

Enhancing Teen Pregnancy Prevention Efforts at School Based Health Centers

Kellye McKenzie, MPA
Adolescent Health Policy Program Manager

Expanding Our Experience and Expertise: Implementing Effective Teenage Pregnancy Prevention
Programs
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Overview

- History of NASBHC and SBHCs
- Reproductive health services at SBHC's
- Panel Presentation: Teen Pregnancy Prevention Efforts in NY and MD
- Group Discussion

NASBHC History & Overview

- Founded in 1995, national voice for SBHCs
- Mission: to improve the health status of children and adolescents by advancing and advocating for school-based health care
- Serves over 2,000 SBHCs, 18 state affiliates, and 2 unaffiliated state associations

SBHC Overview

- SBHCs provide quality, comprehensive health care services that help students succeed in school and in life.
- Located in or near a school facility and open during school hours.
- Organized through school, community, and health provider relationships.
- Staffed by qualified health care professionals.
- Focused on the prevention, early identification, and treatment of medical and behavioral concerns that can interfere with a student's learning.

SBHCs: Across the Country

N = 1910 as of November 2009



SBHCs: 2008 National SBHC Census

Geography	%
Urban	58
Rural	27
Suburban	15

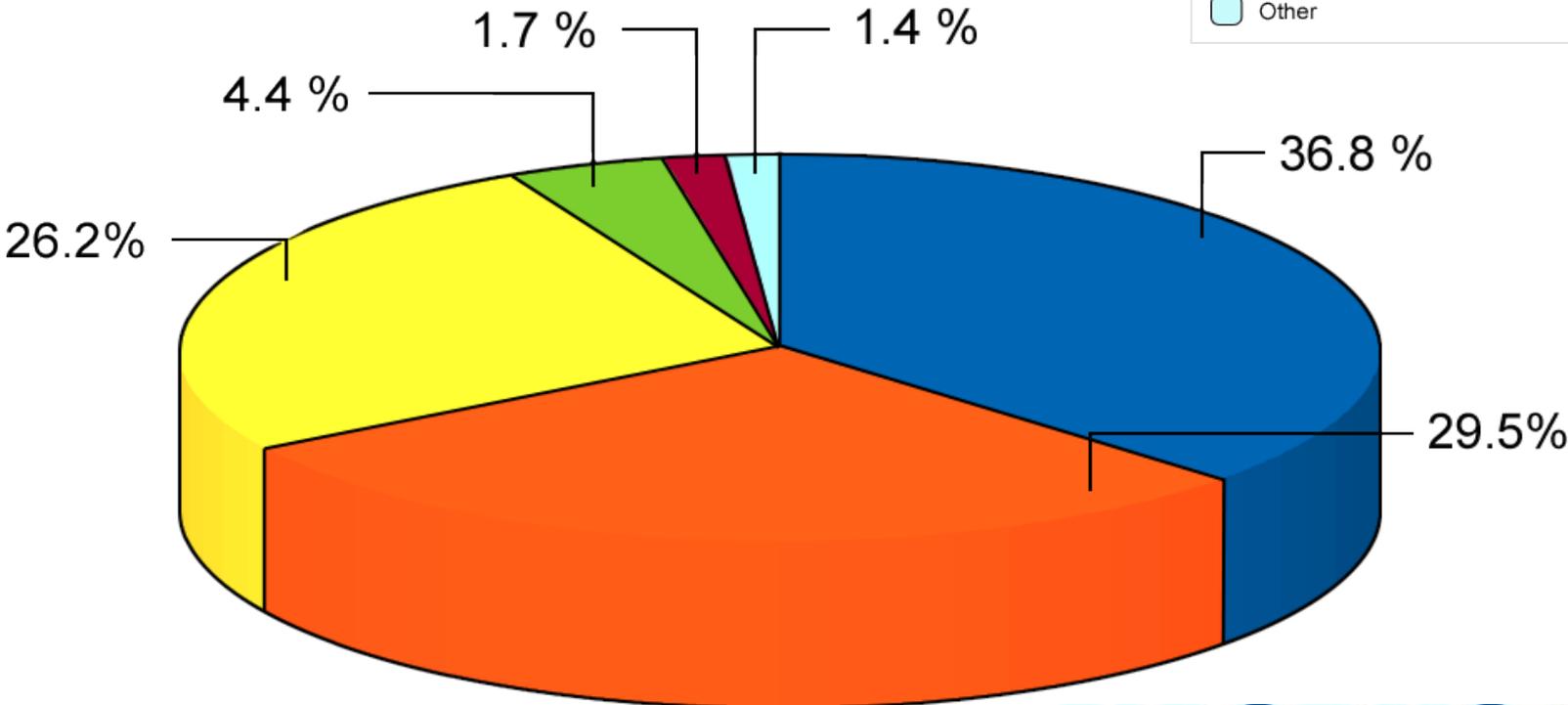
School	%
High	33
K-12	17
Elem	10
Middle	8
Elem-Middle	7
Middle-High	5

