

# WISE LESSONS LEARNED: ASSESSING AND BUILDING CAPACITY OF COMMUNITIES AND SCHOOLS TO EFFECTIVELY DELIVER SEXUALITY EDUCATION

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Expanding Our Experience and Expertise:

Implementing Effective Teenage Pregnancy Prevention Programs

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# Objectives for Today

- Describe strategies and WISE lessons learned that lead to sustainable sex education in schools
- Demonstrate how the CAPT can determine readiness and training/TA needs to advance sexuality education
- Examine the lessons learned and applications to implementation and sustainability of EBIs in schools and community settings

# About WISE

- Working to Institutionalize Sex Education (WISE)

WISE aims to implement good state sex ed policy in a sustainable way, in schools.

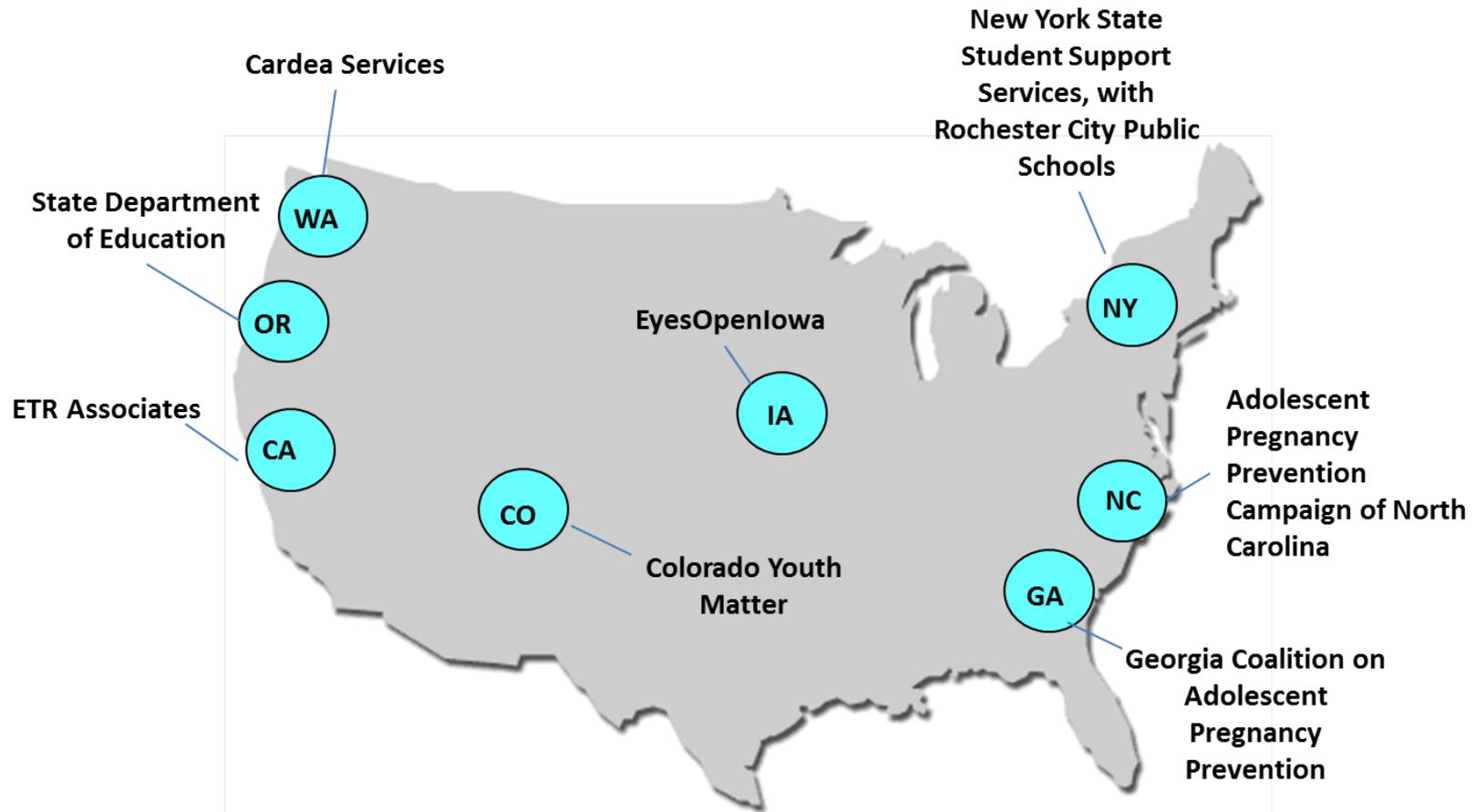


# WISE Strategies

- 1) Focus on school-based sex ed
- 2) Go for institutionalization



# WISE Sites



# Lessons Learned...So Far

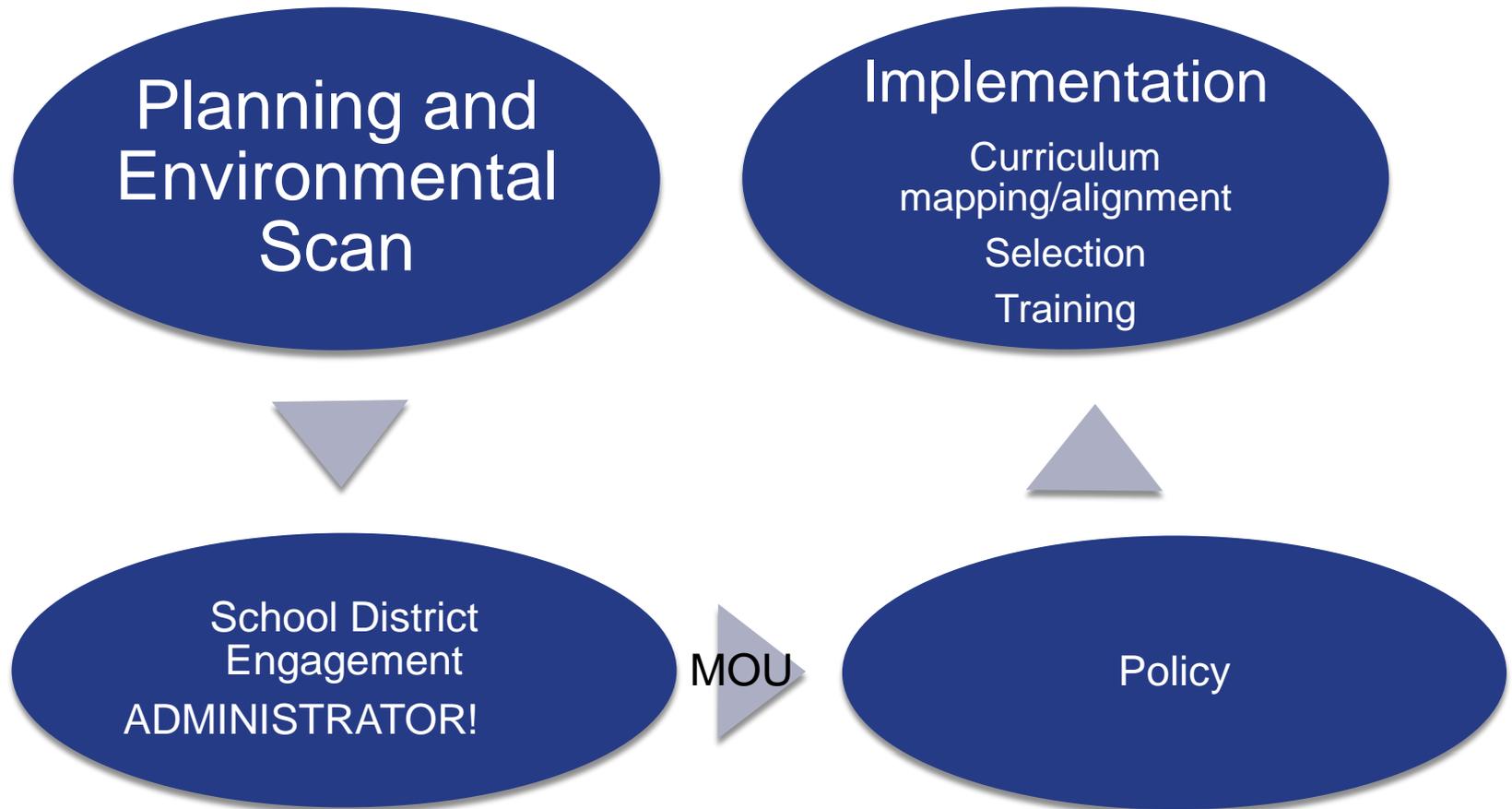
- Knowing how to work with schools is critical
- Each state has a unique infrastructure that can be leveraged
- Coordination with DASH, whenever possible, increases success
- Yes, there is a method and it can be learned and diffused

# The WISE Method

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- Purpose: To provide an overview of the key activities that support institutionalization of sex ed
- Work in progress!

