

Bridging the Gaps: Eliminating Disparities in Teen Pregnancy and Sexual Health
June 4-6, 2014

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**Setting the Stage:
The Behind the Scenes of Empowering
High Risk Youth to Transform their Lives**

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Family and Youth Services Bureau
Competitive Abstinence Education
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Session Objectives

At the conclusion of this presentation, participants will be able to

- 1) list at least two ways in which programming is adapted to be culturally sensitive and trauma informed.**
- 2) describe at least two ways in which a dual participant enrollment/blended funding model offers a transformative impact in the lives of youth served.**
- 3) receive three tools to create an environment that replicates the transformational service learned about in this session.**

The Youth Services Department

Bethany Christian Services

- Holistic case management services
- Dual participant enrollment
- Building department capacity and staff development
- Blended programming
- Creative problem solving
- Research and outcomes tracking
- Evidence based programming

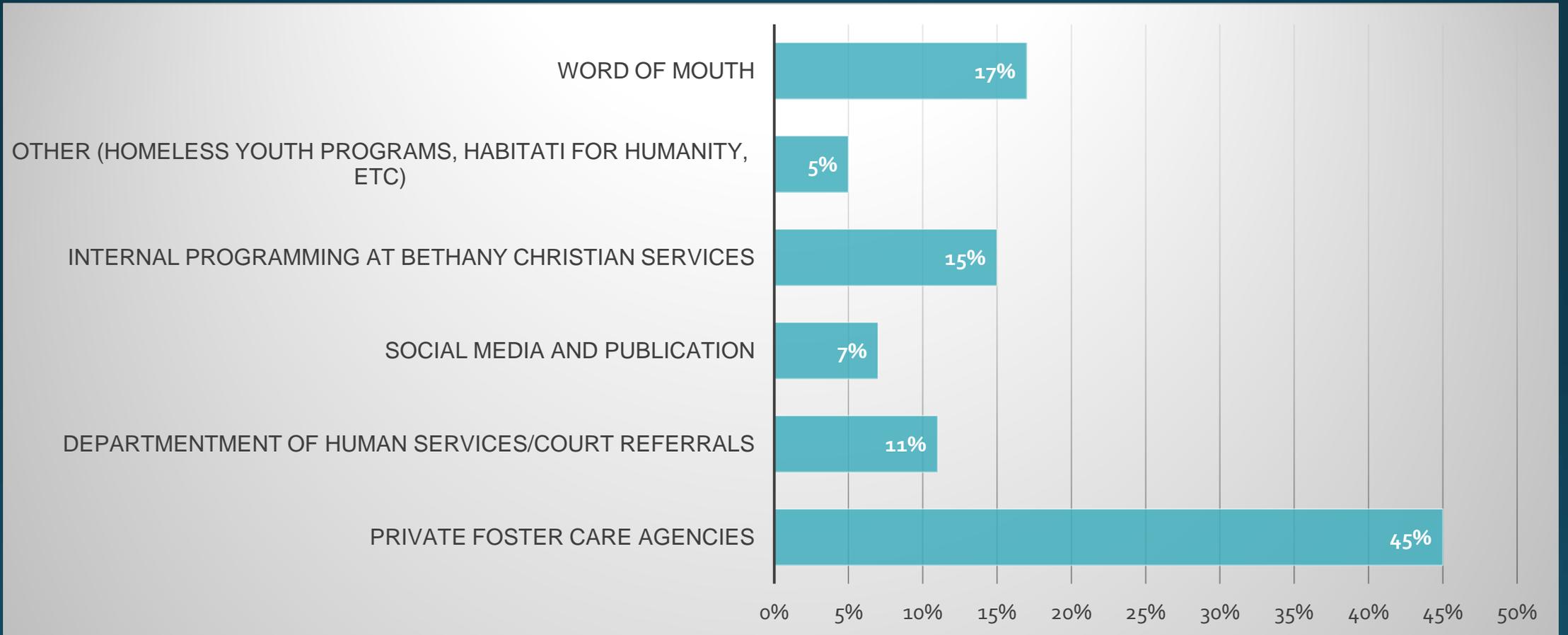


The Population

Youth at high risk including those experiencing:

