

**Office of Population Affairs
Office of Adolescent Pregnancy Programs
Adolescent Family Life (AFL)
Care Demonstration Projects
2010-2011**

Our Family Services, Inc.

Tucson, Arizona

Prepared Teens program is an AFL Care Demonstration Project led by Our Family Services, Inc. in collaboration with Teenage Outreach Pregnancy Services (TOPS). The Prepared Teens program serves pregnant and parenting teenagers ages 13 to 18, their extended family members and male partners. The intervention combines six inter-related research supported strategies (case management, registered nurse education, mentoring, education, father/family involvement, and peer support). Through implementation of these six strategies, teen mothers will decrease their risk for repeat pregnancy, increase physical/emotional well-being and improve educational attainment. A quasi-experimental comparison group design will be used to study the outcomes of the program.

Grant: \$375,000

Contact: Laurie Mazerbo; 520-323-1708

Centers for Youth and Families

Little Rock, Arkansas

Centers for Youth and Families (CYF), in collaboration with Healthy Connections, Inc. (HC), is replicating programs for pregnant and parenting adolescents throughout Arkansas. They partner with the Arkansas Children's Trust Fund, which funds home visiting programs for child abuse prevention, to assist organizations to develop and enhance services to pregnant and parenting adolescents. Each year, they will add four projects to their replication plan, with the result of 20 new/enhanced projects for pregnant and parenting youth throughout Arkansas over five years. CYF provides training and technical assistance and monitoring for urban projects and HC provides training and technical assistance and monitoring for rural projects. The first two projects selected for replication are Ozark Mountain Health Network in Clinton, AR and Access Incorporated in Pine Bluff, AR. Each year, in addition to the on-site and phone and email consultation, an annual training conference is conducted for the replication programs. The evaluation is looking across sites at the implementation of the replication sites as well as the outcomes of program participants at the various sites.

Grant: \$350,000

Contact: Pam Plummer; 501-666-6833

Center for Youth and Families - NEW

Little Rock, Arkansas

Centers for Youth and Families (CYF) is a private, not-for-profit agency located in Little Rock, Arkansas. CYF's THRIVE program provides home visiting and monthly peer support group services for pregnant and parenting teens ages 15-18 in 5 sites targeting 9 urban and rural counties. All participants receive home visiting as well as peer support groups focused on the

health, educational and social aspects of being an adolescent parent. A subset of participants and their parents receive an enhanced intervention that includes: 1) parent education sessions for the parenting adolescents from the Born to Learn and Nurturing Parenting Program curricula; 2) sessions for grandparents using the Families in Action curriculum, which emphasizes family relationship building, school involvement, positive peer relationships, and self-esteem; and 3) additional monthly family home visits. THRIVE is evaluated using a randomized design with a pre-test and a 12 and 24 month follow-up survey.

Grant: \$599,427

Contact: Pam Plummer, 501-666-6833

La Clinica de la Raza

Oakland, California

La Clinica de la Raza is a private non-profit community health center based in Oakland, CA. La Clinica provides community-based family centered primary health care services that are responsive to the needs of a non-English speaking, immigrant, predominantly Hispanic population. The AFL-Enhanced Services Project (AFL-ESP) offers family centered on-site prenatal care, case management, male partner involvement, and parenting education services for Clinica Alta Vista (CAV) teen clinic patients. The project enhancements include increased family involvement interventions, couples counseling and male involvement, educational attainment, and a demonstration research project focused on repeat pregnancy in Latina adolescents. The project implements an intervention to reduce repeat pregnancy in Latina teens in Oakland. The evaluation looks at outcomes of clients receiving different levels of dosage of program interventions, compares year 1 participants with participants in subsequent years, and compares outcomes with pregnant and parenting adolescents at other clinic sites who do not receive the AFL-ESP services.

