

If depression was a key element to Chronic Fatigue Syndrome, then why wouldn't a little pill cure the disease?

I suffer Chronic Fatigue Syndrome (CFS) as part of Gulf War Illness (GWI), which is a vaccine-induced cluster of diseases. Allergists and Immunologists have accepted both CFS and GWI as very real, debilitating, infectious, and communicable diseases since about 1999.

Allergists and Immunologists have the 1984 Tahoe-Incline Village epidemic to back their theories repeatedly proven through clinical trials, studies and publications. Blood tests are abundantly available to prove both bio-weapons and Infectious Diseases common to Chronic Fatigue patients.

End of the 20th century was about the same time the VA stopped trying to tack Gulf War Illness on to depression, stress, PTSD, hypochondria and hysteria specifically for female veterans regardless of where they served during Desert Storm, any and all other psychiatric disorders.

If everyone *accepted* the term "Fatigue" for everything it represents medically, I would say it is a perfect moniker for the disease. I am chronically exhausted, thus I suffer "Chronic Fatigue" *because* my heart is damaged and my immune system was destroyed immediately by heavy metals and toxins in vaccines. Within hours of Hepatitis B cocktail vaccine, I was unable to

- run or train for physical fitness,
- stand for very long (soldiers must be able to stand for at least 18 hours),
- sit for a few minutes,
- lie down long enough to fall asleep.

Bottoms of my feet felt bruised from vaccine-induced adrenal dysfunction. I experience the same pain almost every morning upon rising to take my first wave of sedating prescription medications. Backs of my thighs, my tailbone, my spinal column, base of my brain, both shoulder blades were on *FIRE*. My spinal column fluids were hosting proteins from vaccine "foreign invaders".

Within days, I developed fever, sweats, chills, chronic and recurring upper and lower respiratory infections. One or 2 courses of antibiotics didn't kill off massive infections, which eventually turned green in discharge from nose and cough. Eventually, I required IV antibiotics during repeated hospital visits to douse the flames of multiple infections deep down in my lungs.

Year after year that I was denied care at a VA healthcare facility, I told my primary care physician on each office visit that bottoms and backs of my lungs were on *FIRE*. As he banged on my kidneys that supported what was left of my adrenal glands, I yelled in pain. Adrenal glands diseased and "in shock" are extremely painful to touch on the outside, middle of the back, just above the kidneys. Bottoms of the feet are tender, feel bruised as the fight or flight reaction dwindled to dysfunction. My adrenals produce so little cortisol that I take the maximum dose of natural cortisol 20 mg allowed from a compounding pharmacy.

By the end of the week after vaccines on Wednesday, my bowel started dumping everything I consumed the afternoon and evening before. I passed water, undigested vegetables and fruits, and infrequently bile. First reference in my military records, outside of misdiagnosis, was "rapid transit". Currently I suffer "rapid transit" a minimum of twice per week. I frequently soiled my pants because I couldn't get to a bathroom in time to save my clothes. My intestines dumped up to 16 times per day, sore, tender, swollen to size of 4 months' pregnancy much of the time. My digestive tract frequently stretched beyond capacity, felt as though it was ripping in

places. I could sip water, suffering unquenchable thirst, and trigger another round of dumping contents of my bowel. Rapid transit and dumping could last up to a half hour. It could last all night, making it impossible to report for work on time or on a regular basis.

I was misdiagnosed with Irritable Bowel Syndrome, while invasive scopes and tests proved that I suffered colitis or something far worse. None of the doctors or gastroenterologists offered hydrogen breath tests, IgE, IgA or any other blood tests that I specifically requested. I provided published research each time I showed up to any clinic or outpatient. But I never found my research in my records. I can assume no medical profession read what I dug up.

I ate clumpy, scratchy, scraping Koncyl D or Metamucil for about 2 years, scarring my intestinal walls far beyond what the vaccine cocktails started. Clumps of Metamucil passed in the same form powdered grain was ingested. I became allergic or sensitive to all flour, breads, cereals, crackers. And I grew deficient in several areas of B vitamins.

I was a field medical soldier, without port-a-potties, without running water. So I could not report to duty in the field ever again. I could no longer perform photojournalism duties because I needed to remain close to a bathroom. I had never before worked a desk job in my 32 years. I knew nothing about typewriters and IBM Selectrics, because journalists used computers, MacIntosh, desktop publishing, PageMaker. Even in the field, we used pads, pens, pencils only till we could get to the computer at Reserve hospital, home or at the publishers' facility.

After initial damage of vaccines filled with toxins, animal viruses and heavy metals, my immune system was blasted with opportunistic infections of

- waterborne parasites,
- systemic fungus,
- bio-weapons grade *Candida albicans*, and
- fungal overgrowth that has nothing to do with diet,
- chronic and recurring infections you normally would find in AIDS patients.

That is because we Chronic Fatigue patients are all mass-infected with viruses not naturally occurring in nature. Just change the acronyms that represent names of manmade pathogens, microbes, viruses and bacterial infections, in order to see that Chronic Fatigue Immuno-Dysfunction Syndrome (CFIDS) and GWI are both non-HIV AIDS clusters of diseases.

