What Have You Done for Me Lately?
How the Affordable Care Act Improves Expectant and Parenting Youth's Access to Health Care

Prepared and Presented by Healthy Teen Network

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Session Presenters

Healthy Teen Network

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Healthy Teen Network

MAKING A DIFFERENCE IN THE LIVES
OF TEENS AND YOUNG FAMILIES

- ✓ Networking & information sharing
- ✓ Research & evaluation
- ✓ Capacity-building assistance
- ✓ Public policy

National membership organization focused on adolescent sexual & reproductive health

Webinar Protocols

- Attendees are in listen-only mode.
- Questions will be answered during designated breaks throughout the broadcast.
- Participants may post questions or comments throughout the presentation in the webinar chat feature.
- Lines will open for participant discussion and additional Q&A after conclusion of presentation.

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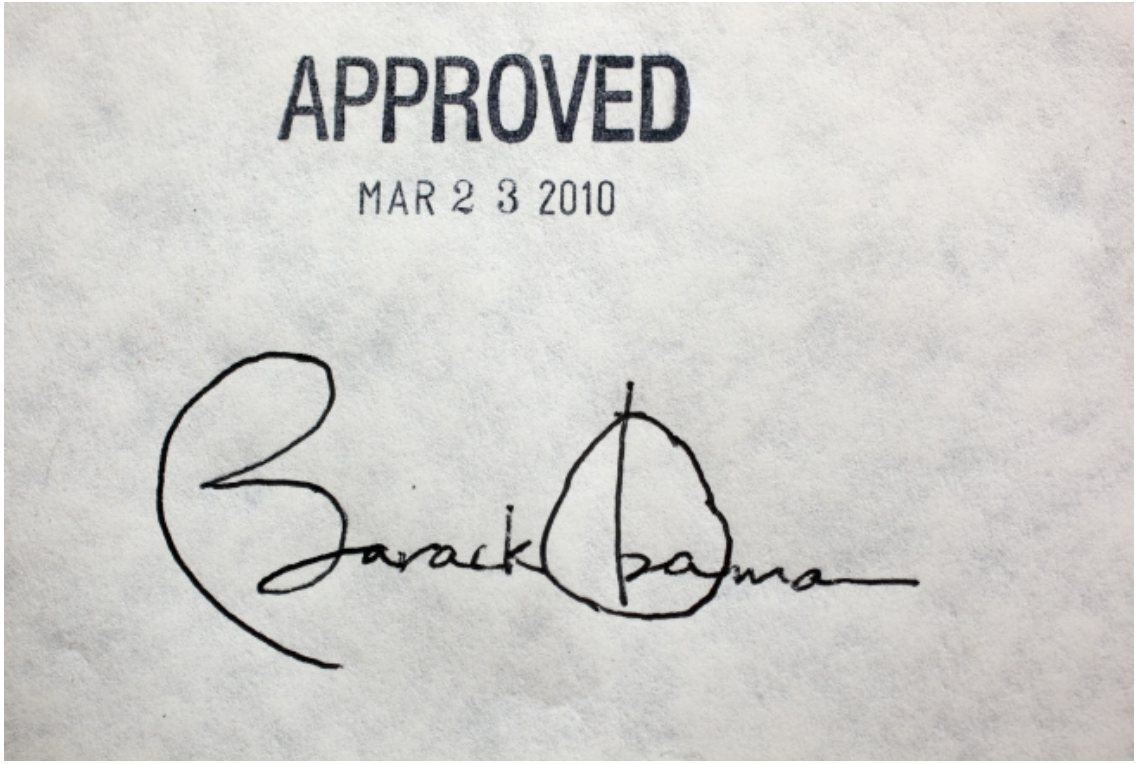
Patient Protection and Affordable Care Act



President Barack Obama's signature on the health insurance reform bill at the White House, March 23, 2010.

(Official White House Photo by Chuck Kennedy)

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Affordable Care Act

The Patient Protection and Affordable Care Act of 2010 established a wide variety of provisions to increase Americans' access to affordable, accessible, and high-quality health care.

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Objectives

By the conclusion of the webinar, participants will be able to:

1. Identify at least three ACA provisions pertinent to expectant and parenting youth and their children.
2. Describe the status of implementation of ACA's maternal and child health, sexual and reproductive health, and health insurance coverage provisions.

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Objectives (cont.)

3. Inform expectant and parenting youth and their families about health care resources and services available to them.
4. Identify at least two tools that can be used to learn more about the Affordable Care Act.

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Assumptions

1. “Expectant and Parenting Youth” includes adolescents and young adults, males and females.
2. We are concerned about health care of parents AND children.
3. Expectant and parenting youth cross racial and ethnic groups and socioeconomic statuses.

