



## Mental health data for Delaware

### Depressive symptoms among high school students (grades 9-12), 2009<sup>MH1</sup>

Percent of high school students who:	Delaware	United States
Felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)		
Total	27%	26%
Male	20%	19%
Female	33%	34%

### Having at least one major depressive episode, ages 12-17, 2005-2006<sup>MH2</sup>

Percent of adolescents ages 12-17 who:	Delaware	United States
Had at least one major depressive episode in the past year	9%	8%

### Vomited or took laxatives, high school students (grades 9-12), 2009<sup>MH1</sup>

Percent of high school students who:	Delaware	United States
Vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)		
Total	4%	4%
Male	2%	3%
Female	5%	5%

## Suicidal thoughts and attempts among high school students (grades 9-12), 2009<sup>MH1</sup>

Percent of high school students who:	Delaware	United States
Seriously considered attempting suicide (during the 12 months before the survey)		
Total	14%	14%
Male	10%	10%
Female	17%	17%
Attempted suicide one or more times (during the 12 months before the survey)		
Total	8%	6%
Male	5%	5%
Female	11%	8%

## Positive social skills, ages 12-17, 2007<sup>MH3</sup>

Percent of adolescents ages 12-17 Who:	Delaware	United States
Consistently exhibit positive social skills, <sup>+</sup> according to parent	90%	93%

<sup>+</sup> Positive social skills is a composite measure of four positive social skills. Positive social skills are reports by parents and include respect for teachers and neighbors; getting along well with other children; trying to understand other people’s feelings; and trying to resolve conflicts with classmates, family, or friends.

### Data notes and sources

Data from the National Survey on Drug Use and Health and the National Survey of Children’s Health have been rounded to the nearest whole number.

N/A: data does not exist on this measure for this state.

<sup>MH1</sup> **High school data are from:** Centers for Disease Control and Prevention. (2010). *Youth Risk Behavior Surveillance Survey - United States, 2009*. Surveillance summaries: MMWR 2010; 59 (No. SS-5). Retrieved June 22<sup>nd</sup>, 2011, from <http://www.cdc.gov/mmwr/pdf/ss/ss5905.pdf>

<sup>MH2</sup> **Depressive episode data are from:** U.S. Department of Health and Human Service. (2010). *Results from the 2005 and 2006 National Survey on Drug Use and Health*. Table C.24. Retrieved July 12<sup>th</sup>, 2011, from <http://www.oas.samhsa.gov/2k6State/AppC.htm#TabC-24>

<sup>MH3</sup> **Positive social skill data are from:** Child and Adolescent Health Measurement Initiative; The Data Resource Center for Child and Adolescent Health. (2007). *National Survey of Children's Health*. Portland, OR: Child and Adolescent Health Measurement Initiative; The Data Resource Center for Child and Adolescent Health. Retrieved May 20, 2011, from [www.nschdata.org](http://www.nschdata.org)

