



What about the Boys? Making Sex Ed Relevant for Guys

Third Annual Teen Pregnancy Prevention Grantee Conference
Ready, Set, Sustain: Continuing Our Success
May 20-22, 2013, National Harbor, MD

Nora Gelperin, M.Ed.
norag@rci.rutgers.edu

Answer

41 Gordon Road, Suite C
Piscataway, NJ 08854

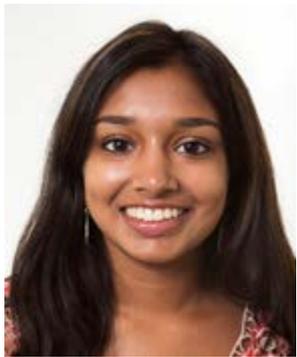
Phone: 732-445-7929

E-Mail: answered@rci.rutgers.edu

URL: answer.rutgers.edu

Disclaimer

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About Answer

Answer is a national organization that provides and promotes unfettered access to comprehensive sexuality education for young people and the adults who teach them.



Workshop Objectives

- By the end of this session, participants will be able to:
 - 1) Identify at least three facts from recent data that provide a rationale for more intentionally addressing the unique needs of adolescent boys in sexuality education
 - 2) Describe at least two best practices that can be used to ensure that adolescent guys' needs and issues are included in sexuality education programming

- Magazine
- Website



by teens for teens

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LOGIN



SEX ED



YOUR SAY



ACTION CENTER



BLOG



FUN



MAGAZINE



Why I Stopped Wearing a Purity Ring

I don't wear a purity ring anymore. As a teen, I feel like there's a lot of unnecessary pressure to behave a certain way.

[Read More](#)

SEX, ETC. POLL

Is masturbation a taboo topic among you and your friends?

It's taboo for girls, but not for guys.

Yes, it's taboo...for everyone.

Not at all!

I don't know.

[SUBMIT](#)

HOT TOPICS

[Birth Control](#)

[HIV/AIDS & STDs](#)

[Pregnancy](#)

[Your Body](#)

[LGBTQ](#)

[Abuse & Violence](#)

[Relationships](#)

[Sex](#)

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SUBSCRIBE TODAY



SEX, ETC.
MAGAZINE

[LEARN HOW](#)

**Make a
Difference**

Young people have the right to lead healthy lives. Tell Congress to support the Real Education for Healthy Youth Act!

[READ MORE](#)

Stories

what would you like to learn about?



Everything



Birth Control



HIV/AIDS
& STDs



Pregnancy



Your Body



LGBTQ



Abuse &
Violence



Relationships



Sex

Stories

FAQs

Resources

LOL

powered by
tumblr.



The sex ed. pictures, videos, and links making us laugh out loud from all around the interwebs.

if condoms had sponsors....



Pringles

Once you pop, you can't stop.



McDonalds

We love to see you smile.



Bounty

The quicker picker-upper.

Sex in the States



New Jersey

 Sex Ed Rights	17 Age of Minority	16 Age of Consent
 LGBTQ Rights	 HIV / AIDS Testing	 Condoms
 Birth Control	 Abortion Rights	 Pregnancy
 Emergency Contraception	 Sexting	 Show All

Professional Training

Full and Half-Day, In-Person and Online

High School Trainings For Professionals Working With Teens Ages 14-18

The in-service workshops listed below can be offered for professionals who work with teens ages 14-18. Any of these workshops can be changed to meet the needs of your educators and staff.

Sexting:
Flirting or Felony

Sexuality Education Basics:
Strategies for Teaching about Sexuality to High School Students

Healthy Relationships:
Teaching about Love, Dating and Relationships

Sexual Violence:
Teaching about Harassment, Abuse and Rape

Lesbian, Gay, Bisexual and Transgender Issues:
You've Got Questions, We've Got Answers

Abstinence:
Teaching about Alternatives to Intercourse

Pregnancy and STD Prevention:
Lessons for Success

Middle School Trainings For Professionals Working With Preteens Ages 11-14

The in-service workshops listed below can be offered for professionals who work with preteens ages 11-14. Any of these workshops can be changed to meet the needs of your educators and staff.

What about the Boys?:
Teaching Sexuality Accurately and Effectively with Boys

All A-"Twitter":
Teens, Sex and Technology

"But I'll Never Get an STD":
Understanding Adolescent Development and How Teens Learn

"I Have to Say What?!":
Getting Comfortable Teaching Sex Ed

Online Workshops

Six hours each, taken at your own pace

WORKSHOP TOPICS:

- Sexuality ABC's
- STD Basics
- LGBTQ Issues in Schools
- Boys & Sex Ed



BOYS & SEX ED

beyond statistics and stereotypes



“This multi-media workshop provides educators with an alternative view of sexuality and masculinity that is helpful in supporting boys to develop personal sexual responsibility and a deeper understanding of how sexuality fits into a healthy life.”

--Michael Gurian, Founder, The Gurian Institute, author of *The Wonder of Boys* and *The Minds of Boys*

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TISHE

Training Institute in Sexual Health Education

Weeklong residential, skills-based training institute led by a team of sexuality education experts.