- The Domestic and Refugee Foster Care Systems
- Homelessness
- Residential Care
- Child Protective Service Referrals
- Mental Health Diagnoses
- The Juvenile Justice System
- Pregnancy/Parenting Youth
- Disabled Students (Educationally and Vocationally)

Current Referral Sources



Holistic Case Management

Staff Training

- Seita Scholar Coaching Model

Department Resources

- Ansell Casey Life Skills Domains

Holistic Case Management

A continuum of youth services:

- substance abuse counseling,
- youth advisory board
- youth development classes
- YMCA gym membership
- social networking weekly meetings
- leadership ambassador club
- GED prep and testing
- driver's training
- financial literacy
- college visits
- construction certifications
- mentoring, employment readiness
- paid employment placement
- social enterprise employment
- landscaping training
- tuition matches
- housing
- hard and soft life skills development
- community service learning
- independence transition assistance
- special events
- and more

Culturally Competent Foundations

- Ongoing staff training opportunities
- Interpretation and language services
- Integration of the youth's past, present, future, and culture of origin
- The youth is the expert
- Choose partners who are like minded
- Be aware of your own biases and assumptions
- Ask open ended questions
- Allow for yourself to be corrected by the youth
- Talk openly about youth's frustrations with stereotypes and incorrect assumptions
- Perspectives and feelings are not "right" or "wrong" but rather different

Example

Sample curriculum statements and questions:

“We want you to take a serious look at the big pressures teens face in romantic relationships: The decision to have sexual intercourse.”

Culturally competent adaptation statements & questions:

“Let’s talk about some of the pressures that all people in romantic relationships face and how they are affected by different cultures, like choosing when to have sex.”

EXAMPLE

Sample case study vignette in curriculum:

“Darryl is so glad school is over for the day. He had two tests today and is definitely ready to chill out and take it easy- he was up late last night watching that new show on cable. Besides, his girl Belinda just bought the latest CD by a popular group and they have plans to listen to it this afternoon. He heads for the bus stop but runs right into Gary, who grabs him by the arm and starts pulling him back toward the gym.

Sample case study vignette: made into a mad lib for the youth to fill out.