Sponsors	%
CHCs	28
Hospitals	25
Public health	15
Schools	12
Non-profit	9

Staff Model	%
Primary care	25
PCMH	40
PCMH+	35

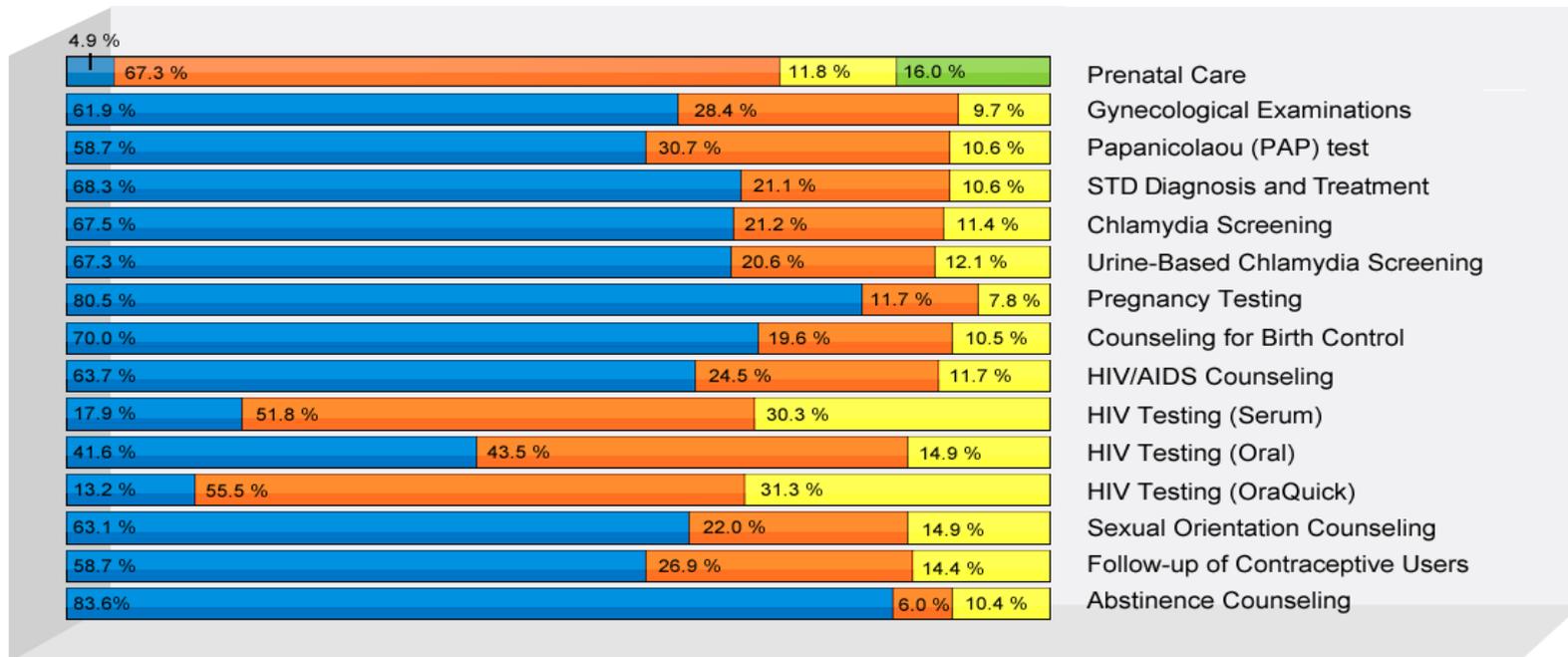
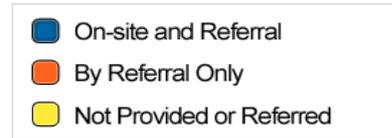
SBHCs: Ethnic/Racial Profile of Schools

