



Re-imagining Adolescent Pregnancy Prevention: Using a Native Health Model to Build Strong Partnerships and Sustain Programs

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**Bridging the Gaps: Eliminating Disparities in Teen
Pregnancy and Sexual Health**

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Disclaimer

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Objectives

At the end of the session, participants will be able to

- explore adolescent pregnancy prevention programming through a holistic approach using Native models and social determinants of health;
- identify new ways to leverage partnerships in American Indian and Alaska Native communities to further develop adolescent pregnancy prevention programming; and
- identify new ideas and/or opportunities by creatively thinking about future adolescent pregnancy prevention programming for a more comprehensive and sustainable approach.

Tigers and Bears

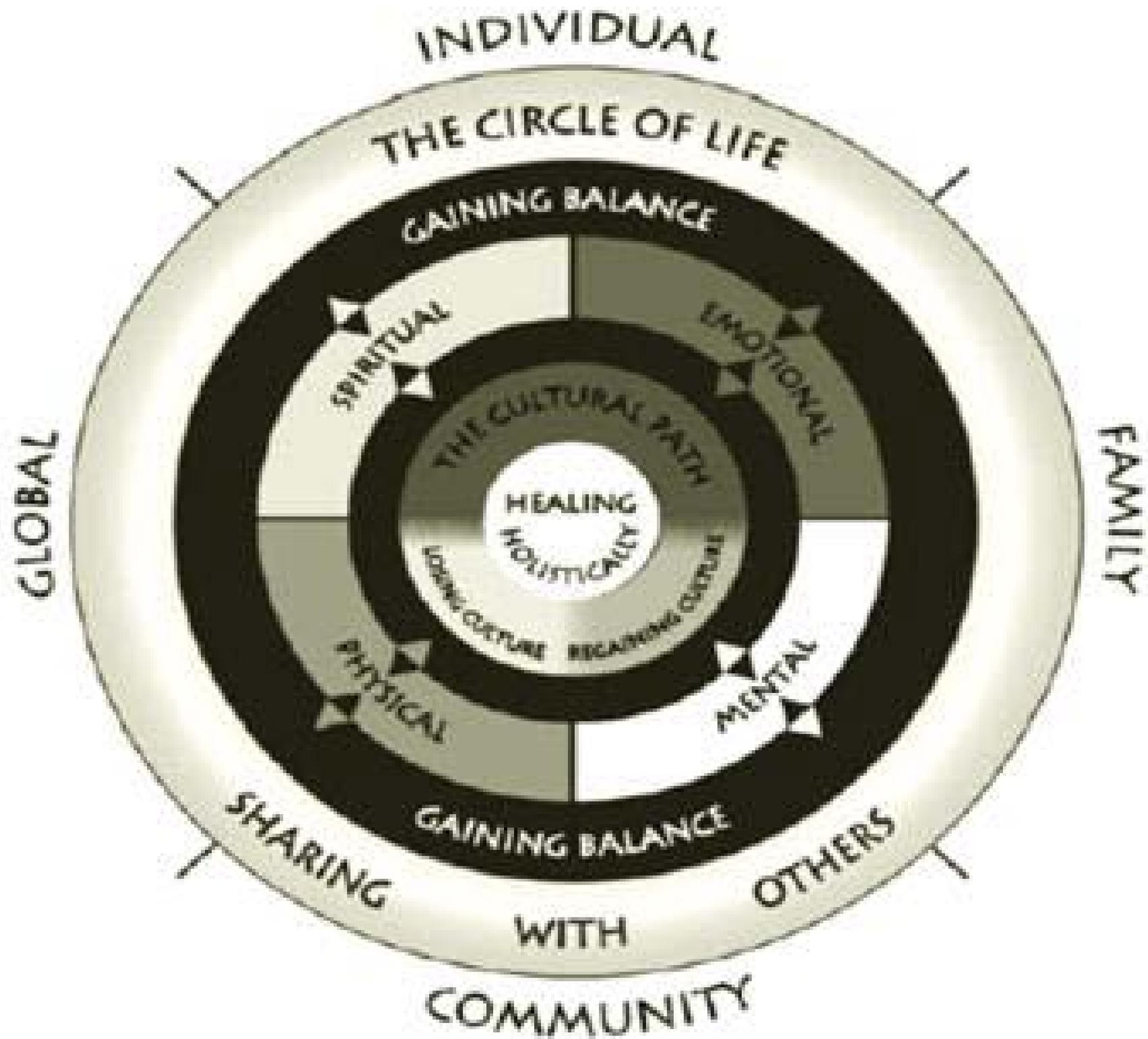




Native Models of Health

What are Native models of health for You?

