

Making the Leap: Linking Teens to Sexual Health Care

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- CRUSH was produced by Contract # PO-200-2013-M-57447

Objectives

By the end of this workshop participants will be able to...

- Identify the specific need and development process of each tool.
- Describe the components of the *Keep It Simple: Linking Teens to Sexual Healthcare lesson plan* and motion graphic as well as the *CRUSH* mobile app.
- Describe ways that they can integrate this or other clinic-linking efforts into their work.

Intros & Welcome

Alexandra Eisler, MPA



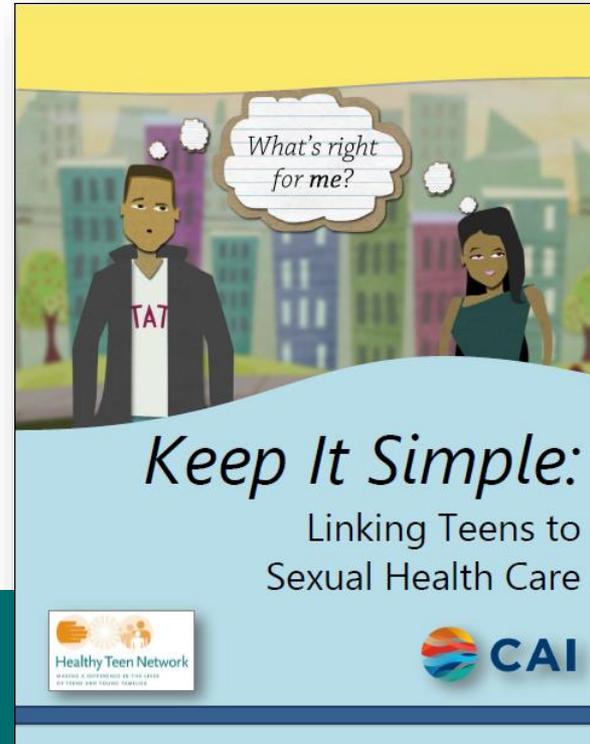
Training & Technical
Assistance Manager

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Keep It Simple



We Set Out to....

...link teens in sex ed classes (or anywhere, really) with sexual health care services.



Product Objectives

- Increased knowledge about contraceptive methods available to teens;
- Increased knowledge about their rights to receive contraceptive and reproductive health care; and
- Increased knowledge about where to go for birth control and STI testing.

Lesson Plan & Animation Themes

Lesson Plan:

45 min

Animation:

Approx 4 ½ min

- Affirming, upbeat, and positive approach.
- "Easier than ever to get information and care you need to be healthy!"
- This is important for guys and girls.
- Teens need accurate information to make the best decisions about birth control.

Lesson-At-A-Glance

Start on
page 9 and
follow along!

Lesson-At-A-Glance

Section	Brief Description	Time Required	Materials Required
Introduction and Large Group Discussion	Facilitator will explain the objective of the session and generate discussion regarding the current knowledge base of sexual health services available to teens.	5 Minutes	None
Opening Facilitated Discussion: Minors' Rights	Provide adolescent participants with state-specific information regarding their rights to confidential sexual and reproductive health services and contraception.	5 Minutes	"Know Your Rights! Sexual Health Care Services Fact Sheet"
Motion Graphic: Standardized Core Curriculum and Processing	Address commonly held myths about birth control and the clinic visit, and discuss basic concepts about selecting and accessing contraceptive and clinical services. Process key takeaway points.	15 Minutes	DVD or Motion Graphic Link for "Keep It Simple" "Comparing Effectiveness of Family Planning Methods" Fact Sheet
Facilitated Discussion: Where to Go	Provide adolescent participants with tailored information about teen-friendly health centers within their communities, and guidance for accessing services.	15 Minutes	"Teen-Friendly Health Centers Referral Sheet" Note cards
Closing and Evaluation	Participants will be given contact information for general information and complete an evaluation	5 Minutes	"Keep It Simple Evaluation Sheet"

Minors' Rights

___ year olds can get tested for STIs/HIV without parent permission.

The test results are completely confidential unless _____

Birth Control & Pregnancy

___ year olds can get birth control without parent permission.

If I'm pregnant or my partner is, prenatal and adoption services are available for _____

To get an abortion a person has to _____

EC is available without a prescription for people 15 or over.

In the state of _____ teens have the right to high-quality sexual healthcare. There are some important things you need to know so that you can get what you need when you need it!

HIV=Human Immunodeficiency Virus (the virus that causes AIDS)

STI=Sexually Transmitted Infection (the same as an STD)

EC= Emergency Contraception (the same as the morning after pill)

Teens in my state can consent to sex if...

They are ___ years old and their partner is ___ years old.

