

Overview



The HMTTP supports expectant and parenting teens and their children through high schools and community service centers. With a priority focus of supporting American Indian teens, the program seeks to facilitate participants' self-sufficiency, build parenting capacity, encourage postsecondary education and workforce preparedness, and improve the healthy growth and development of their children.

Sub-awardees address at least three of the program's six core services:

1. Flexible, quality schooling to obtain a high school diploma or equivalent
2. Case management and family support services
3. Prenatal care and reproductive health
4. Quality child care
5. Nurturing, parenting, and life skills education
6. Father involvement

Healthy Montana Teen Parent Program

A Project of the Montana Department of Public Health and Human Services

Kelly Hart, Project Director

Program Findings

- In the first year of the program, approximately 613 teens and 267 children received services.
- 14 sub-awardees provide services through non-profits, City-County Health Departments, Urban Indian Health Clinics, school-based programs, and tribal programs.
- Services are provided in seven of the state's population centers and on six of the state's Indian Reservations.

Performance Measures

- Increase breastfeeding rate among program participants to 75% and increase longevity to six months.
- Increase high school diploma or GED achievement rate among program participants by 25%.
- Increase father involvement in families where appropriate among participants by 10%.



Lessons Learned

- Seek community buy-in from the start. Recognize what you don't know. Communities are the experts.
- Engaging young fathers takes time and creativity.
- Seek and incorporate feedback from partners, and be patient with the process.

Ideas for Sustainability

- Connect with home visiting programs who already serve at-risk pregnant and parenting women and their families.

Thank You!

MT DPHHS would like to thank all program sub-contractors, Montana KIDS COUNT, and most especially the Office of Adolescent Health, Grant No. 6 SP1AH000006-03-01