August 4-9, 2013
Baltimore, MD



TISHE 2012 – Lewes, DE

Group Assumptions

1. Everyone here is invested in working with young people more effectively.

Group Assumptions

2. We will not always agree, and that's okay!

3. Any question/comment is relevant.

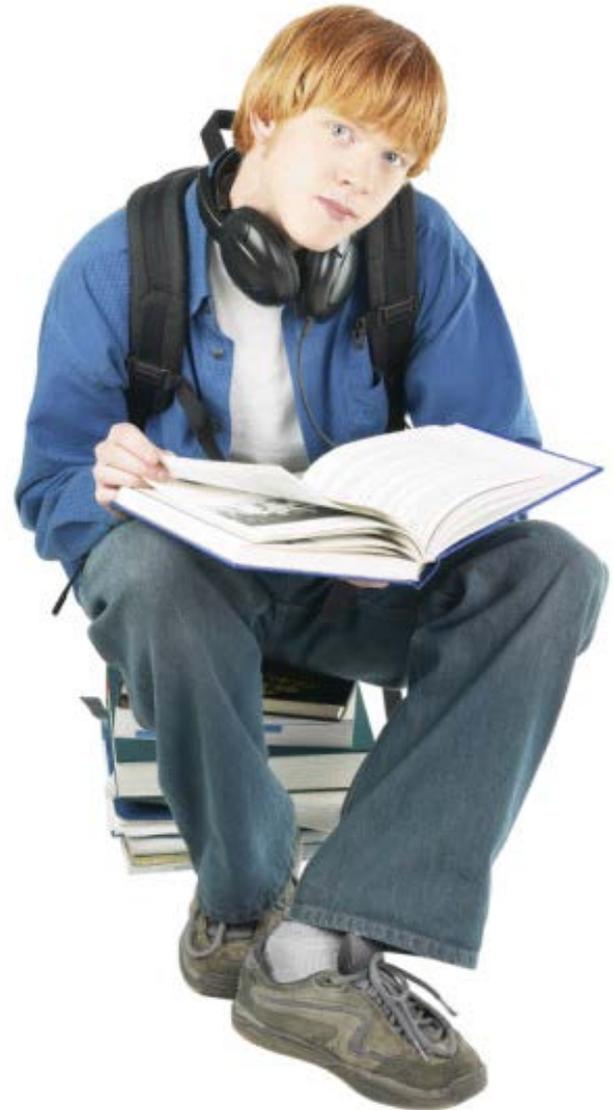


[How Do You See Me? Video](#)

A photograph of a classroom with several students sitting at wooden desks. In the foreground, a young Black man in a light blue shirt is looking towards the camera while holding a pen over a piece of paper. To his left, a young woman with long brown hair is looking down at her work. Behind them, other students are visible, some writing and others looking towards the camera. The room has large windows in the background, letting in bright light.

guys and girls in the classroom

**Are our
educational
settings set up
to meet the
needs of male
learners?**





Recent media has reported about the crisis of boys and education. This is based on some troubling facts.

Boys are more likely than girls to...

- Have discipline or behavior problems
- Be diagnosed with a learning disorder or Attention Deficit Disorder
- Be placed in special education
- Drop out of school
- Score lower grades



In addition to these facts, we also need to remember that...

- Sex ed lessons are generally geared towards girls
- Most sex ed lessons are written by women
- A majority of the people teaching sex ed are women

**So, are our
educational settings
set up to meet the
needs of male
learners?**



Biological Differences in Learning Styles

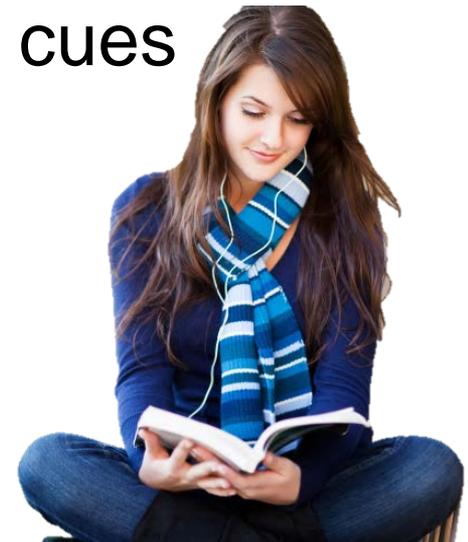
Boys

- Learn by doing (more physical)
- Respond better to visual cues



Girls

- Learn by watching and listening
- Respond better to auditory cues



What does this mean for teaching sex ed?

- Build in time to move around
- Include action-oriented tasks, like building models of the reproductive system instead of just looking at a diagram
- Use visual cues to get boys attention, like flashing the lights

Biological Differences in Hearing

Boys

- Take slightly longer to hear things
- Tolerate noise better

Girls

- Hearing is sharper
- Hear softer sounds and higher pitches



What does this mean for teaching sex ed?

- Repeat instructions in small steps and give time for boys to process what you have said
- Ask students to repeat back what you have said

Biological Differences in Visual Perception

Boys

- More sensitive to light
- Perceive colors less subtly

Girls

- Less sensitive to light



What does this mean for teaching sex ed?

- Adjusting light in the room
- Be aware of the amount of natural and artificial light in your setting
- Use primary colors on handouts



Biological Differences in the Affective Domain

Boys

- Take longer to process emotions
- More emotionally fragile

Girls

- Process emotions quickly and more completely
- More demonstrative of emotions

What does this mean for teaching sex ed?

- Do not shy away from emotions
- Take time to explore emotions with boys, but be mindful of the boy code



Conclusion

Being aware of some of these simple differences in how boys learn can make a huge difference in how engaged your male learners can be during your next sex ed lesson!



Ideas to Action Planning



Questions



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&
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Message and data rates may apply.



Thank You!