Curious About More?

Visit:
www.scarleteen.org
www.sexetc.org

have the right to quality healthcare!

My Right to Healthcare



Question Guide on page 19

Template on page 21



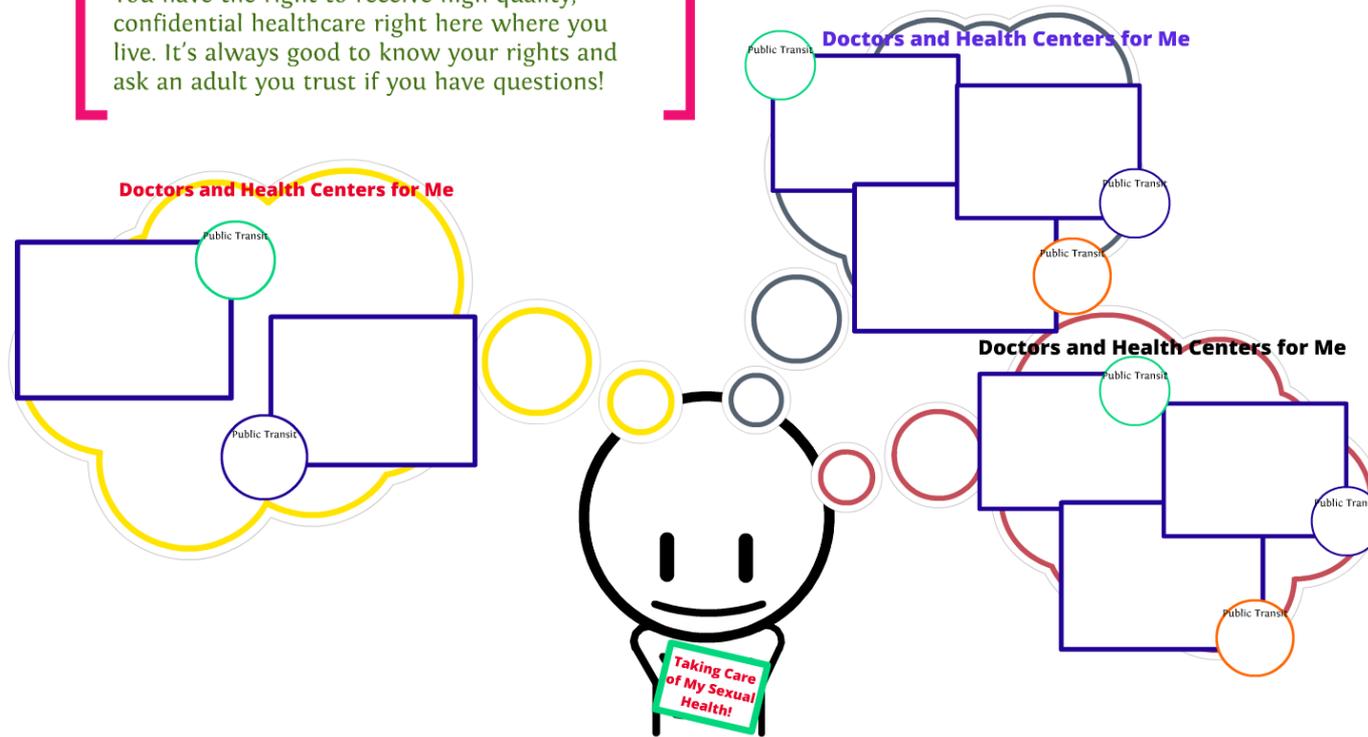
Healthy Teen Network
MAKING A DIFFERENCE IN THE LIVES OF TEENS AND YOUNG FAMILIES

Animation: *Keep It Simple*



Clinic Referral List

You have the right to receive high-quality, confidential healthcare right here where you live. It's always good to know your rights and ask an adult you trust if you have questions!



Resources
on page
22-30

Template
on page 24

Curious About More Locations?
Try Here!

<http://www.hhs.gov/opa/>
&
http://bedsider.org/where_to_get_it

Healthcare in My Community



Healthy Teen Network
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OF TEENS AND YOUNG FAMILIES

Closing & Appendix

Appendix:

- Instructions to Embed “Keep It Simple” and “No te compliques” on Your Website
- Minors’ Rights Worksheet
- Template: Know Your Rights! Sexual Health Care Services Fact Sheet
- Teen-Friendly Health Center worksheet
- Template: “Teen-Friendly Health Centers Referral List”
- Sample Teen-Friendly Health Centers Referral Guides
- Promoting “Teen-Friendly” Clinical Services
- A Teen-Friendly Reproductive Health Visit
- *Your Birth Control Choices* Fact Sheet
- *Comparing Effectiveness of Family Planning Methods* Fact Sheet
- *Keep It Simple* Evaluation Sheet

Don't forget to explore the Appendix!



