Building the Capacity of Education Agencies to Implement Evidence-Based Interventions for Adolescent HIV, STD and Pregnancy Prevention

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Expanding our Experience and Expertise: Implementing Effective Teenage Pregnancy Prevention Programs
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Disclaimer

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AGENDA

- Understand the experiences of education agencies
- Recognize the challenges of adopting and implementing EBI in school settings.
- Recognize the benefits of using PSBA-GTO
- Understand what is next
- Q & A
Who is Here Today?

Have you ever worked with schools?

Have you ever worked with evidence-based interventions in schools?
WORKING WITH EDUCATION AGENCIES
CDC’s Work with Education Agencies

- Describe work of DASH HIV funded partners

- Highlight important policies and practices that help describe the context for delivering HIV prevention and sexual health education in schools

- Efforts to advance evidence-based interventions (programs)
  - Success
  - Challenges
DASH Funded SEAs/LEAs/TGs for HIV prevention/Sexual Health: 2008 - 2013

- Baltimore
- Broward County
- Chicago
- Detroit
- District of Columbia
- Houston
- Los Angeles
- Memphis
- Miami Dade County
- Newark
- New York City
- Orange County
- Palm Beach
- Philadelphia
- San Diego
- San Francisco
- Seattle
- CHEROKEE NATION

American Samoa, Guam, Republic of Marshall Islands, Republic of Palau, Northern Mariana Islands, Puerto Rico

- Not funded in FY 08-12
- Not funded in FY 12
Education Agency
HIV Prevention Activities (1)

• Lead efforts to collect and disseminate data on youth sexual risk behaviors and school policies and programs to promote sexual health

• Guide the development and implementation of policies

• Provide consultation and technical assistance to school staff on sexual health education policies and instruction

• Integrate HIV prevention efforts with efforts to prevent other STD and unintended pregnancy
Collaborate with the health department, community planning group, parents, students, and other groups

Advocate for evidence-based sexual health education programs, curricula, and standards

Provide professional development for teachers on evidence-based curricula
HIV and Sexual Health Education Mandates

- 32 States & DC mandate HIV education
- 20 States & DC mandate HIV education and sex education
- 12 states mandate HIV Education only

Guttmacher Institute, February 1, 2011
Percentage of Schools That Required Health Education, by Grade*, 2006

*Among schools that had students in that grade.

CDC, School Health Policies and Programs Study, 2006
Percentage of Secondary Schools That Taught 11 Key HIV, STD, and Pregnancy Prevention Topics in a Required Course During Grades 6, 7, or 8, 2010

Range (Median): 13% - 66% (43%)

CDC, School Health Profiles
Percentage of Secondary Schools That Taught 8 Key HIV, STD, and Pregnancy Prevention Topics in a Required Course During Grades 9, 10, 11, or 12, 2010

Range (Median): 45% - 96% (80%)
Evidence-based programs are supported by credible scientific studies that find associated decreases in sexual risk behaviors (e.g., delay sexual initiation or increase condom-use) or adverse health outcomes (e.g., HIV or other STD transmission, pregnancy).
Evidence-based Programs (Interventions)

Evidence-Based Programs

This is a searchable database of the program models on the Department of Health and Human Services' (HHS) List of Evidence-Based Teen Pregnancy Prevention Program Models (which is a listing of programs with impacts on teen pregnancies or births, sexually transmitted infections (STIs), or sexual activity). You can use this database to find programs that work for certain target populations, settings, ages, and more.

Since 2009, to help identify programs effective in reducing behaviors that increase the risks of pregnancy and STIs, HHS has

http://www.hhs.gov/ash/oah/oah-initiatives/tpp/tpp-database.html
Evidence-based Programs (Interventions)

http://www.cdc.gov/healthyyouth/AdolescentHealth/registries.htm
Evidence-based Programs (Interventions)

http://www.cdc.gov/healthyyouth/AdolescentHealth/registries.htm
Evidence-based Programs (Interventions)

http://www.ojjdp.gov/mpg/
Evidence-based Programs (Interventions)

The FindYouthInfo Program Directory features evidence-based programs whose purpose is to prevent and/or reduce delinquency or other problem behaviors in young people.

