

## A WORD FROM THE EXPERTS

### **Draw the Line/Respect the Line**

Interviews with Developers of Evidence-Based Programs for Teen Pregnancy Prevention



*This webinar was developed by Child Trends under contract #GS-10F-0030R for the Office of Adolescent Health; US Department of Health and Human Services as a technical assistance product for use with OAH grant programs.*



*Inclusion on the HHS Teen Pregnancy Prevention Evidence Review does not indicate HHS or OAH endorsement of a program model.*



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## Program goals :

- Reduce the number of students who initiate or have sexual intercourse
- Increase condom use among students who are sexually active

## Target population:

- Youth ages 11-13

## Key components:

- Curriculum lessons in grades 6, 7, 8 (19 lessons total)
- Focus on skills for drawing and respecting personal boundaries
- Positive social norms
- Parent homework activities

## Delivery methods:

- Educator-led classes

# Previous evaluation results

## ■ Study #1<sup>1</sup>

### ✓ Population

- Urban and suburban California schools
- 59% of student sample was Latino

### ✓ Findings:

- Delayed the initiation of vaginal sex among boys who had not had sex at pretest (19% versus 27% at 36-month follow up)
- Increased knowledge and sexual limits, and reduced exposure to situations that could lead to sex for boys
- No significant differences for girls except regarding peer norms



<sup>1</sup> Coyle, K., Kirby, D., Marin, B., Gomez, C. and Gregorich, S. 2004. Draw the Line/Respect the Line: A randomized trial of a middle school intervention to reduce sexual behaviors. *American Journal of Public Health* 94 (5): 843-851.

# Target population

- Evaluated populations
  - Urban and suburban schools
  - Multi-racial/ethnic youth, but primarily Latino (59%)
  - Tested with all teens regardless of sexual experience
- Target populations
  - Mixed- and single-gender classrooms
  - Racially and ethnically diverse groups
  - Urban, suburban, rural, low-income
  - All teens regardless of sexual experience



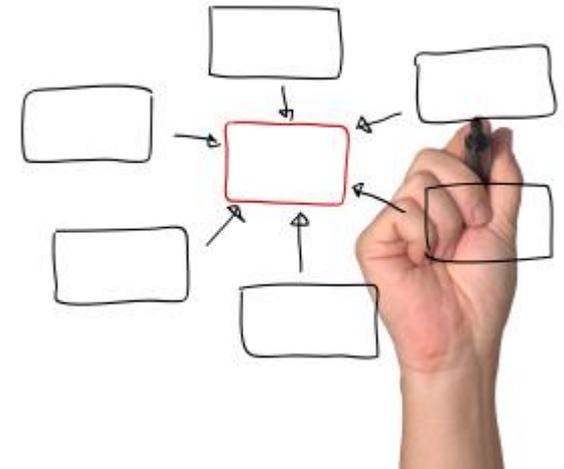
# Settings

- Evaluated settings
  - Urban and suburban middle schools
- Other settings
  - Rural middle schools



## ■ Potential adaptations

- Cultural relevance
  - Specific ethnic/racial groups (green light)
- Language
  - Edit for context/realism (green light)
  - All student work sheets, handouts, parent homework activities are in English and Spanish.
- ETR Adaptation Resource:  
[http://www.etr.org/ebi/assets/File/Adaptations/DTL Adaptation Guide lines 012915.pdf](http://www.etr.org/ebi/assets/File/Adaptations/DTL_Adaptation_Guide_lines_012915.pdf)



**Note: TPP grantees must obtain prior approval from OAH for any adaptations**

## ■ Staffing

- 1 educator per class
  - Multiple classes concurrently
- Classroom teachers (*health, science teachers*) or CBO-based visiting health educators
- Characteristics of educators:
  - Connections with youth
  - Experience with interactive activities (role plays)
  - Experience/comfort with sexuality education
  - Been trained to implement curriculum



- ETR Distributive Learning Process



- Training services (packages or a la carte)

- Training of Educators (TOEs)
- EBP Boosters
- Training of Trainers (TOTs)
- Program Enrichment Training
- Tailored TA/Consultation
- More information:

<http://www.etr.org/ebi/training-ta/>

- Common challenges
  - Implementing all 3 years (6–8)
  - Cohort retention
  - Handling concerns about condom instruction at Grade 8
- Strategies for success
  - Identify required classes that reach most or all of each grade level
  - Review developmental progression of content to parents and staff
  - Explore allowable alternatives for condom demonstration



- Recent or planned curriculum revisions
  - Updated and reprioritized birth control information
  - Updated facts and source citations

- **HHS Teen Pregnancy Prevention Evidence Review**
  - <http://tppevidencereview.aspe.hhs.gov/>
- **Link to implementation report**
  - <http://tppevidencereview.aspe.hhs.gov/document.aspx?id=3&sid=49&mid=1>
- **ETR's Draw the Line/Respect the Line**
  - <http://www.etr.org/ebi/programs/draw-the-line/>
- **ETR's Evidence-Based Program Center**
  - <http://www.etr.org/ebi/>
- **ETR's Training and TA Packages**
  - <http://www.etr.org/ebi/training-ta/#packages>

Thank you!

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Questions?

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