Is Your Clinic Youth-Friendly?
Why, What, How, and What Next?
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Bridging the Gaps: Eliminating Disparities in Teen Pregnancy and Sexual Health
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Disclaimer

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Objectives

By the end of this workshop participants will be able to:

- Discuss at least three (3) reasons why there is an urgent need for clinical services that are more attractive and responsive to youth;

- Describe at least five (5) characteristics of youth-friendly clinical services;

- Identify at least three ways to assess current programming that aligns with clinical youth-friendly services; and

- Identify at least three (3) implementation strategies for youth-friendly clinical services.
Introductions & Warm-Up

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Providing:

- Training
- Research
- Advocacy
- Resources
- Leadership
- Capacity Building

For Professionals
Brain Teaser

__________ number of babies were born to 15-19 year old women in the year 2011.

a) 333,000

b) 100,000

c) 15,000
15–24-year-olds account for nearly _____ of the 18.9 million new cases of STIs each year.

a) 1/2

b) 1/4

c) 1/8
Brain Teaser

_____ of female teens received all 3 recommended doses of the HPV vaccine series in 2012.

a) 1/3
b) 1/5
c) 2/3
Shifting Focus
Rights-Based Approach

“...human dignity, attention to the needs and rights of vulnerable groups, and an emphasis on ensuring that health systems are made accessible to all.”

- UN, 2000
Right-based Approach

1. Adopt a Sex Positive Approach
2. Celebrate Diversity
3. Ensure Confidentiality
4. Understand Evolving Capacity
5. Obtained Informed Consent

-IPPF, 2012
1. ADOPT A SEX-POSITIVE APPROACH
Sex-positive

What are some ways that you can adopt a sex-positive approach in your work?
Sex-positive

• Not making assumptions about young people’s sexual orientation;

• Asking youth about their sexual concerns;

• Handing out condoms to all young clients; and

• Everyone has the right to:
  – Say no to sexual activity or sexual requests
  – Have a partner that doesn’t pressure or coerce them into having sex
2. CELEBRATE DIVERSITY
Diversity

• Involving young people in their health care decision-making;

• Distinguishing between your personal moral beliefs and the needs, concerns, and desires of young clients;

• Avoiding normalizing any one kind of sexual practice; and

• Empowering young people by respecting their choices.
3. ENSURE CONFIDENTIALITY
Confidentiality

• Have a well-established confidentiality policy that is endorsed by all staff;

• Advertise confidentiality policy (e.g., pamphlets);

• Provide visual and auditory privacy; and,

• Work with billing department to avoid disclosure of sensitive services

• Provider should always inform young clients of their rights.
4. UNDERSTANDING EVOLVING CAPACITY
Evolving Capacity

• Advocate on behalf of and with young people;

• Assume that young people can make decisions about their health care;

• Provide accurate and comprehensive information on all procedures and services; and,

• Know how to identify and respond to signs of abuse.
5. OBTAIN INFORMED CONSENT
Informed Consent

• Use clear language, check for understanding, and offer alternatives;

• Provide enough time for the youth to make a decision; and

• Reinforce that all discussions are confidential.
YOUTH FRIENDLY SERVICES

Services that are able to effectively attract young people, meet their needs comfortably and responsively, and succeed in retaining young clients for continuing care.

Small Group Activity

• Identify all the characteristics the assigned element should have to be youth-friendly;

• Write your responses on the provided flip-chart paper; and

• Be ready to share with the large group.
Self-assessment Tool
Case Studies
Questions?
References & Resources

Keys to Youth-Friendly Services (IPPF)
http://www.ippf.org/resources/publications/Keys-youth-friendly-services

Making Health Services Adolescent Friendly (WHO)
http://www.apps.who.int/iris/bitstream/10665/75217/1/9789241503594_eng.pdf

Youth Friendly Services: A Manual for Service Providers (Engender Health)

Human Rights-Based Approach to Health
http://www.who.int/trade/glossary/story054/en/

A Teen-Friendly Reproductive Health Visit Infographic (CDC)
http://www.cdc.gov/teenpregnancy/TeenFriendlyHealthVisit.html
Best Practices for Youth Friendly Clinical Services (Advocates for Youth)


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HEALTHY TEEN NETWORK’S 2014 CONFERENCE!

SYNERGY:
ACHIEVING MORE TOGETHER

OCTOBER 21-24, 2014
AUSTIN, TX

Healthy Teen Network
Thank You!!!

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