

April 2, 2014

Hello, good afternoon. My name is Jenny and I from Central Jersey Family Health Consortium and I just want to give you a little bit of background about our organization in New Jersey because that has played a lot into our success for sustainability. So from the very beginning of our supplying for The Office of Adolescent Health Grant we had sustainability in mind. The Central Jersey Family Health Consortium is a maternal and child health consortia where one of three in the State of New Jersey we each cover a region. Ours is six counties in the central part of the region, there is a north and a south and one of the things that we are charged to do is work with women across the lifespan. So, we really have a life span program and we are working with women and their children and this of course encompasses adolescence and which is where teen pregnancy prevention comes in. We have both a federal and a state grant to provide teen pregnancy prevention. We are implementing TOP, that's what we are replicating and currently we have, through our Office of Adolescent Health Grant we have 10 sites that serve 480 teens and then we have, in our PREP grant we have 11 sites serving about 200 teens. So, all in all we reach about 600 to 700 young people a year and currently we collaborate with nine school districts, seven School Based Youth Services Programs, eight adolescent pregnancy prevention initiatives and three community based organizations. One of the things that is unique about New Jersey is that New Jersey has a system of school linked health and youth development services and those are called School Based Youth Services, adolescent pregnancy prevention initiatives. We have lot of different programs. Another one of them is called Project TEACH which is teen education and child health and those are state funded programs out of the Department of Education, the Department of Children & Families and the Department of Health and those are all selected based on need very often disparities in education, health and economic development in communities and so when we wrote this grant and we initially applied to it our goal was to do this all along in terms of building capacity and working collaboratively. So we have a combination. In some districts we provide directly the program, while in other districts we actually fund School Based Youth Services or an Adolescent Pregnancy Prevention Initiative or a Project TEACH staff. We actually fund the entity itself to deliver the program. Part of the reason that there is a difference is that a) we wanted to become experts in the model ourselves so we wanted to have some level of direct service so that when we are working with our partners we could actually address their needs and understand what they were going through in many cases and also because of our sites were just not at that point where they could actually jump in and we really around the table let people our school districts decide did they want to be a direct service site or did they want to be actually a funded site. So that sort of brings us to where we are now. So we have been planning from sustainability from the very first day that we met around the table to discuss how the grant was going to happen in our central region. So some of the things I am just going to focus on today because I am certainly not going to talk all the things that we do

with sustainability but we are going to focus on building partner and school-based capacity through technical assistance and collaboration and we do this to expand our reach and build site based sustainability, working within existing school based and school linked systems of care to build long-term program sustainability and then using our outcomes to both strong support within school system community and state county local government. So, in building our school based youth capacity, school based capacity, we really brought our partners in doing the planning process. We provided them with all the tools necessary to discuss the program within their school administration, teachers, students, parents and the tools are not editable so we are sending a consistent message across the board. So we developed together tools that we all liked and then we all use them consistently, so whether you are going to a rural county or whether you are in a more urban county we are still sort of presenting the program in the same way. Another thing that we did to add to this is that we branded our program and so we have a series, we don't keep out typical incentives like gift cards or anything monetary, we only give out things to young people so we have sweatshirts and T-shirts and lip balm and hand sanitizer and everything you could possibly imagine that goes to students, , people who are facilitating the program people that we train, partners, so that as they are participating in the program we are essentially branding it and so when we are out and about, you know, we see real life, real teens results, real results and student walking around, a teen walking around with that T-shirt on or sweatshirt, we know that they are a teen from our program or may be that they have taken that T-shirt from their older brother or sister which we found and very often run into but I love when I run into parents in the, you know, shopping center where I live and they are wearing the sweatshirt that belongs obviously to their adolescent son or daughter and we tell them you know the T-shirt or sweatshirt was really meant for them not you but if you would like one we could make that arrangement. So, the other thing that we did was we trained supervisors at our sites. So, this School Based Youth Services or APPI programs they all have their own directors and one of the things that we didn't require it but we highly encouraged them to actually get the full training. Don't come to the one day overview, come to the full four days of training that we offered so that this way when you are at your sites you have the same knowledge that I have and you could deal with the issues that come up directly as opposed to having to go back to me and delay that process. So 70% of our site supervisors are actually trained in the model directly and they are able to supervise their partner site called facilitators and champion the program growth and all of our sites are over reaching our goals. So we have a set of goals but very often I have a site supervisor that comes to me and says well we have this class and the teacher really wants us to do TOP one day a week can we do this and my answer is always absolutely. Let's figure out a way to do it. So they come to me very often with expansion because they were trained in the model and they see how it's working in their own school or district. We provide consistent technical assistance opportunities for all of our trained facilitators. So, once a person is trained as a TOP facilitator we provide lots and lots of TA free of charge and one of the things that we found very often when we are doing our needs assessment initially when we talk to people they

