

Becoming a Responsible Teen (BART)



Potential Adaptations

This document includes examples of adaptations that have been previously implemented by OAH grantees. Grantees should keep in mind that all potential adaptations should be discussed with their project officer, and may need OAH approval. Potential adaptations involving medical information will require a medical accuracy review and need to be approved by OAH.

Adaptation Kits (from ETR) for individuals/organizations implementing BART.

Adaptation Kit 1: [Summary of Core Components](#)

Adaptation Kit 2: [Adaptation Guidelines](#)

Adaptation Kit 3: [Adaptation Kit](#)

Program Content

- *Activities that are directly related to the program's content*
 - Anatomy/STD information
 - Add a session on abstinence prior to BART sessions.
 - Add a lesson on human anatomy to BART's first module, *Understanding HIV and AIDS*.
 - Add role play sessions after BART's condom demonstration activities.
 - Create videos on HIV/AIDS and add videos that have more information about STDs.
 - Cultural adaptations
 - Add a lesson on the principles of Kwanzaa to provide an overview for BART's curriculum.*
- *Activities that are not directly related to the program's content*
 - Opportunity to belong
 - Add icebreakers and energizer activities when appropriate during lessons 1 through 8.

Program Delivery

- *Setting*
 - Implement BART in faith-based organizations, instead of after school or community-based settings.
 - Implement BART in schools, rather than community-based organizations (e.g., local community recreation centers).*

- **Minor adaptations** are those that do not significantly affect the core components.
- **Major adaptations** are those that significantly change the core components. Major adaptations can compromise fidelity and may reduce the impact of the program on intended outcomes.

*Indicates a major adaptation