CRUSH

mart App



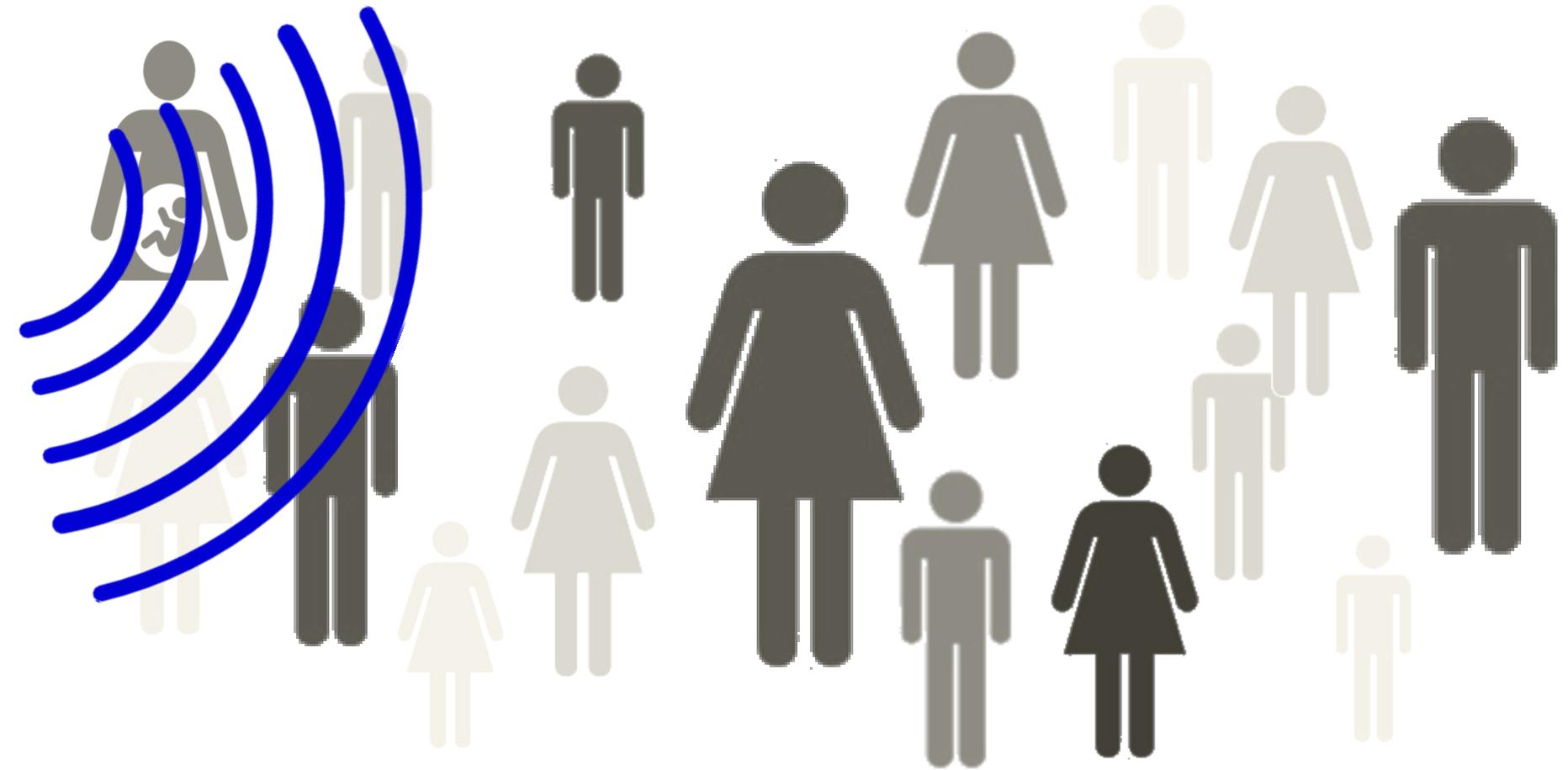
What is Crush?



Who is Crush's Audience?



Who is Crush's Audience?



Who is Crush's Audience?

