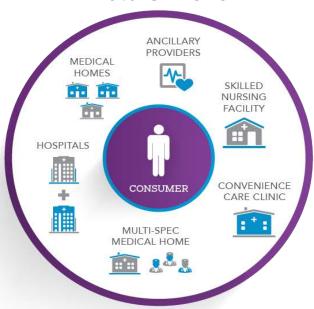
### **Current Environment**

#### "Old World"

# MEDICAL GROUP WINSING FACILITY HOSPITALS WINGENT CARE CENTER EMPLOYER MEDICAL DOCTORS MEDICAL DOCTORS OCCUPANY

- Employer-based coverage
- Large open provider networks
- Self directed care management

#### "Future World"



- Consumer-centric care
- Geo-and product specific networks
- Collaborative care management (ACOs, PCMHs, CCMs)
- Population care management model

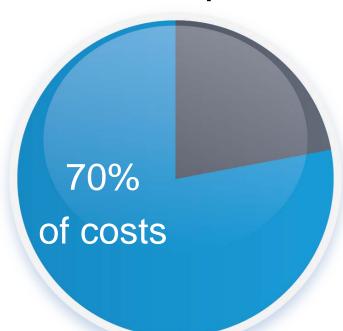
# How We Make the Greatest Impact

PODs focus on complexcare members who drive 60% to 70% of costs.

#### This breaks down to:

- 1% of the fully insured
- 5% of Affordable Care Act (ACA)/individuals under
   65
- 10% of Medicare Advantage members

Complex-Care
Membership Cost



# POD Design and Implementation

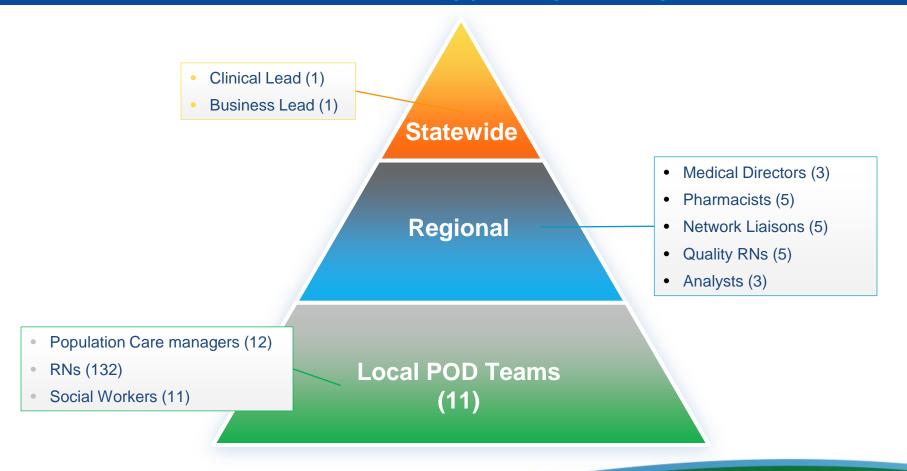
Eleven (11) locally based, collaborative POD care models:

- Geo-specific, inter-disciplinary teams who manage the care needs of high-risk members.
- Florida Blue staff includes nurses, network liaisons, analysts, coding educators, service consultants, pharmacists and social workers.
- Staffing levels customized to each POD's unique membership and provider arrangement needs.
- Accountable for clinical and quality outcomes for target population.

