



Five Ways to Get Involved in TAG



Adolescent Health: Think, Act, GrowSM (TAG) is a national call to action to improve the health and healthy development of adolescents. TAG is led by the Office of Adolescent Health in the U.S. Department of Health and Human Services. TAG calls upon organizations and individuals working with adolescents to prioritize activities that improve adolescent health, including physical, social, emotional, and behavioral health. Here are 5 ways you and your organization can get involved.

1) Get the News!

Sign up for newsletters

Get the monthly TAG Newsletter on the TAG website:

<http://www.hhs.gov/ash/oah/tag/join.html>

2) Get Social!

Follow TAG news on social media

- Find OAH on Twitter @TeenHealthGov
- Follow and use #TAG42Mil

3) Get Talking!

Share information about TAG

- Share information about TAG with your friends and colleagues. Ideas for newsletters, Facebook and blogposts, and tweets can be found in our TAG Toolkit:
http://www.hhs.gov/ash/oah/tag/toolkit/tag_toolkit.pdf
- Present TAG at a staff or coalition meeting. Visit our website to download the slide deck:
http://www.hhs.gov/ash/oah/tag/toolkit/tag_stakeholder_info_slides.pdf

4) Get Active!

Take Action to improve adolescent health

TAG offers many ideas for actions different organizations and individuals (Families and Teens) can take to improve adolescent health.

- For Professionals: <http://www.hhs.gov/ash/oah/tag/for-professionals/>
- For Families: <http://www.hhs.gov/ash/oah/tag/for-families.html>
- For Teens: <http://www.hhs.gov/ash/oah/tag/for-teens.html>

5) Get Sharing!

Share your successful strategies for improving adolescent health.

We'll feature examples of successful strategies in our newsletters and on our website. Visit our TAG in Action section to read about some recently featured programs:

<http://www.hhs.gov/ash/oah/tag/in-action/>

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