N = 1096



Reproductive Health Services at SBHCs Serving Adolescents

N = 877



Prevention, Early Intervention, and Risk Reduction Strategies by SBHCs

N=514 (SBHCs that serve schools with only grades 6 through 12)

	Individual (%)	Small Group (%)	Classroom/School (%)	Parents (%)
Nutrition/Fitness/Weight Management	92.4	40.5	39.5	14.6
Asthma	91.1	24.5	20.4	15.4
Tobacco Prevention	91.1	37.5	45.7	17.9
Violence Prevention	88.1	44.4	37.9	8.2
Mental Health Promotion/Prevention	87.9	39.5	41.6	15.8
Alcohol/Other Drug Use Prevention	87.2	36.8	45.7	17.3
Injury Prevention	87.2	20.4	28.8	7.6
HIV/STD Prevention	87.2	31.3	44.7	9.5
Resiliency/Social Skills/Skill Building	82.1	40.7	24.3	8.2
Pregnancy Prevention-Comprehensive	80.0	30.9	36.8	10.1
Sleep/Sleep Habits	78.4	12.1	14.0	6.8
Diversity/Multiculturalism/Race Relations	59.7	26.8	22.0	3.1
Sexual Assault/Date Rape	54.3	19.3	19.6	4.5
Pregnancy Prevention-Abstinence Only	52.3	16.1	21.0	5.4
Parenting	50.6	26.3	8.8	14.4
Drop Out Prevention	47.5	12.1	10.7	6.2

Reproductive Health Services at SBHCs

- Sexually active male students with access to SBHCs are not more likely to receive reproductive health services of any sort
- SBHCs play a clear role in prevention of teen pregnancy and STDs for female students
- Having an on-site clinic appears to encourage hormonal contraceptive use among female students

Ethier, K. School Based Health Centers Access, Reproductive Health Care, and Contraceptive Use Among Sexually Experienced High School Students.
Journal of Adolescent Health 48 (2011) 562-565

Reproductive Health Services at SBHCs

- 60% of SBHCs are prohibited from dispensing contraception
- Effective partnerships and linkages with community based services are vital
- Institutional, logistical, and political barriers to providing reproductive health care are numerous

Panel Presentation

NEW YORK

Erica J. Gibson MD

Medical Director of School Based Health

New York Presbyterian Hospital

Assistant Clinical Professor of Pediatrics

Columbia University Medical Center

Assistant Clinical Professor of Population and Family Health

Columbia University Mailman School of Public Health

MARYLAND

Kimberly Townsend, RN, BSN

Nurse Manager

Montgomery County DHHS SHS

Group Discussion

Barriers

- What have been some of the barriers to implementing teen pregnancy prevention services at your SBHC(s)? (state policies/laws, confidentiality issues, etc.)
- How have you addressed these barriers?

Lessons Learned

- What have been some of the most important lessons learned in implementing reproductive health/teen pregnancy prevention services at your SBHC?

NASBHC Convention: June 24-27, 2012



Thank You!

Kellye A. McKenzie, MPA

Adolescent Health Policy Program Manager

National Assembly on School Based Health Care

kmckenzie@nasbhc.org

www.nasbhc.org

(202) 638-5872