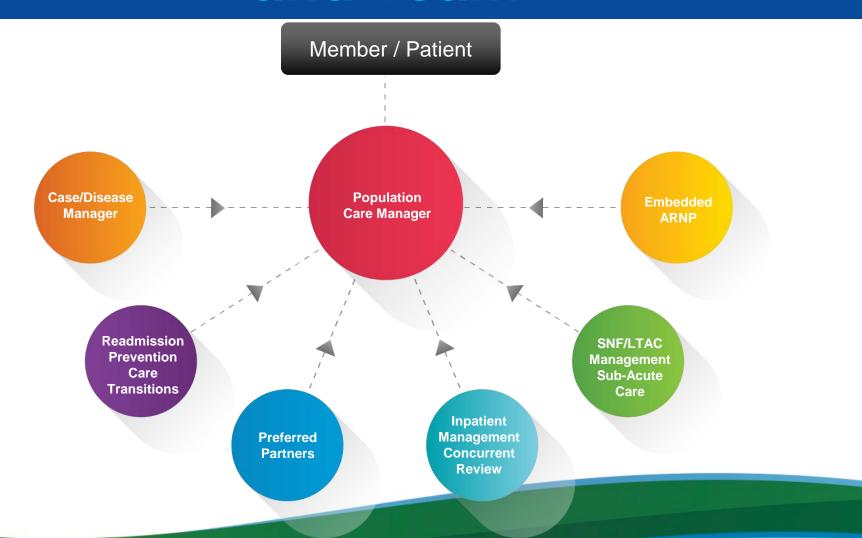


# POD Design and Implementation

**POD Clinical Support by Vicinity** 



# POD Population Care Manager and Team



### **POD Model Success Measures**

Admits/1000

ER Visits/1000

Per member/per month (PM/PM) cost

Pharmacy spend

Stars & HEDIS rates

Contracting trend
Services performed
by preferred
providers (value
based)



Quality results (Stars, HEDIS)

Trend compared to targets and market

Per member/per month (PM/PM) cost compared to target and market

Customer surveys

Target operational satisfaction metrics

# ACA Inpatient Admits, Readmits

#### Admissions

Jan. 2015 Jan. 2016

**93** admits/1,000

**76** admits/1,000

#### Readmission Rates

Jan. 2015 Jan. 2016 11.5% 10.7%

PODs fully implemented Sept. 2015

# CMS Marketplace Forum Care Coordination

UPMC Health Plan
Adam Pittler, MBA Director Consumer Products
Roseanne Degrazia, Associate VP Clinical Affairs *June 9, 2016* 

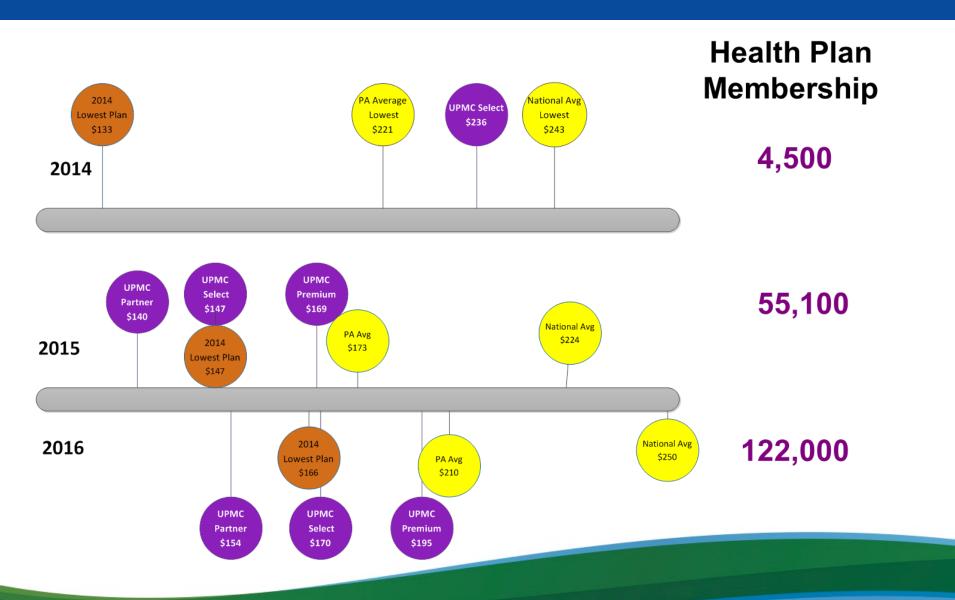




# UPMC's Integrated Delivery and Financing System Approach

- **UPMC Has Been An IDFS Since 1998** We're committed to improving the health of our members and community, implementing cost-effective solutions, creating innovative product offerings, service excellence, and leveraging our unique structure to partner with community providers, our patients, our members, and our purchasers.
- Provider-focused, integrated systems are best positioned to create innovative clinical models that improve care and reduce expenses – the imperative we must embrace in order to thrive in the future.
- Continued support of physicians coupled with investments in our systems and infrastructure enables the ongoing success of our integrated delivery and financing model.
- UPMC, through its Integrated Delivery and Financing System, is partnering with community hospital systems and physicians to create the highest quality, cost effective care to improve the health of the communities we serve.

