OAH/CDC TPP: Integrating Services, Programs, and Strategies through Community-wide Initiatives

The Missing Link:
Leveraging Community Resources to Increase Utilization of Contraception Among Teens to Enhance Your Pregnancy Prevention Project Outcomes

The Third Annual Teen Pregnancy Prevention Grantee Conference: Ready, Set, Sustain: Continuing our Success

May 21, 2013
2:30-5:30 pm

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Dawn Middleton, Project Director CDC TPP
Cicatelli Associates Inc. (CAI)
Workshop Objectives

- Establish a rationale for leveraging existing resources to link youth to contraceptive and reproductive health care.

- Identify evidence-based/informed strategies for linking youth to contraceptive and reproductive health care.

- Identify the evidence-based contraceptive and sexual health services available and recommended to adolescents.

- Identify participant-specific opportunities to utilize available resources to link youth to care.
Why link teens to contraceptive and reproductive health care?
Contraception Reduces Teen Pregnancy

- Declines in teen pregnancy
  - 86% of the decline is due to increased use of contraception
  - 14% is due to a decreased percent of teens who ever had sex

Contraception Reduces Teen Pregnancy

• Among teens who become pregnant
  – About half are due to non-use of contraception
  – About half are due to contraceptive failure
    • Failure of contraceptive method
    • Failure to use contraceptives correctly and consistently

Highly Effective Contraception Reduces Teen Pregnancy

• If we were able to shift sexually active young women by even 15% toward better use of contraception, unplanned pregnancy and abortion would fall by 27%

www.thenationalcampaign.org/Bedsider/PDF/status-check-FINAL.pdf
Promising Practices

CDC/DASH Project Connect
CDC/DASH Project Connect

• Implemented in middle and high schools in California

• Designed to increase access to, and utilization of, reproductive health care services

• Established “teen friendly” community-based reproductive health care network assigned to each participating school
CDC/DASH Project Connect

• Created comprehensive referral materials, with student input, listing “teen friendly” community-based health care providers.

• Trained school nurses to use referral materials and link adolescents to care.
CDC/DASH Project Connect - Results

• Significant increase in the number of adolescents who:
  – Received health care in the last year
  – Tested for sexually transmitted infections and HIV
Promising Practices

NYC DOH
Bronx Teens Connection (BxTc)
Bronx Teens Connection (BxTc)

- Health Centers are “linked” with a YSO, CBO, or School
- Health Educators, employed by health center:
  - Spend part of their time in the health center
  - Spend a designated amount of time within their “linked” organization
- Each “linked” YSO, CBO, or School has a designated health center “Site Liaison”
Clinic Linkage Model

School ➔ Clinic

- Provide a confidential space for the health educator
- Allow health educator to present in both classrooms and large school gatherings
- Advertise and promote health educator and clinic services
- RTR Lesson 8: Clinic Field Trip

Clinic ➔ School

- Provide a health educator to:
  - Conduct presentations promoting clinic SRH services.
  - Meet one on one with students
  - Conduct condom demo and provide condoms
  - Provide information on contraceptive options and SRH
  - Co-facilitate RTR lesson 8: Clinic trip
  - Schedule expedited appointments or make referrals to clinic
Linked with EBI in Schools

• Class trip to partnering clinics with RTR teacher
• Facilitated by health educator
• Scheduled with curriculum lesson 8, “A visit to the clinic.”
• As part of the visit, youth can:
  – Become familiar with the clinic
  – Meet clinic staff
  – Understand registration process and requirements
  – See exam rooms
  – Ask questions
  – Register for the clinic or schedule an appointment if needed
BxTc – Materials and Resources

• Teens in NYC Guide
  – Comprehensive list of “Teen Friendly” contraceptive and reproductive health care providers
  – Gold Start Health Care Providers

• Provide services regardless of a teen’s ability to pay or at low cost ( $15)

• Ensure confidentiality
Bronx Teens Connection (BxTc)

Evaluation of Linkage Model

Clinic  ➔  School

- **Health Educator**
  - Successful linkage
  - RTR lesson 8: Clinic Visit

**Clinic**
- Number of clients from linked school [Clinic Card]
- Number of clients seen, visits, services rendered each month [Monthly Clinic Indicators]
- Feedback from clinic staff during TA Visits [Informal]

