

A WORD FROM THE EXPERTS

Project IMAGE

Interviews with Developers of Evidence-Based Programs for Teen Pregnancy Prevention



This webinar was developed by Child Trends under contract number GS-10F-0030R for the Office of Adolescent Health; U.S. Department of Health and Human Services as a technical assistance product for use with OAH grant programs.

Inclusion on the HHS Teen Pregnancy Prevention Evidence Review does not indicate HHS or OAH endorsement of a program model.



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Program goals :

Prevention of

- STI/HIV
- Substance use
- Unintended pregnancy
- Interpersonal violence

Key components:

- STI/HIV
- Substance use
- Pregnancy
- Interpersonal violence

Target population:

- Adolescent females

Delivery methods:

- **Workshops** (two 3-4 hours workshops)
 - 4-8 girls
 - Presentations, activities, videos and discussions (*no internet needed*)
 - Led by trained facilitator: counselor, nurse or health educator
- **Support Groups** (3 groups, 1.5-2 hours each)
 - 4-8 girls
 - Motivational interviewing approach to address topics such as interpersonal relationships, contraceptive use, and health risk behaviors.
 - Led by trained facilitator: counselor or nurse
- **Individual Counseling** (2 or more sessions)
 - Initiated by the participant and focused on their expressed needs
 - Conducted by a trained facilitator: counselor or nurse

■ Study #1

- ✓ Population: African- and Mexican-American adolescent females ages 14-18 years who are sexually active
- ✓ Findings: Reduction in STI, unintended pregnancy, substance use and interpersonal violence over 6 and 12 months follow-ups



- **Evaluated populations**

- E.g., females, African-and Mexican-American, low-income, English-speaking, LGBT, urban/inner city



- **Target populations**

- E.g., female, African-and Mexican-American, low-income, English-speaking, LGBT, urban/inner city

- **Evaluated settings**
 - Metropolitan health clinics
- **Other settings**
 - Primary care-based clinic



■ Potential adaptations

○ Settings

- School based clinics
- Cultural relevance
- Non-Hispanic White

○ Language

- Spanish-speaking

○ Target population

- Other female



Note: TPP grantees must obtain prior approval from OAH for any adaptations.

■ Staffing considerations

○ Number

- 1-2 facilitators for conduct of the workshops, support groups, individual counseling

○ Experience/background

- Sexual health promotion

○ Required/recommended skills

- Support group/Individual counseling

■ Training considerations

○ Under development



■ Common challenges

- Collaboration with multiple providers for coordination of referrals and services

■ Strategies for success

- Community health organizational support
- Facilitators with relevant expertise for program implementation
- Protocols for referral and coordination of services



- Recent or planned curriculum revisions
 - Rural primary care-based sexual health promotion
- Will be published by ETR and released in the spring.

- **HHS Teen Pregnancy Prevention Evidence Review**
 - <http://tppevidencereview.aspe.hhs.gov/>
- **Link to implementation report**
 - <http://tppevidencereview.aspe.hhs.gov/document.aspx?rid=3&sid=150&mid=1>
- **Link to distributor's website**
 - <http://www.etr.org/ebi/programs/project-image/>
- **To ask questions**
 - <http://programsupport.etr.org/>

Thank you!

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PROJECT IMAGE
Good Evidence –Risk Reduction

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