Creating and Sustaining Partnerships
How south San Antonio worked together to tackle teen pregnancy.

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Mission: Promoting adolescent health and wellness by encouraging positive youth development and healthy life choices.
In 2010 the south side of San Antonio had a teen birth rate of 99.6 compared to the Texas rate of 52 births per 1,000 (15-19 year olds).

2010 CDC/OAH funding was awarded for a community-wide approach to address teen pregnancy utilizing five components:

- Evidence-based Programs (HHS list)
- Community Mobilization
- Clinical Linkages
- Stakeholder Education
- Working with Diverse Communities
GTO…no, not the car. Getting to Outcomes®

The 10 Steps to the Getting to Outcomes® (GTO®)

- Assessment
- Goals & Objectives
- Best Practices
- Fit
- Capacities
- Sustainability
- CQI
- Outcome Evaluation
- Implement/Process Evaluation
- Plan
UT Teen Health
South San Antonio Initiative
Teen Pregnancy in Bexar County

Teen Birth Rates have decreased by 24% among 15–19 year old in the south San Antonio community.
Repeat Teen Births have decreased 43% in the south side community of San Antonio since the start of the UT Teen Health initiative in 2010.
Community Mobilization

- Communities need to be substantially involved in teen pregnancy prevention efforts in order to create ‘supportive environments’ where long-term changes can take place.

- Leadership teams established for the community-wide teen pregnancy prevention initiative:
  - Core Partner Leadership Team
  - Community Action Team
  - Community Leadership Team (established in Year 4)
  - Youth Leadership Team
Community Mobilization: San Antonio Teen Pregnancy Prevention Collaborative

- Various TPP organizations that are interested in addressing teen pregnancy prevention.

- Worked together to form a logic model that identifies how each partner will contribute to the ultimate SA2020 vision of decreasing the teen birth rate by 25% among 10-19 year old youth.
Lessons Learned

• Educate the community about teen pregnancy prevention, available clinical services within the community, and establish community buy-in.
• Hold meetings and workshops that are open to the public such as Sex Ed 101 and “The Talk” through existing organizations.
• Educate stakeholders through events that have the largest number of parents such as National Night Out events, sporting events, and health fairs.
• Conduct ‘Be Askable’ seminars for parents/guardians and youth leaders.
• Engage the Youth Leadership Team members to represent partnering schools/districts at community events.
Lessons Learned

- Build Relationships
- Be Transparent
- Trustworthiness
- It takes time
- Identify Champions
- Focus on Sustainability
In the Present Time…

- The teen birth rate has **decreased** by 24% in the target population (based on 2013 data).
- The repeat teen birth rate has **decreased** by 43% in the target population (based on 2013 data).
- There are over **453** facilitators trained to deliver an EBP.
- There are **9** clinics that are working towards the teen friendly designation.
- There are **22** implementation partners offering EBPs.
- A total of **12,629** youth have been served with EBPs!
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