# The WISE METHOD



# WA State Approach: Assessment

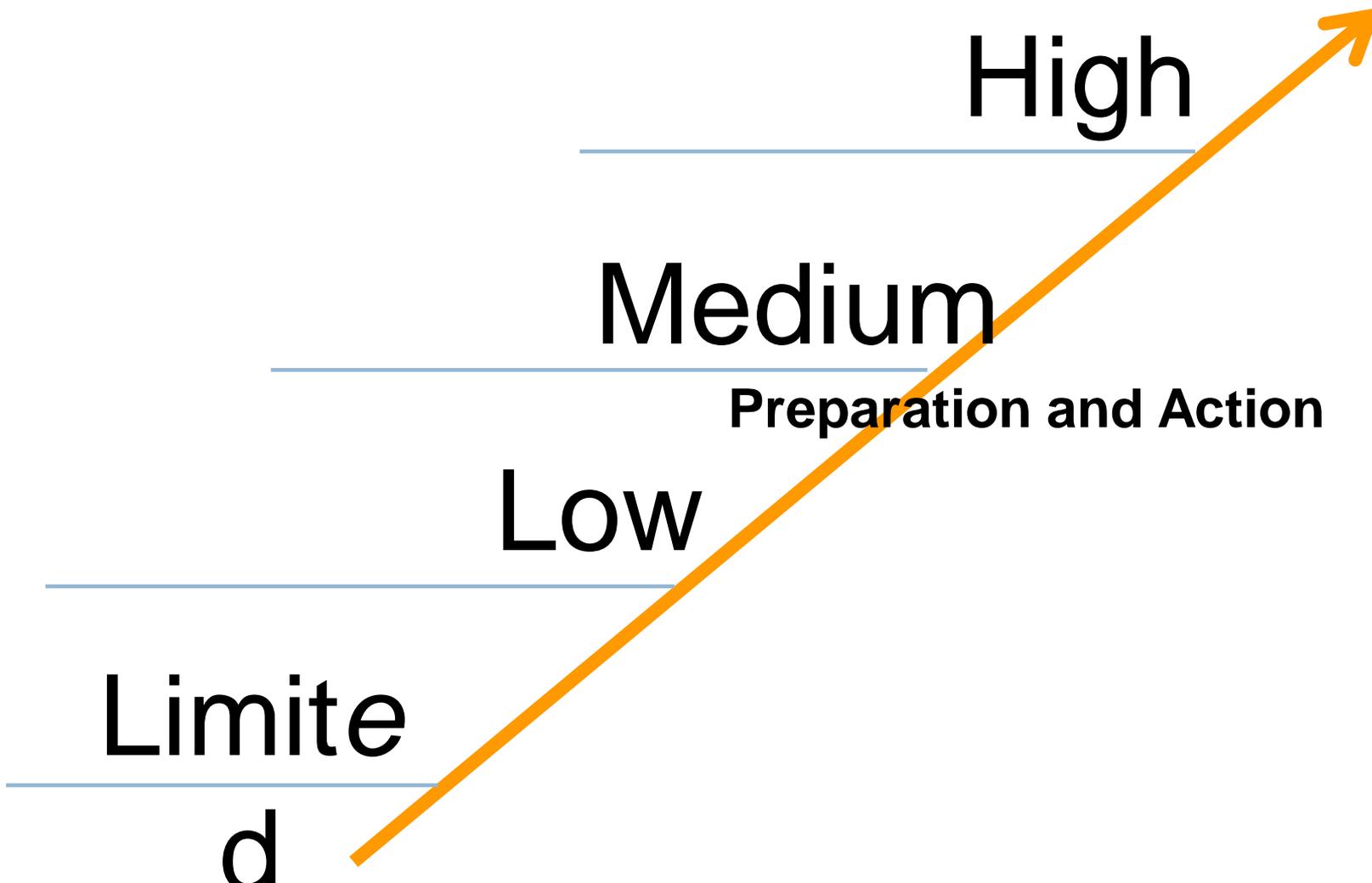
- Goal Setting
- Program Planning
- Program Evaluation
- Improving and Sustaining the Program



# Capacity Assessment Tool

- Who makes the curriculum decisions in your district?
- Does the school/district have any teacher training requirements for teaching sexual health?
- Is there a written policy that governs your sexual health education program (K-12)?
- Are there any topics that teachers are not allowed to discuss?
- Are parents informed they may opt their child out of parts or all of the sexual health education curriculum?
- Do you gather data on the effectiveness of your sexuality education program? (probe for any information about evaluation.)
- What barriers, if any, does your district face in improving sexual health education in your district?

# Our Approach: Staging



# Our Approach: Planning

- Goals
- Outcomes
- Resources
- TA needs
- Training needs
- Action Plan



# Planning Tool

## **Based on assessment, what are the *resources that the school/school district needs?***

- TA to align current curriculum with Healthy Youth Act?
- TA to establish sexual health policy?
- TA to choose a curriculum?
- TA to adapt a curriculum?
- TA to identify resources to obtain curriculum?
- TA to obtain community buy-in?
- TA to obtain buy-in from parents?
- TA to create sustainability plan for sexual health program?



# TA & Training Provided

- Align curricula with HYA & WA State Guidelines
- Establish Sexual Health Policy
- Choose Curricula
- Adapt Curricula
- Community Buy In
- Create Sustainability Plans
- Assess Community Attitudes





# Case Studies and Lessons Learned

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- **District A - Vancouver**
- **District B - Mabton**
- **District C - Shoreline**

# District A: >> Pre-Contemplation

## Community Mobilization



# District B >> Contemplation

Intense TA and Policy Adoption



# District C >> Action

## TA and Training



# Questions?



# Contact

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