A WORD FROM THE EXPERTS

Prime Time
Interviews with Developers of Evidence-Based Programs for Teen Pregnancy Prevention
This webinar was developed by Child Trends under contract #GS-10F-0030R for the Office of Adolescent Health; US Department of Health and Human Services as a technical assistance product for use with OAH grant programs.
Inclusion on the HHS Teen Pregnancy Prevention Evidence Review does not indicate HHS or OAH endorsement of a program model.
Prime Time

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Prime Time

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Program Description

Program Goals
- Reduce precursors of teen pregnancy including sexual risk behavior & school disconnection

Target Population
- Adolescent girls at increased risk for pregnancy & STI

Key Components
- 1-on-1 case management
  - Monthly contact for 18 months
  - Client-centered counseling style guided by PYD principles
- Peer educator groups
  - 16-session training + 7-session group practicum
  - Interactive peer-to-peer education methods
## Previous Evaluation Results*

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<th>12 months post-enrollment</th>
<th>18 months post-enrollment</th>
<th>24 months post-enrollment</th>
<th>30 months post-enrollment</th>
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<td>Hormonal consistency</td>
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<td>Attending college or technical school</td>
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*See slide 15 for study reference.
Target Population

- Evaluated Population
  - Sexually active teen girls at high risk for early pregnancy
    - Ages 13-17
    - Racially diverse: 41% Black, 12% Hispanic, 12% Asian, 11% White, 3% Native American, 21% mixed
    - Met ≥ 1 risk criteria: (-)UPT, risky sexual behaviors, violence involvement, school disengagement

- Target Populations
  - Sexually active teen girls meeting specific risk criteria for early pregnancy and/or sexually transmitted infections
Settings

- **Evaluated Settings**
  - Teens enrolled from urban community & school-based clinics (Minneapolis & St. Paul, MN)

- **Other Settings**
  - School & community settings in which teens have ready access to youth-friendly sexual & reproductive health services
Potential Adaptations

- **Settings**
  - Places offering ready access to youth-friendly sexual/reproductive health services

- **Language**
  - Languages other than English

- **Target population**
  - Sexually active teen girls at high risk for early pregnancy

- **Other**
  - 7 session peer educator teaching practicum

Note: TPP grantees must obtain prior approval from OAH for any adaptations.
Staffing Considerations

- Program coordinator
  - Ongoing clinical supervision & support

- Case managers
  - Experienced with diverse groups
  - Individual caseloads of 25 teens

Training

- U of MN provides train-the-trainer support
  - Pre-service training
  - Booster trainings & ongoing technical assistance
Challenges & Strategies for Success

- **Challenges**
  - Engaging & working with vulnerable groups of youth

- **Strategies for Success**
  - Recognize various levels of “readiness to engage”
  - Establish trusting relationships
  - Meet in convenient locations &/or provide transportation
  - Value of mixed-age peer educator groups
  - Employ restorative practices vs expulsion
  - Payment for peer educator contacts
Planned Revisions

- Possible additions to the program
  - Tool for tailoring length of case management
  - Peer educator sessions on sexual violence prevention
Additional Resources

- HHS Teen Pregnancy Prevention Evidence Review
  - [http://tppevidencereview.aspe.hhs.gov/](http://tppevidencereview.aspe.hhs.gov/)
- Link to implementation report
- Link to developer’s website
Evaluation references


Thank you!

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