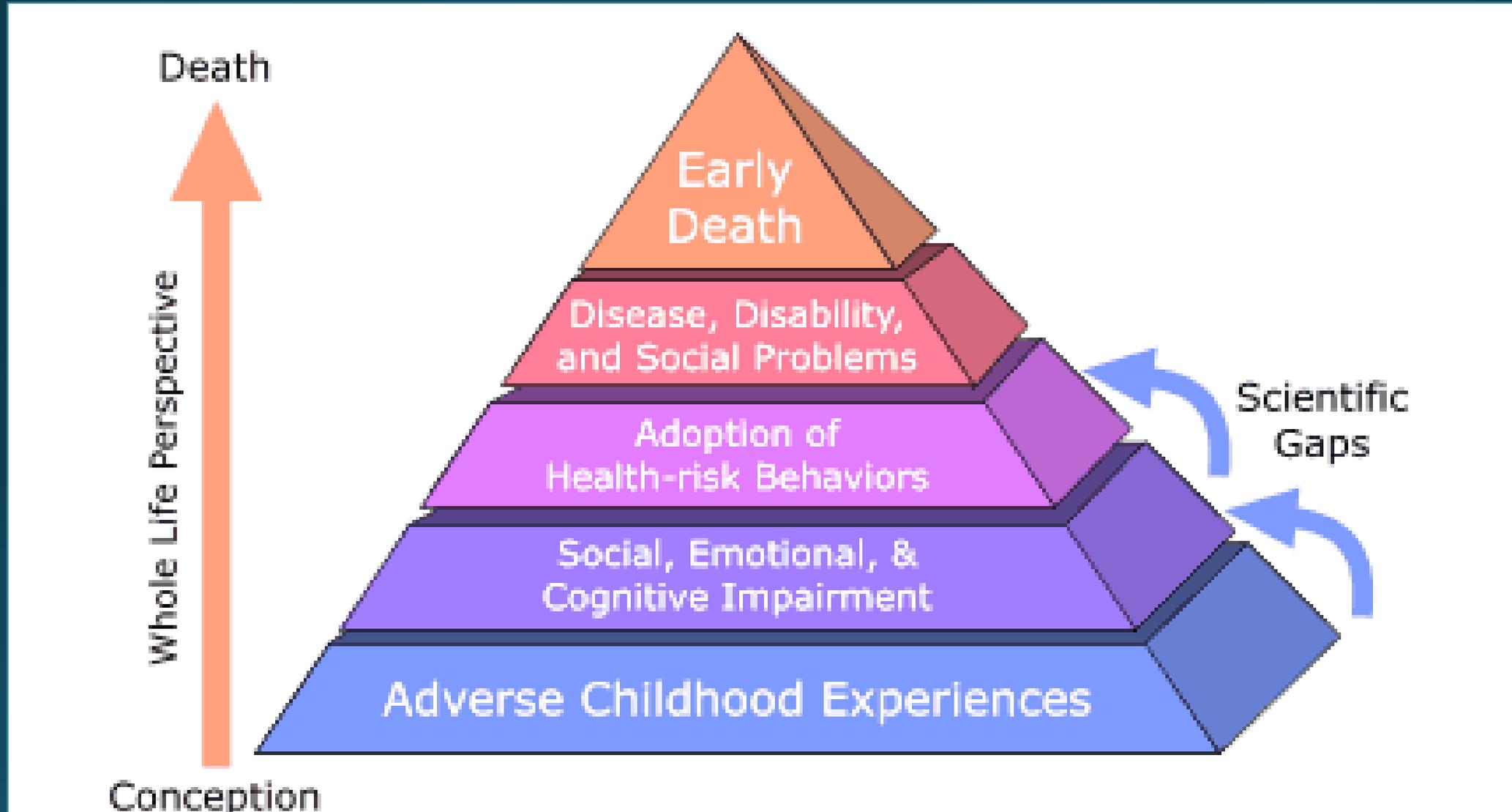
“MALE NAME is so glad school is over for the day. He had two tests today and is definitely ready to chill out and take it easy- he was up late last night watching POPULAR SHOW. Besides, his girl GIRL NAME just bought the latest album by MUSICAL ARTIST and they have plans to listen to it this afternoon. He heads for the bus stop but runs right into 2nd MALE NAME, who grabs him by the arm and starts pulling him back toward the gym.”

Trauma Informed Care

- Train staff, educate caregivers, support workers
- Utilize resources that are evidence based and have been through rigorous studies
 - Adverse Childhood Experiences Study (ACES)
 - Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
 - The National Traumatic Stress Network (NTSN)
 - Child Report of Post Traumatic Stress Symptoms (CROPS)



Adverse Childhood Experiences Study (ACES)



Child Report of Post Traumatic Stress Symptoms (CROPS) Trauma Symptomatology Measurement (Sample)

Child Report of Post Traumatic Stress Symptoms	None	Some	Lots
a) I daydream.	0	1	2
b) I think about bad things that have happened.	0	1	2
c) I do special things to make sure nothing bad happens.	0	1	2
d) I do some things that I'm probably too old for.	0	1	2
e) It is hard for me to go to sleep at night.	0	1	2
f) I have bad dreams or nightmares.	0	1	2
g) I get stomach aches.	0	1	2
h) I feel strange or different than other kids.	0	1	2
i) I feel like there's something wrong with me.	0	1	2
j) I feel like it's my fault when bad things happen.	0	1	2
k) I feel sad or depressed.	0	1	2
l) My future looks bad.	0	1	2
m) I'm on the lookout for bad things that might happen.	0	1	2
n) I am nervous or jumpy.	0	1	2

Trauma Informed Care and Pregnancy Prevention

- Intake Assessments
- Communication with caregivers and workers
- Abstinence education
- Open communication with like-minded partners

