ADOLESCENT PREGNANCY PREVENTION AT FYSB

U. S. Department of Health and Human Services
Administration on Children, Youth and Families (ACYF)
Family and Youth Services Bureau (FYSB)
Today’s Discussion

- PREP and FYSB Research Vision
- State PREP
- Tribal PREP
- Competitive PREP
- Abstinence
- Multi-Component Study
- Q and A
Pregnancy Prevention at FYSB

Adolescent Pregnancy Prevention Program

State PREP $55,250,000

PREP Innovative Strategies $9,700,000

State Abstinence $50,000,000

Tribal PREP $6,500,000

PREP Competitive Grants $XXXXXXX
Core Components

- Target Vulnerable Populations
  - Youth in and aging out of foster care
  - Youth in juvenile justice system
  - Latino and other minority populations
  - Alaska Native/American Indian Youth

- Evidenced-Based Programs
  - Abstinence and Contraceptive Education
  - Prevention of Sexually Transmitted Infections

- Adaptations and Fidelity Monitoring
- Medical Accuracy
- Adulthood Preparation Subjects
Planning + Collaboration = Success

Federal Government

Local and Federal Research and Evaluation

T & TA Providers

Grantees & Community
TPP Research Vision

- Develop methods that shape disciplinary practices over the long term
- Fill gaps in disciplinary knowledge by contributing to the emerging pregnancy prevention literature

Assist states, territories, and Tribes through improved T/TA networks

- Identify promising and emerging practices for vulnerable populations

Support ongoing collaborations across programs, Bureaus and Agencies

- Coordinate Evaluation and Performance Measurement data collection

Leverage efforts to encourage "sister" agencies and partners to examine research equity while supporting efforts to maintain high research standards and evaluation rigor

- Provide equal access to relevant research data, funding and resources for sustainability that focus on innovation and continuous quality improvement
State PREP Program Reach

- FY2011 – 49 States/Territories were awarded $43.3 million in funding
- Number of Youth Served

<table>
<thead>
<tr>
<th>Category</th>
<th># of Subawardees</th>
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<tbody>
<tr>
<td>Youth in high-need areas</td>
<td>72</td>
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<tr>
<td>African American youth</td>
<td>68</td>
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<tr>
<td>Latino youth</td>
<td>56</td>
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<tr>
<td>Youth in foster care</td>
<td>53</td>
</tr>
<tr>
<td>Youth in juvenile justice</td>
<td>33</td>
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<tr>
<td>GLBTQ youth</td>
<td>27</td>
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Programs Selected by PREP Grantees

- Most frequently selected evidence-based models:
  - *Reducing the Risk* (10 grantees)
  - *Making Proud Choices* (12 grantees)
  - *Cuidate!* (6 grantees)
  - *Teen Outreach Program* (10 grantees)

- Other commonly selected models:
  - *Making a Difference*
  - *Be Proud! Be Responsible!*
  - *Becoming a Responsible Teen*
  - *Sisters Informing, Healing, Living, and Empowering*
State PREP by the Numbers

- Wide variations
  - State grantees range from just 1 to 24 sub-awards
  - Individual sub-awards range from $5,000 to $552,129
  - Expected total participants range from 560 to 82,080
- More than half of 400 planned sites are in schools
- 29 of 46 states are developing T&TA agreements with key partners (NGO or universities)
Tribal PREP Status

- FY2011 – 16 awards to Tribes and Tribal Organizations
  - Alabama, Arizona, California (5), Michigan, New Mexico (2), North Dakota, Oklahoma (3), Oregon and South Dakota

- Year 1 – Implementation Planning and Needs Assessment
  - Get community buy-in/support
  - Identify a program model
  - Plan cultural adaptations
  - Develop an implementation plan
Tribal PREP Program Goal(s)

**Objective 1:** Ascertain the pregnancy prevention and adult preparation needs of Tribal youth

**Objective 2:** Adapt existing evidence-based programs

**Objective 3:** Identify other effective programs

**Objective 4:** Evaluate program effectiveness
Tribal PREP Training and TA

Two recent webinars

- Feb. 21: Overview of Tribal Research and Evaluation by Dirk Butler
- Feb. 29: Paving the Road for TPP: Conducting a Needs Assessment with Tribal Communities by Genevieve Martinez Garcia
Competitive PREP TBD

- Based on State funds not awarded in FYs 2010 and 2011
- Available only to entities in States and Territories not using PREP funding:
  - Florida
  - North Dakota
  - Texas
  - Virginia
  - Indiana
  - American Samoa
  - Northern Mariana Islands
  - Marshall Islands
  - Palau
  - Guam
Competitive PREP will have the same fundamental requirements as State PREP.

The law stipulates that programs:

- be medically accurate
- emphasize abstinence and contraception
- incorporate at least three of six adulthood preparation subjects
Abstinence Education

- Pre-existing Title V abstinence program, extended through FY 2013 under the Affordable Care Act

- Provides $50 million annually in funding to 59 states and territories, based on the percentage of adolescents, age 15-19, within each state/territory

<table>
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<tr>
<th>Fiscal Year</th>
<th>Grantees</th>
<th>Funding</th>
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<tr>
<td>2010</td>
<td>30</td>
<td>$33 million</td>
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<tr>
<td>2011</td>
<td>37</td>
<td>$37 million</td>
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“Abstinence Education” means an educational or motivational program which emphasizes one or more of Section 510 (b)(2) requirements (A-H criteria).

At the option of the State, mentoring, counseling and adult supervision to promote abstinence can be funded (13 states chose this option in FY 10).
A federal evaluation mandated by Congress to help federal, state and local entities learn more about the program design, outcomes and implementation of PREP programs.

FYSB has contracted with Mathematica Policy Research to conduct this evaluation.
Types of information to be collected

Program Structure

- Number of sub-awardees
- Characteristics of youth entering program (demographics, behaviors, etc.)
- Number of program models, settings and coverage of adulthood preparation subjects
- Grantee provision of training, technical assistance and program monitoring
- Amount of grant funds allocated for various activities
Types of information to be collected

**Program Delivery**
- Completed program hours
- Youth attendance
- Youth retention
- Youth perception of program experience
- Variety of sub-populations being served
Program Improvement

- Setting clear and appropriate benchmarks
- Providing T & TA to identified programs and highlighting what programs are doing well
- Find balance between evidence-based practices and program implementation
Thank You!

Questions?