## **UPMC's Individual Market Experience**



## **UPMC's Individual Market Network Strategy**

### Develop High Quality/Low Cost network options at the local level

#### Premium Network

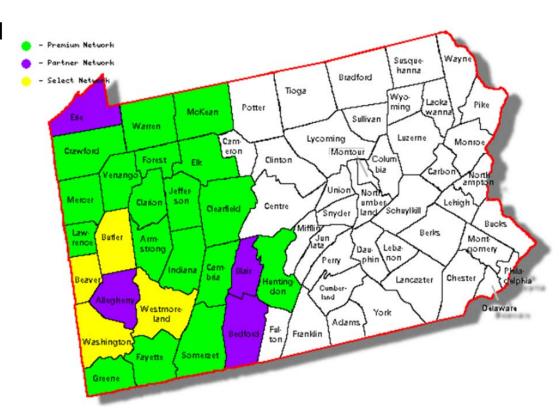
- Traditional Commercial Network
- Full 29 County Service Area

#### Select Network

- UPMC + Local Community Hospitals
- 80%+ Shared
   Savings/PCMH PCPs

#### Partner Network

- UPMC Focused
- Available in counties where UPMC has a hospital presence

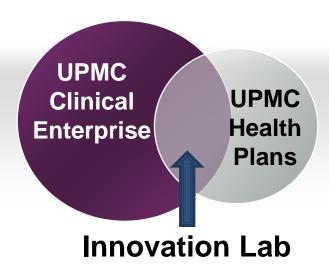


# Aligning Plan and Provider Effectiveness

# Integrated Delivery and Financing System Innovation Lab

### <u>Advantages</u>

- Creates synergistic provider and payer business growth and development strategies
- Combines provider and payer expertise to drive improved outcomes
- Aligns clinical and financial incentives to create value
- Creates administrative efficiencies



## **UPMC Health Plan Medical Home**



# UPMC Continues to Focus on People, Process and Technology to Unleash the Power of an Integrated System

### **Value Network**



### **Right Infrastructure**

- People
- Process
- Technology

### **Right Clinical Model**

- Standardized Protocols & Registries
- Care Transition Programs
- Patient Centered Services
- Chronic Care Management Models
- Lifestyle Coaching & Education

### **Right Consumer/Patient Supports**

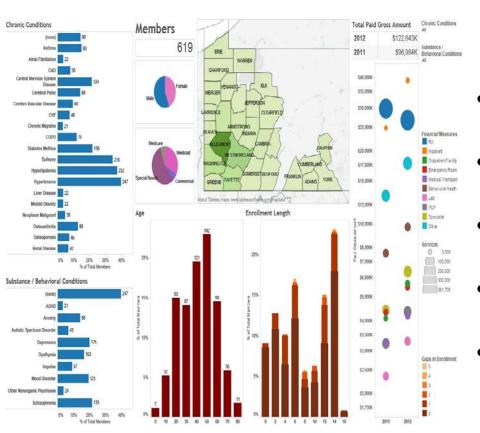
- Consumer Incentives
- Transparency: Cost/Quality
- Shared Decision Support Tools

### **Right Economic Incentives**

- Gainsharing
- Capitation and Bundled Payments
- Care Management Payment
- Performance Payment
- Benefit Designs

Improved
Quality
and
Cost
and
Patient
Experience

# UPMC Health Plan 5th Year of Medical Home Transforming Care Delivery

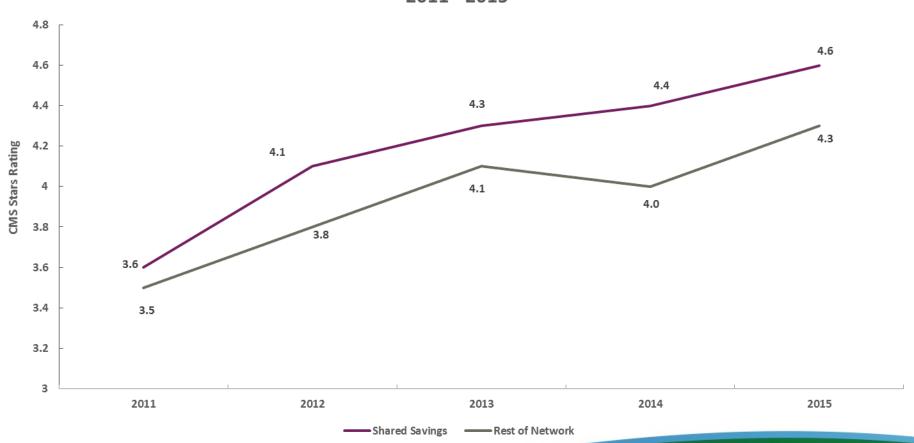


 UPMC Health Plan 422 active sites in Medical Homes

- ~1,000 primary care physicians participating
- Improved care coordination and quality outcomes
- Data and physician report cards drive results
- Integrated primary care and Health Plan coaching teams