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Assumptions (cont.)

4. Some expectant and parenting youth remain connected to their adult parents/caregivers; others do not.
5. Providers of services to expectant and parenting youth have a responsibility to connect young people to health care AND to prepare them for health insurance in adulthood.

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ACA Maternal & Child Health Provisions

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Home Visiting Program

- Maternal, Infant, and Early Childhood Home Visiting Program (MIECHV)
  - $1.5 Billion over 5 years.
  - Support pregnant women and parents with young children under 5.
  - Grantees must develop and implement voluntary, evidence-based home visiting programs using models that are proven to improve child health and to be cost effective.
  - Local agencies provide services.

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Chat

Why is the Maternal, Infant, and Early Childhood Home Visiting Program (MIECHV) particularly relevant for expectant and parenting youth?

Home Visiting Program

- Improves child and family outcomes
  - Home safety
  - Infant-parent attachment
  - Parent understanding of child development

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- Connect, Collaborate & Refer!
  - Reach out to state and tribal MIECHV administrators.
  - Connect with local home visiting projects to establish referral arrangements.
  - Refer expectant and parenting youth to home visiting services.

Home Visiting Program

- To learn more about MIECHV, visit:
  - http://mchb.hrsa.gov/programs/homevisiting/.

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Who needs to know about MIECHV?

- Ms. Griffin, LCSW
- Jade, Aaron and Kai

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Poll

What's the best way to share information with local agencies about the Maternal, Infant, and Early Childhood Home Visiting Program?

1. Email
2. Phone call
3. In-person meeting
4. Webinar
5. Tip Sheet

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Essential Health Benefits (EHB)

- Health care items and services, such as:
  - Maternity care
  - Newborn care
  - Pediatric services
  - Prescriptions
  - Hospitalization
  - Mental and behavioral health treatment

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Poll

How would you educate young families about health insurance and Essential Health Benefits?

1. Embed information in a life skills class
2. Hang posters that list examples of EHBs
3. Send text messages about health insurance eligibility and EHBs
4. Create a teen-friendly mobile app
5. Host a lunch n' learn and share information

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Learn more at HHS

- http://www.hhs.gov/iea/acaresources/
- http://www.cms.gov/CCIIO/Resources/Fact-Sheets-and-FAQs/ehb-2-20-2013.html

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Preventive Health Services

- An essential health benefit
- The insurer pays the full cost of preventive services.

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Preventive Health Services

- http://www.hhs.gov/healthcare/facts/factsheets/2010/07/preventive-services-list.html#CoveredPreventiveServicesforWomenIncludingPregnantWomen

Preventive Health Services

- PAP smears and pelvic examinations
- HPV DNA testing for women 30 years of age and older
- STI and HIV screening and counseling
- FDA-approved contraceptive methods
- Contraceptive counseling

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Preventive Health Services

- Breastfeeding support, supplies, and counseling
- Interpersonal violence screening and counseling
- Depression screening for adolescents
- Developmental screening for children under age 3

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Chat

How did the Fair Labor Standards Act change due to the implementation of ACA?

Fair Labor Standards Act

- Employers must provide reasonable break time for an employee to express milk for her nursing child up to one year after the child's birth
- Requires employers to provide a place, other than a bathroom, that is shielded from view and free from intrusion

Nursing Mothers

- Fair Labor Standards Act, Department of Labor http://www.dol.gov/whd/nursingmothers
- Break Time for Nursing Mothers Employee Rights Card http://www.dol.gov/whd/FLSAEmployeeCard/BreaktimeNursingMothers.pdf

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Nursing Mothers

Photo credit: http://www.womenshealth.gov/breastfeeding/employer-solutions/common-solutions/milk-handling.php

Supporting Nursing Moms at Work: Employer Solutions

http://www.womenshealth.gov/breastfeeding/employer-solutions/index.php

- Privacy
- Storage
- Dedicating space (permanent & mobile)

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ACA Sexual and Reproductive Health Provisions

- Insurers must cover all FDA-approved methods of contraception
- June 30, 2014- *Burwell v. Hobby Lobby* ruling