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MANHOOD REDEFINED

A Strategy for Reducing Teen Pregnancies and STIs

Nick Sufrinko, Maternal & Family Health Services

mfhs.org | safeteens.org



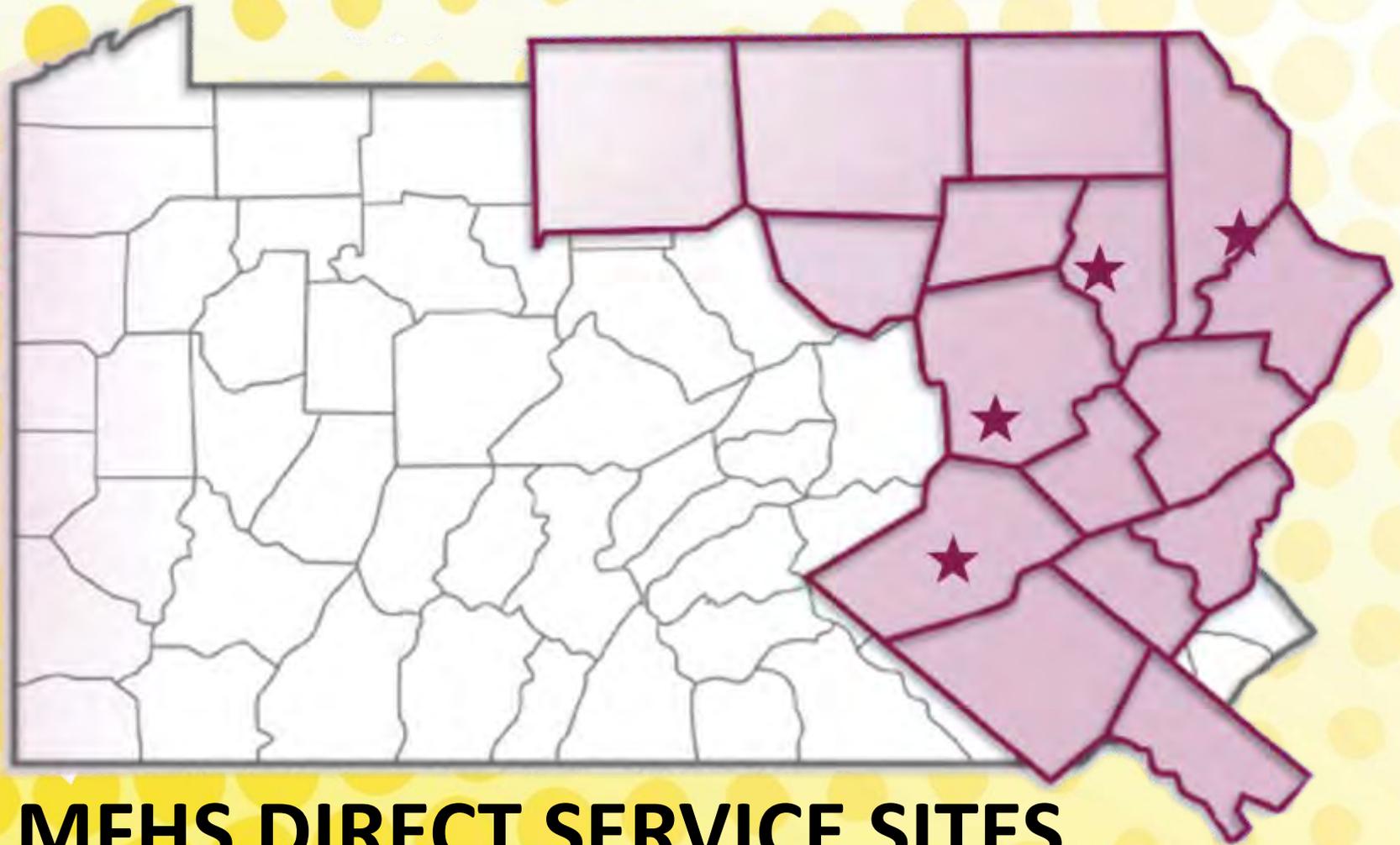
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HEALTH SERVICES, INC.

We are an innovative health and human service organization dedicated to meeting the needs of the community through information, education and quality **care**.



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Safe TEENS

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MANHOOD

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MANHOOD

INDEPENDENT

STRONG

PHYSICAL

TOUGH

RUGGED

POWERFUL

A STUD

HARD

RESPECTED

IN CONTROL



Hegemonic Masculinity

The culturally exalted gender practice just barely out of reach for all men that enables male dominance.

ADOLESCENT MASCULINITY

OUR GOAL

0

USED TODAY ON TWITTER
“FAG”

1 9 8

“DYKE”

9 8

“...SO GAY”

8 9 9

“Through extensive fieldwork and interviewing I discovered that, for boys, achieving a masculine identity entails the repeated repudiation of the specter of failed masculinity. Boys lay claim to masculine identities **by lobbing homophobic epithets** at one another. They also assert masculine selves **by engaging in heterosexist discussions of girls’ bodies** and their own sexual experiences.”