Grant: \$385,000

Contact: Ani Sharma; 510-535-2906

San Diego Unified School District

San Diego, California

The San Diego Adolescent Pregnancy and Parenting Program (SANDAPP), a program of the San Diego Unified School District, is conducting a project to serve pregnant and parenting adolescents and their families residing in the Central and South Regions of San Diego County, including both urban and suburban communities. The target population served includes pregnant/ expectant (fathers of the child) and parenting adolescents, their children, parents and siblings. The AFL Project provides intensive mental health case management services and parenting classes to pregnant and parenting adolescents, their children, parents, siblings and the fathers of the children. Services are provided weekly and may include individual therapy with the adolescent parent, the father of the child or the sibling, family therapy, couples therapy, dyadic therapy (mom and teen parent), parent-child interaction therapy, life skills/parenting classes for the adolescent parent, or parenting classes for the parent of the adolescent parent. The project compares intensive services with the state AFLP services, consisting of monthly home case management services, assessment, supportive counseling, and referrals for service needs.

Grant: \$372,340

Contact: Cindy Grossman; 619-235-5002

City of Bridgeport

Bridgeport, Connecticut

The City of Bridgeport's Parent Aide Program is a home visitation support and parenting education strategy designed to assist pregnant and parenting teens who are identified as at risk for child abuse and neglect. The program serves African American and Hispanic pregnant and parenting teens up to the age of 19, their infants, family members, and young fathers. During weekly home visits, the Parent Aides focus on prenatal and parenting education, nutritional counseling, child development, safety issues, child care, community resources, and appropriate discipline techniques in order to enhance the teen parents' efficacy in her new role, as well as reduce the incidence of child abuse and neglect. City of Bridgeport measures: 1) increased maternal competence in appropriate parenting approaches and skills; 2) teen mothers continued education; 3) increased connection to social supports and community resources; 4) child immunizations, 5) decrease in repeat pregnancies, and 6) increased paternal competence in appropriate parenting approaches and skills. All participants in the intervention and comparison groups complete pre and post-tests, and participate in up to 7 data collection interviews (English or Spanish) at baseline, 6-, 12-, 18-, 24-, 30, and 36 months.

Grant: \$375,000

Contact: Carmen Ayala; 203-576-8468

The Village for Families & Children, Inc.

Hartford, Connecticut

The Village for Families and Children, Inc. is a private, non-profit community service agency founded in 1809. The AFL project serves adolescent parents age 19 and under in Hartford, CT, particularly youth who are currently underserved by current programs. AFL funds will build upon two Village programs: the "Friends of the Family" Adolescent Parenting Program and the RAMBUH Family Center by increasing the availability of intensive case management services to teen parents, particularly those at higher risk; expanding mental health services for teen parents to address issues such as depression and domestic violence; providing services to family members, including individual/family therapy and linkage to pregnancy prevention programs; and coordinating a city-wide service network by effectively triaging clients to appropriate support. Case management/support services help adolescent parents obtain proper care and become productive, independent contributors to family and community life. Family focused services assist families in understanding and resolving the societal causes associated with teen pregnancy and in strengthening families capacity to deal with sexual behavior, pregnancy, parenthood of adolescents and utilizing existing support systems, such as other family members and friends. Interventions are designed to limit negative effects of too early childbearing for young parents and their families. The evaluation intends to demonstrate whether negative impacts are reduced through program activities.

Grant: \$350,000

Contact: Patricia Schmidt; 860-297-0598 ext. 764

Children's Research Institute - NEW

Washington, District of Columbia

The Healthy Generations Program at Children's National Medical Center in collaboration with the Y-FI Program at Unity Health Care, Inc. is evaluating a co-parenting intervention that serves adolescent-headed families at 3 sites within the District of Columbia. The Generations Program targets high risk pregnant teens, their infants, fathers/male partners, and other significant family members. All participants are served through "teen-tot" clinics where comprehensive primary medical care is provided for teens and their children together in a medical setting. Additionally, the Generations Together intervention is a pre- and post-natal co-parenting intervention that includes 1) prenatal group sessions on co-parenting and pediatric topics related to infant care, 2) home visits with the teen parents (both together and individually), and 3) parenting support sessions delivered during pediatric well-child visits for the duration of one year. The program's content addresses co-parenting support, conflict management, mother-father relationship issues, extended family involvement, parenting and infant development, and assessing the parents' individual needs. Ultimately, the project aims to decrease repeat pregnancies, improve educational attainment, maintain high child immunization rates, increase supportive co-parenting and positive father involvement, decrease psychological distress, and increase positive parenting. Grant: \$600,000