The reason I cannot recover is because manmade pathogens, toxic vaccines, and animal viruses were INJECTED into me. At the age of 32, without any medical or family history, I suffered diseases usually found in under-developed 3rd World countries, the Middle East and Africa. I served stateside throughout the war, and throughout my Army Reserve enlistment and extension of enlistment. I acquired some diseases by inhaling deeply as I was fitted with 2 contaminated protective masks that returned to Fort Hood, Texas, from the Persian Gulf. Equipment cleaning and decontamination or "de-con" happened in the U.S., not in the Persian Gulf

Unlike prescription pills, contents of vaccines never leave the body unless the patient detoxes or chelates the heavy metals out. Toxins, heavy metals, chemicals, animal viruses and especially Depleted Uranium are whisked away by the human body to places that make sense to the human mind and human immune system. Heavy metals and live viruses, such as Tetanus, MMR all go to the brain. Peer-reviewed scientific and medical studies showed that live viruses continue to feed off the brain tissue at autopsy. AFTER DEATH.

Since the turn of the century, we have learned that people suffering from vaccine-induced CFS also suffer serious, fatal, and unpredictable heart disease and vascular or circulatory

diseases. In short, vaccine victims are chronically fatigued because their cardiovascular systems were destroyed by vaccines

- while still in the womb of their vaccinated mothers and fathers,
- at birth,
- within the first 2 years of life,
- before first grade,
- before college,
- before Basic Training for Army,
- throughout Basic Training, and
- before deployment for war.

We have also learned through research and publishing that vaccine damage doesn't stop at the end of military tour of duty for war. Vaccine damage doesn't stop at the end of the day vaccines were administered. Vaccine damage doesn't stop at the end of the year in which the series of Gardasil, Hepatitis, Anthrax vaccines were administered.

Vaccine damage - and Chronic Fatigue - end at premature death, almost always suddenly, unexpectedly, and especially in athletic men and women. That is partly because testosterone binds to heavy metals in vaccines - aluminum and mercury. Published scientific studies show that heavy metals cause heart disease, heart attacks, Alzheimer's, autism in children, adult-onset autism, ADD and ADHD, "allergies" that turned out to be "viruses" in me, asthma that is different from asthma that runs in families, sleep apnea. The reason we *know* that vaccines cause specific damage is because peer-reviewed scientific studies have been finished and published, disseminated around the world. Africa is hardest hit with vaccine-induced diseases. And I know because I have spent the last 20 years researching the subjects, and publishing as much of it as I possibly can before I die prematurely because of my vaccines. Common sense tells me that I can't blame my ill health on genetics or poor diet and lifestyle.

My age at the time of vaccine was the best evidence in my case. I participated in a psychiatric test, provided blood and muscle tissue, to prove that I was too old to suffer somatic disorder, or psycho-somatic disorder at onset of vaccine-induced diseases, pain, symptoms.

When I hear anyone, including the VA and Social Security, state that there is no evidence that

- vaccines cause disease, or
- GWI exists

I profoundly proclaim that the "naysayers" have not read, have not researched, have not even tried to unearth a defense for their stance in *stupidity*.

Once the social disability bureaucracies, plus the CDC-NIH have been provided documentation that *proves* vaccines lead to disease and death, they collectively become stupid. Ignorance is no longer a defense.

Desert Storm veterans have additional plagues of heavy metals from the battlefield - Depleted Uranium, plus aluminum and lighter weight alloys to shore up protection that armor plates provide tanks, Humvees, Fox chemical detecting vehicles, and any other mode of transportation in the Middle East, Afghanistan, Somalia, Africa.

Pre-deployment vaccines for me included the first of a 3-part series of Hepatitis B. Historically documented through the CDC's Vaccine Adverse Events Reporting System (VAERS), Hep B combined with other vaccines causes death in women. Administered alone, Hep B causes colitis, pancreatitis, chronic upper and lower respiratory diseases. To go along with bowel incontinence, women also suffer Urinary Tract Infections, infections of the uterus when

fecal matter travels up the vaginal canal, and recurring sinus infections, since mucus membranes provide an environment conducive to bacterial and fungal infections, bronchitis and pneumonia.

Antidepressants and anti-anxiety medications do more damage than good

I met approximately 50 doctors during my past 20 years of medical treatment. The majority attempted to prescribe anti-depressants, which further depress adrenal glands' cortisol production even lower than damaged adrenals can produce.

Antidepressants support an environment for systemic fungus and fungal overgrowth. Both my mother and my brother take antidepressants. Both suffer allergies (or viruses that mimic allergies), symptoms of fungal overgrowth, such as dermatitis, swelling in the face, hands and feet, oral thrush or cheese growing on their gums, tongues, throats, insides of their cheeks. Both suffer memory problems more severe than mine, which is caused by specific neurological damage resulting from vaccines.