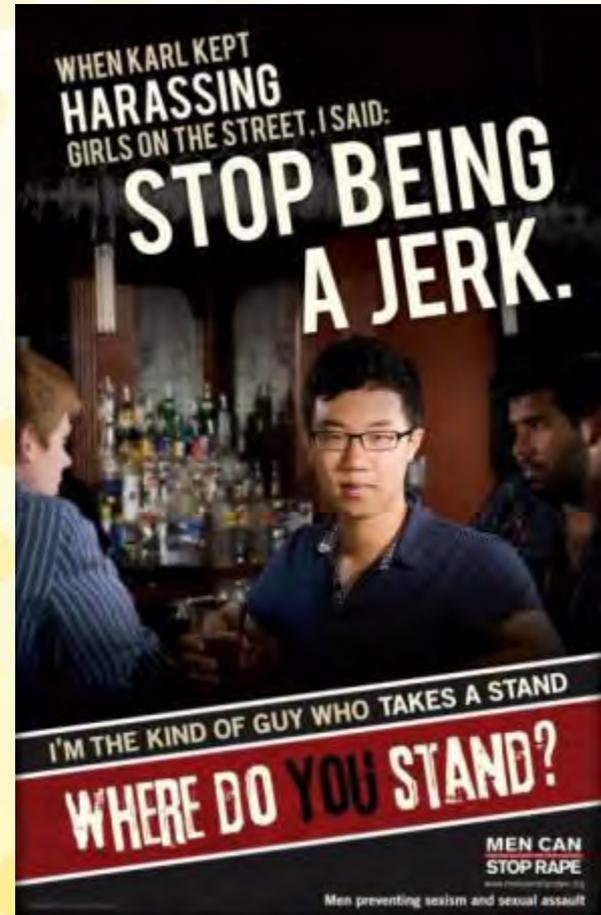
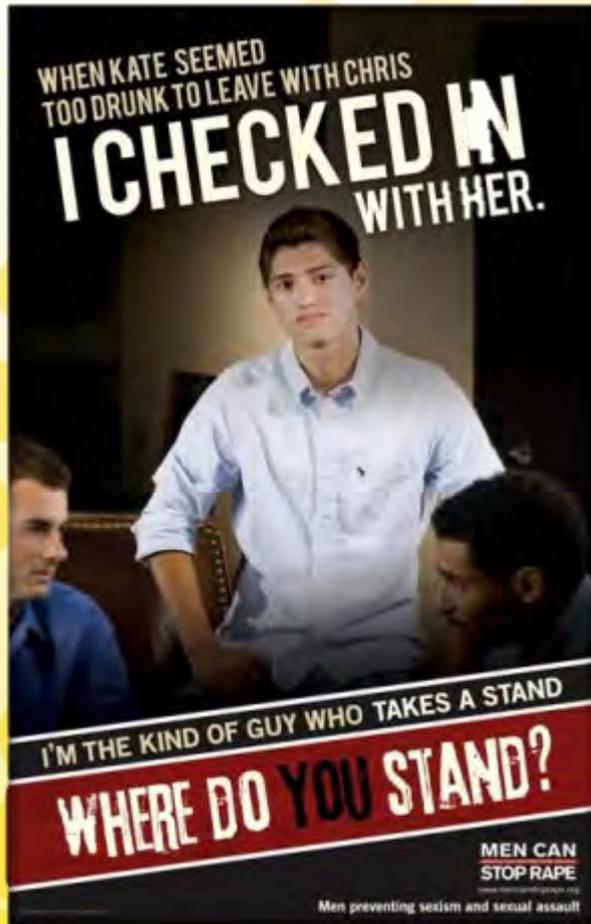
*C J Pascoe, **Dude You’re A Fag: Masculinity and Sexuality in High School** (2007)*

