Understanding the Scale of the 1918 Pandemic and the Role of Bacterial Coinfections on Mortality



Jeffery K. Taubenberger, M.D., Ph.D. NIAID, NIH March 2, 2022





1918 'Spanish' Influenza Mortality

- Total global deaths in the 9 months of the pandemic in 1918-1919 estimated to be 50-100 million (1918 world population ~1.8b)
- U.S. Deaths = 675,000 (U.S. pop. ~100m)
- Flu deaths in Philadelphia in October 1918 = 10,959. Total flu deaths = 15,785
- U.S. Military deaths to flu = 43,000 (out of ~100,000 U.S. Troop casualties in WWI)





'Resurrecting' the 1918 Influenza Virus





Factors in Influenza Pathogenesis



Allergy and Infectious Diseases Kash & Taubenberger (2015) *Am J Pathol* **185**:1528-36

Predominant Role of Bacterial Pneumonia as a Cause of Death in Pandemic Influenza: Implications for Pandemic Influenza Preparedness

David M. Morens, Jeffery K. Taubenberger, and Anthony S. Fauci National Institute of Allergy and Infectious Diseases, National Institutes of Health, Bethesda, Maryland

- The importance of secondary bacterial pneumonias in severe and fatal influenza infections were widely recognized by clinicians, pathologists, and microbiologists during the 1918 pandemic, but somehow this critical fact seemed to have been forgotten in modern times
- Review of >8000 published autopsy studies in 1918-19 showed bacterial pneumonia in >94% of cases

"If grippe condemns, the secondary infections execute" [1, p. 448].

—Louis Cruveilhier, 1919



Morens, Taubenberger & Fauci 2008 JID 198:962

1918 Lung Pathology

Primary Viral Pneumonia: DAD with edema, alveolitis, thrombi





Taubenberger & Morens 2008 *Ann Rev Path* 3:499 Morens, Taubenberger & Fauci 2008 *JID* 198:962 Kuiken & Taubenberger 2008 *Vaccine* 26(S4):D59

1918 Lung Pathology

Secondary Bacterial Pneumonia and Repair



Taubenberger & Morens 2008 *Ann Rev Path* 3:499 Morens, Taubenberger & Fauci 2008 *JID* 198:962 Kuiken & Taubenberger 2008 *Vaccine* 26(S4):D59



2009 Autopsy Pathology



ergy and

Infectious Diseases

Gill, et al. (2010) Arch Pathol Lab Med;134:235-43

2009 Autopsy Pathology



Alveolar macrophages with Strep pneumo and influenza antigen





Viral & Bacterial Copathogenesis

pH1N1+SP infection associated with loss of basal cells and absence of re-proliferation and repair of airway epithelial cells



Repair/proliferation genes



Viral damage to and loss of airway epithelial cells epithelial cells to bacteria limiting reproliferation



Massive infiltration of activated neutrophils in 1918 viral/Strep pneumoniae co-infection

E 1918 1918+SP C D 1918 alone SP alone 1918+SP 1918 1918+SP 1918 + SP 1918 4d post-1918 1d Post-SP 5d post-1918 2d Post-SP _ 6d post-1918 3d Post-SP Neutrophils Platelets **Blood Coagulation Fold change**



Ly-6G clone 1A8

Changes in Bacterial Virulence in the Influenza/Inflammatory milieu





Walters, et al. J Pathol. 2016;238:85-97

Model of Inflammation and Pulmonary **Thrombosis during 1918 & SP Co-Infection**









Widespread Thrombosis in SARS-CoV-2: Are Mechanisms of Thrombogenesis in 1918 and SARS-CoV-2 Related?



ctious Disease

D'Agnillo, Walters, et al. (2021) Sci Trans Med 13:eabj7790