Contact: Lee Beers, M.D., 202-476-3797

Washington Hospital Center - NEW

Washington, District of Columbia

Teen Alliance for Prepared Parenting (TAPP) is a clinic-based, case management program of Washington Hospital Center, a non-profit, urban, community hospital. The randomized multi-site intervention provides enhanced care services for pregnant/parenting adolescents and their adult parent(s) in primarily African American and Latino communities with the highest rates of teen pregnancy, infant mortality, poverty, and violence throughout the District of Columbia. The project is delivered at three clinic sites. Control group participants receive standard TAPP clinical, psychosocial, and youth development services. Treatment group participants receive TAPP services augmented with SPIN Video Home Training, a strengths-based intervention that targets Parent Child Connectedness between the adult parent and teen mother. TAPP-SPIN is a relational parenting and family support program in which staff identifies and assesses parents' and families' strengths and uses those strengths to help parents build new skills and improve family functioning. The evaluation of the project assesses whether TAPP-SPIN participants have significantly better outcomes relative to control group participants in regards to subsequent pregnancy rates, completion of well-baby visits and immunizations, education continuation and completion rates, the strength of the relationship between the teen and her parents, and the documented parenting skills and quality of the interactions between teen parent and her baby. Grant: \$597,884

Contact: Loral Patchen, 202-877-0748

Lake County Health Department

Chicago, Illinois

The Strong Families Today and Tomorrow (SFTT) Program is an AFL Care Services

project serving the Lake County communities of Waukegan, North Chicago, Zion and Round Lake, Illinois. Based on youth development and other theories that impact health beliefs and change, SFTT uses a variety of evidence-based individual and group interventions to provide a continuum of services to pregnant and parenting teens. Services include in-school programming consisting of prenatal education and support groups, as well as intensive home-based programming for girls in the 3rd trimester of pregnancy and up to 12 weeks postpartum. New teen parents will participate in an intensive six-month follow-along program which will include parent education and other supportive services. The main emphasis of the program is to engage teen parents, their partners and families in skill-building training that will support positive, long-term relationships and strong families. Further, interventions strive to provide teen parents with the opportunities they need for economic success in the future. The SFTT Program provides an objective well-constructed evaluation that will contribute to knowledge about service provision for pregnant and parenting teens and their families and offer information useful for program development and replication. The evaluation documents the extent to which a mix of intervention strategies for pregnant and parenting teens positively affects: 1) health outcomes for mother and child; 2) the rate of subsequent pregnancies among participants; 3) the rate of education attainment; 4) the development of strong parenting skills; 5) rate of immunizations; and 6) development of relationship building knowledge and skills.

Grant: \$375,000

Contact: Susan Bekenstein; 847-377-8188

Access Community Health Network - NEW

Chicago, Illinois

Access Community Health Network is a community health network that serves youth in 60 distinct service locations across metropolitan Chicago. Access Community Health Network is implementing the Chicago Pregnancy Initiative to reduce repeat teen pregnancies among African American and Latino youth in Chicago. The intervention evaluates the degree to which paternal involvement results in fewer subsequent pregnancies among young mothers in the intervention group compared to pregnant and parenting youth in the comparison group, higher rates of immunizations and higher rates of school retention, graduation or GED attainment. The project is delivered across 11 Access Community Health Network centers on the west and south sides of Chicago and focuses on the fathers/male partners of the teen mother participants. The male partner/father component consists of individual case management services that include assessments, care plan developing and goal setting and weekly group education and support sessions delivered by male involvement specialists using a 6-week prenatal curriculum and a 6-week postpartum curriculum covering topics on life skills development and parenting education, legal advocacy, physical and mental health services, and workforce development.

