

A WORD FROM THE EXPERTS

Adult Identity Mentoring (Project AIM)

Interviews with Developers of Evidence-Based Programs for Teen Pregnancy Prevention



This webinar was developed by Child Trends under contract #GS-10F-0030R for the Office of Adolescent Health; US Department of Health and Human Services as a technical assistance product for use with OAH grant programs.



Inclusion on the HHS Teen Pregnancy Prevention Evidence Review does not indicate HHS or OAH endorsement of a program model.



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Program goals :

- Reduce sexual risk behaviors by providing them the motivation to make safe choices
- Envision a positive future and discuss how present risk behaviors can threaten the success of that future

Target population:

- 11-14 year olds; middle school youth

Key components:

- Future thinking
- Present action
- Safeguarding one's future

Delivery methods:

- Role plays
- Goal-setting
- Group discussion & activities
- Workbooks

■ Study

- ✓ **Population:** African American seventh graders in the south
- ✓ **Findings:**
 - ✓ Reduced sexual intentions
 - ✓ Increased sexual abstinence from the baseline to 12 weeks post-intervention
 - ✓ Showed long-term effects (12-14 months post-intervention) for boys



- Evaluated populations
 - Evaluated and found effective with African American middle school youth
- Target populations
 - Designed for disadvantaged youth who are 11-14 years old.

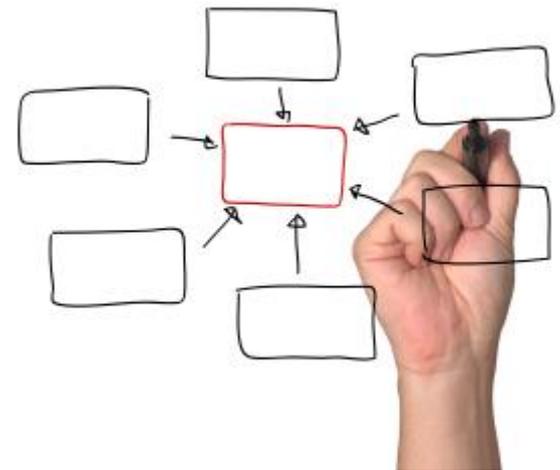


- Evaluated settings
 - Schools
- Other settings
 - Field tested in two community-based settings, including a church setting, with African American and Latino youth
 - Current evaluation in afterschool programs



Potential adaptations

- Potential adaptations
 - Settings
 - School setting
 - Community organizations
 - Rural communities
 - Cultural relevance
 - Native American
 - Children of Chinese immigrants
 - White adolescents
 - Language
 - Spanish version available
 - Other
 - Adding a contraception session



Note: TPP grantees must obtain prior approval from OAH for any adaptations.

■ Staffing considerations

- 2 skilled & trained co-facilitators
- Able to relate to, interact with, and connect positively with youth
- Recommended that facilitators are young adults from background similar to youth, preferably one male and one female



■ Training considerations

- 3-day facilitator training
- Cost: \$1,210 per trainee plus travel and accommodations for 2 trainers
- How to attend: Contact our AIM Service Center at aim@chla.usc.edu

- Common challenges
 - Large group sizes
 - Many facilitator out-of-session tasks
 - Trained co-facilitator leaves the agency
- Strategies for success
 - Familiarity with the curriculum package
 - Youth group facilitation skills
 - Using an assistant to help with out-of-session tasks
 - Use of the Train the Trainer model
 - Good relations with partner agencies



- Recent or planned curriculum revisions
 - None

- **HHS Teen Pregnancy Prevention Evidence Review**
 - <http://tppevidencereview.aspe.hhs.gov/>
- **Link to implementation report**
 - <http://tppevidencereview.aspe.hhs.gov/document.aspx?rid=3&sid=11&mid=1>
- **Link to developer's website**
 - http://www.chla.org/site/c.ipINKTOAJsG/b.8757409/k.9781/Project_AIM.htm

Thank you!

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