What Have You Done for Me Lately?
How the Affordable Care Act Improves Expectant and Parenting Youth’s Access to Health Care

Prepared and Presented by Healthy Teen Network
July 16, 2014
Session Presenters

Deborah Chilcoat, M.Ed.
Senior Training & Technical Assistance Manager

Bob Reeg, MPA
Program Development & Public Policy Consultant
Healthy Teen Network

MAKING A DIFFERENCE IN THE LIVES OF TEENS AND YOUNG FAMILIES

Networking & information sharing
Research & evaluation
Capacity-building assistance
Public policy

National membership organization focused on adolescent sexual & reproductive health
Webinar Protocols

• Attendees are in listen-only mode.
• Questions will be answered during designated breaks throughout the broadcast.
• Participants may post questions or comments throughout the presentation in the webinar chat feature.
• Lines will open for participant discussion and additional Q&A after conclusion of presentation.

(Official White House Photo by Chuck Kennedy)
The Patient Protection and Affordable Care Act of 2010 established a wide variety of provisions to increase Americans’ access to affordable, accessible, and high-quality health care.
By the conclusion of the webinar, participants will be able to:

1. Identify at least three ACA provisions pertinent to expectant and parenting youth and their children.

2. Describe the status of implementation of ACA’s maternal and child health, sexual and reproductive health, and health insurance coverage provisions.
3. Inform expectant and parenting youth and their families about health care resources and services available to them.

4. Identify at least two tools that can be used to learn more about the Affordable Care Act.
1. “Expectant and Parenting Youth” includes adolescents and young adults, males and females.

2. We are concerned about health care of parents AND children.

3. Expectant and parenting youth cross racial and ethnic groups and socioeconomic statuses.
4. Some expectant and parenting youth remain connected to their adult parents/caregivers; others do not.

5. Providers of services to expectant and parenting youth have a responsibility to connect young people to health care AND to prepare them for health insurance in adulthood.
• Maternal, Infant, and Early Childhood Home Visiting Program (MIECHV)
  • $1.5 Billion over 5 years.
  • Support pregnant women and parents with young children under 5.
  • Grantees must develop and implement voluntary, evidence-based home visiting programs using models that are proven to improve child health and to be cost effective.
  • Local agencies provide services.
Why is the Maternal, Infant, and Early Childhood Home Visiting Program (MIECHV) particularly relevant for expectant and parenting youth?
Home Visiting Program

• Improves child and family outcomes
  • Home safety
  • Infant-parent attachment
  • Parent understanding of child development
Connect, Collaborate & Refer!

- Reach out to state and tribal MIECHV administrators.
- Connect with local home visiting projects to establish referral arrangements.
- Refer expectant and parenting youth to home visiting services.
• To learn more about MIECHV, visit:
Who needs to know about MIECHV?

- Ms. Griffin, LCSW
- Jade, Aaron and Kai
Poll

What’s the best way to share information with local agencies about the Maternal, Infant, and Early Childhood Home Visiting Program?

1. Email
2. Phone call
3. In-person meeting
4. Webinar
5. Tip Sheet
Essential Health Benefits (EHB)

- Health care items and services, such as:
  - Maternity care
  - Newborn care
  - Pediatric services
  - Prescriptions
  - Hospitalization
  - Mental and behavioral health treatment
How would you educate young families about health insurance and Essential Health Benefits?

1. Embed information in a life skills class
2. Hang posters that list examples of EHBs
3. Send text messages about health insurance eligibility and EHBs
4. Create a teen-friendly mobile app
5. Host a lunch n’ learn and share information
• http://www.hhs.gov/iea/acaresources/
Preventive Health Services

- An essential health benefit
- The insurer pays the full cost of preventive services.
Preventive Health Services

• PAP smears and pelvic examinations
• HPV DNA testing for women 30 years of age and older
• STI and HIV screening and counseling
• FDA-approved contraceptive methods
• Contraceptive counseling
Preventive Health Services

- Breastfeeding support, supplies, and counseling
- Interpersonal violence screening and counseling
- Depression screening for adolescents
- Developmental screening for children under age 3
How did the Fair Labor Standards Act change due to the implementation of ACA?
Employers must provide reasonable break time for an employee to express milk for her nursing child up to one year after the child’s birth.