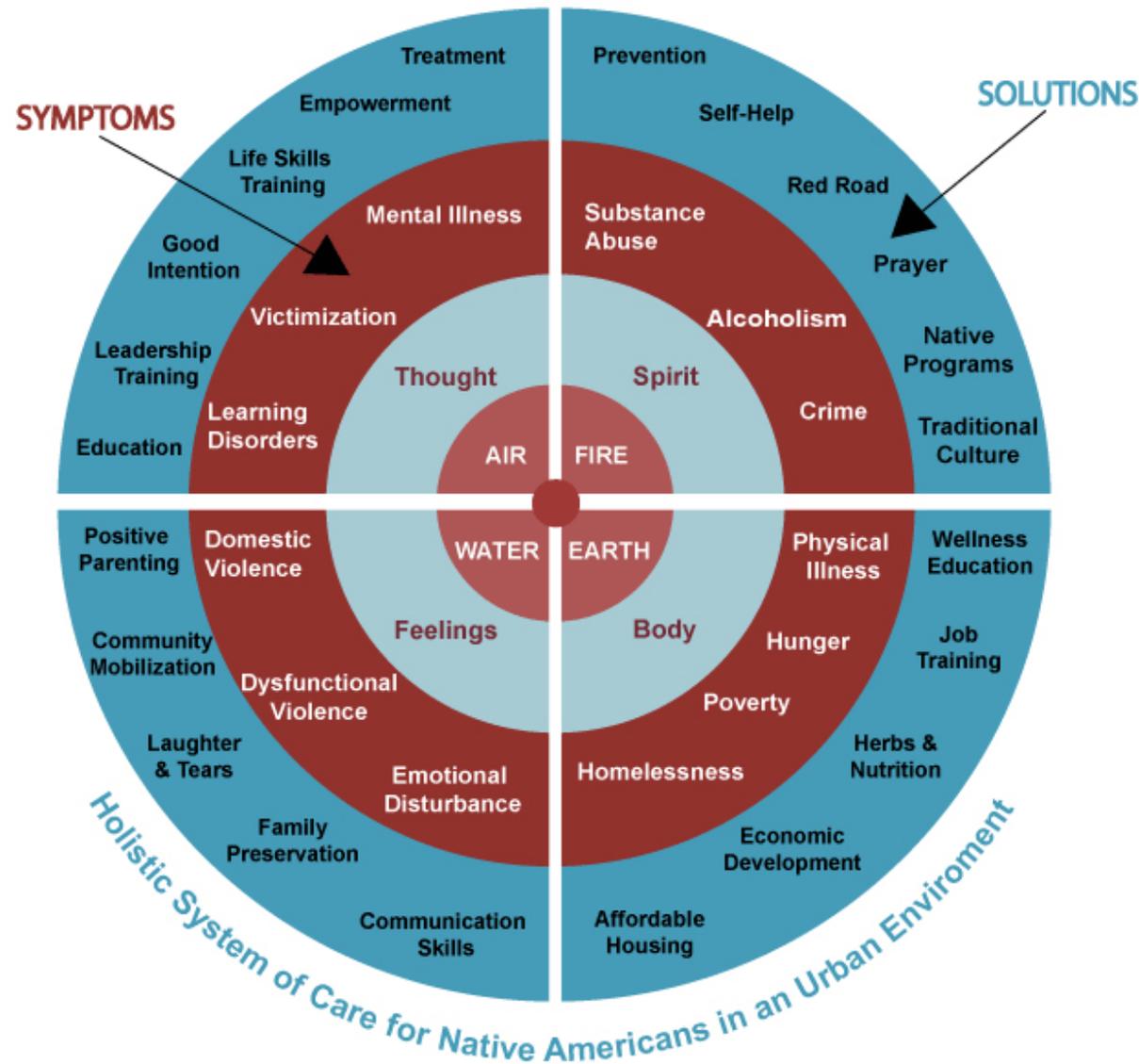




Native Models of Health

- Take into account individual, family, community, and global factors;
- Use culture, tradition, and stories to learn and heal; and
- Strive for balance by addressing the spiritual, mental, emotional, and physical aspects of health.

How can Native models of health help us address teen pregnancy?