Grant: \$600,000

Contact: Misty Drake, 312-526-2122

The Night Ministry

Chicago, Illinois

This project serves at-risk youth who are homeless or in danger of becoming homeless in the City of Chicago. The Response-Ability Pregnant and Parent Program (RAPPP)

provides case management services, shelter, family life and parenting education, and supportive services to adolescent mothers, their children, extended family members and young fathers. Project interventions are tailored to meet the unique needs of homeless pregnant and parenting adolescents. Project participants receive intensive case management services and curriculum based skills building activities to increase parenting, relationship and life skills. RAPP assesses program effectiveness through an intensive evaluation component comprised of intervention and comparison groups of 250 youth, each. The evaluation of project implementation and outcomes will be used to improve service delivery. Evaluation findings will be disseminated through publication.

Grant: \$350,000

Contact: Melissa Maguire; 773-506-6007

Kansas Children's Service League - NEW

Kansas City, Kansas

Kansas Children's Service League (KCSL) is a statewide not for-profit agency located in Kansas City, Kansas. In addition to the standard medical, educational and social services provided to infants and adolescent parents, participants of the Generations Project (GP) receive: 1) a parent/guardian education and training group sessions consisting of 10 sessions designed to develop protective factors, postpone pregnancy, encourage immunization, and promote education; 2) the use of web/cellular technologies to establish ongoing support and communication with participants; and 3) intensive, in-home mental health services for participants with an identified need. The overall aims of the Generations Project aims to reduce the incidence of repeat pregnancies; increase number of children with adolescent parents who conform with recommended immunization schedules; increase educational attainment for adolescent parents and overall improvement of physical health of the adolescent parent and their primary support, their parent(s). The intervention is evaluated using a randomized control evaluation design.

Grant: \$577,560

Contact: Tracie Lansing, LMSW, 785-274-3100

University of Maryland

Baltimore, Maryland

The University of Maryland, Baltimore is implementing the BRIDGES to HEALTH/DADs Care demonstration project. The project serves underserved, low income (95% Medicaid), minority (95% African-American), pregnant and parenting teenagers (18 years old or younger), their children, the children's fathers, and other family members. Pregnant adolescents are recruited from the community and randomly assigned to receive either standard adolescent prenatal clinic services or to receive the intervention. Intervention clients receive comprehensive assessments, home visits, parenting education, and computer assisted motivational interviewing (CAMI) designed to promote healthy relationships and reduce repeat pregnancy. Additional services are needs-driven and client-centered. The project has capitalized on what has previously been learned in serving pregnant and parenting adolescents and their families in Baltimore, MD. In CAMI sessions, the teen answers questions on a laptop computer that assesses partner relationships, sexual behaviors, & risk for repeat pregnancy. Following the assessment, the trained case manager conducts motivational interviewing, a form of

behavior change counseling that aims to promote healthy relationships, improve contraceptive and condom use, focus on goals, and promote school continuation. The CAMI intervention is also used with adolescent fathers to increase motivation for healthy relationships and sexual decision-making, particularly around contraceptive/ condom use. The evaluation being implemented will compare the outcomes of those youth assigned to receive comprehensive services to those who receive basic services.

Grant: \$375,000

Contact: Beth Barnet, MD; 410-328-2550

Children's Hospital of Boston

Boston, Massachusetts

Project Connect is an initiative that operates out of the Young Parents Program (YPP) at Children's Hospital, Boston (CHB) and utilizes the skills of other organizations such as Healthy Baby/Healthy Child (HB/HC) nurse home visiting program. The model builds on the lessons learned and strengths of each program, adding critical new elements of randomized control trial of parenting and life skills interventions, and home visiting. Prenatal services encourage breast-feeding, and support infant care and parenting. CHB provides a medical base with coordinated, continuous health care services, psychosocial support, parenting/life skills groups and individual services for teen mothers and fathers. Integrated fathers' services emphasize male parenting roles, communication, life skills training, violence prevention and positive youth development. The evaluation is testing the impact of the overall comprehensive clinical care of Project Connect, and will assess the additional contribution of the parenting and life skills intervention. The evaluation uses an experimental randomized intervention-control group design that looks at the addition of two types of psycho-educational materials administered to the intervention group focused on parenting skills and life skills. The main hypotheses focus on measuring the impact of parenting and life skills intervention at different stages on participants, as compared to a control group.