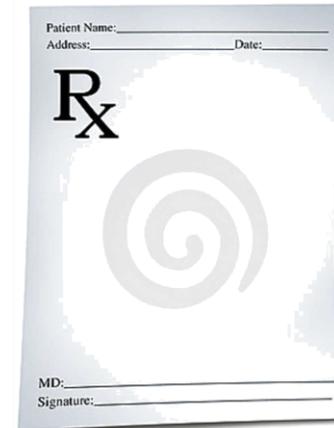
Girls
15-17 yr old

Heterosexual
Self-identify
as girls

Latino &
African American



Crush promotes..



dreamstime



Crush's Goal



Prevention
thru

**Powerful information
grounded in **theory****





Body n' Soul

- **Sex readiness**
- **Healthy relationships**
- **Condom Negotiation**
- **Anatomy & Physiology**
- **STIs**



Body n' Soul

The Show Stopper
"Stopping to put on a condom ruins the moment"

The Pleasure Seeker
"Condoms reduce sexual sensation and pleasure."

The Averter
"Birth control is your responsibility, not mine."

The Pull-Outer
"I will just pull out before I cum."

Back

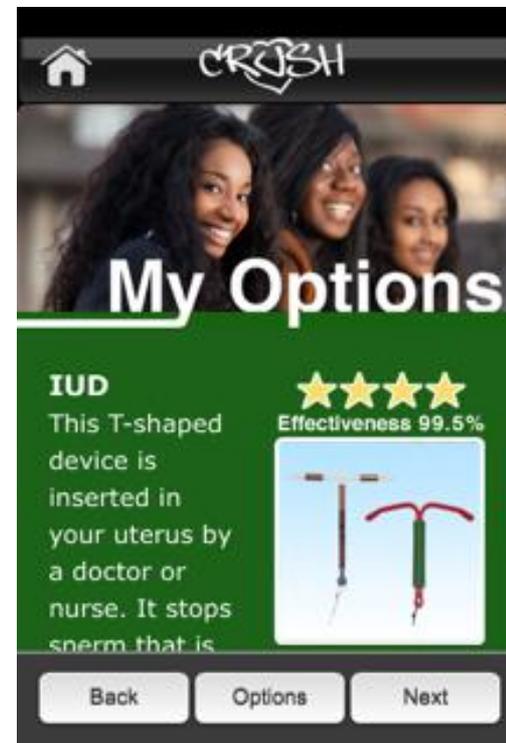
The Denier 

The Loner 



My Plan

•Birth control information & selection tool





Now What?

- **Pregnancy symptoms & testing**

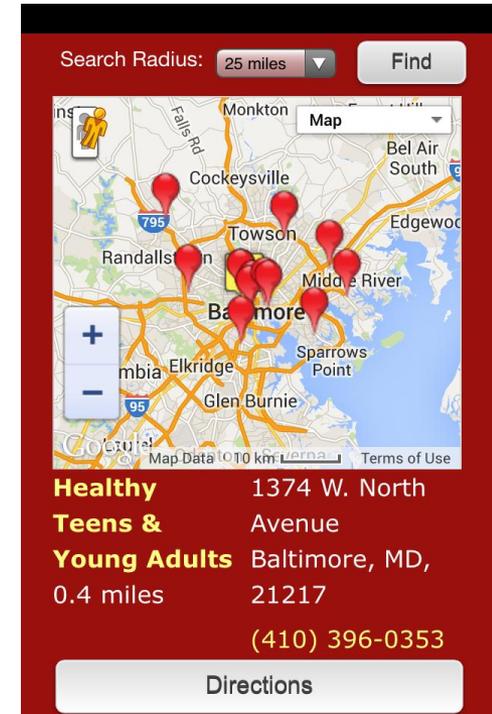
Need Answers?

- **FAQs, hotlines & websites**



Go Get It!

- Clinic finder





Remind Me!

- Birth control reminder for:
shot
Ring
patch &
pill

Remind Me

Birth Control Reminder: Ring

Usage: The ring is 3 weeks in and 1 week out. After you setup the reminder, your device calendar will remind you when it is time to put it in and take it out.

When is the next day you are due to put in your ring?

At what time do you want to receive the reminder?

Back



Crush

En Español!

<p>Where do you see new opportunities in your organization/community to link youth to clinical services?</p>	<p>Who in your organization needs to be involved with planning clinic-linking services/education?</p>	<p>Who in your community should be involved?</p>
<p>What research do you need to do about currently provided clinic and educational services in your community? (Ex. Are services youth friendly? Are services free or low-cost? Are there walk-in hours? Location?)</p>	<p>How would you like to use the resources in "Keep It Simple" and/or CRUSH?</p>	

Produced by CAI & Healthy Teen Network, Adapted by Healthy Teen Network

Keep It Simple

A Lesson in CRUSH-ing It

What's right for me?

Keep It Simple:
Linking Teens to Sexual Health Care

Healthy Teen Network
MAKING A DIFFERENCE IN THE LIVES OF TEENS AND YOUNG FAMILIES

CAI



Q&A

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Thank you!

Please be in touch!