Social Determinants of Health

Federal Indian Policies and Health



Social Determinants of Health

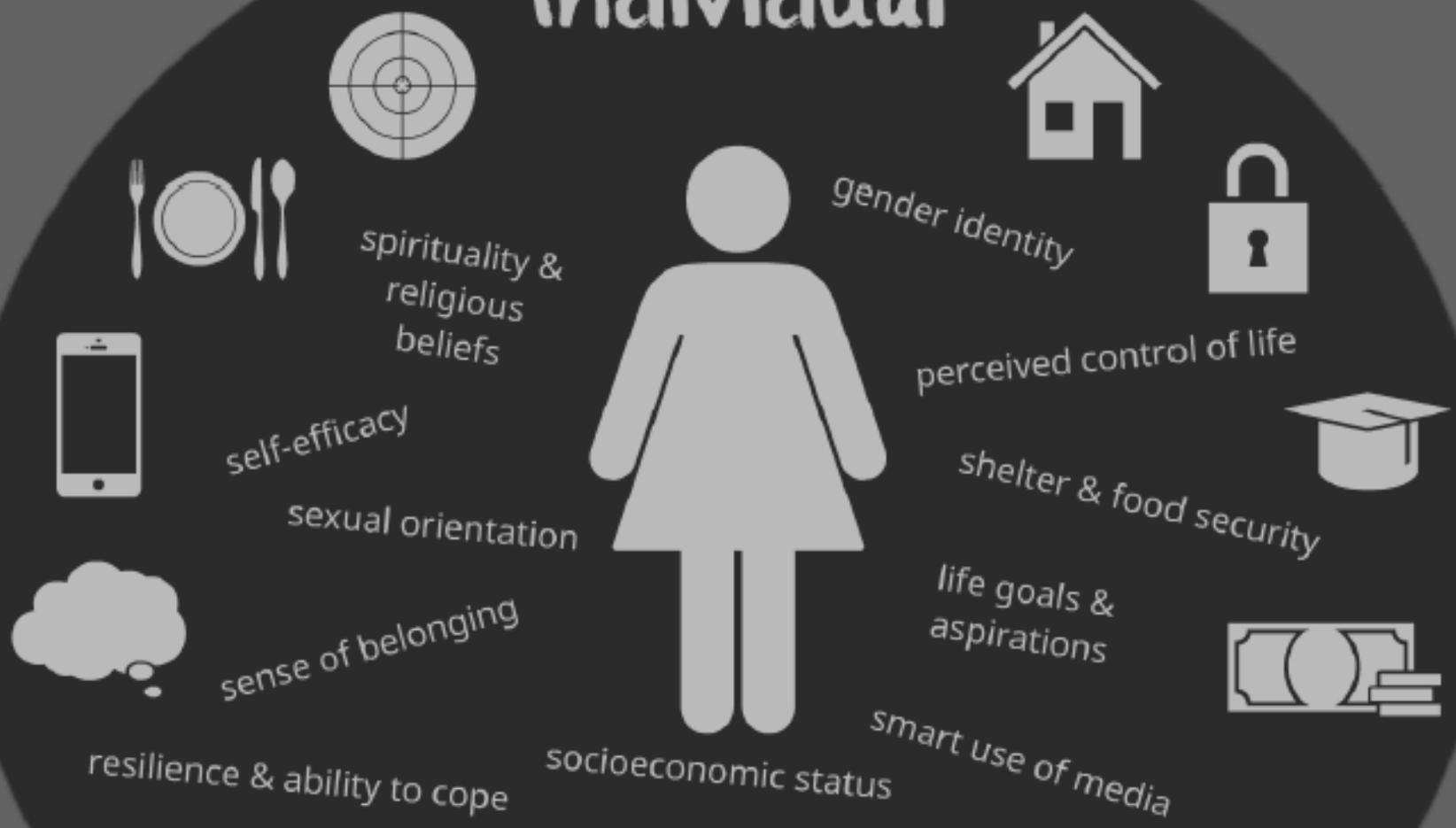
- “Conditions in which people are born, grow, live, work and age. These circumstances are shaped by the distribution of money, power and resources at global, national and local levels.”

