

Be Proud! Be Responsible!

Potential Adaptations

This document includes examples of adaptations that have been previously implemented by OAH grantees. Grantees should keep in mind that all potential adaptations should be discussed with their project officer, and may need OAH approval. Potential adaptations involving medical information will require a medical accuracy review and need to be approved by OAH.

[Adaptation Kit](#) (from ETR) for individuals/organizations implementing *Be Proud! Be Responsible!*

Program Content

- *Activities that are directly related to the program's content*
 - Use the "AIDS Jeopardy Game" in Appendix A as an alternative to "AIDS Basketball."
 - Have facilitators demonstrate a role-play using the Subjective Workload Assessment Technique (SWAT), which increases comfort level of participants.
 - Anatomy/STD Information
 - Provide lessons on anatomy and puberty prior to presenting information about contraceptives and STDs during the Section 2: Activity A add-on.
 - Provide information on all FDA-approved contraceptive methods.
 - Add a lesson on anatomy and puberty prior to module 1 of *Be Proud! Be Responsible!*
 - Language
 - Consider using the term "Group Agreements" instead of "Group Rules."
- *Activities that are not directly related to the program's content*
 - Opportunity to belong
 - Add pre-session warm-up energizers, ice breakers, and activities.

Program Delivery

- *Materials*
 - Tailor the content for visual learners (e.g., enlarge and laminate posters).
 - Allow participants to keep activity materials for the Myths and Facts activity.
 - Use "STD Facts" and "Birth Control Facts" posters in classrooms during sessions. Reinforce safer-sex and pregnancy prevention messages by providing posters with detailed information about STD and birth control facts in each venue.
- *Population*
 - Implement *Be Proud! Be Responsible!* with single gender populations if implementing in detention centers.*
- *Length/class size/other*

- Add an orientation module at the beginning for data collection, pre-test, and introductions. It can be difficult to accomplish these activities in conjunction with the implementation of Module One.

- **Minor adaptations** are those that do not significantly affect the core components.
- **Major adaptations** are those that significantly change the core components. Major adaptations can compromise fidelity and may reduce the impact of the program on intended outcomes.

**Indicates a major adaptation*