HEALTH SEEKING BEHAVIORS

SEXUAL PRACTICES



MASCULINITY IN ADVERTISING



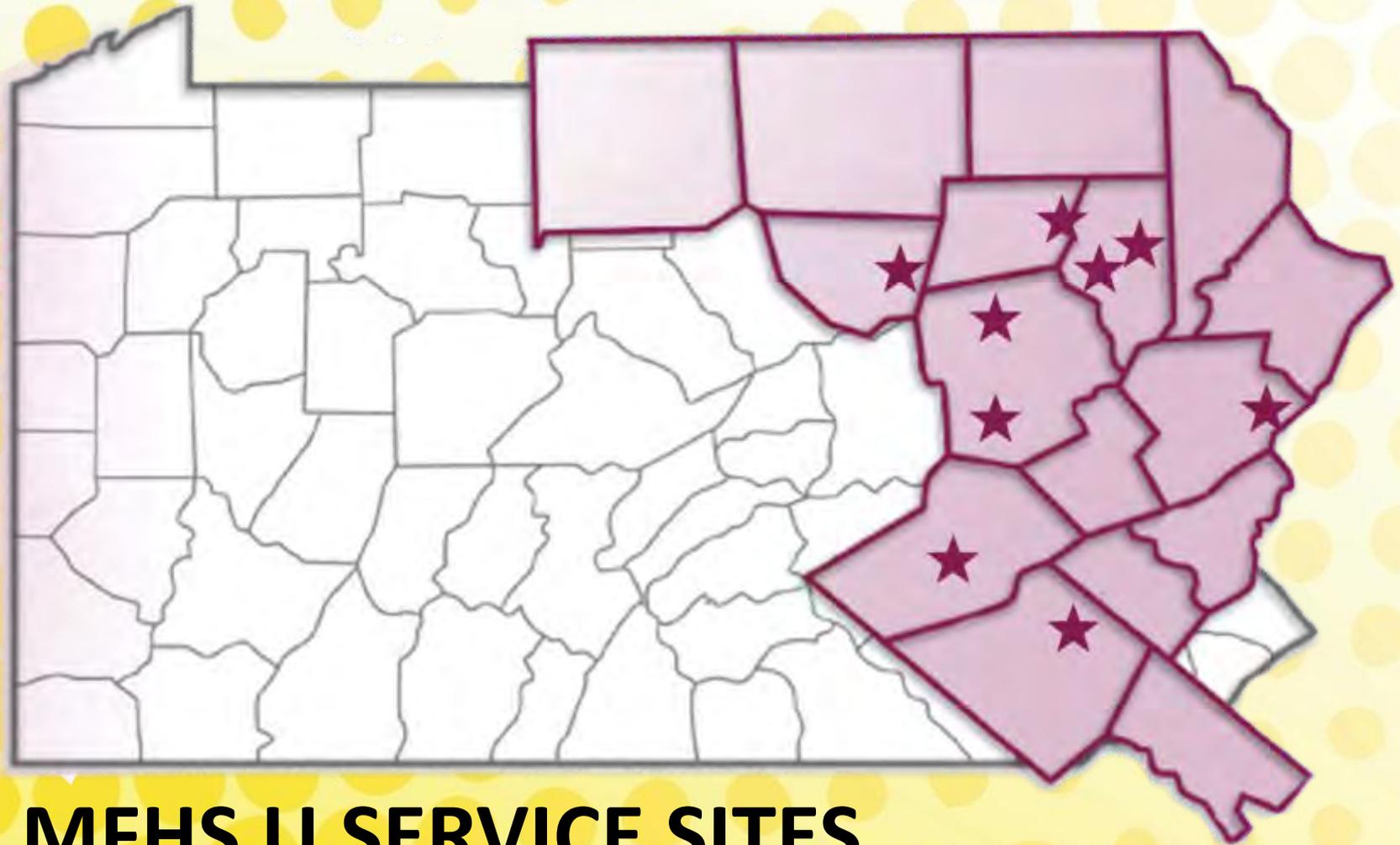
MEN CAN STOP RAPE

MFHS U MEDIA KIT

Outreach Materials for On Campus Providers

mfhs.org | safeteens.org





MFHS U SERVICE SITES

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strength

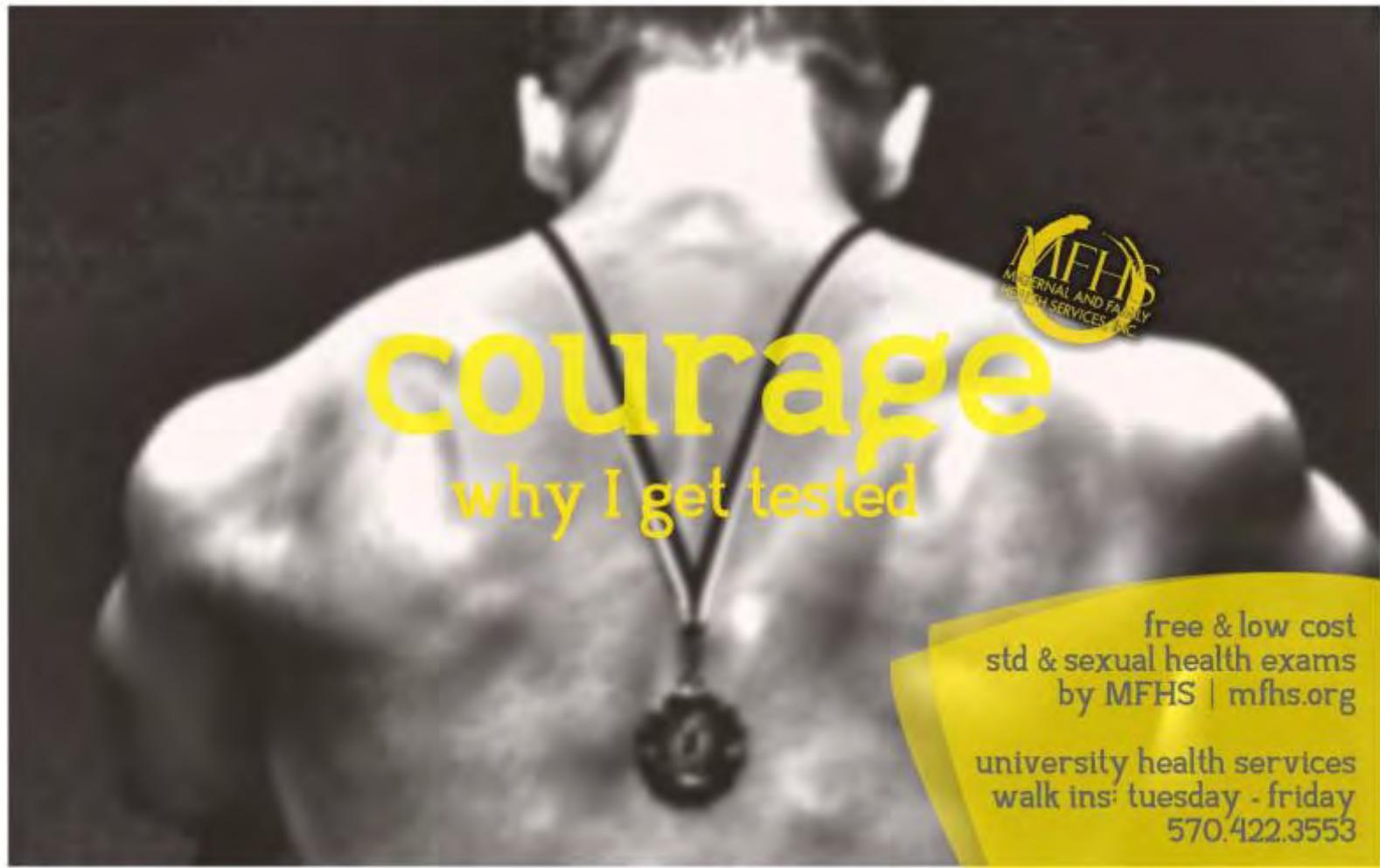
why I get tested

free & low cost
std & sexual health exams
by MFHS | mfhs.org

university health services
walk ins: tuesday - friday
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courage