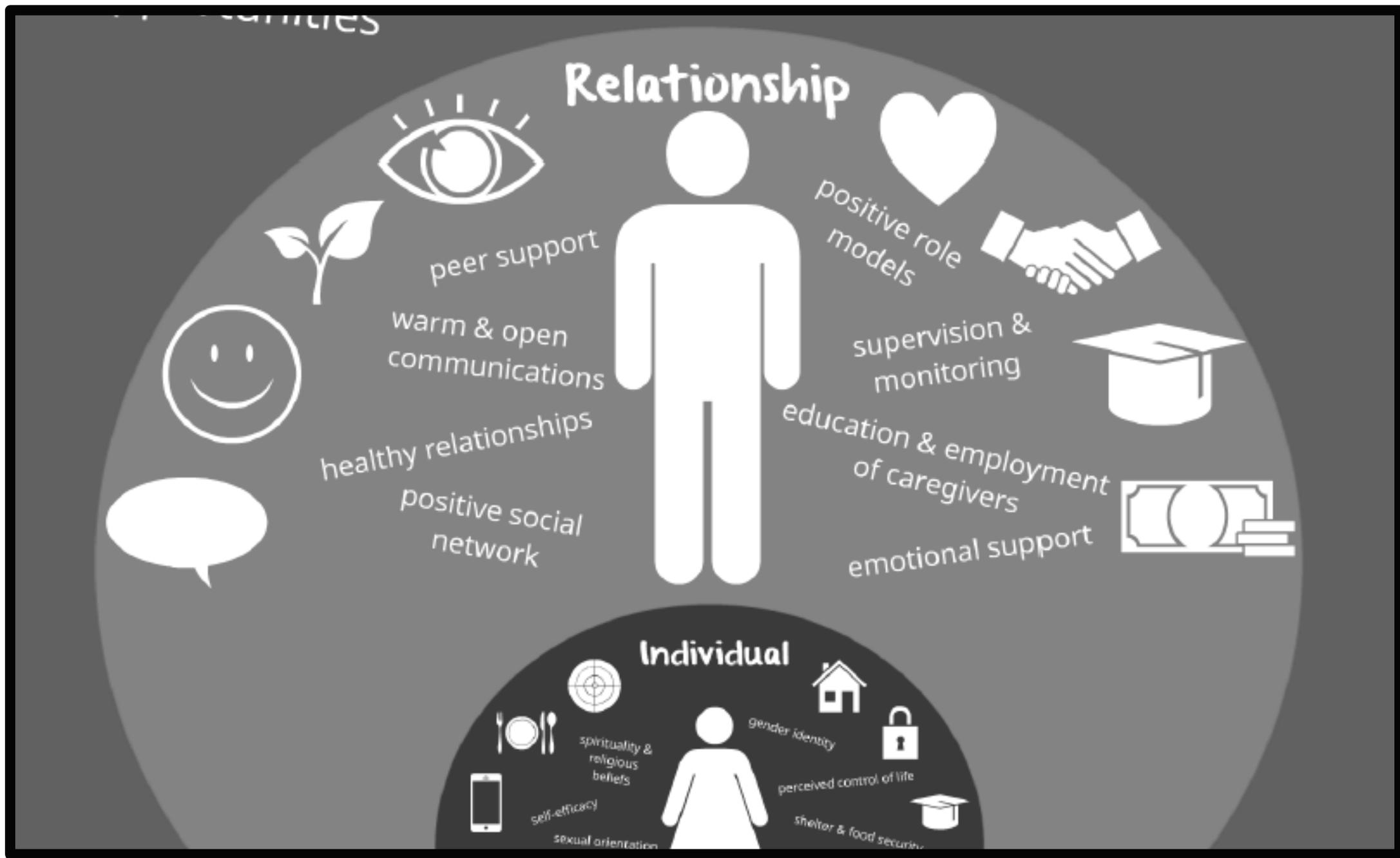
– World Health Organization
- “Conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.”

– Healthy People 2020

1. World Health Organization, Commission on Social Determinants of Health. Closing the Gap in a Generation: Health equity through action on the social determinants of health. Available from: http://www.who.int/social_determinants/en
2. U.S. Department of Health and Human Services (2010). Office of Disease Prevention and Health Promotion. Healthy People 2020. Washington D.C. Available at <http://www.healthypeople.gov/2020/topicsobjectives2020/overview.aspx?topicid=39>.

Individual





Community



- safe space, free of violence
- recreational opportunities
- readily available, healthful food
- geographic location
- community connectedness
- safe & reliable transportation
- employment & diverse education opportunities
- quality, youth-friendly health services

Relationship



- peer support
- positive role models
- warm & open communications
- supervision & monitoring
- healthy relationships
- education & employment of caregivers
- positive social network
- emotional support

Native Models and Social Determinants of Health

- Does our program address how youth can meet the needs of belongingness and love while still making smart reproductive health decisions?
- Does our program draw on cultural strengths within our community?
- Does our program partner with other organizations to ensure youth's basic needs are met?