Grant: \$375,000

Contact: Joanne Cox; 617-355-5227

Minneapolis Public Schools

Minneapolis, Minnesota

Minneapolis Public Schools, a local education agency, is partnering with Hennepin County Human Services, Minneapolis Department of Health's School-Based Clinics, the Minnesota Visiting Nurses Agency (MVNA), The River of Life Lutheran Church and HIRED, an employment and training agency. The project serves pregnant and parenting adolescent who are enrolled in the Broadway Teen Parent Alternative School, who receive a cash grant subsidy from the Minnesota Family Investment Program (Minnesota's version of TANF welfare), and who are under age 19 at program entry. The project provides services for parents/guardians of the teen parents, as well as children and fathers who are involved in long-term relationships with the participant. The overall goal of the program is to improve outcomes for teen parents by addressing their complex academic, social and health needs through a three-pronged approach that includes: intensive assessment, multidisciplinary case management and the integration of Care Services into the school day. The project is evaluating whether or not participants

achieve measurable gains in each of the five outcome areas: to increase the number of TANF teen parents who complete high school, to delay additional pregnancies, to increase compliance with infant immunization, to promote healthy, stable family environments, and to develop career and technical skills that promote economic stability.

Grant: \$375,000

Contact: Mary Pat Sigurdson; 612-668-1855

Truman Medical Center - NEW

Kansas City, Missouri

Truman Medical Center is a not-for-profit academic medical center which serves as the primary clinical affiliate of the University of Missouri-Kansas City health sciences schools. LifeSteps is a multi-site, collaborative adolescent pregnancy program for pregnant and parenting teens who reside in Kansas City and Jackson County, Missouri. Pregnant adolescents receive coordinated prenatal and postnatal services; obtain support from life coaches; and participate in a program of needs assessment, goal planning, and skills-development. In addition to the core components, pregnant and parenting adolescents in the enhanced program receive an additional service component, Healthy Relationship Coaching Sessions. Dedicated Dads is another aspect of the enhanced intervention which is designed to engage fathers/male partners as a source of support. The intervention is evaluated through a randomized control design to determine if treatment group participants have better social support networks and healthier relationships, especially with fathers of their children or their male partners, as well as increased capacity for ensuring the health and well-being of their children than the control group participants.

Grant: \$600,000

Contact: Julie Strickland, M.D., 816-404-5150

Oswego County Opportunities, Inc. - NEW

Fulton, New York

Oswego County Opportunities, Inc. (OCO) serves rural Oswego County in upstate, New York. The goals of OCO's AFL program are to decrease rapid repeat pregnancy; increase family engagement, health of mother and baby, educational attainment, and self-sufficiency of the teen mom. The project includes an enhancement designed to strengthen the relationship between the teen mom and her mother or support person. Programming utilizes the Partners for a Healthy Baby home visiting curriculum plus life management services during the first year of baby's life through group meetings and individual home-based sessions. This experimental evaluation will assess the effectiveness of the intervention.

Grant: \$456,067

Contact: Eric Bresee, 315-342-7532

Inwood House - NEW

New York, New York

Inwood House is a community-based agency serving New York City pregnant and parenting teens who are disconnected from family support with histories of abandonment, abuse and neglect. The program goals are to reduce early repeat pregnancy, increase infant immunization adherence, increase educational attainment, increase engagement with father of baby, increase retained custody of baby, and provide mothers a network of social support and resources. The project provides services from a variety of unconventional sites such as residential facilities for

pregnant teens in foster care or who are homeless or runaways. Inwood House's intervention uses a two-generation approach focusing on providing teenage parents the social-emotional skills to succeed as parents, students, employees, and citizens while providing early-childhood developmental supportive services. For example, doula services are offered to teens as childbirth labor support. Also, a subset of adolescent and their parents participate in the parenting-focused video feedback home visiting component (SPIN) that strengthens and promotes parent-child bonding, mentoring support and engagement with partners and family members. A longitudinal evaluation with random assignment of program participants will assess the short-term and long-term effects of the intervention.