why I get tested

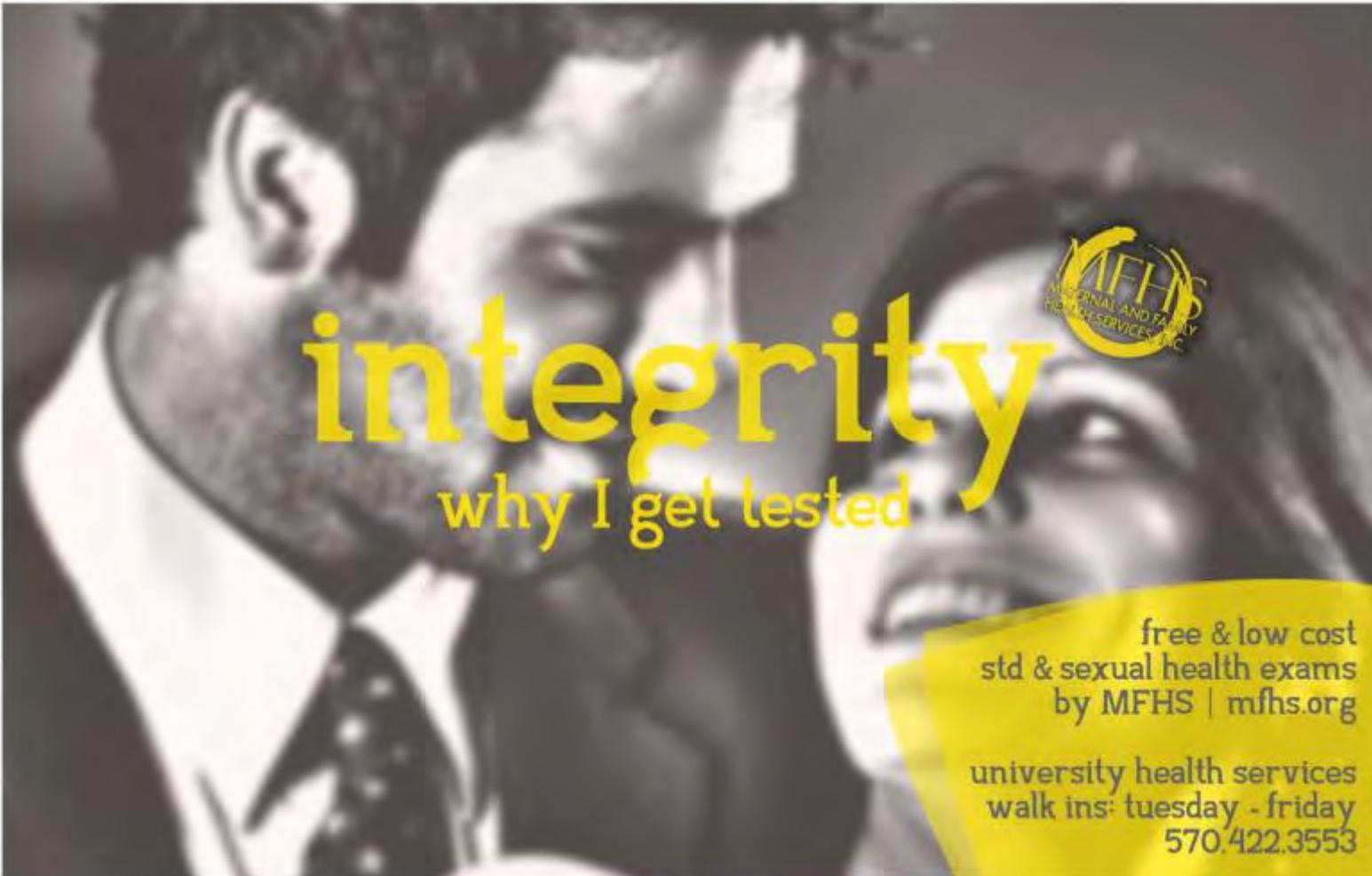


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integrity

why I get tested

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LITTLE BLACK BOOK

A guide promoting healthy sexualities



HEALTHY SEXUALITY

POSITIVE BODY-IMAGE

CONSENSUAL

NON-EXPLOITIVE

HONEST

ACCESS TO INFORMATION

SAFE

IN LINE WITH VALUES

OPEN COMMUNICATION

RESPECTFUL OF OTHERS

ACCEPTING OF GENDER ID,
SEXUAL ORIENTATION

1

Have character.

Good sex is built on respect for yourself and for your partner. See your partner as an equal, with the right to say no to any activity, for any reason. Contribute to their self-esteem and body image.

Treat people of all genders and sexual orientations with respect.

2

Be courageous.

If things get hot and heavy, have the courage to find out what your partner wants by asking questions. Communicate your boundaries and respect theirs.

Try these on for size:

- "I want to _____. May I?"
- "May I _____ your _____?"
- "Where do you want my _____?"

Remember, your partner must say "yes" to every sexual activity. She or he does not give consent simply by not saying no. Asking permission doesn't ruin the mood; it can be the most fun and satisfying part of sex.

hormonal methods

91%
the pill

91%
the ring

91%
the patch

94%
the shot

99%
IUDs and
implants

100%
abstinence

3 Be the protector.

STIs are both common and sneaky. Nearly one in five sexually active people will get an STI by age 25, and most of them won't even know it.

The good news is you can protect both yourself and your partner from STIs with male latex condoms. You should use a condom during oral, vaginal and anal sex. Use a new condom with each erection and anytime you switch holes or partners.

With a little imagination, sex with condoms can be even more pleasurable than sex without condoms.

Be in control.

While condoms do a great job reducing the risk of STIs, hormonal birth control methods are much better at preventing pregnancy. That's why condoms should be coupled with another birth control method such as the pill, the ring, or the patch.



Stay strong.

The most common STI symptom: no symptom at all. How's that for sneaky?

That's why it's important to get screened regularly for STIs. All STIs are treatable and many are curable. But left untreated, an STI may spread to your partner and leave you both with serious health consequences.