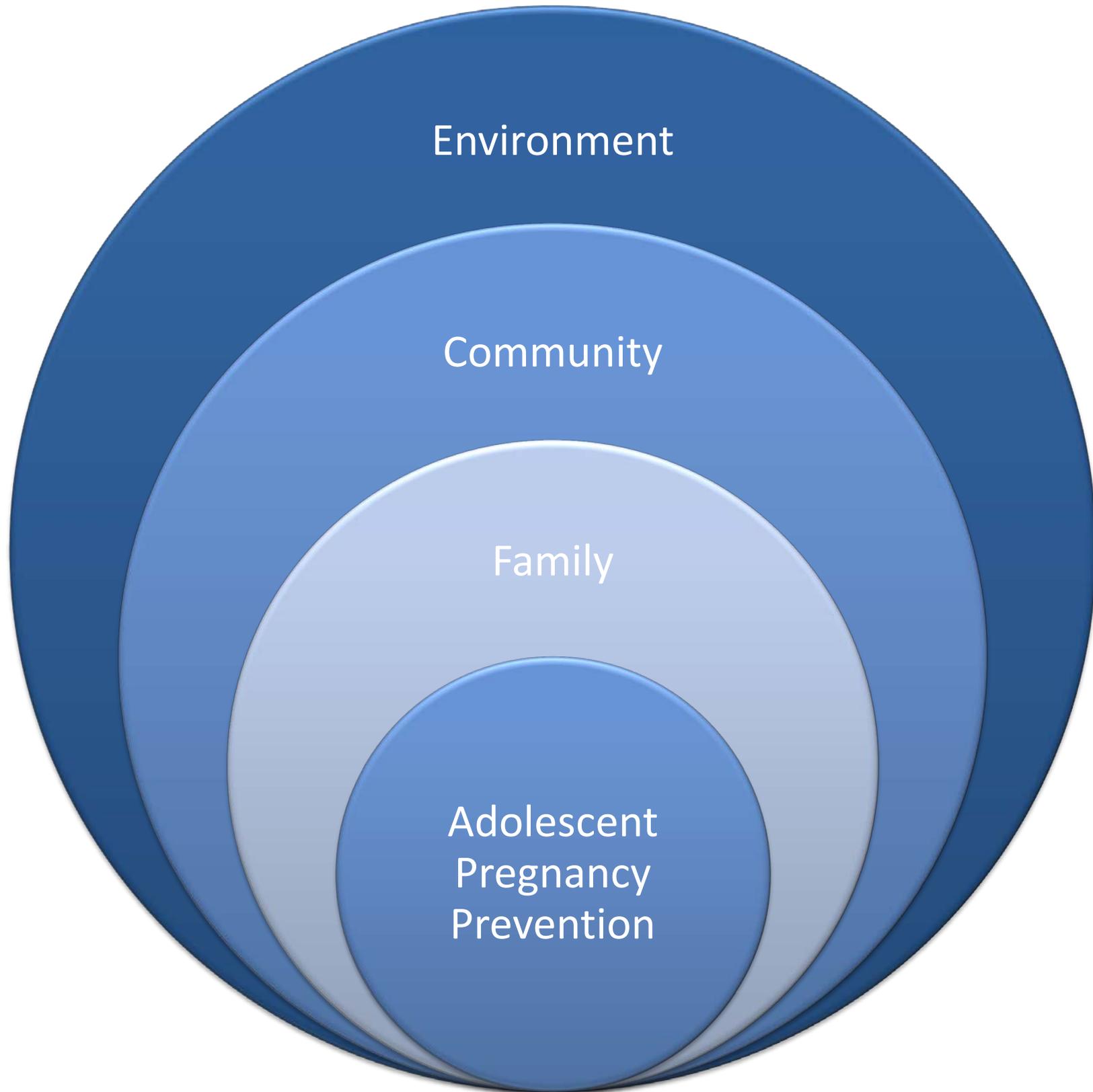


Sustainability and Partnerships

How Do You Define Sustainability?

- Sustainability is improving the quality of human life while living within the carrying capacity of supporting eco-systems.
- Sustainability is developing a program that can withstand the capacity of the projects/organizations/community around it.

1. IUCN/UNEP/WWF (1991). *Caring for the Earth: A strategy for sustainable living*. Gland, Switzerland. Retrieved on March 29, 2009.
2. Magee, L., Scerri, A., James, P., Padgham, L., Thom, J., Deng, H., Hickmott, S., & Cahill, F. (2013). Reframing sustainability reporting: Towards an engaged approach. *Environment, Development and Sustainability*, 15(1), 225–243.