Grant: \$600,000

Contact: Keneca Boyce, Ph.D.; 212-861-4400

Polly Fox Academy

Toledo, Ohio

Polly Fox Academy, an alternative public school in Toledo, OH, is evaluating their program for 7th-12th grade pregnant and parenting adolescent teens, their children, partners, and family. The program uses a holistic youth development approach, incorporating increased academic support, at school and home nursing support, mental health counseling, service learning, mentoring, and parenting education for the pregnant and parenting adolescent mothers in the alternative school. The project objectives focus on reducing repeat pregnancy, increasing infant immunizations, increasing educational attainment, increasing parenting knowledge, skills, and self efficacy, improving healthy relationship skills, and increasing self efficacy in making positive future decisions. The evaluation compares adolescent parents in the comprehensive Polly Fox program with adolescent parents attending other Toledo Public Schools in regards to the outcome objectives and will also conduct focus groups and in-depth interviews with program participants and implementers in order to further assess the components of the intervention that are helpful to students.

Grant: \$375,000

Contact: Joan Durgin; 419-720-4593

North Care

Oklahoma City, Oklahoma

North Care Center is a private non-profit, 501(c)(3) organization that is a certified Community Mental Health Center. Promise Place, the AFL Care Project, is implementing and evaluating: 1) an expanded case management system, 2) a father/male involvement program, 3) parent/family outreach, 4) health, wellness and fitness programs, and 5) strategic community awareness and resource development activities. The program uses a youth development approach that builds protective factors and student skills, while focusing on the reduction of health risk behaviors. The project uses intensive case management services that coordinate academics, health care services, parenting education, employment training, and counseling support at diverse inner city neighborhoods in the Oklahoma City Public School District, with Emerson High School providing the primary location. With collaborating agencies, the program provides relationship and parenting skill development, health and wellness care, employment skills training and college placement activities. The evaluation is quasi-experimental in design

and is looking at the differences between those pregnant and parenting youth who receive these services and those who do not receive these services (located at a separate school). The evaluation will examine the increases in the health and social benefits of project activities.

Grant: \$375,000

Contact: Tracey Douglas; 405-605-1926 ext. 1

Middle Tyger Community Center

Lyman, South Carolina

The Middle Tyger Community Center (MTCC) serves racially diverse pregnant and parenting adolescents in rural Spartanburg County, South Carolina. MTCC is a private, non-profit organization that provides basic case management services as well as: a) prenatal services and implement prenatal classes, b) postnatal case management services, c) Family Forums to engage the families of adolescent mothers, d) alternative incentives to engage adolescent mothers and fathers/male partners who do not use the childcare component, and e) expands the client base by serving adolescent parents and their children in Spartanburg County School District Two. The goals of the program are to 1) increase educational attainment, 2) prevent repeat pregnancies, 3) increase healthy births and immunizations, and 4) foster developmental assets among participants. The MTCC AFL Care Demonstration Project serves 40 pregnant adolescents, 70 adolescent mothers, 25 adolescent fathers/male partners, 70 children, and 70 additional family members. MTCC offers parenting classes, home visits, prenatal health referrals, adult education, early childhood education, developmental screenings, and counseling. The evaluation will assess the extent to which participants achieve the stated goals and outcome objectives of the project. In addition, the evaluation will compare outcomes of the MTCC intervention group to outcomes of adolescent mothers and fathers who do not have access to a similar program in other areas of Spartanburg County. Finally, a dose-response analysis will be conducted to examine the degree to which rate of participation in the program relates to outcomes among participating mothers and fathers/male partners.

Grant: \$268,637

Contact: Tina Gaudiano; 864-439-7760

Arlington Independent School District

Arlington, Texas

AISD is a public school system implementing the Care demonstration project "Healthy Families: Tomorrow's Future." This Care project is based directly on lessons learned from a previous work with pregnant and parenting teens. This project targets mental health, social skills, and academic completion of pregnant and parenting teens (including males) and their extended families. AISD uses a case management model to serve over 500 youth per year with individual and group counseling, pregnancy and parenting education, childcare, transportation, and services for family members and siblings. The intervention attempts to increase internal assets. A Male Outreach Coordinator provides direct outreach services to males. Counselors working with the teens also target extended family members to provide the services they need, either directly or through referrals. In order to evaluate the effects of the project, consenting teens are randomly assigned to one of two groups. The first group receives basic case management services. The second

group receives targeted lessons in building internal assets in addition to these basic services. The evaluation measures and analyzes the growth of assets as they relate to adolescent depression.

