

# Brief Remarks

## Update on CDC's CFS Public Health Research Program

CFSAC Meeting May 10, 2010

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# New Laboratory Space

- Laboratory moving to a floor in the new state-of-the-art facility (Building 23)
  - June 14-15, 2010



# New Publications

- Metabolic syndrome and CFS
  - CFS associated with metabolic syndrome indicating need to evaluate and manage
  - Metabolism 2010; Epub ahead of print
- US Healthcare providers' knowledge of CFS
  - Benchmark knowledge, attitudes and beliefs
  - BMC Fam Pract 2010; 11:28
- Multidimensional Fatigue Inventory (MFI-20) validation in US population
  - Data supporting usefulness of this instrument in fatiguing illnesses
  - Popul Health Metr 2009; 7:18

# Study Updates

- Field work in three large studies completed
  - Follow-up Study of CFS and Chronic Unwellness in Georgia
  - Pathophysiologic Mechanisms of CFS: Neuroimaging, Neuroendocrinology, Genomic
  - Pilot Registry of CFS
- Data cleaning and laboratory testing ongoing

# Five-Year Strategic Plan

- Developed in response to recommendations of the 2008 External Peer Review, CFSAC, a public meeting, collaborators and other stakeholders
- Framework for continuing forward
  - Guides ongoing work and plans
  - Living document
  - Adapted as needed to optimize impact of program

# Thank you

## CVDB CFS Research Group

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