At least one private physician and the VA have tried to force my symptoms to fit into anxiety disorder: The round peg in the square hole. The VA claims that I was treated for panic attacks by a civilian doctor. I don't recall ever being told "panic" was the reason I was prescribed BuSpar. Buspar relieved unmanageable heart and chest pains I have suffered since Desert Storm pre-deployment vaccines. Since then, I have been diagnosed with a plethora of heart diseases, all vaccine-induced.

I have read much literature regarding anxiety and panic, and can testify that I have never experienced a Panic Attack or psychiatric disorder.

My mother is melodramatic by nature, and swears she suffers panic attacks all the time. I believe her, exaggerate as she feels she must. But most of these doctors and VA merely fueled the fire where my mother's misconceptions regarding my Gulf War Illness and CFS are concerned.

Because my heart is so fragile, and asthma attacks aggravated by stress are not very well controlled, I keep my mother as far away as I possibly can. I cut off all contact with her in 2004. I formally and legally cut off all communication with her this past year. I don't speak to my brother any more because he is violent, dangerous, bi-polar, and full of self-pity. His mother supports his violent and abnormal behavior, in spite of criminal laws he has broken so abundantly.

Force the docs to learn, or face malpractice and State Medical Board Examiners; remove powers of "paper pushers"

Both VA and SSA drove me into poverty before I saw a dime of disability pension. I have been forced to hire attorneys at every step and at every turn toward recovering overdue disability pensions. I worked 30 years, paying into the Social Security system that turned me away till long after I was forced to disability retire, stop working at any job. I worked about 2 years longer than my immune system could withstand. I suffer permanent damage to my health that I would not have to endure, had I retired when I should have in the year 2002.

I believe the power to deny benefits should be taken away from VA and SSA administrative types. The paper-pushers tell Chronic Fatigue patients that they should work part-time, take severe cuts in pay before they can qualify for SSD. Nothing could be further from the truth. Because healthcare expenses multiply rapidly, Chronic Fatigue patients should apply for SSD before they apply for any other type of disability. Fibromyalgia has a set of standards that

allow for disability pension in the U.S. Codes and Code of Federal Regulations. And Chronic Fatigue patients qualify just as soon as they are unable to work 40 hours consistently. There is no provision requiring a cut in pay at all. Chronic Fatigue patients may qualify many years before they quit working because they are just too sick on every level - Fatigue, energy level, immune system, communicability to otherwise healthy co-workers, and attitude issues. Instead of writing bad evaluations for Chronic Fatigue employees, good supervisors, managers, employers *should be* setting up disability in order to recruit a healthy replacement. It would be cheaper than defending a disability discrimination suit, like the one I filed against Department of the Navy.

I am still fighting the VA because the Army and VA collectively failed to perform adequate diagnostics to rule all of my health problems as service-connected and compensable. The VA does not treat GWI. But the Miami VA/Miller School of Medicine Gulf War Illness Center provides similar treatment for fee, as I receive from private physician in Dallas, Texas.

For all of their failures, I should be allowed to sue both VA and SSA in federal tort claims court. Regardless of initial statutes tolling, I should be allowed to file suit in Vaccine Injury Compensation Court for failure to inform me of the dangers I faced from Hep B cocktail. I should be able to report each and every physician to Dept. of Health and Human Services. I should get some satisfaction out of turning civilian quacks prescribing antidepressants in to State Board of Medical Examiners.

The U.S. now has a couple fields of specialized medicine that can un-do vaccine damage: Oxidative and Anti-Aging Medicine. Physicians licensed to practice in these areas should be granted special protections by the American Medical Association and by each State Medical Board. I believe that all physicians should be required to take courses in immunology and vaccine damage before they receive medical licenses. I believe Family Practitioners and Internists, in particular, should be required to take refresher Continuing Medical Education courses in immunology and vaccine damage. I believe that rolling the antidepressants and anti-anxiety prescription pills should **STOP**.

I believe that vaccines should be **BANNED**. Vaccine manufacturers can go back to graduate schools and learn to perform something more productive, just as I was forced to do after I returned to civilian status after Desert Storm. My Army Reserve Medical career and my dreams of changing career fields altogether ended the day of my vaccine cocktail.

My career of traveling, shooting photos, and telling stories ended **ON THE SAME DAY**. I was forced to go into a profession that the "healthy me" never would have considered. I had so few options, needing money so badly to pay for treatment that should have been covered by VA compensation from the outset. After all, the VA physician diagnosed me with Chronic Fatigue in 1992, just six months after I was discharged from Army Reserve because I could not perform ANY duties: I was not a typist, a clerk, or administratively trained I was tied to the bathroom for 7 years, till I visited a civilian gastroenterologist that understood right away my physiological illness.

The "healthy me" would still be traveling every weekend, every possible weekday, would still be telling amazing stories with amazing energy. The only part of "me" that still exists tells stories about survival after vaccines: All very sad, tear-jerking, trying stories. Most healthy people don't read my stories because death by vaccine hasn't happened to them yet. Either directly, or through their offspring, this story *will* happen to them *yet*.

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