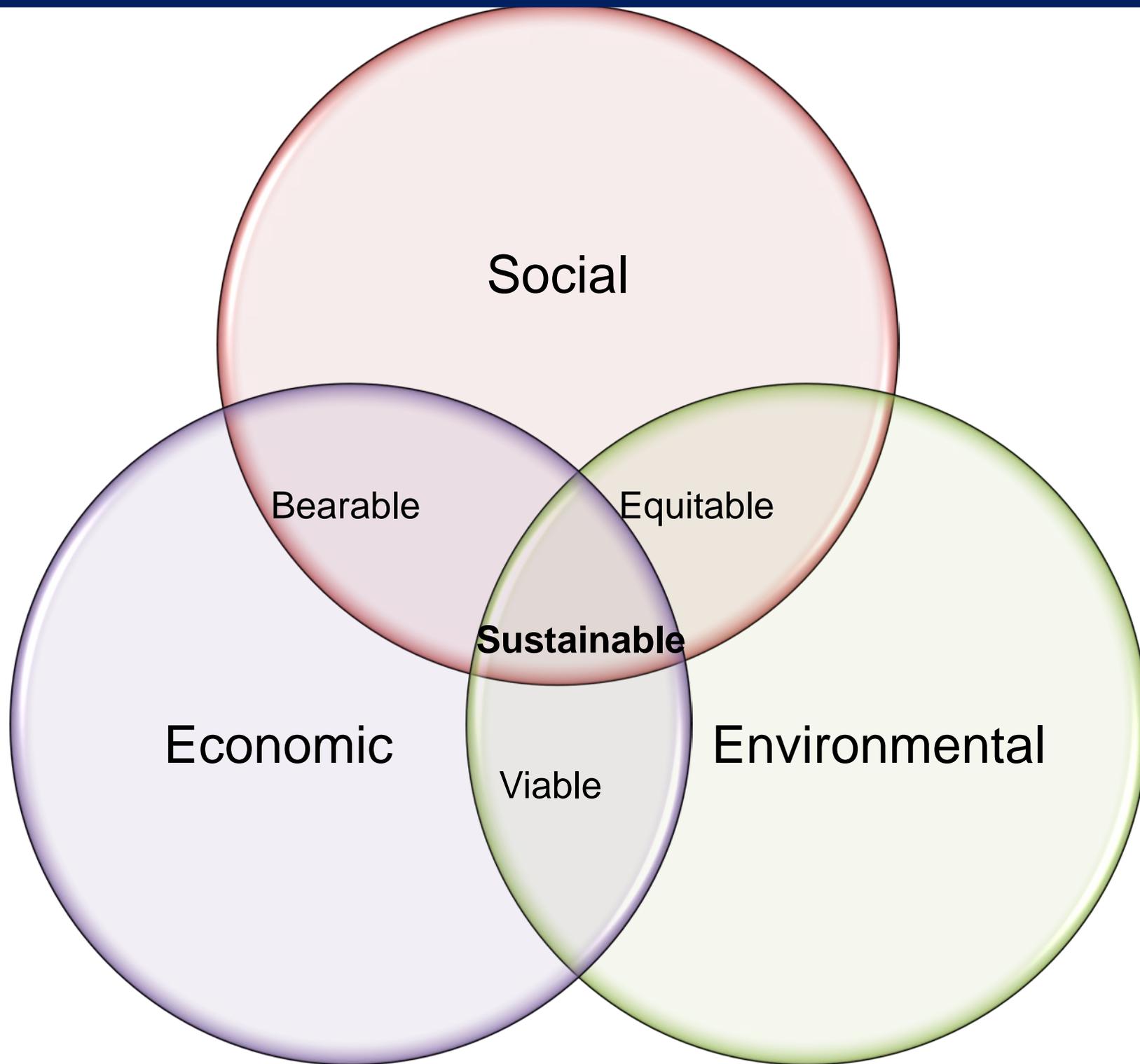


Environment

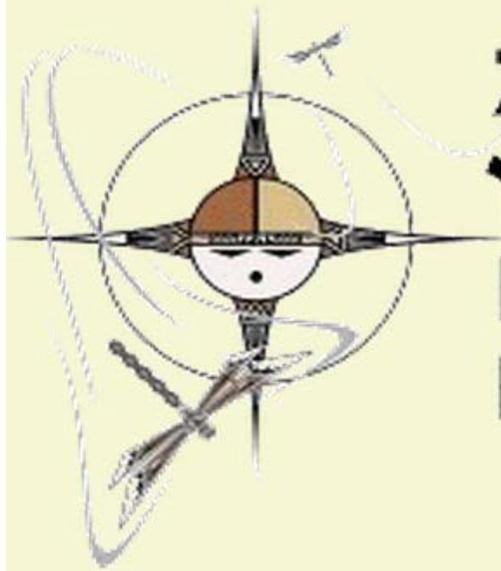
Community

Family

Adolescent
Pregnancy
Prevention



Adapted from Adams, W. M. (2006). *The Future of sustainability: Re-thinking environment and development in the twenty-first century*. Report of the IUCN Renowned Thinkers Meeting, 29–31 January 2006.