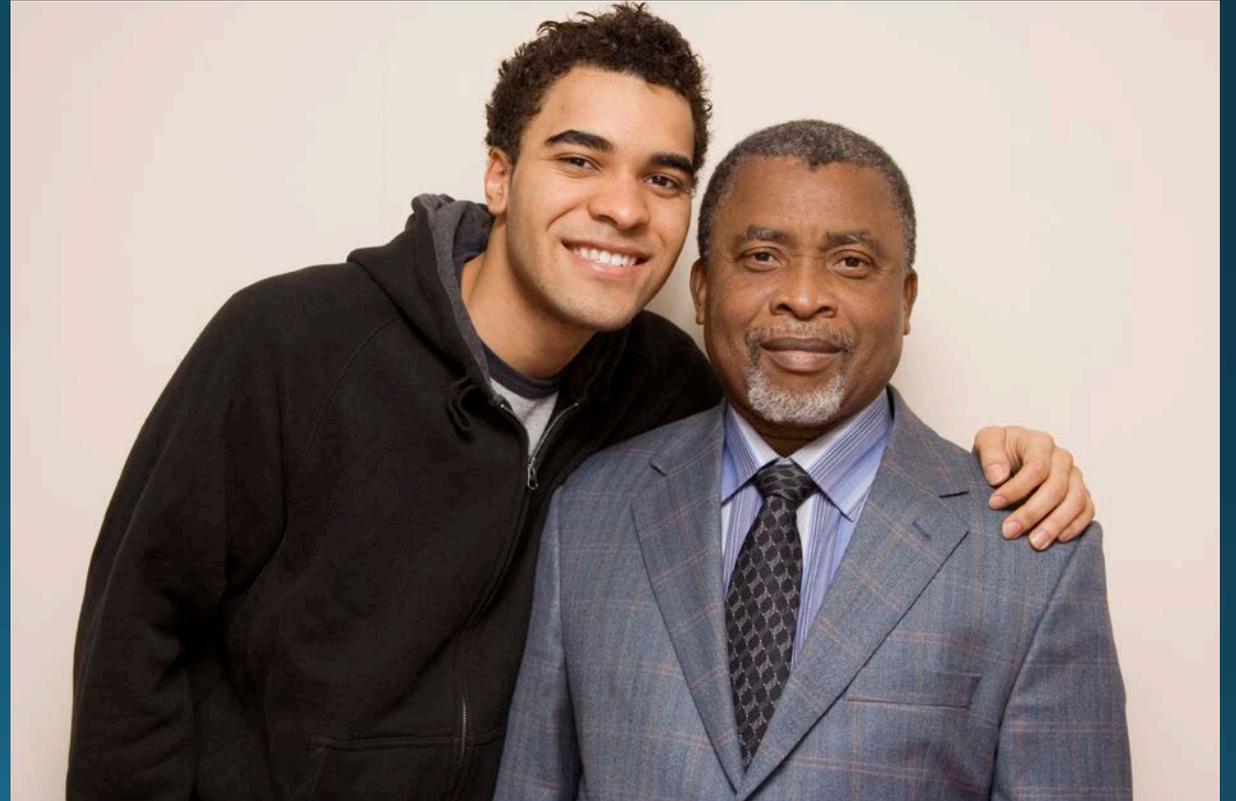


Trauma modules for young people

- 1) Introduction to trauma**
- 2) Coping skills**
- 3) Cognitive behavioral associations**
- 4) Resiliency and protective factors**

Blended funding models & dual participant enrollment

- Why?
- Barriers
- Internal programming & services



Case Study



Meet Alex.

