

A WORD FROM THE EXPERTS

Be Proud! Be Responsible! Be Protective!

Interviews with Developers of Evidence-Based
Programs for Teen Pregnancy Prevention



This webinar was developed by Child Trends under contract number GS-10F-0030R for the Office of Adolescent Health; U.S. Department of Health and Human Services as a technical assistance product for use with OAH grant programs.

Inclusion on the HHS Teen Pregnancy Prevention Evidence Review does not indicate HHS or OAH endorsement of a program model.



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Program goals:

- Enhance knowledge, skills, and motivation to reduce high-risk sexual behaviors
- Build confidence (self-efficacy), positive beliefs (outcome expectancies), maternal protectiveness
- Prevent repeat unplanned pregnancy, HIV and STDs

Target population:

- Pregnant teenagers
- Teenage mothers

Key components:

- Activities and materials in curriculum
- Teach correct information about HIV/STD prevention strategies, teen pregnancy, and contraception
- Build negotiation, problem-solving, condom use skills

Delivery methods:

- Small group discussion and interactive activities
- Practice and feedback
- Viewing DVDs

Previous evaluation results

■ Study #1 – Project CHARM

- ✓ Population: Pregnant teens (n=497) and young mothers in alternative schools
- ✓ Findings: Reduced sexual risk behaviors (decrease # of sex partners and unprotected sex), increased intentions to use condoms and AIDS knowledge, improved self-efficacy



■ Study #2 - Iredell-Statesville School (NC): TPP Tier 1

- ✓ Population: Pregnant teen and teenage mothers (n=166), largely representing URM groups, 14 to ≥ 19 years
- ✓ Findings: Improved intentions to use birth control and condoms (91-100%) and increased AIDS knowledge at completion of program

- Evaluated populations
 - Low-income, Latina, African American and Anglo females in California and North Carolina living in urban and rural settings
 - Multi-ethnic/racial participants, with majority from URM groups
- Target populations
 - Multi-ethnic and culturally diverse pregnant teens and young mothers, including low-income, and URM groups
 - Age 14 to ≥ 19 years



- Evaluated settings
 - Alternative schools in Southern California (urban)
 - Afterschool programs in North Carolina (rural)
- Other settings
 - Middle and high schools
 - Community-based organizations and community centers
 - Health clinics or medical facilities
 - Group homes for pregnant teens and young mothers
 - Organizations caring for foster youth



Potential adaptations

■ Potential adaptations

○ Settings

- Community-based organizations, clinics, group care settings for teen mothers

○ Cultural relevance

- DVDs and names used in interactive activities may be changed if information integrity is maintained

○ Language

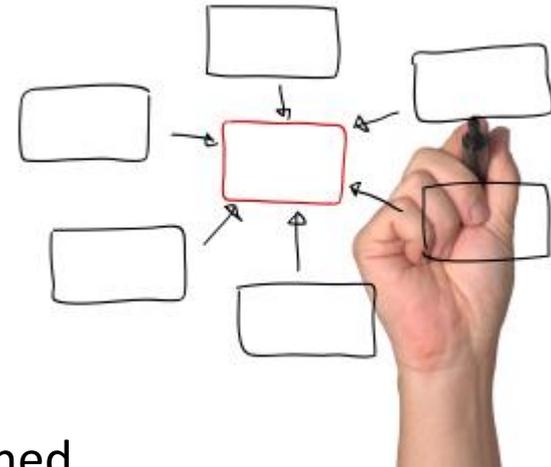
- Translation into Spanish

○ Target population

- Ethnically and culturally diverse pregnant teens and young mothers

○ Other Minor Changes

- # of hours/days for implementation, group size
- Type of facilitator (race/ethnicity; professional background)



Note: TPP grantees must obtain prior approval from OAH for any adaptations.

Staffing and training considerations

■ Staffing considerations

- Professional background is highly recommended (e.g., nurse, teacher, health educator, social worker, counselor)
- Experience working with pregnant and parenting teenagers recommended
- Trainers required to have experience in group facilitation



■ Training considerations

- Train-the-facilitator (TOF) model
- Train-the-trainer (TOT) model
- Cost varies with group size and needs and training group
- Training available on-site or at other settings through Jemmott Innovations and partnering agencies, e.g., JSI, Select Media, ETR

■ Common challenges

- School policies about sexual health and condom use education
- Provision of child care
- Transportation to classes



■ Strategies for success

- Flexibility
- Offer school credit for participation
- After school and off-campus programs (e.g., Youth-focused group settings; housing projects)
- Reach out to partners for wrap-around services
- Offer incentives for participation
- Affiliations with child care services

- Recent or planned curriculum revisions

- Most recent curriculum publication of *BPBRBP Facilitator Manual* in 2012 by Select Media
- Statistical and health-related information that may have changed since publication is updated by trainers, as necessary

- **HHS Teen Pregnancy Prevention Evidence Review**
 - <http://tppevidencereview.aspe.hhs.gov/>
- **Link to implementation report**
 - <http://tppevidencereview.aspe.hhs.gov/document.aspx?rid=3&sid=22&mid=1>
- **Link to model developer's website**
 - <http://nursing.ucla.edu/body.cfm?id=113&ref=166>
 - <http://jemmottinnovations.com/meet-the-developers/>

- **Link to other training materials:**
 - <http://www.selectmedia.org/programs/protective.html>

Thank you!

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