ZUNI YOUTH ENRICHMENT PROJECT



WERNATIVE



 We R Native shared a link.
January 31

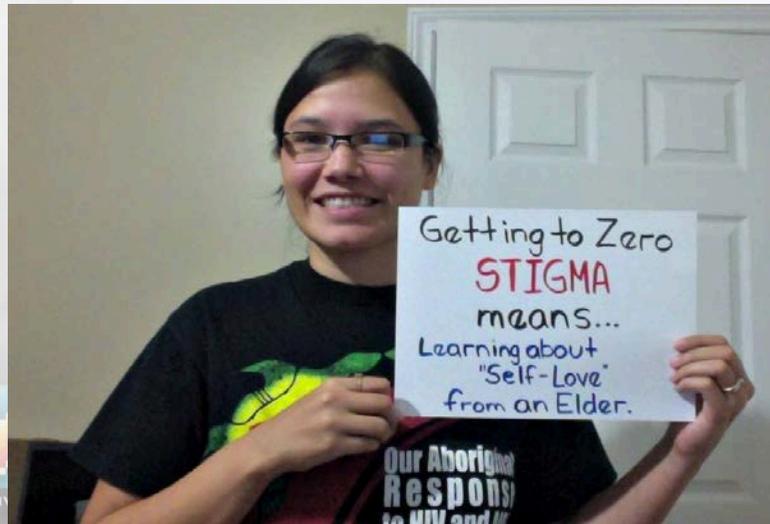
Feeling comfortable in your relationship? If your feeling the pressure, we got some hints on how to handle it and a key to a good thing going, worry-free.
<http://ow.ly/t9Fyu>



WeRNative - Relationships
www.wernative.org



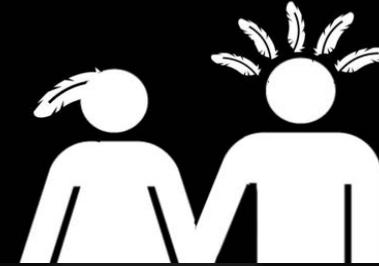
Mind, Body & Spirit?



April is STD Awareness Month

Create your own STD prevention slogan and enter to win \$75

weRnative.org/whoRu.aspx



DO NOT.
I repeat.
Do not rely on smudge alone.
It. Does. Not. Work
Use a condom every time.

I Am Strong in mind & spirit

By sharing with one another, we can teach each other lessons about self-confidence, self-respect, pride, courage, and spirituality.



WERNATIVE



Conceptual Framework for Program Sustainability

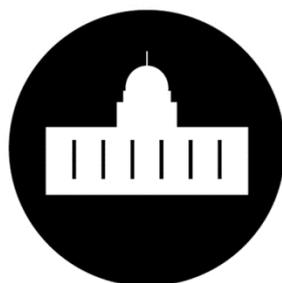
- Reconciled literature with an expert-informed framework.
- The framework presented focuses on sustainability capacity - identifies organizational and contextual characteristics that they believe are necessary conditions for successfully sustaining programs over time



PUBLIC HEALTH IMPACTS



FUNDING STABILITY



POLITICAL SUPPORT



COMMUNICATIONS



STRATEGIC PLANNING



PARTNERSHIPS



PROGRAM EVALUATION



PROGRAM ADAPTATION



ORGANIZATIONAL CAPACITY

Funding Stability

making long-term plans based on a stable funding environment

Political Support

internal and external political environment which influences program funding, initiatives, and acceptance

Partnerships

the connection between program and community

Organizational Capacity

the resources needed to effectively manage the program and its activities

Program Adaptation

the ability to adapt and improve in order to ensure effectiveness

Program Evaluation

monitoring and evaluation of process and outcome data associated with program activities

Communications

the strategic dissemination of program outcomes and activities with stakeholders, decision-makers, and the public

Public Health Impacts

the program's effect on the health attitudes, perceptions, and behaviors in the area it serves

Strategic Planning

the process that defines program direction, goals, and strategies

Who are your Partners?

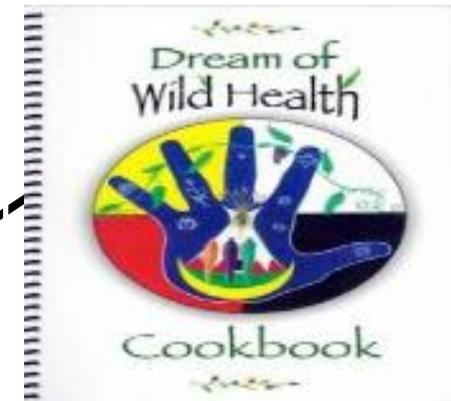
- Community leaders
- Tribes
- Organizations
- Other projects
- Businesses
- Community volunteers
- Others?