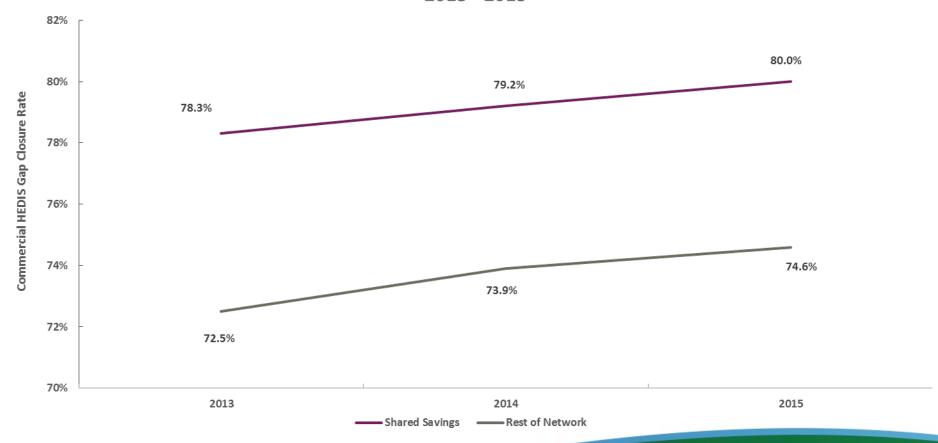
# Shared Savings Quality Trend – Medicare/SNP: 2011-2015

UPMC Health Plan Stars Ratings -Shared Savings Program v. Rest of Network 2011 - 2015



# Shared Savings Quality Trend – Commercial: 2013-2015

UPMC Health Plan Commercial HEDIS Gap Closure Rates -Shared Savings Program v. Rest of Network 2013 - 2015



# Marketplace Population Health and Care Management

# **Improving Strategies for CY16**



# Proactively Identifying this Population Data sources & Risk Factors – continuous stratification using cost experience

## Lifestyle Preferences & Demographics

- Acxiom Marketing Data
- Member Demographic Data

UPMC Doctor's Office Information (EPIC)

**History of Complex Conditions** 

Medipac Data Extraction of Inpatient and ER Encounters at UPMC Facilities

**MARS Data** 

**Pharmacy Utilization** 

Pharmacy weekly claims data

**Prior Medicare Data** 

### 14 medical diagnoses

Cancer	Hemophilia
Hepatitis C	Sickle Cell
HIV	Multiple Sclerosis
Diabetes	Atrial Fibrillation
CHF	Transplant
CKD	Obesity
COPD	Premature delivery

#### 14 medications

Anti-rejection drugs	Hemophilia
Depression combination therapy	Hepatitis C
Polypharmacy DUR meds	Inflammatory bowl disease
Long acting injectable antipsychotics	Multiple sclerosis
Chronic Kidney Disease	Oral chemotherapy
HIV	Sickle cell
> 9 medications	17P (maternity)

# Proactively Identifying this Population

## **Individual Market Model Example:**

What creates the initial& early prediction?

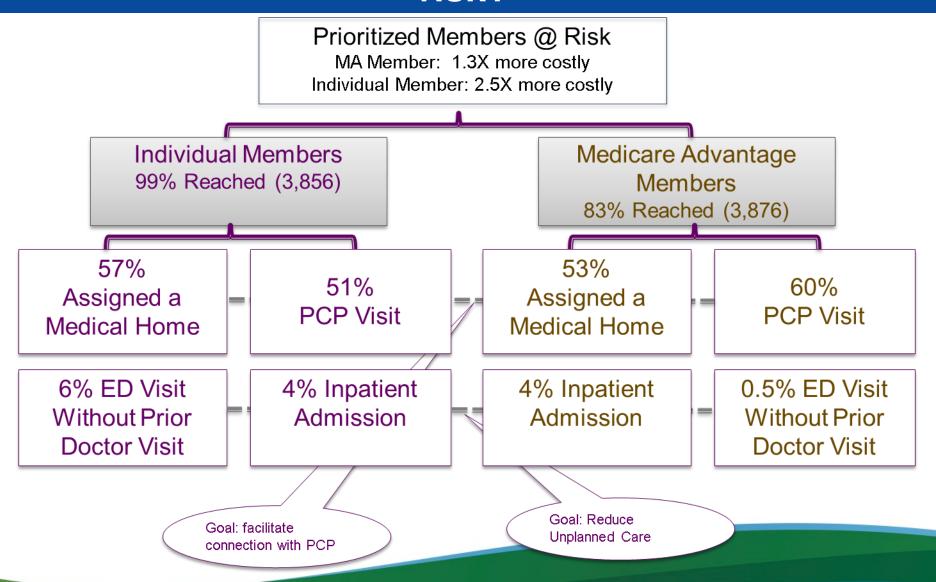
Metal Level	Subsidy	Area Deprivation Index	Product
Geographic Region	Property Type	Length of Residence	Network
Age	Sex	Marital Status	