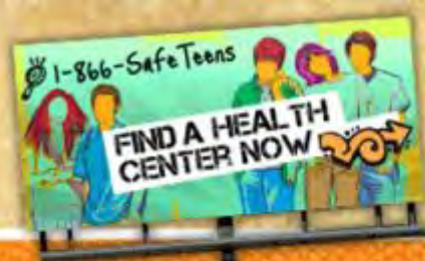
Depending on your income, MFHS screening is free or low cost. It is always confidential. Call or click to find a center near you.

man.mfhs.org 1.800.FOR.MFHS

The logo for Safe Teens features the word "Safe" in black letters on light blue rectangular backgrounds, and the word "Teens" in black letters on light green rectangular backgrounds. Small clusters of blue and green dots are positioned between the two words.

Safe Teens

MAN CAVE



Teen Game Plan

News

Safe Sex

Teen Pregnancy

Drugs & Alcohol

Mind & Body

Relationships

Nutrition & Exercise

LGBTQ

The Man Cave

- Guys & Sex
- Safe Sex For Guys
- Condoms: The Low Down
- A Guys Guide to Hormonal Contraception
- Emergency Contraception
- Men & Alcohol
- Male Body Image

Resource Corner

The Man Cave

Be strong. Be sensitive. But not too sensitive! Guys today get a lot of mixed messages, leaving us all asking one question:

Just what does it mean to be a man, anyway?

For most guys, this question is important – and personal. The truth is, guys of all ages go to great lengths to prove their manhood to themselves and others – especially other men.

While some may think being a man is about being tough and aggressive, there's actually more to it than just that.

Being a man is also about emotional and ethical strength.

Having emotional and ethical strength means recognizing that you can't tough it out all of the time. It means realizing that while it's okay to be tough and aggressive some of the time, it is also okay to be sensitive and vulnerable at others. It means understanding how your words can affect others and going an extra step to care for and respect others.



Teen Game Plan

News

Safe Sex

Teen Pregnancy

Drugs & Alcohol

Mind & Body

Relationships

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The Man Cave

- Guys & Sex
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- **Men & Alcohol**
- Male Body Image

Resource Corner

Men & Alcohol

When movies and advertisements suggest that all you have to do to be a man is drink alcohol – and drink a lot of it – it's no wonder that guys feel pressured to drink. While some guys drink because their curious to see what it feels like, other guys feel drinking will allow them to prove their masculinity to peers and gain popularity.

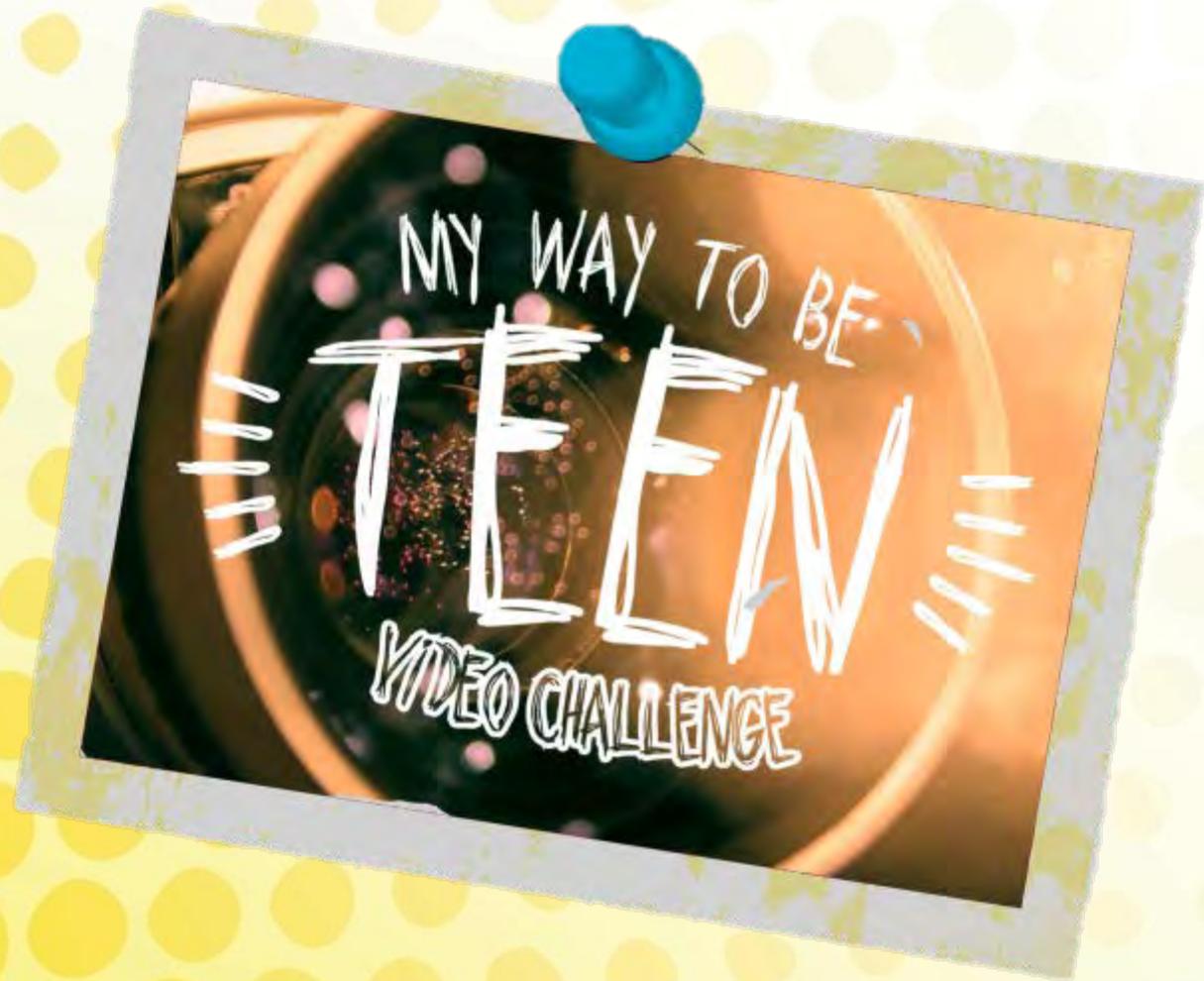
At the Man Cave, we know that this type of thinking is not only misguided and dangerous but also based on misconceptions, so we want to clear a few things up:

First, guys often think their peers drink more than they actually do. In reality, most high school kids don't drink at all. And those that do probably drink less than you think they do. So if you're drinking to keep up with your buddies, chances are you're drinking much more than your buddies.