What common interests/goals do you have with other organizations in your community who could be potential partners?

What partners do you have or can you recruit to address individuals' holistic health?

What partners do you have on board or can recruit that meet youth's individual, family, relationship, and community needs?

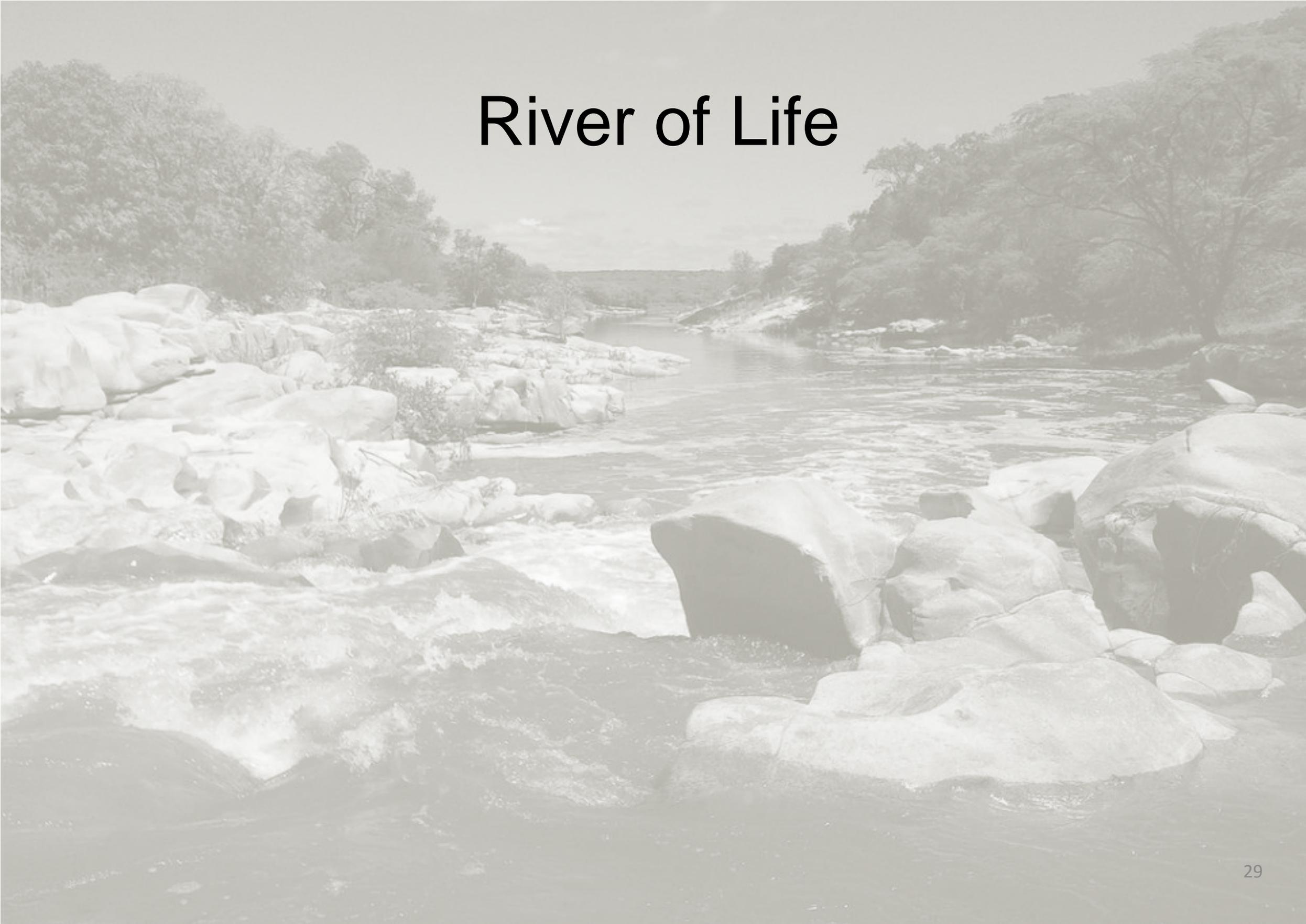
What partnerships will help you be bearable, viable, equitable, and sustainable?



What is Your Pathway to Sustainability and Partnership?

- Identify and define the problem based on social determinants of health.
- Determine and explore how your program fits into the Native models of health.
- How can you involve partners within (or outside) your community to meet your needs?
- Define and clarify how you would work with your partners.

River of Life



Want to Chat?

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Healthy Teen Network

MAKING A DIFFERENCE IN THE LIVES
OF TEENS AND YOUNG FAMILIES



NAMS

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