Risk Categories / Rules

Predicted TCOC Risk Category	% Exchange Population	Median TCOC PMPM
Low	59.4%	\$232.86
Medium	30.9%	\$482.55
High	9.6%	\$733.97

- Validation
  - Vendor Risk Score Model Uses claims data to predict future risk.
  - DOHE new Individual Exchange Member model

# What happened in CY15 with members identified at risk?



## **Project Flashlight**

December 2015 Initial RISK Review of New Individual & Medicare Advantage Product Enrollees

#### CY2016 Individual Product enrollee pool

- Currently indicating higher predicted risk mix than CY2015 enrollee pool with net impact (to-date):
  - 3.7% increase in high risk member share
  - 2.2% increase in medium risk member share
  - 5.8% decrease in low risk member share

Enrollment Period	Enrollees	High Risk	Medium Risk	Low Risk
CY2015 Final	60,562	<b>9.6%</b> (n=5,814)	<b>30.9%</b> (n=18,714)	<b>59.4%</b> (n=35,974)
CY2016 (enrolled-to-date)	18,864	<b>21.3%</b> (n=3,984)	<b>40.7%</b> (n=7,613)	<b>37.5%</b> (n=7,011)

### CY2016 Medicare Advantage Product enrollee pool – Stable Mix

Currently indicating similar predicted risk mix as CY2015 enrollee pool.

Enrollment Period	Enrollees	High Risk	Low Risk
CY2015 Final	NULL	24.9%	75.1%
CY2016 (enrolled-to- date)	6,819	<b>26.7%</b> (n=1,821)	<b>73.3%</b> (n=4,998)

# 2016 New Member Clinical Outreach – Project Flashlight

Total Population Referred \*

(n= 19,906)

Members Outreached 86.7%

(n=17,267)

Members Reached 59.1%

(n=10,211)

Members with Clinical Session 82.7%

(n=8,440)

Members' Problems Solved or Goals Met

81.3%

(n=8,300)

Members with Personal Health

Review

77.0%

(n=7,867)

Members with Unplanned Care Orientation

72.9%

(n=7,441)

Members with Open Cases

7.0%

(n=719)

Members' Declined Coaching Intervention

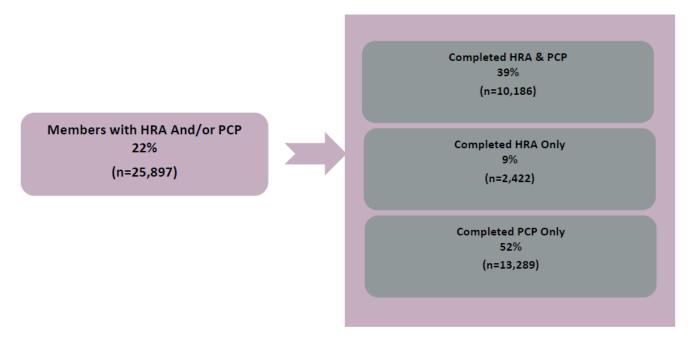
8.0%

(n=818)

<sup>\*</sup> Data as of 5/16/16

# **ACA UPMC Advantage New Member**

22% of total 2016 membership have completed some portion of the incentive



- 45% of 2016 membership targeted by members services has completed an HAS (8,477)
  - 21% (1,780) referred over to HM based on triggers

# Cross Functional Team: New Member Case Referrals

#### Member Services Welcome call

- 5 Q HRA Individual
- Medicare Getting to Know You Survey including 5 Q Predicative HRA questions
- Selecting a PCP

#### Clinical Team

- Provide early intervention and care management assistance.
- Assist member in selecting a PCP and schedule PCP appointments
- Provide a direct point of contact between the Provider, Health Plan and member/caregiver(s)
- "Unplanned Care School"
- Facilitate member engagement into health management & wellness programs
  - ✓ Engage the care coordination team early including the Provider, Case
    Manager, Social Worker to build relationships