said it's really hard to get good TA and we don't have the budgets for it. So this is something that we have been able to provide and it strengthens our collaborations. We provided multiple full and half day training opportunities to all of our facilitators approximately 42 hours so far and two summers in a row we brought Y man out to do a two day training institute. The first time they came out we talked about adolescent brain development group formation, classroom management and community service learning. Last summer we talked about cooperative learning, experiential learning, setting structure in clear limits and then we are planning this summer and the great thing is that we reach out to our facilitators and our sites. They tell us what they want to get information on and then we tell that to Y man or whoever we are bringing out to provide TA. So, the TA that we provide is directly linked to the facilitators and site supervisors that we have and the challenges that they come up against.

So, one of the other things that we've done is really tried to plan for long-term sustainability and so I have to be realistic and accept as I worked in Grants for a long time that I don't think that OAH or any Federal Office is going to fund teen pregnancy or any issue indefinitely and so one of the things that we wanted to do from the very beginning was look at where funding was and School Based Youth Services through DCF and APPI programs adolescent pregnancy prevention have been funded for 25 years. So we are pretty sure that that funding is pretty stable and so one of the things that we are working to do is build our model into the models that they have already in existence and hopefully the goal is then that when the funding is no longer available, the schools will be able to continue the work that they have done because they have trained facilitators, they have curriculum and they have a relationship with our organization which is committed to continuing this model. So we received our OH funding in 2010. We met with the New Jersey Department of Health and New Jersey Department of Children & Families at their request to discuss the program potential in late 2010 and at that time CGFHC had established partnerships with five School Based Youth Services and one APPI project. We expanded the program via PREP in 2011 including one DCF funded site, Project TEACH and those are teen parents. So, there we are doing repeat pregnancy prevention and then we met again with New Jersey Department of Health and New Jersey Department of Children & Families to discuss program implementation and at this time we had increased to seven School Based Youth Services, one APPI and one Project TEACH funded program. We provide TA to the New Jersey Department of Health adolescent education abstinence education program grantees so our state also has an AAP grant and we work with the state to provide technical assistance to those grantees, they are not using evidence based programs and so we work with the state often to help those grantees improve the work that they are doing. We added an additional DCF funded site Monmouth County Project TEACH and that will begin in the fall and both New Jersey DOH and DCF have added TOP to several funding applications which if funded will allow School Based Youth Services, APPI programs and Project TEACH sites to apply for funds directly from the Department of Health and Department of Children & Families which we would then oversee.

We also tried to look at outcome based sustainability so we use our outcomes from the project as often as possible. We had our very first lunch and learn in April of 2013 and over 50 people attended that and we've provided that presentation now several times upon request to give more people the information about the outcomes we are experiencing and we've reached out to 150 people but those are all professionals. So that's not counting all the parent events that we do, all the teacher education, those are just the professionals that are either state level, local level officials to give information on our program. Between May and June of 2014 CGFC will hold an additional three dissemination meetings for both OAH and PREP and the meeting will discuss overall outcomes for both grants because now we have both grants going on we are starting to combine the results and look at them uniformly. In addition to public dissemination we release an annual program report which is shared with our schools with the public obviously but then also we share that information with parents and we share it in a flyer that we said home, that's just a one page English and Spanish, very simple words and quotes from teachers and students. So it's not very information heavy, it's more story heavy and we have also exhibited multiple state, local and national conferences disseminating our program outcomes and that we continue to use the outcomes. So, we really try to use both the success stories and the outcomes and we try to really target them to who needs to hear that information. So, we don't want to, you know, stand in front of a school administrator who doesn't have a lot of time and talk about success story after success story and we don't want to stand in front of parents and talk about data. So we really try to target our message directly to the audience that we are looking at. So overall you know our general program approach is collaboration and from the very beginning we have had the thoughts of sustainability. Our organization does not have the intend or do we desire to expand or reach directly. Our goal is to work collaboratively. Okay, I am sorry but that's when you said I have five minutes. Okay, thanks.