Second, guys sometimes think drinking can prove a guy's manhood. But the truth is beer funnel after beer funnel or shot after shot will not make you any more of a man and masculinity cannot be found at the bottom of a bottle. Being a man is not about following the crowd. It's about being your own person able to resist the influence of others when necessary; it's about taking care of your health and doing the right thing, even if it's not popular.

Alcohol abuse, particularly [binge drinking](#), can have extreme consequences. Abstain from alcohol and take control of yourself and your health and you'll prove your manhood not by the number of





[SAFETEENS.ORG/MY-WAY](https://safeteens.org/my-way)

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SOCIAL MEDIA

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Create Ad

Who's The Man?



You are when you like SafeTeens. Get all the info you need on safe sex and healthy living.

You like SafeTeens.org.



WE AREN'T BORN
SEXIST.
SEXISM IS LEARNED
REVOLUTIONIZE
YOUR MIND.
MANHOOD SHOULDN'T
DEPEND ON PUTTING
OTHERS DOWN, BUT ON
STANDING FOR THE
BASIC HUMAN RIGHTS
OF BOTH SEXES

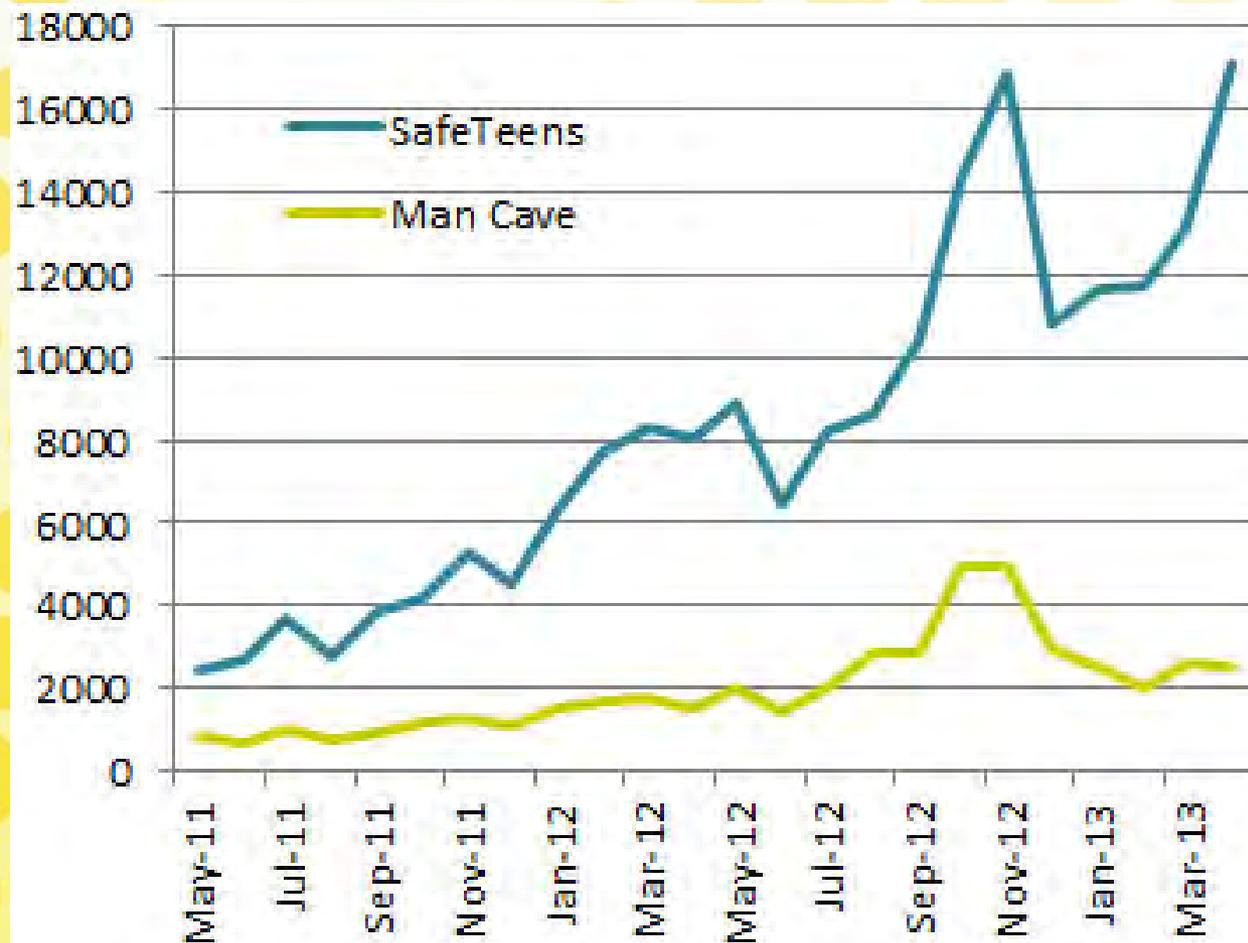
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LESSONS LEARNED

1. Healthy sexuality requires new definitions of manhood.
2. Gender neutral outreach ≠ outreach to teen boys.
3. Teen boys are seeking information on sex and masculinity.



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