The Background & Methodology page describes how the Program Directory was developed, and how programs are evaluated and categorized. This section also includes a description of the meaning of the level assigned to each program.

The Research page describes risk and protective factors and how those factors are relevant to youth programs. It includes a bibliography of recent research.

The Nominate a Program page explains the process of requesting a program be included in the program.

Search for programs

Keyword:  
Type of Search:  one or more of these words

http://www.findyouthinfo.gov/ProgramSearch.aspx
CDC-DASH FUNDED PARTNERS SUCCESSES
Successes

- Supportive policies and model policies for local education agencies

- Identification of EBI’s at State and local levels - dissemination of information and resources

- Partnerships with CBOs, NGOs and health departments (e.g., collaboration with CDC/DRH and PREP grantees)
Successes

- Participation in professional development opportunities
- Implementation of EBI’s
- Having health education mandated or legislation in place for successful adoption of EBIs
CDC-DASH FUNDED PARTNERS
CHALLENGES
Challenges

- **Support**
  - Diminishing support for sexual health education
  - Unfavorable policy and political climate
  - Lack of or limited leadership support
  - Limited or no funding
Challenges

- **Support**
  - Lack of or limited local buy-in and support for EBI implementation
  - Local control - local decision making barriers
  - No standard for EBI requirements and guidance
  - Lack of or limited funding for training and technical assistance
Challenges

Practice

- Mismatch between EBI and school structures (practical challenge)
- Programmatic (staffing, budget, other resources)
- Lack of internal capacity to get trained, train community and implement EBIs
  - Trainings are not viewed as being vital for program implementation
Challenges

- **Practice**

  - Difficulties selecting EBIs that fit with community, organization and stakeholders
  - Issues with EBIs fidelity and adaptation
GETTING TO OUTCOMES (PREZI)
HTTP://PREZI.COM/PD1_X8JHLMXK/COPY-OF-POWERPOINT-MAN/
What is GTO?

- A framework for planning, implementing and evaluating programs
- Evidence-Based Practice: Translate research into practice
- Framework of 10 accountability and empowerment evaluation questions that when answered, provide a pathway for successful programs
- Provides tools and strategies to develop a comprehensive and systematic approach to accountability
- Moves practitioners towards answering bottom-line questions about
What is GTO?

- It helps programs and community initiatives... get to desired outcomes
  - Evaluate new programs or revamp existing ones

- It is not linear
  - It is sequential and can be useful at any stage of planning
PSBA-GTO

- Flexible process: Adapted for teen pregnancy, HIV/STI prevention;
- Provides a clear and accessible process for practitioners to follow;
- Addresses sustainability of projects;
- Can ease some of the challenges of implementing EBIs; and
- Comprehensive, easy to utilize, includes text, worksheets and strategies
GTO: 4 Parts

- Part I: Goal Setting (Steps 1-2)
- Part II: Program Planning (Steps 3-6)
- Part III: Program Evaluation (Steps 7-8)
- Part IV: Improving and Sustaining Programs (Steps 9-10)
Potential Benefits of Using PSBA-GTO in Education Agencies

- Succinct and clear process for applying evidence-based approaches;
- Facilitates the process of selecting EBIs that fit community and target population needs; and
- Addresses
  - Issues of perceive incompatibility between EBIs and communities;
  - Lack of staff resources (training and materials);
  - Lack of awareness of EBIs;
  - Lack of financial resources;
  - Fear of political controversy; and
  - Complexity of EBIs
Activity

LET’S GO TO VACATION
Next Steps

- Key Informant Interviews (March 2012)
- Working Group Meeting (April 2012)
- Expert Panel Meeting (June 2012)
- PSBA-GTO for Schools Guidance Document (December 2012)
Q & A

National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
Division of Adolescent and School Health
Thank You

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