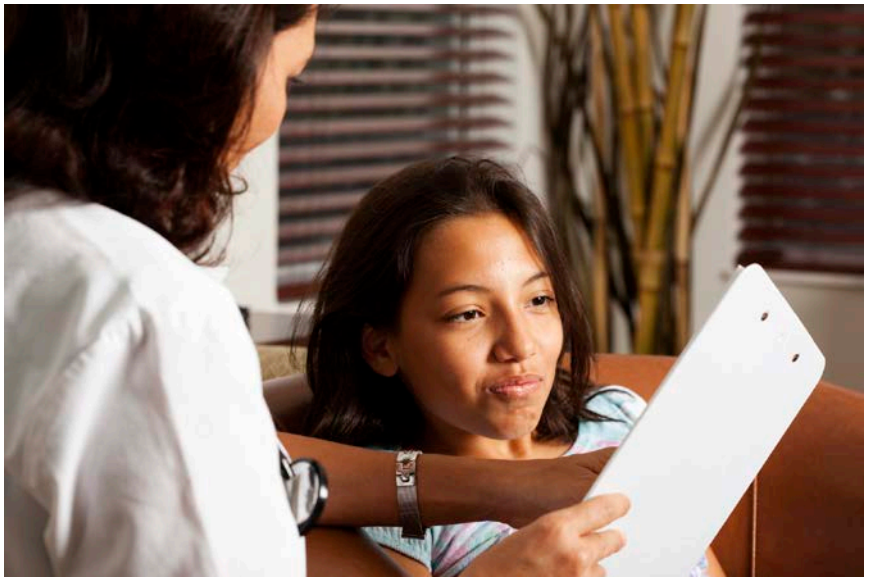

Photo Credit: Michael Jay, Michael Jay Photography

Poll

What should Ms. Griffin say to Jade and Aaron about paying for immunizations?

1. They are putting the public at risk for not immunizing.
2. Kai's immunizations are covered under the ACA.
3. They could be accused of neglect if they don't immunize Kai.

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Medicaid Family Planning Expansion

- ACA extends Medicaid eligibility for family planning and family planning related services to individuals with incomes up to 200 percent of the Federal Poverty Level (FPL).
- State's status on the Medicaid family planning expansion option can be found at

  http://www.guttmacher.org/statecenter/spibs/spib_SMFPE.pdf

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Medicaid and Child Coverage

- ACA requires states to cover **children up to age 19** with family incomes below 133 percent of Federal poverty

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Medicaid Expansion

- 26 states and District of Columbia are **expanding** Medicaid
- 3 states are still **considering** Medicaid expansion
- 21 states are **not considering** Medicaid expansion in 2014.
  - http://kff.org/health-reform-state-indicator/state-activity-around-expanding-medicaid-under-the-affordable-care-act.

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Medicaid Expansion

- Not all early families are eligible for traditional Medicaid.
- Expanded Medicaid would enable parenting youth enrolled in traditional Medicaid to stay in the program as their incomes grow.

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Medicaid Expansion

- To learn more about state efforts to expand Medicaid, visit:
  - http://www.cbpp.org/cms/index.cfm?fa=view&id=3819.

Health Insurance Marketplace

- ACA establishes access to health insurance coverage for individuals and families not able to obtain insurance through other public or private sources.
- Where individuals can shop for and purchase insurance coverage.

Health Insurance Marketplace

- Individuals may access the health insurance marketplace by web, by phone, by mail, or in person

  http://www.healthcare.gov

- The next open enrollment period for purchasing insurance through the marketplace begins November 15, 2014.

Health Insurance Marketplace

- The marketplace remains open for:
  - Individuals applying for Medicaid or CHIP
  - Individuals with qualifying life events, including birth of a child.

Health Insurance Marketplace

- PAF providers should include health insurance education in life skills education and counseling of their young people.
  - http://marketplace.cms.gov/help-us/2-partner-with-us.html

Young Adult Coverage

- Private health insurers that offer dependent coverage must cover young adult "dependents" up to age 26.
- **Insurers are not required to cover the children of young adults being carried on their parents' plan.**

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Poll

What could Aaron do to obtain health insurance?

1. Purchase health insurance via the marketplace
2. Determine if he qualifies for Medicaid (his state expanded Medicaid)
3. Determine if he can be added to one parents' health plan
4. All of the above
5. None of the above

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Young Adult Coverage

- Children emancipating from foster care at the state's upper age limit for foster care and who were enrolled in Medicaid at the time of their emancipation are permitted to remain in Medicaid up to age 25, or to return to Medicaid prior to turning age 26.

Summary

Most important things to remember:

1. Established funding for programs
2. Requires insurers to cover preventative health care
3. Provides several mechanisms for insurance coverage

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Discussion

What additional questions do you have regarding the ACA?

What lessons learned would you like to share with colleagues?

Summary of ACA Provisions Discussed

1. Home Visiting Program
2. Essential Health Benefits
3. Preventive Health Services
4. FLSA Nursing Mothers Provision
5. Contraception Requirement
6. Medicaid Family Planning Expansion

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Summary of ACA Provisions Discussed

7. Personal Responsibility Education Program
8. Medicaid Child Coverage
9. Medicaid Expansion
10. Health Insurance Marketplace
11. Young Adult Coverage

Feedback

https://www.surveymonkey.com/s/DN3Y6GR

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Thank you!

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