**School**
- Health Educator contact with students [Tracking sheet]
- Student knowledge, behavior and attitudes about SRH [RTR student surveys]
- Teacher feedback on clinic visits and linkages [RTR implementation logs; Feedback during technical assistance visits]
Promising Practices

APPCNC
Teen Health Advocate (THA)
Teen Health Advocate (THA)

• A master’s level staff person is located at the Teen Wellness Centers (TWC)
• Meets with all adolescent clients after health care visit
• Link youth from YSOs and CBOs to the Teen Wellness Center
THA – Roles and Responsibilities

• Participate in health center staff meetings
• Health center appointment reminders
• Birth control education and continuation support
• Link youth to additional supportive services
THA – Monitor and Measure

Utilization of TWC Health Care Services:

• Number of teens who receive health care services
• Number of teens provided hormonal contraception or IUD
• Number of follow-up contacts made by THA to support contraceptive adherence.
CDC/OAH Clinic Linkage Module

“Keep it Simple”
Module Objectives

• Increase knowledge of Minor’s Rights
• Increase knowledge of location of “teen friendly” health care providers
• Increase knowledge of birth control methods available to adolescents, and how care is provided
Clinic Linking Module

• 45 minutes
• Target audience: male and female adolescents (age 15-19)
• Can be delivered in any setting
• Can be delivered by professionals and community members with limited professional education experience
3 Components

• Minor’s Rights
  – State-specific

• Birth Control Options – Motion Graphic

• Where to Go
  – List of community-specific resources for “teen friendly” contraceptive and reproductive health care services
Motion Graphic:
Standardized Core Curriculum

http://player.vimeo.com/video/65566324
Evidence-based, or “Platinum,” Clinical Services
Easy Access Appointments

• Same day, next day or walk-in
• After school hours
• Weekends
Contraceptive Access

- Wide range of Contraception is available (via prescription and/or dispensed on-site)
  - Emergency Contraception
  - IUDs
  - Hormonal Implants (Implanon/Nexplanon)
  - Depo-Provera
  - Hormonal Contraceptive Pills
  - Patch
  - Ring
<table>
<thead>
<tr>
<th>Most effective</th>
<th>Very effective</th>
<th>Moderately effective</th>
<th>Effective</th>
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<tbody>
<tr>
<td>Prevents pregnancy &gt;99% of the time</td>
<td>Prevents pregnancy ~91-99% of the time</td>
<td>Prevents pregnancy ~81-90% of the time</td>
<td>Prevents pregnancy up to 80% of the time</td>
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<tr>
<td>IUD/IUS Implants</td>
<td>Pills</td>
<td>Male/Female Condom</td>
<td>Fertility awareness</td>
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<td>Injectables</td>
<td>Sponge</td>
<td>Cervical cap</td>
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<td>Patch</td>
<td>Diaphragm</td>
<td>Spermicide</td>
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How is Care Provided?

• Hormonal contraception is prescribed to adolescent females without first requiring:
  – Pap Smear
  – Pelvic Exam
  – Breast Exam
  – STD testing

• Emergency Contraception (EC) is provided via advanced provision for females and males
Quick Start Method

• Hormonal contraception and IUD is started on the same day the adolescent presents for care.

• Hormonal contraception and IUD is provided after a negative pregnancy test or “EC to BC”.
STD and HIV Testing

• Chlamydia and Gonorrhea screening is available for adolescent females and males utilizing a urine or vaginal swab specimen

• HIV rapid testing is available for adolescent females and males

• Expedited patient delivered partner therapy (EPT) is available as an option for the treatment of uncomplicated chlamydial infection
Cost, Confidentiality and Consent

- Low cost or no cost contraceptive and reproductive health care services

- Confidential contraceptive and reproductive health care is available to adolescents without need for parental or caregiver consent
Environment

• Teen focused magazines or posters

• Information (pamphlets, posters, flyers, fact sheets) on issues related to adolescent sexual and reproductive health are displayed in the health center
Marketing

• Brochures for parents and adolescents describing services provided to adolescents and how services are provided

• Health Literacy