A WORD FROM THE EXPERTS

It’s Your Game
Interviews with Developers of Evidence-Based Programs for Teen Pregnancy Prevention
This webinar was developed by Child Trends under contract #GS-10F-0030R for the Office of Adolescent Health; US Department of Health and Human Services as a technical assistance product for use with OAH grant programs.
Inclusion on the HHS Teen Pregnancy Prevention Evidence Review does not indicate HHS or OAH endorsement of a program model.
It’s Your Game

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Co-developer, It’s Your Game…Keep it Real
Program goals:
- Healthy decision making
- Healthy relationships
- Abstinence from sexual behavior
- Risk reduction

Target population:
- Urban middle school youth, ages 12-14 years

Key components:
- 7th and 8th grade curricula
- 12 lessons each grade level
- Classroom and computer lessons

Delivery methods:
- Classroom activities (role plays, discussions)
- Journaling
- Individualized computer lessons
Previous evaluation results

- **Study #1**
  - Population: Urban school district, predominantly African-American and Hispanic
  - Findings: Delayed any type of sex (combined measure of oral, vaginal, and anal sex); reduced frequency of sex

- **Study #2**
  - Population: Urban school district, predominantly African-American and Hispanic
  - Findings: Delayed any type of sex (combined measure of oral, vaginal, and anal sex); reduced frequency of sex, reduced unprotected sex without a condom
Target population

- Evaluated populations
  - Urban middle school youth in the 7th grade, primarily Hispanic and African-American youth

- Target populations
  - Urban middle school youth in 7th and 8th grade, ages 12-14 years
Settings

- Evaluated settings
  - Middle schools

- Other settings
  - After-school programs
  - Health clinics
  - Community-based organizations
Potential adaptations

- Lessons can be delivered to any schedule that works best for the school setting/setting within a 4-month time period.
- Name and pictures can be changed to be more reflective of the target population.
- For sites unable to meet the required implementation format for the computer component:
  - Teachers/facilitators must assign the computer lessons as homework and then administer the associated lesson quiz (*this is a yellow light adaptation and should only be used as a last resort*).

Note: TPP grantees must obtain prior approval from OAH for any adaptations.
Staffing and training considerations

- **Staffing considerations**
  - IYG training required
  - Teaching experience
  - Comfortable discussing sexual health

- **Training considerations**
  - Required training conducted by certified UT Health training staff
  - Training of Trainers (TOT) available
  - Contact developers for cost information
Challenges and strategies for success

- Common challenges
  - Maintaining support for program
  - Teachers completing training
  - Logistics of implementation planning (large class size, mixed grade levels within classes)

- Strategies for success
  - Presentations to key stakeholders
  - Incentives and resources for teacher training
  - Begin planning early for implementation logistics
Recent or planned curriculum revisions

- The Reel World serial in the computer lessons was re-filmed to enhance the quality of the videos (now in HD) and update the look and content of the stories. (September 2014)
Additional resources

- **HHS Teen Pregnancy Prevention Evidence Review**
  - [http://tppevidencereview.aspe.hhs.gov/](http://tppevidencereview.aspe.hhs.gov/)

- **Link to implementation report**

- **Link to developer’s website**
  - [http://www.itsyourgame.org](http://www.itsyourgame.org)
Thank you!

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