Grant: \$370,287

Contact: Tori Sisk; 682-867-7668

Promise House

Dallas, Texas

Promise House is a private, non-profit organization implementing the Care demonstration project "Parents with Promise." The project targets pregnant and parenting teens, males, and extended family members. Promise House incorporates two primary interventions. The first component is intensive case management. The second component is the Teen Parent Academy (TPA). The TPA effort provides education and support on site at the organization one to two days per week. Childcare and transportation are available. All program elements are based on positive youth development and a strengths-based treatment philosophy. The youth in the program are being compared to youth who attend a school outside of the service provision area. The evaluation is measuring the differences between the intervention and comparison groups on a number of items including subsequent out-of-wedlock pregnancies, educational attainment, family relationships, parenting skills, teen father involvement, and self-sufficiency.

Grant: \$375,000

Contact: Regina Levine; 214-941-8578 ext. 261

Baylor College of Medicine - NEW

Houston, Texas

The Baylor Teen Health Clinic network, operating under Baylor College of Medicine, is a system of comprehensive healthcare and education clinics serving youth ages 13-25 in the city of Houston. This grantee provides services in 5 Baylor Teen Health Clinic sites with participants recruited during pregnancy with services continuing through the child's 2nd birthday. The intervention uses the Centering Pregnancy group model for prenatal care which is designed as a youth development approach to case management involving partners and families. The intervention uses positive youth development strategies as a conceptual framework to guide the enhancement of this intervention. The prenatal intervention component consists of 10-2-hour group sessions focused on the tenets of the Centering Pregnancy curriculum, the 40 developmental assets and strategies pulled from positive youth development programming. The effectiveness of the intervention will be evaluated using a quasi-experimental parallel group design with pre-, post- and follow-up testing.

Grant: \$598,567

Contact: Ruth S. Buzi, L.C.S.W., Ph.D., 713-873-3656

The Children's Shelter

San Antonio, Texas

The Children's Shelter facilitates a strong education and case management model project entitled Project MAS (Mothers and Schools). Project MAS is based on a developmental assets model that believes that repeat pregnancies can be reduced or eliminated by teen mothers' involvement in core program activities. These gains are expected to be

accompanied by increased and extended academic achievement, and moderated by support provided by their babies' fathers, their parents and other extended family members. Further, teen dads are expected to experience gains in parental and vocational skills through their involvement in program activities. As a center and community based care program, Project MAS offers the services and support necessary to eliminate barriers to school retention and to facilitate completion of parenting education. Consenting teens are randomly assigned to receive basic case management and education services or wrap around services (which includes the basic services). Teens receive services for 12 months. Data is collected at baseline, 12 months, and 18 month follow up.

Grant: \$375,000

Contact: Annette Rodriguez; 210-212-2573

University of Wisconsin – Milwaukee - NEW

Milwaukee, Wisconsin

University of Wisconsin-Milwaukee is implementing the Milwaukee Young Parenting Program in collaboration with several major Milwaukee institutions committed to improve the quality of care to pregnant and parenting adolescents. This program is geared to be flexible in order to accommodate for the social and cultural differences among pregnant and parenting teens to meet the needs of diversity. The primary goal is to refine, adapt, and test the efficacy of the Young Parenthood Program (YPP) which specifically addresses the psychosocial developmental needs of pregnant and parenting adolescents and her partners through co-parenting counseling services and active case management. Couples are recruited through three prenatal clinics targeting African American and Latino adolescents between the ages of 14-18. The randomized evaluation design looks at outcomes of clients receiving intensive enhanced services as compared to those clients who receive standard services consisting of monthly home case management services, assessment, supportive counseling, and referrals for service needs.

Grant: \$599,427

Contact: Paul Florsheim, PhD; 414-229-2490