Requires employers to provide a place, other than a bathroom, that is shielded from view and free from intrusion.
• Fair Labor Standards Act, Department of Labor
  http://www.dol.gov/whd/nursingmothers

• Break Time for Nursing Mothers Employee Rights Card
  http://www.dol.gov/whd/FLSAEmployeeCard/BreaktimeNursingMothers.pdf
Supporting Nursing Moms at Work: Employer Solutions


- Privacy
- Storage
- Dedicating space (permanent & mobile)
Insurers must cover all FDA-approved methods of contraception

June 30, 2014—Burwell v. Hobby Lobby ruling

Photo Credit: Michael Jay, Michael Jay Photography
What should Ms. Griffin say to Jade and Aaron about paying for immunizations?

1. They are putting the public at risk for not immunizing.

2. Kai’s immunizations are covered under the ACA.

3. They could be accused of neglect if they don’t immunize Kai.
ACA extends Medicaid eligibility for family planning and family planning related services to individuals with incomes up to 200 percent of the Federal Poverty Level (FPL).

State’s status on the Medicaid family planning expansion option can be found at

http://www.guttmacher.org/statecenter/spibs/spib_SMFPE.pdf
ACA requires states to cover **children up to age 19** with family incomes below 133 percent of Federal poverty.
• 26 states and District of Columbia are **expanding** Medicaid
• 3 states are still **considering** Medicaid expansion
• 21 states are **not considering** Medicaid expansion in 2014.
• Not all early families are eligible for traditional Medicaid.
• Expanded Medicaid would enable parenting youth enrolled in traditional Medicaid to stay in the program as their incomes grow.
To learn more about state efforts to expand Medicaid, visit:

• ACA establishes access to health insurance coverage for individuals and families not able to obtain insurance through other public or private sources.

• Where individuals can shop for and purchase insurance coverage.
• Individuals may access the health insurance marketplace by web, by phone, by mail, or in person

http://www.healthcare.gov

• The next open enrollment period for purchasing insurance through the marketplace begins November 15, 2014.
• The marketplace remains open for:
  • Individuals applying for Medicaid or CHIP
  • Individuals with qualifying life events, including birth of a child.
• PAF providers should include health insurance education in life skills education and counseling of their young people.

Private health insurers that offer dependent coverage must cover young adult “dependents” up to age 26.

Insurers are not required to cover the children of young adults being carried on their parents’ plan.
What could Aaron do to obtain health insurance?

1. Purchase health insurance via the marketplace
2. Determine if he qualifies for Medicaid (his state expanded Medicaid)
3. Determine if he can be added to one parents’ health plan
4. All of the above
5. None of the above
Young Adult Coverage

- Children emancipating from foster care at the state’s upper age limit for foster care and who were enrolled in Medicaid at the time of their emancipation are permitted to remain in Medicaid up to age 25, or to return to Medicaid prior to turning age 26.
Most important things to remember:
1. Established funding for programs
2. Requires insurers to cover preventative health care
3. Provides several mechanisms for insurance coverage
What additional questions do you have regarding the ACA?

What lessons learned would you like to share with colleagues?
Summary of ACA Provisions Discussed

1. Home Visiting Program
2. Essential Health Benefits
3. Preventive Health Services
4. FLSA Nursing Mothers Provision
5. Contraception Requirement
6. Medicaid Family Planning Expansion
7. Personal Responsibility Education Program
8. Medicaid Child Coverage
9. Medicaid Expansion
10. Health Insurance Marketplace
11. Young Adult Coverage
Feedback

https://www.surveymonkey.com/s/DN3Y6GR
Thank you!

Healthy Teen Network

• Deborah Chilcoat, M.Ed.
  - Senior Training and Technical Assistance Manager, Deborah@HealthyTeenNetwork.org

• Bob Reeg, MPA
  - Program Development and Public Policy Consultant, Bob@HealthyTeenNetwork.org

• Healthy Teen Network
  http://www.HealthyTeenNetwork.org