Youth Reported Outcomes:

In the last four years of programming, youth participants reported Bethany's Youth Services Department was either *very helpful* or *helpful* in the following percentages:

Case Management:	93%	Employment Support:	94%
Mentorship:	93%	Independent Living Skills:	94%
Youth Advisory Board:	100%	Closed Case Support:	100%
Education Support:	86%		

Source: Bethany Christian Services 2013 internal customer satisfaction survey results

Marketing Strategies

- Emphasis on services and not funding models
- Advertising for programming that fits your target market
- Individual plans for each student
- Communication with caregivers



Service Oriented Descriptions

[Bethany.org/youth](https://bethany.org/youth)

- 1) Employment Support
- 2) Education Support
- 3) Leadership and Mentoring Support
- 4) Youth Development Classes

Community Worker Reported Outcomes:

Referring workers reported they either **agree** or **strongly agree** in 7 areas by the following percentages:

- The Bethany worker communicated relevant information 100%
- The services met referral expectations 100%
- I will refer to Bethany again 100%
- BCS staff were helpful and responsive 100%
- Services were completed in a timely manner 100%
- Written reports were professionally completed 100%
- Written reports were completed in a timely manner 95%

Source: Bethany Christian Services 2013 internal customer satisfaction survey results

2012 Department Outcomes

<u>Measure</u>	<u>Number of Youth (Achieved Outcome/Total Youth)</u>	<u>Percentage</u>
Successfully completed programming	260/269	97%
Received GED or H.S. diploma	46/50	92%
Literacy/numeracy gains	26/28	93%
Number of youth who began and retained employment throughout year	209/269	93%
Number of youth who entered and continued post-secondary education within year	33/39	85%

Source: Bethany Christian Services 2012 Youth Services Department Internal Outcomes compiled by Paul LeBlanc, B.S.

Outcomes as reported by youth

What % of respondents agree with these statements?	I can say what I think and talk about my life.	I feel physically safe during TOP®.	I feel like I belong/ positive environment.
Males	82.5%	88.9%	90.1%
Females	75.0%	95.4%	88.6%
Refugee Services	84.8%	84.8%	87.5%
Older	86.7%	93.5%	95.7%
Younger	73.9%	91.6%	86.9%
Grand Rapids	79.2%	89.1%	87.1%
Holland/Muskegon	75.1%	100%	87.6%
Madison Heights	95.7%	95.7%	90.9%
Kalamazoo	57.2%	62.5%	71.5%
All Responses	80.3%	89.9%	87.0%

Source: Grand Valley State University Johnson Center 2014 Data Analysis

Outcomes as reported by youth

What % of respondents agree with these statements?	TOP® facilitators care about me.	TOP® facilitators understand me.	TOP® facilitators support and accept me.
Males	87.7%	80.2%	86.4%
Females	95.5%	86.9%	90.2%
Refugee	87.8%	75.8%	81.9%
Older	93.5%	82.7%	93.4%
Younger	95.9%	83.3%	79.1%
Grand Rapids	88.0%	81.6%	88.7%
Holland/Muskegon	100%	81.3%	87.5%
Madison Heights	87.0%	78.3%	86.4%
Kalamazoo	75.0%	75.0%	50.0%
All Responses	88.4%	80.6%	85.8%

Source: Grand Valley State University Johnson Center 2014 Data Analysis

Outcomes as reported by youth

What % of respondents agree with these statements?	Enjoyed service learning	Learned to deal with challenges	Helped plan projects	Made a positive difference	Learned new skills
Males	92.7%	86.6%	82.5%	89.2%	88.9%
Females	93.2%	97.8%	88.9%	84.4%	90.9%
Refugee	87.9%	78.1%	90.9%	87.5%	87.1%
Older	95.6%	89.1%	91.1%	93.3%	91.1%
Younger	86.9%	91.6%	91.7%	83.3%	87.5%
Grand Rapids	91.4%	88.2%	82.5%	89.2%	86.9%
Holland/Muskegon	93.8%	93.8%	81.3%	93.8%	87.6%
Madison Heights	100%	91.3%	95.5%	82.6%	95.5%
Kalamazoo	57.2%	75.0%	75.0%	50.0%	75.0%
All Responses	91.3%	88.6%	84.0%	86.5%	87.6%

Source: Grand Valley State University Johnson Center 2014 Data Analysis

What's next?

References and Resources

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Thank you

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